

MEALS ARE FREE UNLESS OTHERWISE NOTED

For additional listings provided by the Meals Partnership Coalition, visit:
<http://www.mealspartnership.org>

ACRS FOOD BANK

**919 So. King St.
Seattle, WA 98104**

Contact: Karen Jackel
Phone: 206-292-5714

Lunch: Friday (11:30 AM) until all meals have been distributed.

Criteria: none

ACRS Senior Lunch/Club Bamboo

3639 Martin Luther King Way South, Seattle

Lunch: Tuesday – Friday 11:30 AM – 1:00 PM

Criteria: Primarily Asian & Pacific Islander seniors.

AUBURN FOOD BANK

**930 18TH Place NE
Auburn, WA 98002**

Contact: Debbi Christian
Phone: (253) 804-5696

Housed at different locations:

First United Methodist Church of Auburn
100 N St SE
Auburn, WA 98002

Dinner: Mondays (4:30 PM - 5:30 PM).

Criteria: None. Open to the general public

NW Family Church
3535 Auburn Way S.
Auburn, WA 98092

Dinner: Wednesday (5:30 PM- 6:30 PM)

Criteria: None. Open to the general public

Evening Food Bank
Open: 2nd Wednesday of each Month
Time: 4:30 PM – 6:30 PM

BLESSED SACRAMENT CHURCH
5050 Eighth NE (parish Hall)
Seattle, WA 98105

Contact: John Morford
Phone: (206) 903-6005

Lunch: Every Sunday from 12:00 PM to 2:00 PM

Criteria: Open to the general public; children welcome.

Food Bank

Open: Every Friday
Time: 10:30 AM – 12:00 PM

Criteria: To qualify you must live within the University District. Be part of Zip Code – 98105, 98103, and 98115.

BREAD OF LIFE MISSION
97 South Main, Seattle, WA 98104

Contact: Bryan Uebelacker
Phone: (206) 682-3579 ext: 106

Coffee & Pastries: Monday – Friday (10:00 AM – 4:00 PM)
Breakfast: Monday – Saturday (6:15 AM-7:00 AM) **Overnight guests only.**
Lunch (hot meal): Monday – Friday (12:15 PM – 1:15 PM)
Dinner: Monday – Saturday (7:30 PM)

Criteria: Attendance at chapel service is required for dinner (check in time 5:30- 6:15 PM chapel service 6:30-7:30 PM; must be sober.

CATHEDRAL KITCHEN
804 9TH Ave. (on Columbia between Terry and 9th Ave)
Seattle, WA 98104

Contact: Jill McAuliffe
Phone: 206-264-2091
Dinner: 4:30 PM-5:00 PM - (Mon.-Fri.)

Criteria: Line-up starts at 3:30PM for a ticket on the day of dinner. All are welcome.

CHIEF SEATTLE CLUB
410 2nd Avenue, Extension So.

Monday – Friday 7:00 AM-9:30 AM

Criteria: American Indians only

COMMUNITY LUNCH on CAPITOL HILL
1710 – 11th Ave. (on the corner of 11th & East Olive)
In the Parish Hall of Central Lutheran Church
Seattle, WA 98122

Contact: Don Jensen
Phone: 206-322-7500

Lunch (Hot Meal): Tuesday and Friday (12:00 PM – 1:00 PM) at Central Lutheran Church Parish Hall

Dinner: Thursday 5:00 PM, All Pilgrims Church, 509 10th Avenue East, Broadway at Republican Streets, enter off of Republican Street.

DOWNTOWN EMERGENCY SERVICES CENTER
517 – 3rd Avenue
Seattle, WA 98104
206-464-1570

Breakfast: Daily (8:30AM) must register with DESC first.
Dinner: Daily (5:30 PM) only if you have a bed

Criteria: Overnight shelter residents only - Homeless men and women 18 yrs. or older. Priority Categories: Mentally ill, chemically dependent, single women, men 60 and older, physically or developmentally disabled or medically compromised (must be able to get in/out of wheelchair).

DUOC SU TEMPLE
6924 42ND Ave. S.
Seattle, WA 98118

Contact: Thu Dinh
Phone: 206-244-9604

Lunch: Saturdays (12:00 PM – 1:00 PM)

Criteria: They must be 60 yrs. and older, their spouses and adults over 18 with disabilities are welcome to enjoy nutritious meals.

EL CENTRO DE LA RAZA
2524 16th Ave. So
Seattle, WA 98144

Contact: Denise Perez
Phone: 206-957-4609

Lunch: Monday - Friday (12:00 PM – 1:00 PM)

Criteria: No restrictions; open to all

FRIDAY FEAST—a program of ROOTS
University Temple United Methodist Church
1415 NE 43rd Street (alley entrance)
Seattle, WA 98105

Contact: Matt Fox
Phone: 206-632-1635

Dinner: Friday (6:00 PM) a 6-8 course restaurant hot meal.

Criteria: Everyone is welcome.

FRIENDLY ISLAND OF TONGA SENIORS
Southwest Community Center
2801 SW Thistle
Seattle, WA 98136
Contact: Lita Teulilo
Phone: 206-764-4452

Lunch: Friday (11:00 AM – 1:00 PM)

Criteria: Serve low-income people living in Seattle regardless of age.

HUNGER INTERVENTION PROGRAM
12736 33rd Avenue NE
Seattle, WA 98125
hungerintervention@comcast.net

Lunch Fridays 12:30 PM – 1:30 PM

Criteria: Open to all.

IMMANUEL LUTHERAN CHURCH
1215 Thomas Street
Seattle, WA 98109

Contact: Patty Turnberg
Phone: 206-622-1930

Lunch: Last Sunday of the month (12:00 PM – 2:00 PM)

Criteria: No restrictions; open to all.

Food Bank
1215 Thomas Street
Seattle, WA 98109

Contact: Patty Turnberg
Phone: 206-622-1930
Last 2 Fridays of the month (9:00 AM – 10:30 AM)

INDOCHINA/CHINESE ELDERLY ASSOCIATION

**Bush-Asia Lunchroom
409 Maynard Ave. S.
Seattle, WA 98104**

Contact: Kenneth Thao
Phone: 206-849-8628

Lunch: Saturdays (11:30 AM to 1:00 PM)

Criteria: They must be 60 yrs. and older, their spouses and adults over 18 with disabilities are welcome to enjoy nutritious meals.

KOREAN SENIOR CLUB

**2121 26th Avenue South
Seattle, WA 98144**

Contact: Eunyi Kim
Phone: 206-695-7584

Lunch: Tuesday and Friday (11:30 AM – 1:00 PM)

Criteria: Must be 60+, or with a disability

LAZARUS DAY CENTER

**416 2ND Avenue Extension South
Seattle, WA 98104**

Contact: Mike Wertz
Phone: 206-623-7219

Breakfast: 7 days a week (1:00 PM – 3:00 PM)
Lunch: 7 days a week (1:00 PM – 3:00 PM) hot meal.

Criteria: Must be 50 or above. Bring in valid ID to verify age. Beverages not included with meal – coffee & hot chocolate (**25 cents**) tea (**10 cents**). Shower and laundry available 1:00 PM – 4:00 PM.

LUNCHTIME AT ST. LUKES

**St. Luke's Episcopal Church
5710 22nd Avenue NW
Seattle, WA 98107**

Contact: Nancy Rogers
Phone: 206-784-3119 ext 108

Morning snack/coffee: Monday – Friday (8:00 AM – 10:00 AM)
Breakfast: Monday and Wednesday (8:00 AM – 10:00 AM)
Lunch: Tuesday and Friday (11:30AM – 12:30PM)

Criteria: Open to all. Please call first at the end of June for summer service.

MARY'S PLACE/CHURCH of MARY MAGDALENE

314 Bell Street
Seattle, WA 98121

Contact: Carol Cameron
office@marysplaceseattle.org

Phone: 206-621-8474

Mary's Place

Breakfast: Monday – Friday (7:30 AM – 8:30 AM)

Lunch: Monday – Friday (12:15 PM)

Church of Mary Magdalene

Breakfast: Saturday (9:00 AM)

Lunch: Saturday (12:00 PM)

Criteria: Open to women & children only. Program is moving in June 2012 (call first for address)

MILLIONAIRE CLUB

**2515 Western Avenue
Seattle, WA 98121**

Contact: Brent Herrmann
Phone: 206-728-5627

Breakfast: Monday-Friday (6:15AM-7:00AM) hot meals.

Lunch: Monday-Friday (12noon-1:30PM) hot meals.

Criteria: No restrictions; open to all.

MONDAY FEEDING PROGRAM

Woodland Park Presbyterian Church

**225 North 70th
Seattle, WA 98103**

woodlandparkprs@qwestoffice.net

Contact: Deanne Hamlin
Phone: 206-782-3776

Lunch: Monday (12:00 PM – 12:30 PM)

Criteria: Open to all; children welcome. All is welcome @ 9:30 AM for coffee. Lunch is open @ 12:00 PM.

NEW HORIZONS MINISTRIES

**2709 3rd Avenue
Seattle, WA 98121**

Contact: Carina Schubert
Phone: 206-374-0866 ext. 103

Breakfast: Mon.-Tues.-Thru.-Fri. (10:00 AM-11:00 AM) Youth 13-22 years old.
Dinner: Sunday (6:00 PM – 7:00 PM) on Mon.-Tues.-Wed. (7:00 PM-8:00 PM).
Youth 21 and under only.

OPERATION NIGHTWATCH

**302 – 14TH Avenue So
Seattle, WA 98144**

Contact: Coleen Marta
Phone 206-323-4359

Dinner: Daily (9:00PM – 10:30PM) serving hot meals.

Criteria: Men must be referred through DESC/Bread of Life Mission or either a health professional or social worker. No referrals for women necessary.

OUR LADY OF MT. CARMEL

**508 Broadway
Seattle, WA 98122**

Phone: 206-325-0871

Pastries: Tuesday – Sunday (6:30 AM – 12:00 PM) serve coffee and pastries in day room
Lunch: Tuesday – Sunday (9:00 AM – 11:00 AM); closed the 1st Tuesday of the month.
Criteria: Open to all; must be sober. * **Information not updated prior to publication. Please contact office for meal time.**

OUTDOOR MEAL SITE

6th & Columbia (Car Pool Parking Lot – north end underneath I-5 freeway)

Contact: Krista Grimm
Phone: 206-396-8123/toll free: 1-206-922-2015
Different meal providers:

Monday – Friday

OPERATION: Sack Lunch
Breakfast: Monday – Friday (8:00AM – 9:00AM)
Lunch: Monday – Friday (1:00PM – 2:00 PM) hot meal

Monday –Thursday

The Lord's Table
Dinner: Monday – Thursday (7:30PM – 9:00PM) hot meal

OUTDOOR MEAL SITE (continued)

Friday

Mercy Driven Ministries

Dinner: Fridays 6:30 PM – 7:30 PM) hot meal

Saturday

Bible Study Outreach

Lunch: Saturday (12noon – 1:00PM) sack lunches

Mt. Zion Baptist

Dinner: 1st, 3rd, & 5th Saturday (4 PM – 5:30 PM)

Seed of Abraham Pentecostal Church

Snacks: 2nd Saturday (1:00PM – 2PM)

Snoqualmie Valley Church

Dinner: 4th Saturday (6:30 PM – 8:30 PM)

Restoration Life Church

Lunch: 4th Saturday (2:00PM – 3:30PM) sack lunches or hot meal.

Sunday

Anon. Acts of Kindness

Lunch: Sunday – 1st, 2nd, 4th & 5th (1:00PM – 2:00PM) hot meal

Neighborhood Cooking

Dinner: 1st Sunday (6:00PM – 7:00 PM) hot meal

Mother's Kitchen

Brunch: 3rd Sunday (10:00 – 11:00AM) hot meal

Anon. Acts of Kindness

Lunch: 3rd Sunday (12:00PM – 1:00PM) hot meal

Curry Temple

Lunch: 3rd Sunday (2:00 PM – 3:30 PM) hot meal

Set Free Ministries Int.

Lunch: 2nd & 4th Sunday (11:00AM – 12:30PM) cold lunch

Magic Works Alumni

Breakfast/Clothing: Last Sunday of each month November – March
(8:00 AM – 10:00 AM)

Friends of Francois

Major Holidays only, Thanksgiving, Christmas, New Year's Day

Criteria: Open to all

OUTREACH BREAKFAST

400 East Pike Street

Seattle

206-322-7411

Breakfast: 2nd and 4th Saturdays. Open to all

PACIFIC ASIAN EMPOWERMENT PROGRAM

270 So. Hanford St., Suite 204

Seattle, WA 98134

Contact: Robert Friedlander

Phone: 206-324-0236

Housed at different locations:

Filipino Community Center of Seattle

5740 Martin Luther King Jr. Way

Seattle, WA 98118

Lunch: Mondays, Tuesdays & Thursdays (10:30AM – 1:00PM)

International Drop-In Center

7301 Beacon Avenue South

Seattle, WA 98108

Lunch: Wednesdays and Fridays (10:30AM – 1:00PM)

Lao Senior Club Community

5740 Martin Luther King Jr. Way

Seattle, WA 98118

Lunch: Wednesdays and Fridays (10:30AM – 1:00PM)

Hmong Senior Club Group

5740 Martin Luther King Jr. Way

Seattle, WA 98118

Lunch: Wednesdays and Fridays (10:30AM – 1:00PM)

Samoan American Pacific Organization

Southgate Masonic Hall

1004 SW 152nd Street

Burien, WA 98166

Lunch: Wednesdays and Fridays (10:30AM – 1:00PM)

Criteria: No restrictions to seniors; open to all.

PSKS—PEACE for THE STREETS by KIDS FROM THE STREETS

1814 Summit Avenue, Seattle

206-726-8500

Lunch: Tuesday – Friday 11:00 AM – 1:00 PM

Criteria: Open to youth up to age 21. * **Information not updated prior to publication. Please contact office for meal time.**

PHINNEY NEIGHBORHOOD ASSN. SOUP KITCHEN

St. John's Lutheran Church

**5515 Phinney Ave. North (Fellowship Hall) & Crown Lutheran Church 1501 NW 90th Street
Seattle, WA 98103**

Contact: Michael Gregory

Phone: 206-783-2244

Lunch: Wednesday (12noon – 1:00PM) at Crown Lutheran Church

Dinner: Monday (4:00 PM snacks and beverage; dinner 5:00 PM – 6:00 PM) at Crown Lutheran Church; Tuesday (5:00 – 6:00) at St. John's Lutheran

Criteria: No restrictions; open to all

PIKE MARKET SENIOR CENTER

85 Pike Street

Seattle, WA 98101

Contact: Michael Montgomery

Phone: 206-728-2773 ext. 7

Breakfast: Monday – Sunday (8:25AM); may consist of a hot meal or pastries.

Lunch: Monday – Sunday (12:00 PM)

Criteria: Seniors over 55 yrs. old ID is required also need to fill out a membership form.

Suggested yearly fee is \$10.

QUEEN ANNE FOOD BANK MEAL PROGRAM @ SACRED HEART

232 Warren Avenue North, Suite B

Seattle, WA 98109

Contact: Elise Hale-Case

Phone: 206-612-4102

Sack Lunches: Monday – Friday (8:30AM – 10:30AM)

Criteria: No restrictions open to all

RECOVERY CAFÉ

2022 Boren Avenue, Seattle

Contact: David Coffey

Phone: 206-374-8731 ext. 110

david@recoverycafe.org

Lunch: Tuesday – Saturday 12:30 PM – 2:30 PM

Dinner: Tuesday – Saturday 5:15 PM – 6:00 PM

Criteria: Open to all. (Must be sober 24 hours; must become member after 1st meal.)

ST. ANDREW'S JUBILEE DINNERS

**St. Andrew Episcopal Church
111 NE 80th St.
Seattle, WA 98115**

Contact: Doug Macmillan
Phone: 206-669-1258

Dinner: Last Sunday of the month (2:00 PM) a complete and highly nutritious hot meal.
Vegetarian and dairy-free meals upon request.

Criteria: Open to the community; handicapped accessible.

SAINT MARTIN'S de PORRES SHELTER

1561 Alaskan Way S
206-323-6341

Dinner: 6:30 PM daily. Open to shelter participants only.

Criteria: Open to men 50+

SAINT SPIRIDON ORTHODOX CHURCH

Feed the Hungry Program
400 Yale Avenue North
Seattle, WA 98109

Contact: Church office, 206.624.3897, stsoc@comcast.net

Lunch: Last Saturday of each month, 11:00 AM – 1:00 PM.

Criteria: Open to all needy and homeless persons; no verifications, no restrictions. *
Information not updated prior to publication. Please contact office for meal time.

SAMOAN SENIOR CLUB

North Hill Community Club
20827 Third Ave. S.
Des Moines, WA 98198

Contact: Sam Ito
Phone: 206-898-2172

Lunch: Friday (12:00 PM – 1:30 PM)

Criteria: Serve low-income people living in Seattle, primarily Samoan seniors,

SCIPDA NUTRITION SERVICES

**Bush Hotel (Bush-Asia Center (downstairs/park level))
409 Maynard Ave. So.
Seattle, WA 98104**

Contact: Frank Bacungan
Phone: 206-292.5184

Lunch: Monday-Friday (11:00 AM – 1:00 PM) serving Asian meals.

Criteria: Must be 60 yrs. or older, spouse can be any age.

SEATTLE INDIAN CENTER HOT MEALS

**611 12th Avenue So., Suite 300
Seattle, WA 98144**

Contact: Michelle James
Phone: 206.329.8700

Breakfast: Monday – Friday (10:00 AM – 11:00 AM)
Lunch: Monday – Friday (12:00 PM – 1:15 PM)

Criteria: Everyone is welcome. ID is required

SEATTLE KOREAN ELDERS ASSOCIATION

**Center Park Community Hall
2121 26th Ave. S.
Seattle, WA 98144**

Contact: Eunyi Kim
Phone: 206-695-7584

Lunch: Tuesdays and Fridays (9:30 AM – 12:30 PM)

Criteria: They must be 60 yrs. and older, their spouses and adults over 18 with disabilities are welcome to enjoy nutritious meals.

SEATTLE UNION GOSPEL MISSION MEN'S SHELTER

**318 2nd Avenue Extension So.
Seattle, WA 98104**

Contact: John Walling
Phone: 206-622-5177

Breakfast: Daily 3 servings (7:30 AM – 8:15 AM – 9:05 AM)
Lunch: Monday-Saturday (12:00 PM – 12:30 PM)
Dinner: Daily (5:30 PM – 6:30 PM)

Criteria: Chapel attendance is required for free breakfast and Lunch. A cost of \$2.00 for meal if choose not to attend service. Dinner is free; no chapel attendance required.

SOUTH PARK SENIOR MEALS

8201 10th Avenue South, Seattle

Contact: Dagmar Cronn
Phone: 206-257-0578
cronn@oakland.edu

Breakfast: Monday – Friday 7:00 AM – 9:00 AM
Lunch: Tuesday 10:30 AM
Dinner: Monday & Friday 5:30 PM

Criteria: Open to all. Tuesday Lunch is sponsored by the Latino Senior Lunch Program.

TEEN FEED

4740B University Way NE, Seattle, WA 98105

Contact: Alexis Lair
Phone: 206-229-0813

Housed at different locations:

University Lutheran Church
N.E. 50th & 16th NE
Seattle, WA 98105
Dinner: Monday (7:00 PM – 8:00 PM)

University Congregational Church
NE 45th & 16th Avenue NE
Seattle, WA 98105
Dinner: Tuesday, Wednesday & Thursday (7:00 PM – 8:00 PM)

University Christian
NE 50th & 15th NE
Seattle, WA 98105
Dinner: Friday (7:00 PM – 8:00 PM) enter via alley on SW corner of building.

University Methodist Temple
NE 43rd & 15th NE
Seattle, WA 98105
Dinner: Saturday (7:00 PM – 8:00 PM)

University of Washington Hillel
4745 17th Avenue NE
Seattle, WA 98105
Dinner: Sunday (7:00 PM – 8:00 PM)

Criteria: All sites serve only youth 13 – 25 yrs. old.

UNIVERSITY DISTRICT YOUTH CENTER
4516 15th NE
Seattle, WA 98105

Contact: Erin Maguire
erinma@ccsww.org

Phone: 206-526-2992 ext. 31

Lunch: Monday – Thursday (1:00 PM – 3:30 PM) serve hot meals

Criteria: Youth (12-22 yrs. old) who come in to our drop-in program.

VIETNAMESE SENIOR ASSOCIATION
Garfield Community Center
2323 E. Cherry St.
Seattle, WA 98122

Contact: Kim Lundgreen
Phone: 206-491-4774

Lunch: Tuesdays and Fridays (11:30AM – 12:30PM)

Criteria: They must be 60 yrs. old and their spouses and adults over 18 with disabilities are welcome to enjoy nutritious meals.

VOLUNTEER PARK SEVENTH-DAY ADVENTIST CHURCH
1300 East Aloha Street
Seattle, WA 98102

Contact: Mariano Timple, aronious@msn.com
Phone: 206-325-5544

Breakfast: Tuesdays 10:30 AM – 11:30 AM;
1st and 3rd Saturdays: 9:30 AM – 10:30 AM

Criteria: Open to All

WESTWOOD CHRISTIAN ASSEMBLY
9252 16th Avenue SW, Seattle

Phone: 206-763-0585

Lunch: 2nd and 4th Tuesdays 12:00 PM – 2:00 PM. For the Tuesday meal, please call first to make sure meal is served that Tuesday.

Criteria: Primarily a clothing bank with lunch service. Open to all.

WOMEN'S REFERRAL CENTER

2030 3rd Avenue, Seattle

Dinner: 6:00 PM – 7:00 PM

Criteria: Women 18 and older, no children.

YOUTHCARE'S JAMES W. RAY ORION CENTER

1828 Yale Avenue

Seattle, WA 98101

Brooke.beckwith@youthcare.org

Contact: Brooke Beckwith

Phone: 206-622-5555

Breakfast: Monday – Friday (8:30PM – 9:00PM)

Lunch: Monday – Friday (12:30PM – 1:00PM)

Dinner: Monday, Wednesday – Friday (6:00PM – 6:30PM)

Criteria: Serve only youth 13 – 22 yrs old.

YWCA ANGELINE'S DAY CENTER

2030 3rd Avenue

Seattle, WA 98121

Contact: Hollianne Monson

Phone: 206-436-8672

Breakfast: Daily (8:10 AM – 8:40 AM)

Lunch: Daily (11:30 AM – 12:00 PM)

Lunch: Daily (12:30 PM – 1:00 PM)

Snack: Daily (3:00 PM – 3:30 PM)

Dinner: Daily (6:15 PM – 6:30 PM)

Criteria: Homeless women who are 18 yrs and older. Only single women no children.