

EAP Equity & Access

Enhancements to the Resources for Living EAP make support available to more people. And it's now easier to find and connect with a provider.

Added full access to EAP for temporary workers



Approximately 1,600 temporary City employees and their household members may now connect to free counseling and resources.



Equity Win: All temporary workers, many of whom identify as BIPOC, now have access to EAP services.

52%



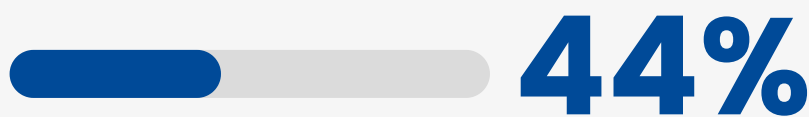
Added TalkSpace digital counseling services



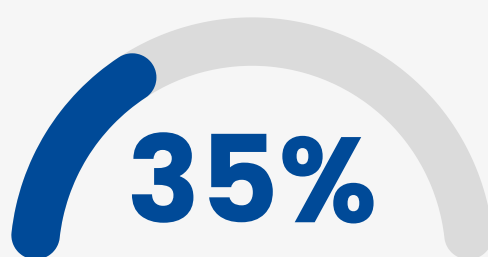
Employees and families now have access to more counselors and may talk, text or video chat within days instead of waiting weeks for appointments.



Equity Win: 4,000 more therapists and 44% identify as a race other than white



Equity Win: LBGTQIA-experienced providers



For more information about the City of Seattle Employee Assistance Program, go to [Seattle.gov](https://www.seattle.gov) or the [Resources for Living website](#) or call 1 (888) 272-7252 or 1 (888) 879-8274 (TTY).