



Sign up for a healthier lifestyle with Weight Watchers®.

The City of Seattle has joined forces with Weight Watchers to bring you special savings on valuable and convenient weight-loss solutions.

Choose an offering that best suits your specific lifestyle and preference.

1. Weight Watchers Meetings with Monthly Pass

With Monthly Pass you can get the convenience of Weight Watchers meetings in your workplace and unlimited meetings in your local community. Get our lowest price per week and FREE eTools, our internet weight-loss companion that helps you stay on track between meetings.

2. Weight Watchers Online Subscription

With Weight Watchers Online, you can follow the plan step-by-step entirely online with interactive tools and resources like a weight tracker, progress charts, restaurant guides and much more. It is available in two versions specifically designed for men and women with tailored content that speaks directly to each audience.

To sign up, see page 2.

Special pricing for City of Seattle Employees and Family Members.

To help you achieve your weight-loss goals and improve your overall health, the City of Seattle is offering a 50% subsidy for the cost of meetings and online subscriptions for qualifying employees and dependents over the age of 18 and \$30 flat fee reimbursement (on meetings only) on the Weight Watchers offerings listed below. Participants must be 18 years or older and covered on a City medical plan.

Weight Watchers Offering	City of Seattle pricing	With special City 50% support, you pay	Potential annual reimbursement	If you meet annual reimbursement criteria, your final cost is
Monthly Pass* - provides access to community and At Work meetings**	\$34.35	\$17.17	\$30.00	\$21.54 (after 3 months)
Weight Watchers Online subscription†	\$15.15	\$7.57	N/A	N/A

¹According to IRS rules, the City must tax you on the City-provided portion given to you and your family. "Imputed income" equal to the total amount of the special City 50% support and reimbursement over the year will be added to a December paycheck to generate the appropriate tax amounts. This statement is provided by the City of Seattle and is not the opinion of Weight Watchers.

²To qualify for reimbursement, you must provide a doctor's note recommending you attend meetings due to a medical condition. See reimbursement form, page 3. You must also attend at least 10 meetings in a rolling 90-day period. (This is a requirement of the City of Seattle, not Weight Watchers). Reimbursement form must be postmarked or faxed within 90 days of the last meeting you attended in the series.

To purchase any of these Weight Watchers offerings, or for more information, visit wellness.weightwatchers.com; Employer ID: 62344; Employer passcode WW62344. Enter the City Employee's ID number and last 4 digits of your social security number with no spaces. For example, if the Employee's ID number is 12345678 and your social security number ends in 9876, then you would enter 123456789876.

If you experience any problems with this site, please call the Weight Watchers Wellness Hotline at 866-204-2885.

* Monthly Pass is sold in participating areas only; may not be accepted in all areas. Visit <http://www.mypowwr.com/MPLocations.aspx> for details. Monthly Pass automatically renews each month until you cancel or until City of Seattle ends the program. After that you will be charged at the standard monthly plan fee (currently \$42.95, plus tax in Connecticut) until you cancel. Your credit card will be charged up to 15 days prior to your renewal date each month, to ensure you receive your new Monthly Pass card on time. Sign up for Monthly Pass must be completed on our website. Monthly Pass holders will receive 30 days' notice of any price change. To cancel, visit www.weightwatchers.com/monthlypasscancellation or ask your meeting staff for a copy of our cancellation policy. Available to individuals age 18 and over. Void where prohibited.

** Available only in participating areas in the U.S. Minimum enrollment required.

† Weight Watchers Online automatically renews each month until you cancel or until City of Seattle ends the program. After that you will be charged at the standard monthly rate (currently \$18.95) until you cancel. You can cancel your subscription on our site, by email or by U.S. mail; please see www.weightwatchers.com/cancel for details. Void where prohibited. This offer cannot be transferred, combined with other offers, or redeemed for cash.



Wellness Incentive Form Reimbursement Offer #818

The City of Seattle is providing a wellness incentive for benefits-eligible employees and their spouse/domestic partner/dependents (age 18 or older) participating in the Weight Watchers program.

Complete this form and follow the instructions below to receive reimbursement.

1. Weight Watchers participant, fill out the following required information:

Your Name:		Employee ID	
Relationship to Employee	<input type="checkbox"/> Self <input type="checkbox"/> Spouse <input type="checkbox"/> Domestic Partner <input type="checkbox"/> Dependent (18 or older)		
Employee Address:	<i>Address where the reimbursement check is to be mailed</i>		
City		State	Zip
Email address:		Phone	

2. To receive reimbursement you must be a Weight Watchers member for a minimum of 3 months

I certify that I attended at least 10 Weight Watchers meetings in a rolling 90-day period and am eligible for a \$30 reimbursement. The date of the last meeting I attended within this period was _____.		
_____	_____	_____
Participants Signature	Meeting Name / Location Number	Date

3. Obtain and attach you Doctor's note. The following completed sentence must be on a signed physician's prescription pad or letterhead: "I prescribe Weight Watchers meeting attendance for [Participant Name] treatment of the following medical condition: [specify medical condition, e.g. obesity, hypertension, heart disease]."

4. Meetings Members - Weight Watchers Leader/Receptionist signature required to verify your attendance:

I certify that this Member has attended the minimum number of meetings indicated above.		
_____	_____	_____
Weight Watchers Leader/Receptionist Signature	Meeting Name / Location Number	Date

5. Submit this complete form doctor's note to the address below.

The envelope or email must be postmarked within 90 days of the date shown in section 2 above.

Email: WeightWatchersRebates@callTSC.com

Or Mail:

Weight Watchers Reimbursement Center
Offer #818
PO Box 800195
Houston, TX 77280-9970

By providing the information above and submitting this wellness incentive form, you acknowledge and agree to the following Terms and Conditions: Request form must be fully completed. **Keep copies of all material submitted.** Weight Watchers is not responsible for lost, late or misdirected mail. Wellness incentive checks are ordinarily processed within 30 days of receipt. All rights to any earned wellness incentives are voided upon your separation from employment. Void where prohibited or restricted by law. Availability and terms of reimbursement may change without notice. To track reimbursement log onto: www.checkyourrebate.com/cityofseattle