

# Living Seattle



## Monday

Stop in for your morning coffee at Vivace, Café Ladro, Victrola, Caffé Umbria, or Top Pot Doughnuts—just a few of the indie coffee houses that help make Seattle “the highest scoring city for cafes and coffee bars.” (Travelandleisure.com)



Be one of the hundreds of people who ride their bikes to work — Seattle was ranked by Bicycling Magazine as the #1 city for bicycling in North America.

In the evening, stroll around Downtown, Ballard, Capitol Hill, Pioneer Square, Belltown, Queen Anne, or any of the quaint neighborhoods that make Seattle “the 6th most walkable city in the U.S.” (Walk Score, 2008)

PS — During your walk, encourage your family to breathe deeply and enjoy the air. Seattle is the 2nd cleanest city and among the top ten best cities for the size of its carbon footprint and sustainability. (Forbes)



## Tuesday

Gaze out your window at the sheer beauty of “one of the world’s 13 most stunning city skylines.” (ForbesTraveler.com)

Enjoy working a few blocks from your client’s luxury hotel like the Four Seasons, Inn at the Market, or the W Hotel. Walk with them to dinner at Poppy, Quinn’s, Spinnasse, Tavolata, or Nishino...just a few of the top rated restaurants that make Seattle “The Food City of the Year.” (GQ Magazine)



Find out why Seattle is “The 2nd Fittest City in the U.S.” with an afternoon run around Green Lake or Seward Park, a rowing trip through Portage Bay, or a bike ride around Lake Washington. (American College of Sports Medicine)



## Wednesday

Drop your kids off to school on your way to work and feel secure that they are going to have a good, productive day. Seattle was ranked by the U.S. Census Bureau as the Most Educated City in the country, and the #1 Child-Friendly City in America. (Population Connection)

Attend a fundraising gala at the Olympic Sculpture Garden. Make a difference where you live as a Board Member with one of Seattle's many important, community-changing nonprofit organizations.

Take the family out for a picnic dinner at Green Lake, Washington Park Arboretum, Volunteer Park, Gas Works Park, or the stunning Olympic Sculpture Park...Seattle has the most in-city parks in America. (Self Magazine)



## Thursday

Take in a ballgame...but which ball? There's baseball at Safeco Field, football with the Seahawks, basketball with the Storm, or catch a sold-out soccer game with the Sounders FC at Qwest Field.

Walk to Pike Place Market after work and pick up the weekend's fresh groceries — and we are talking fresh! From the farm to the table: fresh cheese, fresh fruit, fresh seafood, fresh olive oil, fresh flowers; you name it, fresh, fresh, fresh!

With over a dozen neighborhood farmers markets in the Seattle area, it's easy and convenient to support Washington state farmers and enjoy a taste of the market.

## Friday

Get ready for some weekend chill time over a good book. Head to the University Bookstore, Elliott Bay Books, Bailey Coy Books or the Rem Koolhaas-designed public library — all part of what makes Seattle one of America's most literate cities.

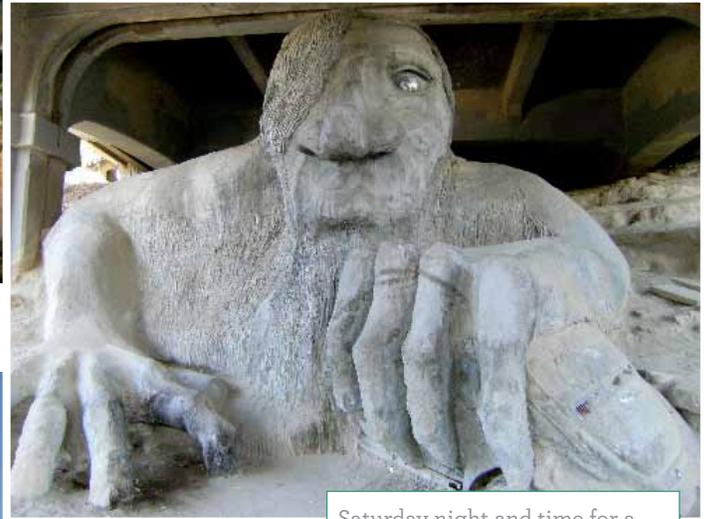




Take the family to the Henry Art Museum, Seattle Art Museum (SAM), Frye Art Museum, or any number of world-class museums that keep Seattle annually in the top ten arts destinations in the U.S.

## Saturday

It's the weekend! Take in a play at the Intiman or ACT; the Grammy-nominated Seattle Symphony at Benaroya Hall or the nationally-acclaimed Seattle Opera at McCaw Hall. How about an outdoor concert under the stars at Seattle Center? With so many options, you'll never be bored!



Saturday night and time for a little live music! But so many options: rock at the Crocodile, jazz at Jazz Alley, headliners at The Triple Door, indie at Neumos? Did you know the Garfield and Roosevelt High School Jazz Bands finished #1 and #2 in the country? All reasons why we are Seattle City of Music.



Explore Puget Sound and take a ferry ride to Bainbridge, Vashon, or Whidbey Island.

## Sunday

Sunday after brunch, head downtown and shop for the family's summer wardrobe! In four square blocks you'll find Barney's for you, Nordstrom for them, and then there's Niketown, Coach, Gucci, Louis Vuitton, Anthropologie, Diesel, Urban Outfitters, Macy's, Brooks Brothers, The North Face, H&M, and all the boutiques at Pacific Place. Don't forget to take in the bevy of Seattle-only shops like Kuhlman, Clutch, Polite Society, and Sway & Cake in downtown, GOODS on Capitol Hill, and Impulse Boutique in Fremont.



And Sunday night, put your head on the pillow and prepare for another week in the country's 3rd Most Livable City. (Rand McNally Places Rated Almanac)

