

WAY TO GO, SEATTLE! “One-Less-Car” Study

WORD TRAVEL DIARY – Instructions

All drivers in the household should fill out a separate travel diary every day.

You will use a slightly different travel diary during the “baseline” period than during the “non-driving” period. This is because you won’t have to fill in as much information during the baseline. For example, the baseline travel diary does not ask you if you normally would have used a car for the trip you took.

- 1) **I STARTED THE DAY AT:** Enter the location where you start the day. Use general descriptions, like “home,” rather than an address. If you want to add the address to help you track miles, that is fine. This information will help us understand what types of trips you take and how you make them.
- 2) **DATE, PAGE and NAMES:** Start a new page each day. Enter a page number if you use more than one page in one day. The household name should be the same one you use for the Contract or electronic bank transfer. Enter the first name of the individual filling out the diary. This will be used just to help us keep track of the participants in each family turning in their travel diaries.
- 3) **ACTIVITY:** Enter each activity that involves travel. Examples are listed on the diary. The “rule” you can use is to list each activity as a separate trip if you decide to use a car, bike or bus to get to the next stop. As a rule, include a walk if it is more than a half mile (unless it is a new way to get where you used to drive). During the non-driving period, the “spirit” of what we want to know is what you are doing differently during the non-driving period. For example, if you drive to a park and ride lot to catch a bus, enter the trip to the park and ride as a separate activity. It is not necessary to include a short walk to a bus stop, unless you used to drive to the bus stop and you now walk – we want to know that! If you stop for an errand on the way home from work, enter the errand as a separate activity, then home as the next activity (and note if you would have made two separate trips before this demonstration project in the comment section).
- 4) **HOW:** Enter the travel mode you used for this activity. Use the car identifier number (car 0, car 1, car 2, etc.) as designated on the “Odometer Tracking Sheet” you were given along with the Travel Diaries. If you are using a car and you are the “DRIVER”, you should use this column.
- 5) **Were you a RIDER?:** If you made this trip by RIDING in a car, use this column. It does not matter whether which car (Car 0, Car 1, etc), but it does matter whether or not you rode if the DRIVER of the car was a household member or not. We consider catching a ride with a household member to be a “Household Carpool”, which is somewhat casual. We consider either catching a ride with a friend, fellow employee, or other non-household member to be a “Non-Household Carpool” whether it was informal or formal in nature. Telling us this will help us make sure we do not over or underestimate the number of reduced vehicle trips by double counting trips on the travel diaries of other family

members. *If you find the whole family is taking trips together on the weekend (for example: both members of a couple are driving to the same weekend destination) you may fill out one travel diary together and note it is for both of you at that at the top of the diary page above the "Date and Page" box.

- 6) **DISTANCE:** Enter the distance you traveled. If you are in a car, use the odometer. If not, estimate the distance. You may use a pedometer, a bicycle odometer, or if you have Internet access, you can map the distance on www.mapquest.com. When you ask for directions between two destinations, it tells you the mileage.
- 7) **COST:** Enter any costs associated with each trip. Include things like parking, transit fares, or taxi fares. **DO NOT** include gas, repairs or maintenance for your car.
- 8) **During the non-driving period:** under IS THIS A SAVED TRIP?: Circle "Y" if for this trip you normally would have used a car AND ALSO been the Driver of the car, but did not because of this program. Circle "N" if the mode you identified under "How" is the mode you would have used regardless of the program. For instance, if you walked to the store but would have normally driven, circle "Y".

Please add any comments about this trip (for example: "I normally would have driven to the mall instead of walking to the neighborhood store") in this box next to the "Y" or "N" you circled.

ODOMETER TRACKING SHEET– Instructions

In order to calculate the difference in weekly vehicle miles with and without the extra car; we would like the odometer reading on ALL of your households cars at three times during the study:

- 1. At the start of the baseline period (Tuesday, September 3);**
- 2. At the end of the baseline period (Monday September 23); and**
- 3. At the end of the project (Monday, November 25).**

This will help us determine if the first car is driven more when the car you are giving up is not in use. Our staff will be checking the odometer of the car you are giving up ("car 0") at these three times listed above, but we need you to report to us the odometer reading of the other car(s) ("car 1", "car 2" etc.) you are using.

Please remember to fill in the odometer tracking sheet and fax it in to us at the start of the baseline period; at the end of the baseline period; and the end of the project.

(This will not apply to you if you are giving up your only car during the demonstration).