

# Mayor's Council on African American Elders

C/O – Aging and Disability Services  
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## MCAAE Monthly Meeting

Friday, September 16, 2022  
2 – 3:30 p.m.

### Join Zoom Meeting:

<https://us02web.zoom.us/j/82187366760?pwd=Q1dGTG1XblNBWmlwZEN4S0s2WXMxQT09>

Meeting ID: 821 8736 6760

Call-in Number: +1-253-215-8782

## AGENDA

Time	Agenda Items	Outcomes
2:00	<b>I. Welcome &amp; Introductions</b> <b>Dr. Benjamin Abe</b> , Interim Chair	Name and affiliation
2:05	<b>II. Older Black Adults and Mental Health</b> <b>George Dicks</b> , Supervisor Geriatrics Mental Health Specialist Harborview Medical Center	Members will learn about the mental health challenges faced by older adults.
3:00	<b>III. ADS Updates</b> <b>Mary Mitchell</b> , ADS Director	Members will receive federal, state, and local updates related to older adults.
3:10	<b>IV. Seattle Age Friendly Updates</b> <b>Dinah Stephens</b> , Program Manager	Members will receive updates about Age Friendly Seattle goals/activities.
	<b>V. Digital Equity Learning Network (DELN)</b> <b>Charlotte Antoine</b>	Members will receive updates about the DELN steering committee.
3:30	<b>Meeting adjourned</b> Next meeting October 21, 2022	

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In association with the Area Agency on Aging for Seattle-King County and partnership with:

