

# STAYING CONNECTED NEWSLETTER

## LCE Launches Quarterly Brown Bag Series

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In an ongoing effort to engage the City's Latino community, Latino City Employees has begun quarterly events in a brown bag, lunch time format.

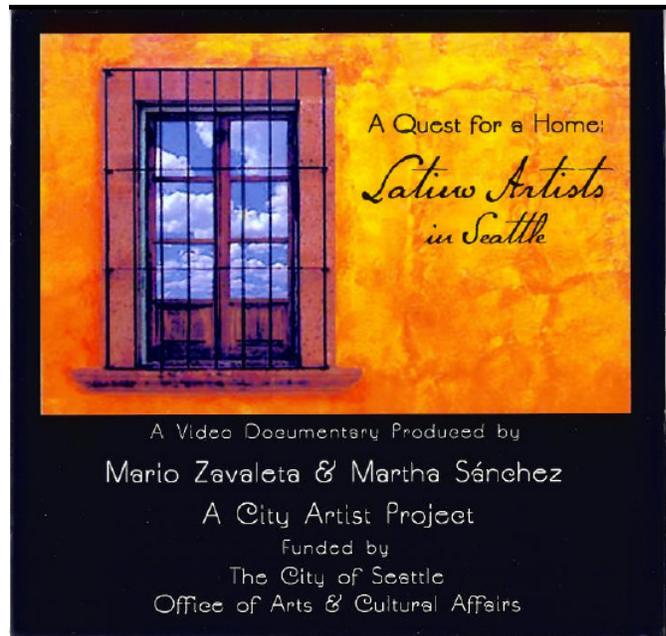
March 16 marked the beginning on the LCE Quarterly Brown Bag Series with the screening of "A Quest for A Home: Latino Artist in Seattle."

*A Quest for a Home* is a 25-minute documentary that portrays Latino artists from different art disciplines, showing their work, their contributions, and the difficulties they face as an underserved group.

Film producer Mario Zavaleta from Latino Northwest Communications, Martha Sánchez, and special guest Rose Cano spoke about art in the northwest and their struggles as Latino artists.

A panel discussion took place after the video screening with people actively participating and giving LCE positive feedback.

If you have ideas on interesting subjects for LCE's quarterly brown bags, contact Sonia Palma.



*The purpose of the Latino City Employees organization is to encourage professional excellence, provide resources, and to advocate the objectives of Latino City employees*

Rose Cano

Sonia Palma

Mario Zavaleta

Martha Sanchez

## LCE/HOLA Cinco de Mayo Feast!

Latino City Employees and HOLA (Hispanic or Latino Affinity) will hold a Cinco de Mayo lunch feast fundraiser.

Come celebrate with us and partake of a delicious traditional Latin American lunch. The \$7.00 meal will include taco bar, enchiladas, rice & beans, a drink, and choice of dessert. There will be vegetarian options to choose from.

The event will take place on Thursday, May 5 from noon to 1:00 p.m. at the Seattle Municipal Tower, conference room 4050/60.

A video of the Seattle Fandango Project with dance and music will be showing during the lunch event.

To pre-purchase tickets or for more information contact any of LCE's

leadership team members:

- Sonia Palma - SDOT (684-0417)
- Carmen Valerio - DoIT (684-8341)
- Luis Hillon - SPU (233-8734)
- Cecilia Ugás-Downey - SPU (684-0417)
- Irene Gomez - Arts and Cultural Affairs (684-7310)
- Sandra Pinto de Bader - OSE (684-3194)



**The 2010 Census results show that minorities now make up about 35% of the United States' population**



This is a popular recipe from Uruguay.

### Ingredients:

- 4 very large sandwich buns; preferably round or oblong and somewhat flat
- 4 beef tenderloin steaks, about 1 inch thick
- 8 pieces of bacon
- 4 slices of sandwich ham
- 4 tomato slices
- 4 slices of mozzarella or provolone
- 4 eggs
- 1-2 tablespoons butter
- Lettuce

- Mayonnaise
- Ketchup
- Salt and pepper to taste

### How to prepare:

1. Cook bacon in a skillet over medium heat until crispy. Set aside on towels to cool.
2. Butterfly steaks in the middle and pound out until even and they match the size of the rolls. Sprinkle with coarse salt.
3. Heat a skillet over medium high heat and when hot add place steaks.. Cook a couple of minutes on each side or to your liking. Set aside
4. Fry each egg, individually, over easy or sunny side up.
5. Preheat and oven broiler.
6. Assemble sandwiches: Spread inside of buns with ketchup and
7. Place sandwiches (uncovered) under the broiler briefly (keeping a close eye on them) to melt the cheese. Remove from oven and add the fried egg over the cheese, then top with the other half of the bun. Serve immediately.



# LCE's 2011 Leadership Team

In late 2010 LCE held elections for the incoming 2011 leadership team.

Welcome Cecilia Ugás-Downey, the new member of the team!



**Sonia Palma**  
Chair  
SDOT  
684-0417



**Luis Hillon**  
Co-chair  
SPU  
233-8734



**Carmen Valerio**  
Treasurer  
DoIT  
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**Sandra Pinto de Bader**  
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**Irene Gomez**  
Project Lead  
Arts & Cultural Affairs  
684-7310



**Cecilia Ugás-Downey**  
Chair  
SDOT  
684-0417

*Are you interested in contributing to the LCE quarterly newsletter? Contact Sandra Pinto de Bader*

## Upcoming events

### LCE Quarterly Membership Meeting

June 2, Sept. 1, Dec. 1  
Noon—1:00 p.m.  
SMT 2750

### Spanish Speaking Lunch

Learning Spanish: Tuesdays  
Conversational Spanish: Thursdays  
Noon—1:00 p.m.  
2nd floor, Columbia Tower  
Tables outside the Complete Office Solutions store.

### SPD Perspectives in Profiling

Community Training  
April 16, 9:00 a.m.—1:00 p.m.  
Filipino Community Center  
5740 Martin Luther King Jr. Way So.

### Mujeres Diversas and LBT Latina Community Forum

April 16, 12:15—4:00 p.m.  
Miller Community Center  
303 19th Ave. E., Seattle

### Native Lens Films for Earth Day

April 23, 5:00 p.m.  
Northwest Film Forum  
1515 12th Avenue, Seattle

### Seattle Fandango Project

April 29, 6:30 p.m.  
Seattle Town Hall  
1119 8th Ave., Seattle

### Stand Against Racism Day

April 29—On-line event  
Stand with the YWCA  
[www.StandAgainstRacism.org](http://www.StandAgainstRacism.org)

### Cinco de Mayo LCE Fundraiser

May 5— Noon—1:00 p.m.  
SMT 4050/60

### Latino Community Fund Dinner Gala

May 7, 5:00 p.m.  
African American Museum  
2300 S. Massachusetts St., Seattle

### Electricidad—Theater

May 26, 7:00 p.m.  
South Park Community Center  
8319 8th Ave. S., Seattle

### Hispanic SeaFair

July 31, 11:00 a.m.—7:00 p.m.  
Seattle Center Mural Amphitheater  
305 Harrison St., Seattle

For additional information on all LCE events, visit our website:

On the inWeb:  
[http://inweb.ci.seattle.wa.us/LCE/LCE\\_Events.htm](http://inweb.ci.seattle.wa.us/LCE/LCE_Events.htm)

On Seattle.gov:  
<http://www.seattle.gov/latinoheritage/>

Find us on Facebook:  
Latino City Employees

## Did you know?

What is the difference between "Chicano", "Hispanic", and "Latino"?

When discussing the differences between racial or cultural sub-cultures, it is important to remain culturally sensitive.

The word "Chicano," for example, was considered derogatory when it first appeared, but later generations of Mexican-Americans have since deemed it acceptable. Brazilians may be considered to be Latino, but are not considered Hispanic. This is why it is important to understand the difference between the three words commonly used to describe those of Spanish or Mexican descent.

The most straightforward of the three cultural identifiers may be the word *Chicana*. "Chicano" refers specifically to Mexican-Americans, or anyone else of Mexican heritage. When Mexican workers and their families first moved into America, they were often referred to as "Mexicanos," which became shortened over time to "Xicanos" or "Chicanos".

At first, "Chicano" was considered to be derogatory. Eventually, however, many in the Mexican-American community embraced the

term, at least informally. There are still older Mexican-Americans who view "Chicano" as something less than respectful. It should only be used to describe those of Mexican descent, not those of Central or South American descent.

The word "Hispanic" is a bit more universal than "Chicano." Historically, areas conquered by the Spaniards were considered part of a region originally called Hispania. Modern countries which can trace their history to Spain are now considered to be Hispanic, and include Mexico, Central America, and most

of South America where Spanish is the primary language. The only exception to this Hispanic designation is Brazil, which was settled by Portugal, not Spain. Any citizen of those countries originally colonized by Spain can be considered Hispanic. People from Mexico, El Salvador, Guatemala, Panama and other areas south of the American border would all be considered Hispanic.

"Latino" is very close in meaning to Hispanic, but it also includes other countries such as Brazil. The regional description "Latin America" now refers to the countries where Romance languages (Spanish, Portuguese) are spoken, but was originally used by Napoleon to describe other Romance speaking (French included) territories throughout the Americas. To be described as a Latino is not considered derogatory, although it can be construed as a generic for all Hispanic cultures, much like referring to a Korean or Japanese-American as "Asian." While "Latino" may be politically and socially correct, it may be more culturally sensitive to learn a person's specific heritage and refer to him or her as "Nicaraguan" or "Guatemalan" rather than the broader "Latino."



Source: www.wisageek.com

**Recommended  
book of the  
quarter:  
"Becoming  
Mexican  
American:  
Ethnicity, Culture,  
and Identity in  
Chicano Los  
Angeles, 1900-  
1945"**

## LCE Leadership Team contact information:

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