PUT WEIGHT WATCHERS® TO WORK FOR YOU!

The City of Seattle has joined forces with Weight Watchers® to bring you special savings on valuable and convenient weight-loss solutions.

Choose an offering that best suits your specific lifestyle and preference

1 Weight Watchers Monthly Pass*

Get FREE Registration, unlimited meetings each month in your local community, our lowest price per week and FREE eTools, our Internet weight-loss companion with interactive tools that you can access anytime to help keep you on track between meetings. To see if Monthly Pass or other local meeting options are available in your area, call 1-866-442-1232 or click here now.

2 Weight Watchers At Work meetings*

At Work meetings bring the Weight Watchers experience right to your workplace where a trained Leader facilitates weekly meetings, and you can benefit from the proven advantage of group support from co-workers.

If you have at least 15 associates interested in an At Work meeting call 1-800-8-AT WORK and talk to a local At Work manager about setting up a meeting.

3 Weight Watchers Online subscription

With an Online subscription you can follow the Weight Watchers plan step-by-step online, with interactive tools and resources like a weight tracker, progress charts, restaurant guides and much more. It is available in two versions specifically designed for men and women with tailored content that speaks directly to each audience. To sign up, see page 3 of this brochure.

4 Weight Watchers At Home kit - Deluxe Edition*

The At Home kit gives you information and resources by mail to follow our plan step-by-step at home. The kit includes weight-loss tools and bonus products that are conveniently delivered to your home. To order, call 1-866-442-1232.

City of Seattle
for health and living — take charge

WeightWatchers®

*Available in participating areas only. See Page 3 for full details.

Special Pricing for City of Seattle Employees and Family Members

To help you achieve your weight-loss goals and improve your overall health, the City of Seattle is offering 30% subsidy and a $30 or $40 flat fee reimbursement (on meetings only) on the Weight Watchers services listed below. Participants must be 18 years or older and covered on a City medical plan.

Weight Watchers Offering	With special City 30% support[2], you pay	Potential annual reimbursement	If you meet annual reimbursement criteria[3], your final cost is
Monthly Pass*	First Month - $13.97	$30.00	$39.91 (after 3 months)
comes with free access to eTools	For the following months - $27.97		
13-week At Work meeting series**	$108.74	$30.00	$78.74
18-week At Work meeting series** *comes with access to19 weeks of free eTools****	$130.41	$40.00	$90.41
At Home kit†	$87.43	N/A	N/A
3-month Weight Watchers Online subscription‡	$38.50	N/A	N/A
12-month Weight Watchers Online subscription‡	$116.69	N/A	N/A

To purchase any of these Weight Watchers offerings, or for more information, please call 1-866-442-1232.

[2]According to IRS rules, the City must tax you on the City-provided portion given to you and your family. "Imputed income" equal to the total amount of the special City 30% support and reimbursement over the year will be added to a December paycheck to generate the appropriate tax amounts.

[3]To qualify for reimbursement, you must provide a doctor's note recommending you attend meetings due to a medical condition (see reimbursement form, page 4). You must also attend a minimum number of meetings:

- Attend at least 10 of 13 meetings - you may receive $30.00
- Attend at least 15 of 18 meetings - you may receive $40.00

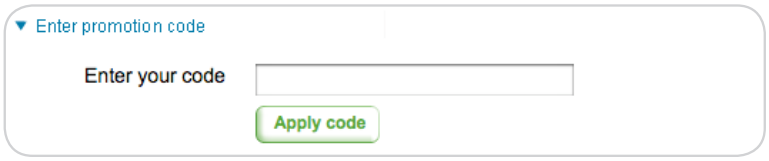
Reimbursement form must be postmarked or faxed within **90 days** of the last meeting you attended in the series.

To order all Weight Watchers products, call 1-866-442-1232

To purchase a Weight Watchers Online subscription, please see below:

Weight Watchers Online

1. Call 1-866-442-1232 to get your special promotion code and then visit the Weight Watchers Online sign-up page by clicking the link below.
2. Go to ▸ Enter promotion code and enter your special promotion code (received when you called the number above) and click "Apply code" to get the special subscription price for City of Seattle.



3. Select the subscription length to purchase (3 month or 12 month).
4. Follow remaining sign-up instructions for setting up your account.

Click here to get started

To continue your subscription at the special rate ($38.50 for three months), cancel your subscription at the end of your plan period and call 1-866-442-1232 to re-enroll. If you do not cancel your subscription will be automatically renewed at the end of your plan period at the standard monthly rate (currently $16.95) until you cancel. You can cancel your subscription on our site, by email, or by U.S. mail; please see www.weightwatchers.com/cancel for details. Void where prohibited. This offer cannot be transferred, combined with other offers, or redeemed for cash.

* Monthly Pass is sold in participating areas only; may not be accepted in all areas. Visit http://www.mypowwr.com/MPlocations.aspx for details. Monthly Pass automatically renews each month at the standard monthly plan fee (currently $39.95, plus tax in Connecticut) until you cancel. If your employer or insurance provider offers a subsidy, you will be charged in accordance with the terms and duration of the subsidy offered by your employer or insurance provider. Your credit card will be charged up to 15 days prior to the end of your second month, and each month thereafter, to ensure you receive your new Monthly Pass card on time. Sign up for Monthly Pass must be completed on our website. Monthly Pass holders will receive 30 days' notice of any price change. To cancel, visit www.weightwatchers.com/monthlypasscancellation or ask your meeting staff for a copy of our cancellation policy. Not valid for At Work meetings. Available to individuals age 18 and over. Void where prohibited.

** Available only in participating areas in the U.S. Minimum enrollment required. Total cost for At Work meeting series must be paid in advance or via Weight Watchers Easy Pay. Sales tax applicable in CT.

*** eTools offer available in participating areas only. Must purchase an 18-week series to get access to 19 weeks of free eTools. Your eTools subscription will automatically renew each month at $12.95 per month, unless you cancel before the end of your 19 free weeks of eTools. Visit www.weightwatchers.com/cancel for instructions on how to cancel.

† Available only in participating areas in the U.S.

‡ Your subscription will be automatically renewed at the end of your plan period at the standard monthly rate (currently $16.95) until you cancel. You can cancel your subscription on our site, by email or by U.S. mail; please see www.weightwatchers.com/cancel for details. Void where prohibited. This offer cannot be transferred, combined with other offers, or redeemed for cash.

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City of Seattle
for health and living — take charge

WeightWatchers

Annual Reimbursement Form
Reimbursement Offer # 818

The City of Seattle is providing a once-a-year reimbursement for eligible City employees and family members who attend Weight Watchers meetings to treat a specific medical condition. To be eligible, you must be age 18 or over and covered on a City medical plan.

To receive your Weight Watchers Meeting Attendance reimbursement:

1. Fill out the following participant information:

Weight Watchers Participant Name: _____ Participant's Birthday: _____

City Employee Name: _____ Employee ID: _____

Insurance Plan: ☐ Aetna ☐ GHC Insurance ID Number: _____

Employee Street Address: _____

City _____ State _____ Zip _____

Email address: _____ Phone: _____
(include if you want to track submission and request information)

2. Indicate the type of Weight Watchers meeting you attended (A), the requested reimbursement level (B), and the last meeting date (C).

A. ☐ At Work or ☐ Monthly Pass

B. ☐ Meeting Attendance (10 of 13 Meetings) eligible for $30.00 reimbursement
or
☐ Meeting Attendance (15 of 18 Meetings) eligible for $40.00 reimbursement

C. Date of last meeting attended in the series shown above:_____

3. Have your Weight Watchers Leader/Receptionist provide the information below to verify your attendance:

I certify that _____has attended the meetings indicated above.

_____ _____ _____
Weight Watchers Leader/Receptionist Signature Meeting Name or Location Number Date

4. Obtain and attach your Doctor's note. The following completed sentence must be on a signed physician's prescription pad or letterhead: ""I prescribe Weight Watchers meeting attendance for _[Participant Name]__ for treatment of the following medical condition: ___[specify medical condition, e.g., obesity, hypertension, heart disease]__." [1]

5. Mail or fax this completed form and doctor's note to the address below. The envelope must be postmarked or fax must be sent within **90 days** of the date shown in 2.C. above.

Weight Watchers Reimbursement Center
Offer #818-50754
PO Box 800195
Houston, TX 77280-9970
Fax: 1-888-598-7704

By providing the information above and submitting this reimbursement form, you acknowledge and agree to the following Terms and Conditions: *Reimbursement offer is valid in participating areas only. Request form must be fully completed.* ***Keep copies of all material submitted.*** *Weight Watchers is not responsible for lost, late or misdirected mail. Reimbursement checks are ordinarily processed within 30 days of receipt. Void where prohibited or restricted by law. Availability and terms of reimbursement may change without notice. To track reimbursement log onto: www.checkyourrebate.com/cityofSeattle*

[1] The information submitted on this form will not be used for any purpose other than for reimbursement processing. The City of Seattle does not have access to your medical information.