

Mayor's Council on African American Elders

C/O – Aging and Disability Services, Seattle-King County
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February 21, 2020

Members Present – Benjamin Abe; Brenda Charles-Edwards; Ina Howell; Paul Mitchell; Mattie Taplin (Emeritus); Cynthia Winters
Absent – Tricia Diamond; Janice Davis; Dr. Brenda Jackson; Claudette Thomas
Guests – Senoria Allen; Eudora Lowery Carter; Cassidy Giampetro, HopeLink; Sue Lerner; Henrietta Price
ADS Staff – Brent Butler, Cathy Knight, Karen Winston

I. Introductions

MCAAE members and friends were asked to share information about what they've done to celebrate Black History Month.

II. Hopelink

The Hopelink program supervisor, Cassidy Giampetro, attended the meeting and asked to share information about HopeLink, mobility and transportation. HopeLink is a part of the Community Living Connections network and provides travel education and resources. Their priority populations include: Immigrant and refugees, people with disabilities, older adults, low English-speaking, and caregivers. For individuals struggling to get around in their communities, Cassidy also talked about **Hopelink's Transportation Resources Line: 425-943-6760**. Information is provided about lower fare options; trip planning on buses, driving directions, parking, light rail and more, anywhere in King County. They will also help determine what services you qualify for. Hopelink's Get Moving Program trains volunteers through three training programs in King County: 1) Travel Ambassadors; 2) Public Transit Orientation; and 3) Getting Around Puget Sound (GAPS). More information can be found on their website: www.tinyurl.com/mobility-resource, or email Mobility@hopelink.org

III. ADS Update

Cathy provided an overview of the February 20th Senior Lobby Day and thanked Cynthia and Karen for participating. Governor Inslee gave a speech in the morning and discussed his priorities—homelessness and climate change. ADS is a part of a statewide network (W4A) and everyone in attendance met with legislators to discuss the following priorities: 1) Strengthen long-term care services and supports, and 2) Lower costs of lifesaving prescription drugs.

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IV. Re-Appointment Update

Karen reported that the names of members who would like to be re-appointed were forwarded to the Mayor's Office for approval January 27th. The Mayor's External Affairs Liaison, Arielle Wesley-Washington, is also looking for interested individuals to fill the two vacancies. Karen will continue to provide updates on the process.

V. Fred Hutchinson Project

Brenda reported that Fred Hutchinson Cancer Research Center is currently planning an event in March that will focus on celebrating Black women and men, with a focus on physical and mental health across generations. The Fred Hutch Community Partners Coordinator, Russell Campbell is the lead, and Brenda will be representing the MCAAE on the planning committee. So far, she has attended one meeting and will keep members informed as plans for the event develop.

VI. 2020 Work Plan Priorities

Brenda reviewed the summary from the January retreat, then asked members who did not attend to add their vote to the list below.

Priority Items	Jan. 24 th Votes	Feb. 21 Votes
1. Advocate for an AAEP Registered Nurse <ul style="list-style-type: none">Lobby King County Councilman Girmay ZahilayConnect with Public Health – Seattle/King Co.	6	9
2. Property Tax (outreach and assistance) <ul style="list-style-type: none">Collaborate with senior centers and King Co. Tax Assessor's Office	4	7
3. Increase MCAAE visibility <ul style="list-style-type: none">Housing (asst. with property tax applications)Member business cardsMCAAE magnets	5	8
4. Build community with Africans and African Americans** <ul style="list-style-type: none">AARTH (HIV/AIDS education)	5	5
5. Community Presentation: Domestic Violence & Elder Abuse <ul style="list-style-type: none">Work with Betty Williams-Watson, Exec. Director Multi-Communities	1	5
6. Standing Events <ul style="list-style-type: none">Grandparents Day – September 13, 2020<ul style="list-style-type: none">Include Zelda Foxall's presentationAfrican American Caregivers Forum – November 14, 2020Holiday Meet-n-Greet – December 18, 2020		

** Re: #4 – Karen reported that African Americans Reach & Teach Health Ministry (AARTH) received funding from the City of Seattle to address HIV/AIDS and chronic diseases educational programs to target African American diaspora. AARTH is interested in partnering the MCAAE on a possible project.

Karen shared a list of ideas that AARTH has proposed, including:

Outreach & Awareness Events

1. Expanding the Grandparent Day Celebration to provide information
2. Participate in the African American Caregivers Forum in November
3. Participate in the African American Male Health Walk

Education Events

1. Ask the Doctor(s) – AARTH proposes two forums with panels of health providers, including naturopathic providers
2. Cooking with Grandparents – AARTH proposes one forum with local African American chefs to lead interactive, intergenerational healthy cooking demonstrations.
3. Workshops – AARTH proposes two workshops. Topic options include diabetes, chronic pain, HIV 101, mental health 101, and grief and loss.

VII. Committee Assignments

Members volunteered for the following committees for 2020.

Grandparents Day Committee	Holiday Gathering Committee	Property Tax Asst. Committee
Cynthia Winters Mattie Taplin	Brenda Charles-Edwards Cynthia Winters	Brenda Charles-Edwards

VIII. March Meeting Agenda

- Central or Southeast Senior Center
- Review and confirm 2020 work plan
- MCAAE committee assignments
- MCAAE 2020 appointment update

The meeting was adjourned at 3:30 p.m. The next meeting is scheduled for Friday, March 20. **Location: TBD check library locations**