

December 8, 2021

Seattle Disability Commission Retreat Agenda

Commissioners present: April Snow, Dawn Dailey, Kaitlin Skilton, Christine Lew, Anquida Adams, Heyiwot Amare, Kristina Sawyckyj,

Commissioners not present: JessicaWilliams-Hall

Commissioners on leave of absence Taylor Woods, Khazm Kogita

OCR Staff: Janet Stafford, Kyana Wheeler, Meredith Stone

Captioner: Eileen Horst

Interaction Agreements and Universal Design

Getting to know: what is your dream for the commission this year and three concrete ideas for how to implement your dream.

Themes from the discussion included:

- Connecting people, community, commissions.

- Focus on those who have been marginalized systemically within a focus of disability and intersectionality.
- Recruit to create as diverse commission as possible and have farther reach to folks with disabilities.

Committee and Calendar Plans

Calendar

- 2022 Calendar at a glance

There was a lively discussion about how to think about the year ahead. Important things to have on the calendar include

- recruitment and nominations,
- new commissioner trainings,
- accessibility and ADA events.

A decision was made to have a theme for each month that included three concepts:

Heritage, Awareness & Memorial Learning. This will include reaching out to heritage communities and share disability awareness months.

Themes will be oriented around events on disability and heritage calendars such as Black history month, Disability Employment month, etc. There will be a focus on actionable items and the disability principles in every month.

Concrete ideas:

1. Incarceration and disability presentation in collaboration with Human Rights Commission (**August** Commission Day)
 - a. Tasks: Speakers, collaboration w/Human Rights Commission, promote
 - b. Kaitlin and April have possible presenters, SOCR has backup facilitator options
2. Pride and disability tabling in **June** (or presentation/collaboration)

3. Creating connection and building relationship in each **month** regarding heritage and disability

Commissioners joining committee

- Recruitment Committee members:
April. Helpers: Dawn, Christine
- Inclusion Committee members:
Anquida, Heyiwot. Helpers: Dawn, Kaitlin
- Transportation and Accessibility members: No longer active

Break

Disability Principles

Read and reviewed Disability Justice Principles.

Closing Comments & Adjournment

Notes on Dreams as concrete actions:

- Internally for Commission
 - Build leadership skills
 - Show up as healthy selves
 - More accessible and intersectional
 - Work toward formalizing our onboarding process so it's uniform and accessible.
 - Learn about being a good leader
 - Learn more about this commission and community of disabilities
 - Make sure commission has resources needed
 - Everyone's pain points are being met at the table to support and bridge gaps
- Recruit more commissioners who are diverse in skill and at intersections of identity and disability.
 - Intentions towards those with cognitive disabilities and sensory processing disorders in public spaces and public programs.
- Externally for Community
 - Create listening sessions

- Address mental health in relationship to disability
- More universal design in public places and programs
- Policy changes on city and statewide level
- Podcasts as way to connect
- ASL interpreter shortage
- Bring identified community and raise voice and spotlight
- Focus on marginalized people
- Intersectional disability justice
 - Include Reach and HOPE in intersectional disabilities
 - Incorporating equity and diversity lens
 - Uplift intersectional antiracist goals
 - Amplify voices
- Deepening connections
 - Networking among established disability groups, resource guides, shared goals
 - Work with other commissions and partner with orgs