

## Criteria for Cookin' with Kilowatts contest - RULES

Give the facts, all the facts, please. Only complete submissions will be reviewed so make sure you provide all the information we need to get your recipe in front of the judges:

- Provide your recipe, listing all ingredients and cooking instructions.
- Recipe must be an original recipe, in other words, recipe must not come from a published or produced source (e.g. cooking magazine, cookbook, public or cable cooking show, etc.).
- Tell us which cooking method you used from the list of approved methods: crockpot, electric skillet, toaster oven, microwave oven, blender, solar oven, electric grill).
- Include home address, email address, and contact information on the submission form. Remember, the oven and stove cannot be used for the contest.

Creativity and fun will be rewarded! Each submission will be based on creativity, energy saved, presentation.

### Contest guidelines

- There is no entry fee.
- Submit your recipe at [seattle.gov/light/recipe](http://seattle.gov/light/recipe) (or call to have a form mailed to you).
- Photo entry is optional. Photo must be a jpeg.
- Entrants grant City Light full rights to reproduce, re-use, and distribute the recipes and winning recipes without limitation or compensation. By submission of a recipe, entrant agrees to these conditions.
- Entries must be submitted between July 1, 2013-September 30, 2013.
- A panel of judges selected by City Light will select the three winners from the 10 finalists.
- Winners will be notified by email and announced publicly October 9, 2013

### Prizes

All prizes are as stated with no cash equivalency. Odds of winning depend on the number of entries received by Seattle City Light. Only prizes are awarded; no cash equivalent is available. Any taxes due are the responsibility of entrants.

### Eligibility

- Only one recipe submission entry per household (based on City Light account status).
- Contest is open to City Light residential customers only.
- City Light employees and their families are excluded from winning the contest.

There is no entry fee. The contest will run from July 1, 2013 – September 30, 2013, a winner will be selected on October 9, 2013. If you have any questions please email [SCL\\_recipe@seattle.gov](mailto:SCL_recipe@seattle.gov) or call Dan Langdon at 206-684-4881.