

PUT WEIGHT WATCHERS® TO WORK FOR YOU!

The City of Seattle has joined forces with Weight Watchers® to bring you special savings on valuable and convenient weight-loss solutions from the only commercial weight-loss plan with evidence it works.¹



Choose a plan that best suits your specific lifestyle and preference

- 1 Weight Watchers Local Meeting vouchers***

Local Meeting vouchers are a prepaid savings plan that offers the flexibility of attending Weight Watchers meetings in your community when and where it suits you best. There are two options available: 13-week vouchers or 18-week vouchers. To order, call [1-866-442-1232](tel:1-866-442-1232).
- 2 Weight Watchers Online subscription**

With an Online subscription you can follow Weight Watchers step-by-step online, with interactive tools and resources like a weight tracker, progress charts, restaurant guides and much more. It is available in two versions specifically designed for men and women with tailored content that speaks directly to each audience. To sign up, see [page 3](#) of this brochure.
- 3 Weight Watchers At Work meetings****

At Work meetings bring the Weight Watchers experience right to your workplace where a trained Leader facilitates weekly meetings, and you can benefit from the proven advantage of group support from co-workers. If you have at least 15 associates interested in an At Work meeting call [1-800-8-AT WORK](tel:1-800-8-AT-WORK) and talk to a local At Work manager about setting up a meeting.
Available only in participating areas in the U.S. Minimum enrollment required.
- 4 Weight Watchers At Home kit - Deluxe Edition**

The At Home kit gives you information and resources by mail to follow our plan step-by-step at home. The kit includes weight-loss tools and bonus products that are conveniently delivered to your home. To order, call [1-866-442-1232](tel:1-866-442-1232).



¹ Tsai AG, Wadden TA, Systematic Review: An Evaluation of Major Commercial Weight Loss Programs in The United States, Ann Intern Med. 2005;142(1):56-66.

*Available only in participating areas in the U.S. Total cost must be paid in advance or via Weight Watchers Easy Pay. Missed week fees must be paid in order to keep your membership current. You will need to re-enroll after four consecutive absences. Sales tax applicable in CT.

**Available only in participating areas in the U.S. Minimum enrollment required. Total cost for At Work meeting series must be paid in advance or via Weight Watchers Easy Pay. Sales tax applicable in CT.

Special Pricing for City of Seattle Employees and Family Members

To help you achieve your weight-loss goals and improve your overall health, the City of Seattle is offering **30% subsidy and a \$30 or \$40 flat fee reimbursement** (on meetings only) on the Weight Watchers services listed below. Participants must be 18 years or older and covered on a City medical plan.



Weight Watchers Offering	With special City 30% support ² , you pay	Additional Potential reimbursement ²	If you meet reimbursement criteria ³ , your final cost is
13-week Local Meeting vouchers* <i>comes bundled with Weight Watchers exercise DVD (retail value \$15.00)</i>	\$83.90	\$30.00	\$53.90
18-week Local Meeting vouchers* <i>comes bundled with Weight Watchers Walking kit (retail value \$25.00)</i>	\$116.17	\$40.00	\$76.17
13-week At Work meeting series**	\$108.74	\$30.00	\$78.74
18-week At Work meeting series** <i>comes bundled with 19 weeks of free e-tools</i>	\$130.41	\$40.00	\$90.41
At Home kit [†]	\$87.43	N/A	N/A
3-month Online subscription [†]	\$38.50	N/A	N/A
12-month Online subscription [†]	\$116.69	N/A	N/A

To purchase any of these Weight Watchers offerings, or for more information, please call 866-442-1232.

² According to IRS rules, the City must tax you on the City-provided portion given to you and your family. “Imputed income” equal to the total amount of the special City 30% support and reimbursement over the year will be added to a December paycheck to generate the appropriate tax amounts.

³ To qualify for reimbursement, you must provide a doctor’s note recommending you attend meetings due to a medical condition (see reimbursement form, page 4). You must also attend a minimum number of meetings:

- Attend at least 10 of 13 meetings – you may receive \$30.00
- Attend at least 15 of 18 meetings – you may receive \$40.00



To order all Weight Watchers products, call **1-866-442-1232**



To purchase a Weight Watchers Online subscription, please see below:

Weight Watchers Online

1. Call **1-866-442-1232** to get your special savings promotion code and then visit the Weight Watchers Online sign-up page by clicking the link below.
2. Go to ▶ [Enter promotion code](#) and enter your special promotion code (received when you called the number above) and click "Apply code" to get the special subscription price for the City of Seattle.

▼ Enter promotion code

Enter your code

Apply code

3. Select the subscription length to purchase (3 month or 12 month).
4. Follow remaining sign-up instructions for setting up your account.



▶▶ [Click here to get started](#)

To continue your subscription at the special rate (\$38.50 for three months), cancel your subscription at the end of your plan period and call **1-866-442-1232** to re-enroll. If you do not cancel, your subscription will be automatically renewed at the end of your plan period at the standard monthly rate (currently \$16.95) until you cancel. You can cancel your subscription on our site, by email, or by U.S. mail; please see www.weightwatchers.com/cancel for details. Void where prohibited. This offer cannot be transferred, combined with other offers, or redeemed for cash.

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** Available only in participating areas in the U.S. Minimum enrollment required. Total cost for At Work meeting series must be paid in advance or via Weight Watchers Easy Pay. Sales tax applicable in CT.

† Available only in participating areas in the U.S.

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Annual Reimbursement Form Reimbursement Offer # 818

The City of Seattle is providing a once-a-year reimbursement for eligible City employees and family members who attend Weight Watchers meetings to treat a specific medical condition. To be eligible, you must be age 18 or over and covered on a City medical plan.

To receive your Weight Watchers Meeting Attendance reimbursement:

1. Fill out the following participant information:

Weight Watchers Participant Name: _____ Participant's Birthday: _____

City Employee Name: _____ Employee ID: _____

Insurance Plan: Aetna GHC Insurance ID Number: _____

Employee Street Address: _____

City _____ State _____ Zip _____

Email address: _____ Phone _____

(include if you want to track submission and request information)

2. Check the type of Weight Watchers® meeting you attended **and the reimbursement level you are requesting:**

A. At Work Meeting or Local Meeting

B. Meeting Attendance (10 of 13 Meetings) eligible for \$30.00 reimbursement

or

Meeting Attendance (15 of 18 Meetings) eligible for \$40.00 reimbursement

3. Have your Weight Watchers Leader/Receptionist provide the information below to verify your attendance:

I certify that _____ has attended the meetings indicated above.

Weight Watchers Leader/Receptionist Signature	Meeting Name or Location Number	Date
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4. Obtain and attach your Doctor's note. The following completed sentence must be on a signed physician's prescription pad or letterhead: "I prescribe Weight Watchers meeting attendance for [Participant Name] for treatment of the following medical condition: [specify medical condition, e.g., obesity, hypertension, heart disease]."¹

5. Mail this completed form and doctor's note to:

Weight Watchers Reimbursement Center
Offer #818-50754
PO Box 800195
Houston, TX 77280-9970

By providing the information above and submitting this reimbursement form, you acknowledge and agree to the following Terms and Conditions: *Reimbursement offer is valid in participating areas only. Request form must be fully completed. **Keep copies of all material submitted.** Weight Watchers is not responsible for lost, late or misdirected mail. Reimbursement checks are ordinarily processed within 30 days of receipt. Void where prohibited or restricted by law. Availability and terms of reimbursement may change without notice. To track reimbursement log onto: www.checkyourrebate.com/cityofSeattle*

¹ The information submitted on this form will not be used for any purpose other than for reimbursement processing. The City of Seattle does not have access to your medical information.