

What is the Lifeguard Training Team?

The Lifeguard Training Team is a **FREE** program designed to train and certify Seattle's youth in lifesaving skills. The 8 week program for youth ages 15-17 is designed to train participants to be lifeguards and to build other job skills. Seattle Parks and Recreation provides training, books, uniforms, and basic materials at no charge. Participants get the opportunity to test for certification at the end of the program

The Lifeguard Training Team is a tremendous opportunity for you to learn and grow, to build lasting friendships, and to acquire skills you'll use for the rest of your life.

You don't have to be an Olympic athlete or world class swimmer to join. We just ask that you try your hardest, participate every day, and be part of the team. The instructors provide a safe, well supervised and encouraging environment. The safety of the participants is our #1 priority.

The Lifeguard Training Team is a program that Seattle Parks and Recreation created to help promote diversity among our staff. It is Parks' policy to have a diverse work force representative of the community we serve. Diversity means not only equal employment opportunities for people of color, women, and people with disabilities, but also people from all cultures.



Lifeguard Training Team
Summer Aquatics
4209 W Marginal Way SW
Seattle, WA 98106-1211

Lifeguard Training Team 2012

June 25—August 16



FREE PROGRAM FOR TEENS

Apply online at: www.seattle.gov/parks





In the summer of 2011, the Lifeguard Training Team Program expanded to encompass two teams based out of different training locations. One will operate out of **Mount Baker Beach** in Central/South Seattle and one will operate out of **West Green Lake Beach** in North Seattle.

Attendance is critical for the team and for individuals to keep on track. Participants must be able to attend **all** scheduled training, as the skills taught each day build on each other.



**2012 Program Dates :
June 25 through August 16**

Schedule & Location:

- Monday through Thursday, 1 to 5 p.m. at:
 - **Mount Baker Beach**
2301 Lake Washington Blvd.
Just south of the I-90 Bridge
Bus # 14 & 27
- OR**
- **West Green Lake Beach**
7312 W Green Lake Dr.
Near the Bathhouse Theater
Bus # 358 & 48
 - Friday field trips may be scheduled.

Participant Swimming Skills Pre-Test

Each participant must sign up for and attend one of two swimming skills pre-tests before the first class.

This pre-test is a prerequisite for the American Red Cross Lifeguard Training Course. It is also your chance to meet the instructors and ask questions about the program. All applicants must pass the swimming skills pretest.

Please bring a swimsuit and towel and be prepared to swim.

For the Mount Baker Beach Lifeguard Training Team Program the pre-test dates are Saturday, May 12 or Saturday, June 9 from 11 a.m. to 12:30 p.m. at Medgar Evers Swimming Pool., 500 23rd Ave.

For the Green Lake Lifeguard Training Team Program the pre-test dates are Thursday, May 17 or Thursday, June 14 from 7 to 8 p.m. at Evans Swimming Pool at Green Lake, 7201 E Green Lake Dr. N.

**Lifeguard Training Team
Application Form**

Applicants must be between 15 and 17.

Please apply online or complete the application below on a separate sheet of paper.

1. What is your background in swimming?
2. Where do you go to school?
3. Why do you want to join LTT?
4. What do you hope to get out of this program?
5. How did you hear about LTT?
6. Do you have any vacation plans that might conflict with program dates?
7. Which program do you want to apply for? Mt. Baker or Green Lake.

Please send application to the Aquatics Office at the address listed below.

Name: _____

Birthdate and age: _____

Grade in School: _____

Phone: _____

email: _____

Mailing address: _____

E.E.O. Info (optional)

- | | | | |
|----------------------|--------------------------|------------------------|--------------------------|
| Hispanic | <input type="checkbox"/> | Asian/Pacific Islander | <input type="checkbox"/> |
| White (not Hispanic) | <input type="checkbox"/> | American Indian/ | <input type="checkbox"/> |
| Black (not Hispanic) | <input type="checkbox"/> | Alaskan Native | <input type="checkbox"/> |

Aquatics Office
4209 W Marginal Way SW
Seattle, WA 98106-1211
206-684-4078

Apply online at:
www.seattle.gov/parks

to print a copy of this application.

