Standard Insurance Company

A Stock Life Insurance Company 900 SW Fifth Avenue Portland, Oregon 97204-1282 (503) 321-7000

Certificate: Group Long Term Disability Insurance

Policyholder:	City of Seattle
Policy Number:	608217-B (replaces 608217-A which became effective August 1, 1990)
Effective Date:	June 1, 1992

A Group Policy has been issued to the Policyholder. We certify that you will be insured as provided by the terms of the Group Policy. If your coverage is changed by an amendment to the Group Policy, we will provide the Policyholder with a revised Certificate or other notice to be given to you.

Possession of this Certificate does not necessarily mean you are insured. You are insured only if you meet the requirements set out in this Certificate.

"We", "us" and "our" mean Standard Insurance Company. "You" and "your" mean the Member. All other defined terms appear with the initial letter capitalized. Section headings, and references to them, appear in boldface type.

President

GC190-LTD

Table of Contents

Coverage Features	1
General Policy Information	1
Becoming Insured	1
Schedule Of Insurance	2
Disability Provisions	3
Exclusions And Limitations	3
Deductible Income	4
Other Provisions	
Premium Contributions	5
Insuring Clause	
Definition Of Disability	6
Return To Work Incentive	7
Reasonable Accommodation Expense Benefit	7
Temporary Recovery	8
When LTD Benefits End	8
Predisability Earnings	9
Deductible Income	10
Exceptions To Deductible Income	
Rules For Deductible Income	12
Conversion Of Insurance	12
Survivors Benefit	13
Waiver Of Premium	13
Benefits After Insurance Ends Or Is Changed	14
Effect Of New Disability	14
Exclusions	14
Limitations	15
Claims	15
Allocation Of Authority	
Time Limits On Legal Actions	17
Incontestability Provisions	18
Continuity Of Coverage	18
When Your Insurance Becomes Effective	19
Active Work Provisions	19
When Your Insurance Ends	
Reinstatement Of Insurance	
Definitions	21

Index of Defined Terms

The page number shown below is where the term is defined. For terms defined by an entire section, the page number below is the page on which that section begins.

	Injury, 22
Active Work, Actively At Work, 19	Insured Predisability Earnings, 2
Allowable Period, 8	
Any Occupation Definition of Disability, 6	Leave of Absence Provision, 4
Any Occupation Income Level, 3	LTD Benefit, 22
Any Occupation Period, 3	
	Material Duties, 6
Benefit Waiting Period, 2, 21	Maximum Benefit Period, 3, 22
	Maximum LTD Benefit, 2
Class Definition, 2	Member, 1
Contributory, 21	Mental Disorder, 15
CPI-W, 21	Minimum LTD Benefit, 2
Deductible Income, 10	Noncontributory, 22
Disability, 6	
Disabled, 6	Own Occupation, 6
	Own Occupation Definition Of Disability, 6
Eligibility Waiting Period, 21	Own Occupation Income Level, 3
Employer(s), 1	Own Occupation Period, 3
Evidence of Insurability, 21	
Exclusion Period, 4	Partial Disability, 6
	Physical Disease, 22
Group Policy, 21	Physician, 22
Group Policy Effective Date, 1	Policyholder, 1
Group Policy Number, 1	Predisability Earnings, 9
	Preexisting Condition, 14
Hospital, 15	Preexisting Condition Period, 4
	Pregnancy, 22
Indexed Predisability Earnings, 21	Prior Plan, 22

Proof Of Loss, 16

Reasonable Accommodation Expense Benefit, 4, 7 Return To Work Incentive, 7

Salary Continuation Offset, 4

Temporary Recovery, 8

War, 14

Work Earnings, 7

Coverage Features

This section contains many of the features of your long term disability (LTD) insurance. Other provisions, including exclusions, limitations, and Deductible Income, appear in other sections. Please refer to the text of each section for full details. The Table of Contents and the Index of Defined Terms help locate sections and definitions.

General Policy Information		
Group Policy Number:	608217-B (replaces 608217-A which became effective August 1, 1990)	
Policyholder:	City of Seattle	
Employer(s):	City of Seattle Seattle Housing Authority	
Group Policy Effective Date:	June 1, 1992	
State of Issue:	Washington	

Becoming Insured

To become insured you must: (a) Be a Member; (b) Complete your Eligibility Waiting Period; and (c) Meet the requirements in **Active Work Provisions** and **When Your Insurance Becomes Effective**.

Definition of Member:

You are a Member if you are a citizen or resident of the United States or Canada and one of the following:

- 1. An active regularly appointed full-time or part-time employee of the Employer, regularly working at least 20 hours each week or 80 hours each calendar month*.
- 2. An active temporary employee in a benefits-eligible assignment regularly working at least 80 hours each month.
- 3. An active employee of Seattle Public Library with a regular appointment for and on regular pay status at least 20 hours each week.

You are not a Member if you are:

- 1. A temporary employee other than one described in 2. above.
- 2. A seasonal employee.

- 3. A member of Seattle Police Officers Guild, Seattle Police Management Association, Local No. 27 Firefighters, or Local No. 2898 Fire Chiefs.
- 4. A full time member of the armed forces of any country.

*This hourly requirement does not apply to a Member who ceases to work the required minimum number of hours due to an Employer-initiated temporary reduction in hours or furlough, provided the temporary reduction in hours or furlough begins on or after January 1, 2009, ends not later than December 31, 2014, and has a defined return to work date.

Predisability Earnings during a temporary layoff or furlough will be based on the Predisability Earnings in effect on the last full day of Active Work preceding the Member's temporary layoff or furlough.

Class Definition:	None
Eligibility Waiting Period:	You are eligible on the first day as a Member if that date is the first calendar day of the month designated/recognized as a business day for the City of Seattle, or as the first working day for the shift to which you are assigned, whichever is later.
	If you become a Member after the above date, you are eligible on the first day of the following calendar month.
Evidence of Insurability:	Not required.

Schedule Of Insurance

LTD Benefit:	60% of your Insured Predisability Earnings, reduced by Deductible Income.
Insured Predisability	
Earnings:	Plan A: The first \$667 of your Predisability Earnings.
	Plan B: The first \$8,333 of your Predisability Earnings.
Maximum LTD Benefit:	Plan A: \$400 before reduction by Deductible Income.
	Plan B: \$5,000 before reduction by Deductible Income.
Minimum LTD Benefit:	\$100

You may be insured under either Plan A or Plan B (Plan B includes the Employer paid benefits under Plan A). If you cease to pay premiums for Plan B, you will automatically become insured under Plan A.

Note: Members who are temporary employees are not eligible for Plan B.

Benefit Waiting Period: 90 days

Maximum Benefit Period:	Determined by your age when Disability begins, as follows:
Age	Maximum Benefit Period
61 or younger	. To age 65, or to SSNRA, or 3 years 6 months, whichever is longest
62	. To SSNRA, or 3 years 6 months, whichever is longer.
63	. To SSNRA, or 3 years, whichever is longer.
64	. To SSNRA, or 2 years 6 months, whichever is longer.
65	. 2 years
66	. 1 year 9 months
67	. 1 year 6 months
68	. 1 year 3 months
69 or older	. 1 year

Social Security Normal Retirement Age (SSNRA) means your normal retirement age under the Federal Social Security Act, as amended.

Disability Provisions

Own Occupation Period:	The first 24 months for which LTD Benefits are paid.
Any Occupation Period:	From the end of the Own Occupation Period to the end of the Maximum Benefit Period.
Partial Disability:	Covered
Own Occupation Income Level:	80% of your Indexed Predisability Earnings.
Any Occupation Income Level:	80% of your Indexed Predisability Earnings.

See **Definition of Disability** for more information.

Exclusions And Limitations

Preexisting Condition Exclusion for (a) Plan A, and (b) Plan B for Members who apply within 31 days after becoming eligible:

Yes

Preexisting Condition

Period:	The 90 day period just before your insurance becomes effective.
Exclusion Period:	12 months
Preexisting Condition Exclusion for changes from Plan A to Plan B:	Yes
Preexisting Condition Period:	The 180 day period just before your insurance under Plan B becomes effective.
Exclusion Period:	24 months while insured under Plan B.
If benefits are not payable under Plan B because of the Preexisting Condition exclusion for changes from	

If benefits are not payable under Plan B because of the Preexisting Condition exclusion for changes from Plan A to Plan B, your claim will be administered as if you had not elected Plan B.

See Exclusions and Limitations for this and other exclusions and limitations.

Deductible Income

Social Security Offset:	Full offset
Salary Continuation Offset:	Sick Pay or other salary continuation paid to you by your
	Employer, but not including vacation pay or comp time.

See **Deductible Income** for this and other Deductible Income.

Other Provisions

Survivors Benefit Amount:	A lump sum equal to 3 times your LTD Benefit without reduction by Deductible Income.
Estate Payment Allowed:	No
Conversion of Insurance:	Yes
Leave of Absence Provision (See When Your Insurance Ends):	Insurance may be continued during a sabbatical leave of absence scheduled to last 12 months or less.
	Insurance may be continued during any other leave of absence scheduled to last 6 months or less.
Continuity of Coverage:	Yes
Reasonable Accommodation Expense Benefit:	The expenses incurred for the reasonable accommodation or \$500, whichever is less.

Premium Contributions

Insurance is:

Plan A: Noncontributory

Plan B: Contributory

Insuring Clause

If you become Disabled while insured under the Group Policy, we will pay LTD Benefits according to the terms of the Group Policy after we receive satisfactory Proof Of Loss.

LT.IC.01

Definition Of Disability

You are Disabled if you meet one of the following definitions during the period it applies:

- A. Own Occupation Definition of Disability;
- B. Any Occupation Definition of Disability; or
- C. Partial Disability Definition.

Own Occupation means any employment, business, trade, profession, calling or vocation that involves Material Duties of the same general character as your regular and ordinary employment with the Employer. Your Own Occupation is not limited to your job with your Employer.

Material Duties means the essential tasks, functions and operations, and the skills, abilities, knowledge, training and experience, generally required by employers from those engaged in a particular occupation.

A. Own Occupation Definition Of Disability

During the Benefit Waiting Period and the Own Occupation Period you are required to be Disabled only from your Own Occupation.

You are Disabled from your Own Occupation if, as a result of Physical Disease, Injury, Pregnancy or Mental Disorder, you are unable to perform with reasonable continuity the Material Duties of your Own Occupation.

B. Any Occupation Definition Of Disability

During the Any Occupation Period you are required to be Disabled from all occupations.

You are Disabled from all occupations if, as a result of Physical Disease, Injury, Pregnancy or Mental Disorder, you are unable to perform with reasonable continuity the Material Duties of any gainful occupation for which you are reasonably fitted by education, training and experience.

- C. Partial Disability Definition
 - 1. During the Benefit Waiting Period and the Own Occupation Period, you are Partially Disabled when you work in your Own Occupation but, as a result of Physical Disease, Injury, Pregnancy or Mental Disorder, you are unable to earn the Own Occupation Income Level or more.

2. During the Any Occupation Period, you are Partially Disabled when you work in an occupation but, as a result of Physical Disease, Injury, Pregnancy or Mental Disorder, you are unable to earn the Any Occupation Income Level, or more, in that occupation and in all other occupations for which you are reasonably fitted under the Any Occupation Definition of Disability.

You may work in another occupation while you meet the Own Occupation Definition of Disability. If you are Disabled from your Own Occupation, there is no limit on your Work Earnings in another occupation. Your Work Earnings may be Deductible Income. See **Return To Work Incentive** and **Deductible Income**.

Your Any Occupation Period, Any Occupation Income Level, Own Occupation Period, and Own Occupation Income Level are shown in the **Coverage Features**.

LT.DD.49X

Return To Work Incentive

A. During The Benefit Waiting Period

You may serve your Benefit Waiting Period while working, if you meet either the Own Occupation Definition of Disability or the Partial Disability Definition.

B. After The Benefit Waiting Period

You are eligible for the Return to Work Incentive on the first day you work after the Benefit Waiting Period if LTD Benefits are payable on that date. The Return To Work Incentive changes 24 months after that date, as follows:

- 1. During the first 24 months, your Work Earnings will be Deductible Income as determined below:
 - a. Determine the amount of your LTD Benefit as if there were no Deductible Income, and add your Work Earnings to that amount.
 - b. Determine 100% of your Indexed Predisability Earnings.
 - c. If a. is greater than b., the difference will be Deductible Income.
- 2. After those first 24 months, one half of your Work Earnings will be Deductible Income.

Work Earnings means your gross monthly earnings from work you perform while Disabled, including earnings from your Employer, any other employer, or self-employment. Work Earnings do not include retroactive pay paid in a lump sum resulting from a general position reclassification which becomes effective more than 12 months after the Member becomes Disabled.

LT.RW.01X

Reasonable Accommodation Expense Benefit

If you are Disabled and return to work in any occupation for any employer, not including self employment, as a result of a reasonable accommodation made by such employer, we will pay that employer a Reasonable Accommodation Expense Benefit as shown in the **Coverage Features**. The Reasonable Accommodation Expense Benefit is payable only if the reasonable accommodation is approved by us in writing prior to its implementation.

LT.RA.01

Temporary Recovery

You may temporarily recover from your Disability, and then become Disabled again from the same cause or causes, without having to serve a new Benefit Waiting Period. Temporary Recovery means you cease to be Disabled for no longer than the applicable Allowable Period.

- A. Allowable Periods
 - 1. During the Benefit Waiting Period: a total of 5 days of recovery for every 30 days of the Benefit Waiting Period.
 - 2. During the Maximum Benefit Period: 180 days for each period of recovery.
- B. Effect Of Temporary Recovery

If your Temporary Recovery does not exceed the Allowable Periods, 1 through 5 below will apply.

- 1. The Predisability Earnings used to determine your LTD Benefit will not change.
- 2. The period of Temporary Recovery will not count toward your Benefit Waiting Period, your Maximum Benefit Period or your Own Occupation Period.
- 3. No LTD Benefits will be payable for the period of Temporary Recovery.
- 4. No LTD Benefits will be payable after benefits become payable to you under any other group long term disability insurance policy under which you become insured during your period of Temporary Recovery.
- 5. Except as stated above, the provisions of the Group Policy will be applied as if there had been no interruption of your Disability.

LT.TR.06

When LTD Benefits End

Your LTD Benefits end automatically on the earliest of 1 through 4 below.

- 1. The date you are no longer Disabled.
- 2. The date your Maximum Benefit Period ends.
- 3. The date you die.
- 4. The date benefits become payable under any other group long term disability insurance policy under which you become insured during a period of Temporary Recovery.

LT.BE.01

Predisability Earnings

Your Predisability Earnings will be based on your earnings in effect on your last full day of Active Work unless a different date applies (see Other Provisions in the **Coverage Features**). Any subsequent change in your earnings will not affect your Predisability Earnings.

Predisability Earnings means your monthly rate of earnings from your Employer, including:

- 1. Contributions you make through a salary reduction agreement with your Employer to:
 - a. An Internal Revenue Code (IRC) Section 401(k), 403(b), or 457 deferred compensation arrangement; or
 - b. An executive nonqualified deferred compensation arrangement.
- 2. Shift differential pay.
- 3. Amounts contributed to your fringe benefits according to a salary reduction agreement under an IRC Section 125 plan.
- 4. A retroactive pay increase resulting from a general position reclassification which becomes effective during the first 12 months after the Member becomes Disabled.

Predisability Earnings does not include:

- 1. Bonuses.
- 2. Commissions.
- 3. Overtime pay.
- 4. Your Employer's contributions on your behalf to any deferred compensation arrangement or pension plan.
- 5. Any other extra compensation.

If you are paid on an annual contract basis, your monthly rate of earnings is one-twelfth (1/12th) of your annual contract salary.

If you are paid weekly, your monthly rate of earnings is your weekly earnings multiplied by 4.35.

If you are paid hourly, your monthly rate of earnings is based on your hourly pay rate multiplied by the number of hours you are regularly scheduled to work per month, but not more than 174 hours. If you do not have regular work hours, your monthly rate of earnings is based on the average number of hours you worked per month during the preceding 12 calendar months (or during your period of employment if less than 12 months), but not more than 174 hours.

LT.PD.06X

Deductible Income

Subject to Exceptions To Deductible Income, Deductible Income means:

- 1. Sick pay or other salary continuation as shown in the Coverage Features.
- 2. Your Work Earnings, as described in the **Return To Work Incentive**.
- 3. Any amount you receive or are eligible to receive because of your disability under any workers' compensation law or similar law, including amounts for partial or total disability, whether permanent or temporary. Deductible Income includes amounts paid for vocational rehabilitation under any workers' compensation law or similar law.
- 4. Any amount you, your spouse, or your children under age 18 receive or are eligible to receive because of your disability or retirement under:
 - a. The Federal Social Security Act;
 - b. The Canada Pension Plan;
 - c. The Quebec Pension Plan; or
 - d. Any similar plan or act.

Benefits your spouse or children receive or are eligible to receive because of your disability are Deductible Income regardless of marital status, custody, or place of residence.

The **Coverage Features** states which one of the following options applies to your Social Security benefits.

- a. Full offset: Both the primary benefit (the benefit awarded to you) and dependents benefits are Deductible Income.
- b. Primary offset: Primary benefits are Deductible Income, but dependents benefits are not.
- c. Partial dependents offset: Primary benefits are Deductible Income. Dependents benefits are Deductible Income as determined below:
 - (1) Determine the amount of your LTD Benefit as if there were no Deductible Income, and add your dependents benefits to that amount.
 - (2) Multiply your Predisability Earnings by the dependents limit.
 - (3) If (1) is greater than (2), the difference will be Deductible Income.
- 5. Any amount you receive or are eligible to receive because of your disability under any state disability income benefit law or similar law.
- 6. Any amount you receive or are eligible to receive because of your disability under any group insurance coverage.
- 7. Any disability or retirement benefits you receive under your Employer's retirement plan, including a public employee retirement system, a state teacher retirement system, and a plan arranged and maintained by a union or employee association for the benefit of its members.

If any of these plans has two or more payment options, the option which comes closest to providing you a monthly income for life with no survivors benefit will be Deductible Income, even if you choose a different option.

8. Any amount you receive by compromise, settlement, or other method as a result of a claim for any of the above, whether disputed or undisputed.

LT.DI.02X

Exceptions To Deductible Income

Deductible Income does not include:

- 1. Any cost of living increase in any Deductible Income other than Work Earnings, if the increase becomes effective while you are Disabled and while you are eligible for the Deductible Income.
- 2. Reimbursement for hospital, medical, or surgical expense.
- 3. Reasonable attorneys fees incurred in connection with a claim for Deductible Income.
- 4. Benefits from any individual disability insurance policy.
- 5. California Workers' Compensation benefits for permanent total or permanent partial disability.
- 6. Early retirement benefits under the Federal Social Security Act which are not actually received.
- 7. Group credit or mortgage disability insurance benefits.
- 8. Accelerated death benefits paid under a life insurance policy.
- 9. Benefits from a through h below:
 - a. Profit sharing plan.
 - b. Thrift or savings plan.
 - c. Deferred compensation plan.
 - d. Plan under IRC Section 401(k) or 457.
 - e. Individual Retirement Account (IRA).
 - f. Tax Sheltered Annuity (TSA) under IRC Section 403(b).
 - g. Stock ownership plan.
 - h. Keogh (HR-10) plan.
 - 10. Retroactive pay resulting from a general position reclassification which becomes effective more than 12 months after the Member becomes Disabled.

LT.ED.02

Rules For Deductible Income

A. Monthly Equivalents

Each month we will determine your LTD Benefit using the Deductible Income for the same monthly period, even if you actually receive the Deductible Income in another month.

If you are paid Deductible Income in a lump sum or by a method other than monthly, we will determine your LTD Benefit using a prorated amount. We will use the period of time to which the Deductible Income applies. If no period of time is stated, we will use a reasonable one.

B. Your Duty To Pursue Deductible Income

You must pursue Deductible Income for which you may be eligible. We may ask for written documentation of your pursuit of Deductible Income. You must provide it within 60 days after we mail you our request. Otherwise, we may reduce your LTD Benefits by the amount we estimate you would be eligible to receive upon proper pursuit of the Deductible Income.

C. Pending Deductible Income

We will not deduct pending Deductible Income until it becomes payable. You must notify us of the amount of the Deductible Income when it is approved. You must repay us for the resulting overpayment of your claim.

D. Overpayment Of Claim

We will notify you of the amount of any overpayment of your claim under any group disability insurance policy issued by us. You must immediately repay us. You will not receive any LTD Benefits until we have been repaid in full. In the meantime, any LTD Benefits paid, including the Minimum LTD Benefit, will be applied to reduce the amount of the overpayment. We may charge you interest at the legal rate for any overpayment which is not repaid within 30 days after we first mail you notice of the amount of the overpayment.

LT.RU.01

Conversion Of Insurance

When your insurance ends, you may buy LTD conversion insurance if you meet 1 through 5 below.

- 1. Your insurance ends for a reason other than:
 - a. Termination or amendment of the Group Policy; or
 - b. Your failure to make a required premium contribution.
- 2. You were insured under the Employer's LTD insurance plan for at least one year as of the date your insurance ended.
- 3. You are not Disabled on the date your insurance ends.
- 4. You are a citizen or resident of the United States or Canada.

5. You apply in writing to us and pay the first premium for LTD conversion insurance within 31 days after your insurance ends.

Your LTD conversion insurance becomes effective on the day after your insurance ends.

The maximum LTD conversion insurance benefit you may select is the smallest of:

- 1. \$4,000 (however, if you provide satisfactory Evidence Of Insurability, this upper limit may be as high as \$8,000);
- 2. 60% of your insured Predisability Earnings on the date your insurance ended; and
- 3. The LTD Benefit payable if you had become Disabled on the day before your insurance ended and you had no Deductible Income.

The maximum LTD conversion insurance benefit is reduced by deductible income. The certificate we will issue to you when your LTD conversion insurance becomes effective will contain other provisions which will also differ from the Group Policy.

LT.CV.01X

Survivors Benefit

If you die while LTD Benefits are payable, we will pay a survivors benefit according to 1 through 4 below.

- 1. The amount of the survivors benefit is shown in the **Coverage Features**.
- 2. The survivors benefit will first be applied to reduce any overpayment of your claim.
- 3. The survivors benefit will be paid at our option to any one or more of the following:
 - a. Your surviving spouse (including a domestic partner for whom you have filed an affidavit with the Employer);
 - b. Your surviving unmarried children under age 25; or
 - c. Any person providing the care and support of any of them.
- 4. If you are not survived by a spouse (or domestic partner) or an unmarried child under age 25, no survivors benefit will be paid unless payment to your estate is allowed as stated in the **Coverage Features**.

LT.SB.01X

Waiver Of Premium

Your insurance will continue without payment of premiums while LTD Benefits are payable.

LT.WP.01

Benefits After Insurance Ends Or Is Changed

Your right to receive LTD Benefits for a period of Disability which begins while you are insured will not be affected by:

- 1. Termination of the Group Policy after you become Disabled;
- 2. Termination of your insurance while the Group Policy remains in force; or
- 3. Any amendment to the Group Policy approved after the date you become Disabled.

LT.BA.01

Effect Of New Disability

If a period of Disability is extended by a new cause while LTD Benefits are payable, LTD Benefits will continue while you remain Disabled. However, 1 and 2 apply.

- 1. LTD Benefits will not continue beyond the end of the original Maximum Benefit Period.
- 2. All provisions of the Group Policy, including the **Exclusions** and **Limitations** sections, will apply to the new cause of Disability.

LT.ND.01

Exclusions

A. War

You are not covered for a Disability caused or contributed to by War or any act of War. War means declared or undeclared war, whether civil or international, and any substantial armed conflict between organized forces of a military nature.

B. Intentionally Self-Inflicted Injury

You are not covered for a Disability caused or contributed to by an intentionally self-inflicted Injury, while sane or insane.

- C. Preexisting Condition
 - 1. Definition

Preexisting Condition means a mental or physical condition for which you have done any of the following at any time during the Preexisting Condition Period shown in the **Coverage Features**:

- a. Consulted a Physician;
- b. Received medical treatment or services; or
- c. Taken prescribed drugs or medications.
- 2. Exclusion

You are not covered for a Disability caused or contributed to by a Preexisting Condition or medical or surgical treatment of a Preexisting Condition unless, on the date you become Disabled, you:

- a. Have been continuously insured under the Group Policy for the entire Exclusion Period shown in the **Coverage Features**; and
- b. Have been Actively At Work for at least one full day after the end of the Exclusion Period.

LT.EX.01

Limitations

A. Care Of A Physician

You must be under the ongoing care of a Physician during the Benefit Waiting Period. No LTD Benefits will be paid for any period of Disability when you are not under the ongoing care of a Physician.

B. Mental Disorder

Payment of LTD Benefits is limited to 24 months for each period of continuous Disability caused or contributed to by a Mental Disorder. However, if you are confined in a Hospital at the end of the 24 months, this limitation will not apply while you are continuously confined.

Mental Disorder means any mental, emotional, behavioral, psychological, personality, cognitive, mood or stress- related abnormality, disorder, disturbance, dysfunction or syndrome, regardless of cause, including any biological or biochemical disorder or imbalance of the brain. Mental Disorder includes, but is not limited to, bipolar affective disorder, organic brain syndrome, schizophrenia, psychotic illness, manic depressive illness, depression and depressive disorders, or anxiety and anxiety disorders.

Hospital means a legally operated hospital providing full- time medical care and treatment under the direction of a full-time staff of licensed Physicians. Rest homes, nursing homes, convalescent homes, homes for the aged, and facilities primarily affording custodial, educational, or rehabilitative care are not Hospitals.

LT.LM.51X

Claims

A. Filing A Claim

Claims should be filed on our forms. If you do not receive our forms within 15 days after you ask for them, you may submit your claim in a letter to us. The letter should include the date disability began, and the cause and nature of the disability.

B. Time Limits On Filing Proof Of Loss

You must give us Proof Of Loss within 90 days after the end of the Benefit Waiting Period. If you cannot do so, you must give it to us as soon as reasonably possible, but not later than one year after that 90 day period. If Proof Of Loss is filed outside these time limits, your claim will be denied. These limits will not apply while you lack legal capacity.

C. Proof Of Loss

Proof Of Loss means satisfactory written proof that you are Disabled and entitled to LTD Benefits. Proof Of Loss must be provided at your expense.

D. Documentation

At your expense, you must submit completed claims statements, your signed authorization for us to obtain information, and any other items we may reasonably require in support of your claim. If you do not provide the documentation within 60 days after we mail you our request, your claim may be denied.

E. Investigation Of Claim

We may investigate your claim at any time.

At our expense, we may have you examined at reasonable intervals by specialists of our choice. We may deny or suspend LTD Benefits if you fail to attend an examination or cooperate with the examiner.

F. Time Of Payment

We will pay LTD Benefits within 60 days after you satisfy Proof Of Loss.

LTD Benefits will be paid to you at the end of each month you qualify for them. LTD Benefits remaining unpaid at your death will be paid to the person(s) receiving the Survivor Benefit. If no Survivor Benefit is paid, the unpaid LTD Benefits will be paid to your estate.

G. Notice Of Decision On Claim

You will receive a written decision on your claim within a reasonable time after we receive your claim.

If you do not receive our decision within 90 days after we receive your claim, you will have an immediate right to request a review as if your claim had been denied.

If we deny any part of your claim, you will receive a written notice of denial containing:

- 1. The reasons for our decision;
- 2. Reference to the parts of the Group Policy on which our decision is based;
- 3. A description of any additional information needed to support your claim; and
- 4. Information concerning your right to a review of our decision.
- H. Review Procedure

You may request in writing a review of a denial of all or part of your claim within 60 days after you receive notice of the denial.

When you request a review, you may send us written comments or other items to support your claim. You may review any non-privileged information that relates to your request for review.

We will review your claim promptly after we receive your request. We will send you a notice of our decision within 60 days after we receive your request, or within 120 days if special circumstances require an extension. We will state the reasons for our decision and refer you to the relevant parts of the Group Policy.

You may authorize another person to act for you under this review procedure.

I. Assignment

The rights and benefits under the Group Policy are not assignable.

LT.CL.01X

Allocation Of Authority

Except for those functions which the Group Policy specifically reserves to the Policyholder, we have full and exclusive authority to control and manage the Group Policy, to administer claims, and to interpret the Group Policy and resolve all questions arising in the administration, interpretation, and application of the Group Policy.

Our authority includes, but is not limited to:

- 1. The right to resolve all matters when a review has been requested;
- 2. The right to establish and enforce rules and procedures for the administration of the Group Policy and any claim under it;
- 3. The right to determine:
 - a. Eligibility for insurance;
 - b. Entitlement to benefits;
 - c. Amount of benefits payable;
 - d. Sufficiency and the amount of information we may reasonably require to determine a., b., or c., above.

Subject to the review procedures of the Group Policy, any decision we make in the exercise of our authority is conclusive and binding.

LT.AL.01

Time Limits On Legal Actions

No action at law or in equity may be brought until 60 days after you have given us Proof Of Loss. No such action may be brought more than three years after the earlier of:

- 1. The date we receive Proof Of Loss; and
- 2. The end of the period within which Proof Of Loss is required to be given.

LT.TL.01

Incontestability Provisions

A. Incontestability Of Member's Insurance

Any statement you make to obtain insurance is a representation and not a warranty.

No misrepresentation by you will be used to reduce or deny your claim or contest the validity of your insurance unless:

- 1. Your insurance would not have been approved if we had known the truth; and
- 2. We have given you a copy of a written instrument signed by you which contains your misrepresentation.

After your insurance has been in effect for two years, we will not use a misrepresentation by you to reduce or deny your claim, unless it was a fraudulent misrepresentation.

B. Incontestability Of Group Policy

Any statement made by the Policyholder or Employer to obtain the Group Policy is a representation and not a warranty.

No misrepresentation by the Policyholder or Employer will be used to deny a claim or to deny the validity of the Group Policy unless:

- 1. The Group Policy would not have been issued if we had known the truth; and
- 2. We have given the Policyholder or Employer a copy of a written instrument signed by the Policyholder or Employer which contains the misrepresentation.

The validity of the Group Policy will not be contested after it has been in force for two years, except for nonpayment of premiums or fraudulent misrepresentations.

LT.IN.01

Continuity Of Coverage

If your Disability is subject to the Preexisting Condition Exclusion, LTD Benefits will be payable if:

- 1. You were insured under the Prior Plan on the day before the effective date of your Employer's coverage under the Group Policy;
- 2. You became insured under the Group Policy when your insurance under the Prior Plan ceased;
- 3. You were continuously insured under the Group Policy from the effective date of your insurance under the Group Policy through the date you became Disabled from the Preexisting Condition; and
- 4. Benefits would have been payable under the Prior Plan if it had remained in force, taking into account the preexisting condition exclusion, if any, of the Prior Plan.

Payment of your LTD Benefit will be under the terms of the Prior Plan or the Group Policy, whichever pays less.

When Your Insurance Becomes Effective

The Coverage Features states whether your insurance is Contributory or Noncontributory.

A. Noncontributory Insurance

Subject to the **Active Work Provisions**, your Noncontributory insurance becomes effective on the date you become eligible.

B. Contributory Insurance

You must apply in writing for Contributory insurance and agree to pay premiums. Subject to the Active Work Provisions, your insurance becomes effective on:

- 1. The date you become eligible, if you apply on or before that date;
- 2. The date you apply, if you apply within 31 days after you become eligible; or
- 3. The date specified by the Employer as the effective date for applications received during the Employer's designated enrollment period, if you apply more than 31 days after you become eligible.
- C. Insurance Subject To Evidence Of Insurability

Insurance subject to Evidence of Insurability becomes effective on the date we approve Evidence of Insurability.

D. Takeover Provision

If you were insured under the Prior Plan on the day before the effective date of your Employer's coverage under the Group Policy, your Eligibility Waiting Period is waived on the effective date of your Employer's coverage under the Group Policy.

LT.EF.01X

Active Work Provisions

A. Active Work Requirement

If you are incapable of Active Work because of Physical Disease, Injury, Pregnancy or Mental Disorder on the day before the scheduled effective date of your insurance, your insurance will not become effective until the day after you complete one full day of Active Work as an eligible Member.

Active Work and Actively At Work mean performing the Material Duties of your Own Occupation at your Employer's usual place of business.

You will also meet the Active Work requirement if:

- 1. You were absent from Active Work because of a regularly scheduled day off, holiday, or vacation day;
- 2. You were Actively At Work on your last scheduled work day before the date of your absence; and

- 3. You were capable of Active Work on the day before the scheduled effective date of your insurance.
- B. Changes In Insurance

This Active Work requirement also applies to any increase in your insurance. However, if you return to Active Work during a period of Disability or Temporary Recovery (see **Temporary Recovery**), you will not qualify for any change in insurance caused by a change in:

- 1. Your status as a member of a class;
- 2. The rate of earnings used to determine your Predisability Earnings; or
- 3. The terms of the Group Policy.

LT.AW.05

When Your Insurance Ends

Your insurance ends automatically on the earliest of:

- 1. The date the last period ends for which you made a premium contribution, if your insurance is Contributory.
- 2. The date the Group Policy terminates.
- 3. The last day of the calendar month in which your employment terminates.
- 4. The last day of the calendar month in which you cease to be a Member. However, if you cease to be a Member because you are not working the required minimum number of hours, your insurance will be continued during the following periods, unless it ends under 1 through 3 above.
 - a. While your Employer is paying you at least the same Predisability Earnings paid to you immediately before you ceased to be a Member.
 - b. During the Benefit Waiting Period and while LTD Benefits are payable.
 - c. During a leave of absence if continuation of your insurance under the Group Policy is required by the state-mandated family or medical leave act or law.
 - d. During any other leave of absence approved by your Employer in advance and in writing and scheduled to last the period shown in the **Coverage Features**, subject to the following:
 - i. You must pay the cost of your insurance to the Employer on or before each premium due date. Insurance ends on the date the last period ends for which you made a premium contribution.
 - ii. The Benefit Waiting Period will not begin until the date you are scheduled to return to work, if you become Disabled during the leave. LTD Benefits will be based on your Predisability Earnings in effect on the day before the leave begins.
 - iii. Insurance ends on the date you are scheduled to return to work, unless you are Actively At Work or Disabled on that date.

LT.EN.16X

Reinstatement Of Insurance

If your insurance ends, you may become insured again as a new Member. However, the following will apply.

- 1. If your insurance ends because you cease to be a Member, and if you become a Member again within 90 days, the Eligibility Waiting Period will be waived.
- 2. If your insurance ends because you are on a federal or state-mandated family or medical leave of absence, and you become a Member again immediately following the period allowed, your insurance will be reinstated pursuant to the federal or state-mandated family or medical leave act or law.
- 3. The Preexisting Conditions Exclusion will be applied as if there had been no break in coverage in the following instances:
 - a. If you become insured again within 90 days.
 - b. If required by a federal or state-mandated family or medical leave act or law and you become insured again immediately following the period allowed under the family or medical leave act or law.

LT.RE.01X

Definitions

Benefit Waiting Period means the period you must be continuously Disabled before LTD Benefits become payable. No LTD Benefits are payable for the Benefit Waiting Period. See **Coverage Features**.

Contributory means you pay all or part of the premium for your insurance.

CPI-W means the Consumer Price Index for Urban Wage Earners and Clerical Workers published by the United States Department of Labor. If the CPI-W is discontinued or changed, we may use a comparable index. Where required, we will obtain prior state approval of the new index.

Eligibility Waiting Period means the period you must be a Member before you become eligible for insurance. See **Coverage Features**.

Providing Evidence Of Insurability means you must:

- 1. Complete and sign our medical history statement;
- 2. Sign our form authorizing us to obtain information about your health;
- 3. Undergo a physical examination, if required by us, which may include blood testing; and
- 4. At your expense, provide any additional information about your insurability that we may reasonably require.

Group Policy means the group long term disability insurance policy issued by us to the Policyholder and identified by the Group Policy Number.

Indexed Predisability Earnings means your Predisability Earnings adjusted by the rate of increase in the CPI-W. During your first year of Disability, your Indexed Predisability Earnings are the same as your

Predisability Earnings. Thereafter, your Indexed Predisability Earnings are determined on each anniversary of your Disability by increasing the previous year's Indexed Predisability Earnings by the rate of increase in the CPI-W for the prior calendar year. The maximum adjustment in any year is 10%. Your Indexed Predisability Earnings will not decrease, even if the CPI-W decreases.

Injury means an injury to your body.

LTD Benefit means the monthly benefit payable to you under the terms of the Group Policy.

Maximum Benefit Period means the longest period for which LTD Benefits are payable for any one period of continuous Disability, whether from one or more causes. It begins at the end of the Benefit Waiting Period. No LTD Benefits are payable after the end of the Maximum Benefit Period, even if you are still Disabled. See **Coverage Features**.

Noncontributory means the Policyholder or Employer pays the entire premium for your insurance.

Physical Disease means a physical disease entity or process that produces structural or functional changes in your body as diagnosed by a Physician.

Physician means a licensed medical professional, other than yourself, acting within the scope of the license.

Pregnancy means your pregnancy, childbirth, or related medical conditions, including complications of pregnancy.

Prior Plan means your Employer's group long term disability insurance plan in effect on the day before the effective date of your Employer's coverage under the Group Policy and which is replaced by the Group Policy.

LT.DF.06