



SEATTLE FIRE
DEPARTMENT
PREVENTION
DIVISION

PRESCHOOL FIRE SAFETY FUN

SPRING 2004

FIRE & INJURY PREVENTION WORKSHOP FOR PRESCHOOL PROVIDERS



On March 12 The King County Fire & Life Safety Association, Region 4 Life Safety Council & SAFE Kids of Pierce and Snohomish

counties sponsored a workshop for preschool teachers. The event was a huge success with more than 300 teachers and life safety professionals in attendance with the ability to reach nearly 10,000 children.

The attendees gathered for three workshops. The first workshop was a **Play Safe! Be Safe!** workshop presented by Dr. Bob Cole of Fireproof Children. This was the second time he has presented this workshop in the Seattle area. The last time was eight years ago at the Museum of History & Industry. It was a popular workshop then and many requests helped bring it back again. Dr. Cole shared information on fire safety issues for preschoolers and provided an overview of the excellent education kit for teachers to use when teaching fire safety. Each attending teacher received a **Play Safe! Be Safe!** kit to use in their classroom. This wonderful resource is available on free loan from the Seattle Fire Department for preschool groups within the City of Seattle.

The second workshop was presented by the Seattle Fire Department and King County EMS and introduced a new injury prevention curriculum for

teachers to use when teaching children safety. The curriculum, called **Smart Kids! Safe Kids!**, addresses four of the top injuries that preschool children are likely to experience – burns and scalds, poisoning, head injuries, pedestrian injuries. Preschools in Seattle wishing to obtain a free copy of the **Smart Kids! Safe Kids!** injury prevention curriculum for their classroom can set up a training by calling 206-386-1338.

The third workshop offered was presented by Joanne Jordan of the Bellevue Fire Department and addressed Earthquake and Disaster Preparedness as it relates to preschool providers. Her workshop received rave reviews and provided a wealth of useful and applicable information on preparing a preschool for a disaster.

Overall the workshop was successful and received wonderful feedback from the participants. Hopefully the safety education resources made available through this workshop are useful and are helping you teach safety to the children in your care.

PRESCHOOL
PROGRAM
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**TELL ME AND I FORGET.
SHOW ME AND I
REMEMBER. INVOLVE ME
AND I UNDERSTAND.
"CHINESE PROVERB"**

LESSON PLAN

10 THINGS YOU CAN DO TO KEEP PRESCHOOLERS SAFE THIS SUMMER

1. Keep matches and lighters out of the reach of children. Show them that fire is a tool for grown ups, not a toy. Each year about 400 children die and nearly 3000 are injured as a result of kids playing with matches or lighters. Many of these children are preschool aged.



2. Be careful around barbecues, campfires and other things that can burn kids during the summer (hot cars, recently used lawn equipment, etc.)



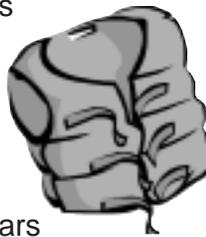
3. Buckle-up in the car. Make sure everyone is in the right car seat, booster seat and is buckled in a seatbelt before driving anywhere. Buckling-up appropriately can significantly cut the risk of injury and death in a car crash.

4. When riding bikes, trikes, skateboards and rollerblades be sure that everyone has a properly fitting helmet on their heads. Properly worn helmets do reduce traumatic head injury and can save a child's life.



5. Make sure the children in your care apply adequate sunscreen before playing outside. Make sure to reapply sunscreen as necessary.

6. Make sure kids on boats wear life jackets (PFDs). State law requires children 12 years old and younger to wear a PFD at



all times whenever the vessel is underway. It is a good idea for young children to wear PFDs when playing in swimming pools or at the beach.

7. Falls from playground equipment and open windows seriously injure many preschoolers each year. Make sure playground equipment has sufficient padding and is safe before letting children play on it. Check to make sure you have done all you can to prevent a child from falling out windows.



8. Walk smart! Teach children to play away from parking lots, streets and other areas where they could be hit by a car. Make sure they cross the street with a grown-up and always at a corner or a crosswalk.

9. Supervise children closely. Adequate supervision can prevent children from playing with fire, from drowning, from being hit by cars and many other things. Keep a close eye on children!

10. Set a good example. Children learn by watching those they admire. Wear your helmet when on a bike. Wear your seatbelt in the car. Cross the street at the corner and look both ways. Wear sunscreen. Wear your life jacket (PFD) when on a boat. Be a strong role model for the children in your care!



**FUN
FIELD TRIP**

**THE SEATTLE FIRE DEPARTMENT & THE KING COUNTY
FIRE & LIFE SAFETY ASSOCIATION INVITE YOU TO**



FIRE DEPARTMENT DAY AT THE **BOEING MUSEUM OF FLIGHT**

FREE CHILD CAR SEAT CHECKS
\$6 BICYCLE HELMETS FITTED TO YOUR CHILD
THE BOEING CLOWNS
FIRE ENGINES
LADDER TRUCKS
RESCUE VEHICLES

FRIDAY, JUNE 18, 2004
10:00 A.M. - 2:00 P.M.

This event is free and open to everyone.

The Museum of Flight will be open and normal admission fees will apply. Located in Seattle at 9404 E. Marginal Way S.



Visit our website at WWW.CITYOFSEATTLE.NET/FIRE

The Seattle Fire Department website provides a great deal of information regarding fire safety. There is also information on how to participate in the Preschool Fire Safety Program and how to schedule a visit with the firefighters for your preschool group.

TEACHING TIPS

Firefighters are our friends. Here are some teaching tips to help reinforce this important message.

SING-A-LONG SONG (TO THE TUNE "MULLBERRY BUSH")

This is the way I pull on my boots, pull on my boots, pull on my boots;
This is the way I pull on my boots, I'm a fire fighter.
This is the way I drive the fire truck, drive the fire truck, drive the fire truck,
This is the way I drive the fire truck, I'm a fire fighter.
This is the way I fasten the hose, fasten the hose, fasten the hose,
This is the way I fasten the hose, I'm a fire fighter.
This is the way I squirt the water, squirt the water, squirt the water,
This is the way I squirt the water, I'm a fire fighter.
This is the way I climb the ladder, climb the ladder, climb the ladder,
This is the way I climb the ladder, I'm a fire fighter.

BOOKS TO READ

BIG FRANK'S FIRE TRUCK

by Leslie McGuire.

Big Frank is a firefighter. Follow him around for a day on the job as a firefighter.

A VISIT TO THE SESAME STREET FIREHOUSE *by Dan Elliot.*

Join Big Bird, Grover and Ernie as they get to know the Sesame Street firefighters.

FIRE SAFETY IS A LEARNED BEHAVIOR

Show children how to be fire safe. Be fire safe in front of them and teach by example.

TEACHER RESOURCES

Fire Safety
Education for
Children aged
3 – 5.

**Fire safety
education kits
are
available
for free loan
from the
Seattle Fire
Department
Education
Office by
calling
206.386.1338.**

**Follow-up with
a fire station
tour or visit
from your local
firefighters.**

A PRESCHOOL PROGRAM BY BIC CORPORATION

IDEAL FOR:

- Preschool Teachers and Daycare Providers
- Firefighters

DESCRIPTION:

Teaches four important lessons in fire safety:

- My Friend the Firefighter
- Stop! Drop! And Roll!
- Crawl! Low Under Smoke!
- Safe for Play! Keep Away!

Each **Play safe! Be safe!** kit contains:

- 20-minute video featuring "Firefighter Dan"
- Color story/flash cards
- Dress the Firefighter activity board
- Safe for Play! Keep Away! activity board
- Keep Away! card game
- Comprehensive teacher's manual
and resource book

REFERENCES:

- Endorsement: New York State Professional Firefighters Association
- Award: Director's Choice Award for Best Curriculum, *Early Childhood News*, 1997.



To purchase your own copy for \$12, contact Fireproof Children at 716.385.3370 or on the web at http://www.fireproof-children.com/resources_besafe.html

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**FIRE
SAFETY
INFORMATION
FOR
PRESCHOOL
TEACHERS
& DAYCARE
PROVIDERS**

