

# SPRING 2011

## Parent/Guardian Volunteer Information Sheet

***Please fill out the second page and return it to the office, keep this page for your records!***

Listed below are information and explanations about volunteer opportunities for parents/guardians for Spring Season 2011. There are many volunteer positions available, involving just a few hours or more ongoing projects. Please consider volunteering in any capacity you wish. Help from volunteers is vital for a successful rowing season! Please read the short descriptions of the different areas we need help in, ask questions, and please be generous with your time! Complete the reverse side and return to the MB Office by 1/31/11.

- **Baker Day and Shoreline Clean-up, March 12:** This is held at the Mt Baker facility. This year we will be holding an in-house “Ham’n’Egger” race for the MB junior teams and the MB and Conibear adult rowing teams. Check-in for the race is at 8:30am and the race is scheduled to start at 9:00am. A hot breakfast will be served by our parent volunteer group, after the races. The required community clean-up, which will consist of cleaning the shoreline of garbage and debris from I-90 south to Seward Park
- **Chaperone:** One day and overnight regattas need chaperones. Get the best view possible to watch the races, get to know our great athletes, coaches and other volunteers and be a 100% supporter of positive behavior. Food, transportation and housing is provided for chaperones.
- **Regatta Food Assistance:** Spend a few hours or more helping at the Mt Baker athlete food tent during regattas. Help with breakfast, lunch, dinner, and be willing to laugh. This is one of the best ways to get to know the other parents and athletes. We also need help with setting up, and tearing down for the regattas, as well as preparing food items in the week ahead of each regatta. Many duel regattas require sack lunches made prior to the event.
- **Row-A-Thon:** This is one of our major fundraising events for spring crew. Help with set-up or supervising the letter-writing event. The letter writing will take place on 3 to 4 consecutive days during normal rowing practice hours; you can help with just one day or all, whatever works with your schedule. The row-a-thon will be held during the week prior to Baker Day.
- **Awards Night:** Scheduled for Saturday June 4, at Mt Baker R/S Center. Help with planning and organizing this event at the conclusion of the spring season. This takes many volunteers to put together before, during, and after the event.

All volunteer activities will have a “lead” person who has volunteered in the position before. We are always looking for ways to improve and expand so all of your constructive comments are welcome. Please call or e-mail the office at 206-386-1913 or [mount.baker@seattle.gov](mailto:mount.baker@seattle.gov).

Parental help is CRITICAL to our success!

THANK YOU IN ADVANCE FOR ALL YOUR SUPPORT!

Please add [www.mbrsc.org](http://www.mbrsc.org) to your “favorites/bookmarks.”

