



SHOW YOUR TRUE COLORS
And choose how you start to lose

City of Seattle is committed to helping you reach your weight-loss goals and improve your overall health by offering a **subsidy** on the Weight Watchers® offerings listed below.

With Weight Watchers proven, personalized approach to weight loss **through food and fitness**, you can achieve a healthier, more fulfilling lifestyle that is not only measured in numbers but around the whole you.

Weight Watchers Meetings*	Weight Watchers for Diabetes**	Weight Watchers OnlinePlus‡
<p>Enjoy convenient meetings in your workplace and unlimited meetings in your local community</p> <ul style="list-style-type: none"> • Our BEST value • Get FREE access to OnlinePlus, our full suite of digital tools to help you stay on track between meetings 	<p>In addition to Weight Watchers Meetings, this groundbreaking offering caters specifically to your type 2 diabetes needs.</p> <p>Members will also receive:</p> <ul style="list-style-type: none"> • Confidential and unlimited access to a Certified Diabetes Educator† • Personal food plan tailored to individual needs • Support and weekly e-mails with information on diabetes and weight-loss management 	<p>Easily follow the plan step-by-step entirely online with digital and mobile tools§, including:</p> <ul style="list-style-type: none"> • Weight tracker, progress charts, restaurant guides and much more • Available for men and women with tailored content that speaks directly to each audience
<p>Monthly Pricing \$38.22</p>	<p>Monthly Pricing \$56.06</p>	<p>Monthly Pricing \$16.96</p>
<p>Subsidy 50%</p>	<p>Subsidy 66%</p>	<p>Subsidy 50%</p>
<p>Your Monthly Cost \$19.11</p>	<p>Your Monthly Cost \$19.11</p>	<p>Your Monthly Cost \$8.48</p>

To purchase either of these Weight Watchers offerings, or for more information, visit <https://wellness.weightwatchers.com>

Employer ID: 62344

Employer Passcode: WW62344

If you experience any problems with this site, please call the Weight Watchers Wellness Hotline at 866-204-2885.

* Monthly payment is required in advance. The subscriber will automatically be charged each month in accordance with company pricing until they cancel. Sold in participating areas only; may not be accepted for local and/or At Work meetings in all areas. Minimum enrollment and participation required to start and maintain an At Work meeting.

** Weight Watchers for Diabetes may be available to those who meet eligibility criteria and participation a Meetings subscription, the availability of which will vary in accordance with company size and commitment. Further restrictions apply.

† The Weight Watchers for Diabetes information and guidance provided by the CDE is not intended as a substitute for medical diagnosis or treatment; you should always consult your physician about any healthcare issues.

‡ OnlinePlus subscription will be automatically renewed each month and you will be charged in accordance with your company's pricing until you cancel.

§ Digital tools and apps available only with OnlinePlus or eTools subscription. Apps available for iOS and Android devices.

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