

Walk 30 minutes a day, 10 minutes at a time, 5 days a week or 10,000 steps a day

Weekly Walk Schedule

Monday - Friday
Call for more info
(206) 923-3266
Meet at Elizabeth House
& walk with
your neighbors!

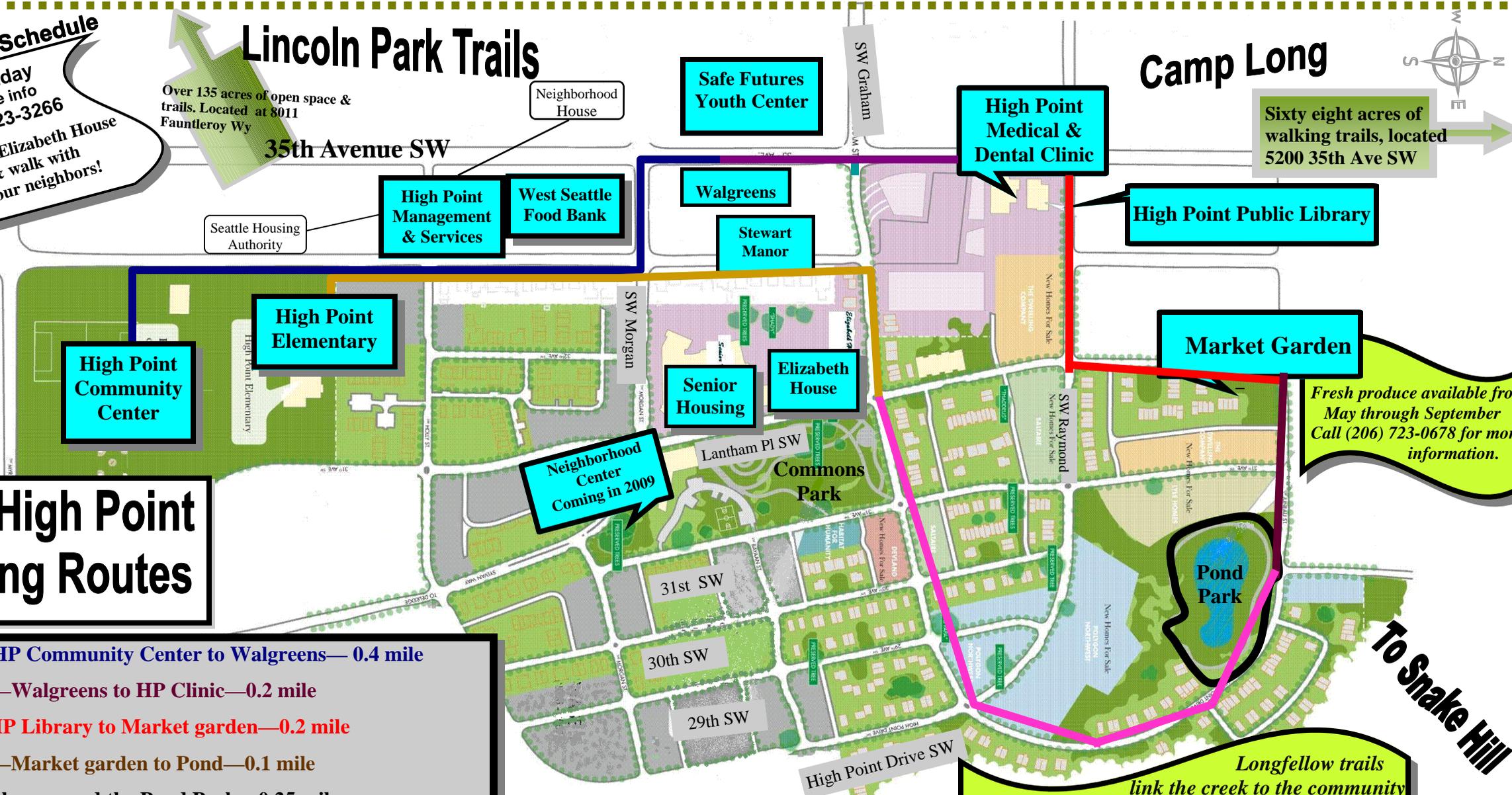
Lincoln Park Trails

Over 135 acres of open space & trails. Located at 8011 Fauntleroy Wy

35th Avenue SW

Camp Long

Sixty eight acres of walking trails, located 5200 35th Ave SW



North High Point Walking Routes

- Blue route—HP Community Center to Walgreens— 0.4 mile
- Purple route—Walgreens to HP Clinic—0.2 mile
- Red route—HP Library to Market garden—0.2 mile
- Brown route—Market garden to Pond—0.1 mile
- Black route—lap around the Pond Park—0.25 mile
- Pink route— Pond to Elizabeth House—0.5 mile
- Ochre route— Elizabeth House to West Sea Elem School—0.5
- Total Walking Route Loop—2.0 miles (2000 steps = 1 mile)

Fresh produce available from May through September
Call (206) 723-0678 for more information.

To Snake Hill

Longfellow trails link the creek to the community and provide many education & recreation opportunities.



Stairway to Delridge & Long Fellow Creek Trails

Dog walkers, be sure to pick up after your pets!



THANK YOU