



Get Online Day 2011 Resources

The programs and websites listed here are free to use. To access these materials you must have internet access. Once the programs are downloaded you may not need internet access to continue to use them.

Useful websites

OneBusAway

<http://onebusaway.org> Provides real-time transit information.

King County Metro

<http://metro.kingcounty.gov/> Provides bus schedules, transportation options, and trip planner help.

Search Engines

Bing www.bing.com or Google www.google.com or Yahoo www.yahoo.com

Seattle Public Library

www.spl.org Renew your library book online or search for new library books. Place a hold on a book and have it sent to your local library.

Seattle Schools

<http://www.seattleschools.org/> Seattle Schools web site also has a link to The Source, a place to access student grades, communicate with teachers or view attendance information.

Free email accounts

Gmail (Google) www.gmail.com & Hotmail www.hotmail.com

Skype

www.skype.com Free Internet-based phone call service.

Crisis & Helping Services

Help for Parents and Families-ParentHelp123: <http://www.parenthelp123.org/> Crisis Clinic: <http://www.crisisclinic.org/> Food Banks and Emergency Food Services: <http://www.seattle.gov/humanservices/emergencyfood.htm> Shelters: <http://www.seattle.gov/humanservices/emergencyshelter/default.htm> Get Legal Help: <http://www.washingtonlawhelp.org> Neighborhood Legal Clinics <http://www.kcba.org/pbs/nlc.aspx> Washington State 211 Help Locator: <http://win211.org/>

Beehive Seattle

<http://seattle.thebeehive.org/>

Provides information about health, housing, jobs, and education resources.

Skype Overview and

Tutorial <http://www.slideshare.net/hmartyn/skype-4069998>

Facebook

www.facebook.com A place to connect with people you know.

LinkedIn

www.linkedin.com A professional networking tool.

City of Seattle

<http://seattle.gov/> Pay utility bills, Seattle information and services.

Google Maps

<http://maps.google.com> Maps of the world or your neighborhood. Also can be used to get directions.

Neighborhood News and Blogs

Rainier Valley Post

<http://www.rainiervalleypost.com/> Blog with news about southeast Seattle. Central District News

<http://www.centraldistrictnews.com/> Blog with news about the Central District area of Seattle. West Seattle Blog <http://westseattleblog.com/> Blog with news about West Seattle

Healthcare & Senior Services

Text4Baby free tips for pregnant and new moms: <http://www.text4baby.org/>
Text BABY to 511411 Envía BEBE al 511411 para Español

Senior Health info:

<http://nihseniorhealth.gov/>

Medline health topics, drugs, and cool videos:

<http://www.nlm.nih.gov/medlineplus/>

Aging and Disability Services:

<http://www.seattle.gov/humanservices/seniorsdisabled/>

King County Public Health:

<http://www.kingcounty.gov/healthservices/health.aspx>

Senior Services:

<http://seniorservices.org/>

Language Translation

Google Translator

www.Translate.google.com & Babelfish <http://babelfish.yahoo.com/>

Washington CASH

<http://washingtoncash.org/> Offers small business training.

Photograph Sharing

www.flickr.com/ & www.shutterstock.com

Upload and share your photos with others.

Online Security and Safety

<http://www.netsmartz.org/index.aspx>

Netsmartz Online safety for all ages.

Get Net Wise <http://getnetwise.com/>

Online Document Creation and Sharing

www.docs.google.com and

<http://skydrive.live.com> Create and share your work online and access your documents from anywhere. Manage documents, spreadsheets,

Employment Security Department

<http://www.esd.wa.gov/> Information and applications for unemployment benefits.

Get Safe Online
<http://www.getsafeonline.org/>

Legal Assistance

Columbia Legal:
<http://www.columbialegal.org>

Washington Law Help database:
<http://washingtonlawhelp.org/WA/index.cfm>

Washington State 211:
<http://www.resourcehouse.com/en/WA/cgi-bin/location.asp>

Get Legal Help:
<http://www.washingtonlawhelp.org>
Neighborhood Legal Clinics
<http://www.kcba.org/pbs/nlc.aspx>

Children's Resources

Starfall
www.starfall.com A free public service to motivate children to read with phonics.

Toy Theater
<http://toytheater.com> Music, art, math, reading and puzzle games for kids.

presentations, surveys, and more

Computer Learning

Goodwill's free online computer training (For computers, careers, math, reading):
<http://gcflearnfree.org>

GCFLearnfree En Espanol:
<http://www.gcflatino.org/>

Computer Learning Centers
<http://www.seattle.gov/tech/techmap>

TypingWeb <http://www.typingweb.com/>

Mouse Tutorial <http://pbclibrary.com/mousing/>

Microsoft Office Help
<http://office.microsoft.com/en-us/support/?CTT=97>

Computer Terms:
<http://www.infoplease.com/ipa/A0006024.html>

Microsoft: Office Casual Videos:
<http://www.microsoft.com/showcase/en/us/channels/officecasual>

Learning Planet
<http://www.learningplanet.com> Creative learning activities and tools for kids pre-k to middle school.

Kinder site
<http://kindersite.org> Online games, songs and stories for early learners

Useful Programs

[Advanced SystemCare Free](#)

This utility offers a one-stop-shop for cleaning and maintaining your computer for better overall system performance. The interface is very simple, featuring only a few buttons, which makes it easy to get down to cleaning immediately (in fact, it automatically runs on start-up) and doesn't confuse you with multiple steps.

The Maintain Windows section focuses on four areas of maintenance: spyware removal, Registry cleaning, a privacy sweep, and deletion of junk files. The Diagnose System button provides system optimization tools, detects spyware, defragments your disk, and scans for hijacked Windows settings. In our tests the scan and clean for each of these areas took less than 10 minutes to complete. In many of these scans, it is difficult to tell what exactly is being accomplished by some of the tools, but we were able to test against other trusted apps, which confirmed Advanced SystemCare's efficacy in those areas.

[Computer Aided Design \(CYCAS\)](#)

CYCAS is a piece of architectural software for drafting and design in 2 + 3 dimensions. In addition to typical CAD functions, CYCAS offers special elements and techniques for architectural design. Therefore, you can easily design and draft your ideas.

Developing professional 2D presentation of your design is worked out as fast as

[AVG Anti-Virus Free Edition](#)

The bottom line: Although AVG has flagged a little in the past few years, AVG Anti-Virus Free 2011 breathes some new life into one of the most popular security programs around with a shorter install, better usability, and faster scans.

[Core FTP LE](#)

Core FTP Lite is a top-notch freeware FTP client, with a wide, uncluttered layout to keep things organized. Easy to use and lacking only the most advanced of features, like multisite connections, Core FTP is a must-have.

Major functions such as Site Manager for maintaining connection information, Quick Reconnect, and mode switching are given big

[Avast Free Antivirus](#)

Avast Free 5, an A-list freeware antivirus app, provides the same steadfast protection of well-known, pricier antivirus programs. Avast is remarkable for both its effectiveness and arguably providing the most complete free antivirus on the market.

[Gimp](#)

The volunteer developers of The GIMP have been working hard to develop a polished, user-friendly, and freely distributed image editor. Although the separated palette windows may disturb those users who are used to more traditional layouts, your comfort level should grow exponentially as you discover how pain-free the program is.

One of the most powerful general-purpose

and as effective as illustrating your design 3 dimensional. CYCAS enables intuitive and uncomplicated handling of 2D and 3D elements.

buttons on the toolbar. When you're connected to a site, though, the file-management pane also replicates buttons for most of these functions so you don't have to mouse very far to use the tool you need. The client supports all essential FTP functions, including multiple transfers, secure protocols, configurable ASCII uploading for specified file types, browser integration, and more.

There are few downsides to using this app. There's no scheduler. Some users have noted past stability issues, both in general and when conducting large transfers, but it seems that many older bugs have been worked out. We noticed no problems during our tests and strongly recommend Core FTP Lite.

[Open Office](#)

A credible rival to MS Office, OpenOffice.org includes powerful applications for making text documents, spreadsheets, presentations, diagrams, and databases, as well as HTML and XML documents. Not only does it let you edit basic documents, such as letters and faxes, it also handles equations and complex and multipart documents with bibliographies, reference tables, and indexes.

The interface is similar to that of MS Office, and even advanced Office users will find almost everything they're used to: templates, collaborative features

[Primo PDF](#)

PrimoPDF converts just about any file type to a PDF, using the print command from the source program the file was created in. In the latest version, the program comes with desktop icon that you can drag and drop files onto for quick conversion, as well as performance improvements and minor changes throughout the program.

image editors around, the upgrades make the GNU Image Manipulation Program eminently comparable to Photoshop. Older features include channels, layers and masks, filters and effects, tabbed palettes, editable text tools, perspective clone, improved printing, and color operations such as levels. New improvements include GEGL integration for 32-bit color support, dynamic brushes, and more options for the free select tool. It even has regex-based pattern matching for power users.

The application provides professional tools that can stand against the big boys without the hefty price tag. Even the installation process has gotten simpler, with no need to download and install the GTX Runtime Environment separately. Extremely powerful and easy to work with, GIMP is ideal for both amateur and pro photographers, Web designers, or anyone who wants to create and edit professional-quality digital images on a budget.

[Ad-Aware Free Internet Security](#)

One of the first applications built to find and remove malware and spyware, Ad-Aware's reputation is well-justified. The latest version continues the publisher's tradition of adroitly addressing user concerns, but flaws remain.

(versions, recording changes), macros, and even a programming language. OOo, as it's known, lets you open and save documents in formats as diverse as MS Office formats, PDF, HTML, and XML. It can also import files from those formats, as well as WordPerfect and others. However, it normally saves files in the open-standard Oasis OpenDocument XML format, for maximum compatibility with other applications.

[Celtx](#)

Celtx is the world's first all-in-one media pre-production system. It replaces 'paper & binder' pre-production with a digital approach that's more complete, simpler to work with, and easier to share. Celtx helps you create all types of media - film, video, documentary, theatre, machinima, comics, advertising, video games, music video, radio, podcasts, videocasts, and however else you choose to tell your story.