

Over-the-counter drug benefit for City of Seattle Aetna Members*

Understanding the Value of OTC Medications

Do you take any of these prescriptions?

Proton Pump Inhibitors

Nexium
Prilosec
Omeprazole
Aciphex
Prevacid
Protonix
Pantoprazole
Lansoprazole

Non-Sedating Antihistamines

Allegra
Allegra-D
Clarinet
Fexofenadine
Zyrtec
Zyrtec-D
Cetirizine
Claritin
Lortadine
Xyzal

If so, please read this important information about the City of Seattle's pharmacy plan with Aetna.

The City pays a monthly amount of \$20 toward proton pump inhibitors (PPIs) and non-sedating antihistamines (NSAs) – regardless of whether they are an over-the-counter (OTC) drug or a more expensive prescription drug.

For example:

▪ **If you want Prilosec OTC**, get a prescription from your doctor and take it to an Aetna participating pharmacy. If the total cost of Prilosec OTC is \$25.00, the pharmacy bills the plan for \$20.00, and you pay only \$5.00. You do not have to submit a claim form.

▪ **If you do not want a covered OTC drug, but choose to purchase the more expensive brand or generic prescription drug** – you may still continue to do so, but your cost will likely be higher.

For instance:

➤ If Nexium costs \$140.00, the City pays \$20.00, and you pay \$120.00.

➤ If omeprazole costs \$27.00, the City pays \$20.00, and you pay \$7.00.

Switching to over-the-counter medications

Using an OTC drug is often as effective as a prescription drug. In some cases, the OTC medication contains the same active ingredients as the name-brand prescription medication.

Discuss these prescription options with your doctor to see whether one of the OTC medications is right for you. If so, ask them to write you a new prescription for the OTC medication(s) and then have it filled at an Aetna pharmacy. You will be charged for the monthly cost of the prescribed OTC drug less the \$20 paid by the City.

An additional benefit may be available for brand name Proton Pump Inhibitors (PPIs) if determined by Aetna to be medically necessary. Please access the PPI Exception Request form by visiting the DocFind homepage, located at

www.aetna.com/docfind/custom/cityofseattle

If approved by Aetna, the additional benefit will be subject to applicable copays, coinsurance and out-of-pocket limits.

* This benefit does not apply to Local 77 and SPOG.

Understanding which OTC medication are covered

Coverage is available for these OTC proton pump inhibitors (PPIs) and non-sedating antihistamines (NSAs):

Proton Pump Inhibitors

Omeprazole OTC
Prilosec OTC
Prevacid 24
Zegerid OTC

Non-Sedating Antihistamines

Alavert
Claritin
loratadine
Cetirizine OTC
Zyrtec
Zyrtec D

Finding answers to questions about OTC medications

If you still have questions about your City prescription drug benefits through Aetna, you can contact Aetna Member Services in two ways:

➤ **Online:** Send an e-mail message at any time from the “Contact Us” section on your Aetna Navigator™ website at aetn navigator.com.

➤ **By phone:** If you do not have internet access or still have questions about your plan, call Member Services toll free at 1-877-292-2480.

Get your prescriptions by mail

To order prescriptions through mail-order prescription drug service, download an Aetna Rx Home Delivery® Order Form and Patient Registration Form at the City’s Central Benefits Unit Web page on Inweb, or at AetnaRxMail.com.

The City is committed helping you improve your health and manage overall costs. We look forward to serving your prescription drug benefit needs.

