



## FALL 2009 Parent/Guardian Volunteer Information Sheet

Below is a list of volunteer opportunities for parents/guardians for Fall Season 2009. There are many involving just a few hours or ongoing projects. Please consider volunteering in any capacity you wish. Help from volunteers is vital for a successful rowing season!

So please read through the short descriptions of the different areas we need help in, ask questions, and please be generous with your time! **Please complete the reverse side and return to the MB Office by Wednesday 9/16/09.**

### **Be a part of the Baker Parent Volunteer Group:**

**Regatta food preparation/distribution:** Prepare or bake items prior to regattas. Spend two hours working at the Baker athlete food tent and help with breakfast or lunch, and be willing to laugh and have fun. This is by far one of the best ways to get to know the other athletes that your own athlete spends 10 –15 hours a week with.

**Chaperone:** There are several regattas this fall that need chaperones to travel with our athletes; Everett, Portland (overnight).

**Silent Auction:** Help with organizing and implementing this event. This is the only fall season fundraiser. This will be done during the Christmas Ship™/Open House event on December 6th. All junior crew athletes are expected to participate. You will be working with a core group of adults made up of junior crew parents/guardians and boating advisory members.

**Christmas Ship™/Open House:** Help with set up, cleanup, and serving of refreshments, and supervising lighting of candle lanterns along Lake Washington Boulevard, Silent Auction Fundraiser.

**Alumni Coordinator:** Develop/coordinate a tracking system of our junior alumni. Brainstorm an annual event to include a "row". Some computer knowledge is required.

**Telephone/E-mail Communication:** Be willing to call or e-mail rowing families with information through the season. This takes about 30 minutes maybe 3-5 times throughout the season.

**Merchandise Distribution:** Check inventory and prepare clothing for distribution.

### **Office Assistance:**

During junior crew practice, assist staff and coaches in the office with paper flow and phone calls.





# FALL 2009 PARENT INFORMATION & SIGN UP SHEET



**PLEASE RETURN TO MB OFFICE BY Wednesday, Sep. 16, 2009**

**PARENT/GUARDIAN Name(s):** \_\_\_\_\_

**Address\*:** \_\_\_\_\_

**City, State, Zip:** \_\_\_\_\_

**Phone: (day):** \_\_\_\_\_ **(Eve):** \_\_\_\_\_ **(Cell):** \_\_\_\_\_

**(Fax):** \_\_\_\_\_ **Parent/Guardian E-mail:** \_\_\_\_\_

**Athletes full name:** \_\_\_\_\_ **School / Grade:** \_\_\_\_\_ / \_\_\_\_\_

**Athletes E-mail** \_\_\_\_\_

**Athlete is a (circle one):**    **Novice Boy**    **Novice Girl**    **Varsity Boy**    **Varsity Girl**

\*If a parent/guardian lives at a different address, please copy and submit separate form, thank you.

**I'm/We're interested in helping in the following ways:**

**Head of the Snohomish, Saturday, Oct. 11, 2009**

- Chaperone, day trip to Everett
- Brown Bag Food Prep.

**Away Regattas, Saturday-Sunday, Oct. 24-25 2009**

- Chaperone in Portland Ore, Varsity Team (overnight)
- Brown Bag food prep.

**Frostbite Regatta, Saturday, Nov. 7, 2009**

- Brown Bag food prep

**Head of the Lake Regatta, Sunday, Nov. 8, 2009**

- Brown Bag Food Prep, held at Univ. of Washington, Varsity Team

**Volunteers throughout Season**

- Telephone communications
- Office Assistance
- Alumni Coordinator

**Team Fundraiser: Silent Auction, Open House Christmas Ship™ Sunday, Dec. 6 2009**

- Prior to event
- Day of event
- During the event
- Night of Event
- After Event

**Row-a-thon Coordinator (Spring Only)**

**\*NOTE: All above information is kept for private use only!**

**Please Return this to Mt Baker:  
BY Sept 16, 2009**

3800 Lake Washington Blvd Sor FAX (206) 386-1914  
Seattle, WA 98118

THANK YOU IN ADVANCE FOR ALL YOUR SUPPORT!