Seattle Department of Transportation Safe Routes to School

GETTING AROUND TOWN ACTIVITY BOOK FOR KIDS





www.seattle.gov/transportation/ saferoutes.htm (206) 684-7623 (ROAD)



Seattle Department of Transportation VISION ZERØ

What is Safe Routes to School?

Safe Routes to School (SRTS) is a national program that encourages safe walking and biking to school. The Seattle Departments of Transportation supports this effort by funding engineering improvements, walking and biking safety education, and encouragement campaigns at local schools.

Why have a Safe Routes to School Program?

A SRTS program has numerous benefits. It promotes physical activity while simultaneously decreasing traffic congestion around schools. More walkers and bikers mean fewer cars during school arrival and departure.

What is Vision Zero?

Vision Zero is the City of Seattle's long-term initiative to end traffic deaths and serious injuries on city streets, through smarter street design, education, and partnership. Learn more at www.seattle.gov/visionzero.

How Do I Begin?

Start small! Pick a day to walk, bike, or take transit with your children, siblings, family or friends to school. If you live too far, try walking part of the distance. Enjoy being outside! Meet up with other students and "carpool" on foot, bike, or transit together.

What's a Walking School Bus?

A group of children or young people walking to school, usually with one or more adults, picking up students along the way to school. You can make this a weekly or monthly

tradition, meeting up for snacks before the trip.

What's a Bike Train?

A Walking School Bus on wheels. Don't forget your helmets and lights!

Where do you want to go today?

On land or water, Seattle has many ways to travel: by foot, on wheels, on water, and beyond.



Safe Crossings to School



AT YOUR SCHOOL CROSSWALK, REMEMBER TO:

- Look left, right, and left again at all intersections
- · Make eye contact with people driving before crossing
- Walk, don't run across the street
- Follow the instructions of crossing guards and school patrol

Crossword Puzzle

ACROSS

- 2. This place is where I learn from my teachers
- 3. I get on this to ride with my friends and it is yellow
- 5. To travel by foot
- 6. The color of a stop sign

DOWN

- 1. White painted lines on the ground between sidewalks
- 4. Wear on your head while riding a bike



SABWSNA

1. crosswalk2. school bus4. helmet

5. walk

Connect the Dots At the Bus Stop

Seattle relies on King County Metro buses to get us around town. Which bus route is yours?



Get your friends, grab your bike, and start your adventure.



Safety Maze help the centipede find the safest way to the ladybug's house



Draw Your Own Route!

Do you live close enough to walk or bike to school?

Yes, then draw your route to school on this page.

No, where do you walk? Draw the route to someplace you walk in your neighborhood, like a park, community center, friend or family member's house, or a store.



Things to include in your drawing: sidewalks, crosswalks, traffic signals, safe places (friend and family's houses, community center, libraries, etc.), fun landmarks (art, little free libraries, etc.) and other things you see along the way.

TIPS:

- When you can, pick streets with sidewalks or paths separated from traffic.
- If there's no sidewalk, walk on the left side of the street, as far from traffic as possible.
- When you can, choose quiet neighborhood streets instead of busy main streets.
- Cross busy streets where there are traffic signals, stop signs, crossing beacons, school crosswalks, or crossing guards.

Walk or Don't Walk?

Take the time to wait until it's safe to cross.





WALK SIGN? Cross and look both ways before crossing.



DON'T WALK SIGN? If you see a hand, blinking or solid lights, don't cross the street.

Make sure your helmet fits with the Eyes, Ears and Mouth Check

EYES: The helmet should be not more than two fingers above the eyes **EARS:** Straps should make a "V" under the ears **MOUTH:** Make sure helmet is snug when mouth is open



