

*in their words.....*

## **Quotes from One-Less-Car 2002 Diaries**

### **'Best Experiences' during the 2002 Study:**

*"The most rewarding thing was not having to worry about where to park all of the time."*

*"Nearly every time I needed to get somewhere, I was freed of the usual worries associated with owning and operating a car -- quite liberating. I enjoyed confirming that one does not need a car at all to live a normal life."*

*"Breezing past traffic on my bike when going into work," and "the most rewarding change was the degree of consciousness we acquired in making decisions about our travel patterns."*

*"The most rewarding thing about giving up driving to work and walking instead was getting to cross the ship canal, see neighbors, have a transition between work and home, and get a little exercise to boot."*

*"The best experience we had getting around with 'one-less-car' was the household carpooling we did. My wife and I really enjoyed riding into work together each morning. We also combined a lot of trips too – this ultimately allowed us to spend more time together."*

*"It was lovely to not worry about parking. To just walk downtown or anywhere and not deal with the traffic or parking was ideal."*

*"I like the freedom of not having a car. I don't have to pay for parking or gas, sit in traffic (walking is such a nice pace – I observe more things around me when I walk)! So I'm also less stressed out when I arrive places because I wasn't fighting traffic or getting frustrated with people driving too slow, clogging up the lanes, etc."*

*"Perhaps surprisingly, I experienced relief at having our 'extra' car removed (as an option) in my commute to work in Redmond. It was great to just relax into the surety of the fact that the bus would get me there, and it would take a bit over an hour, and I wouldn't have to drive."*

*"The increased amount of exercise (from) walking," and "(being free from) the traffic issues associated with driving in Seattle."*

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## **Quotes from One-Less-Car 2002 Diaries**

### **'Key Insights to Share' from the 2002 Study:**

*"A family with two kids, two different schools, and very busy schedules can also do it."*

*"The cost of owning a second car exceeds the cost and difficulty of getting by with only one car."*

*"Creative transportation solutions are not as difficult as you think. Cars really aren't all that critical when it comes to getting around the Seattle area. There are easier, more cost effective and environmentally cleaner means of transportation all around us."*

*"We are two young professionals who were able to survive for nine weeks without a car. We did it, so can others."*

*"The health benefits of biking and busing are also immense. Not having access to our 'extra' car during this study reaffirmed just how good it feels to walk to the bus or bike to wherever we need to go. We also found that biking together is a great way to spend quality one-on-one time with one another."*

*"Participating in this study has made us more aware of how our transportation choices reflect our values. Not only how we view the environment, but also how we choose to interact with the world around us. Cars are very insular and, I think, shelter people from the reality around them."*

*"To us, the most important outcome of the study was the realization that we could sell the Tercel, and that (living with one-less-car) can be done, even if you have small children."*

*"Just that it is easier than you think to get around without a car. There are many options that are cheaper and healthier than driving. Seattle is a very walkable city and the bus service is useful and reliable."*

*"Our families will continue carpooling (the kids to school) all year. It is something we had talked about doing before but if it wasn't for the program we might not have actually made the change. This one change significantly reduced my morning stress level."*

*"I try to avoid driving at whatever the cost. Getting around in a car is a full-time job; since I already have one of those, I like to leave that to someone else."*

*"(Being in the study has) given us hope that new and creative solutions can be found for Seattle's transportation problems."*