



Seattle Department of Transportation



STAY ACTIVE
**WALK
SAFE**

TIPS TO KEEP YOU MOVING
SAFELY AROUND SEATTLE

Nothing clears the mind or energizes the body quite like a good walk. Taking just 35 minutes out of your day for a stroll promotes good health, boosts your energy levels, and helps maintain mobility. It also takes the hassle out of driving.

www.seattle.gov/besupersafe
206.684.WALK

STAY ACTIVE
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Seattle is a great city for walking. In fact, it's ranked among the most walkable large cities in America. But our streets are busy and we share the road with cars, buses, and bicyclists. No matter how we get around, it's important to remember that we all need to exercise caution.

HERE ARE SOME TIPS FOR A SAFE AND COMFORTABLE WALKING EXPERIENCE.



KNOW YOUR SPEED

Seattle has installed pedestrian countdown signals at many of our intersections. These are great tools to help you understand how much time you have to cross. Know your abilities and don't start crossing when the "Don't Walk" message is flashing.

LOOK LEFT-RIGHT-LEFT

Drivers who are turning left or right should be watching for pedestrians, but we know this doesn't always happen. Continue looking out for vehicles when crossing.

SCOUT YOUR ROUTE

Another perk of taking in the city by foot is the added ease of exploring new places and neighborhoods. Just be sure to plan your route ahead of time.

BE SEEN

Seattle can be a rainy, dark city, so visibility plays a crucial role in staying safe. Wear bright-colored or reflective clothing to ensure you stand out. It's a simple step that makes walking safer for everyone.

LOOK, SMILE, WAVE

Make eye contact with drivers and make sure they see you before proceeding through a crosswalk. Move with purpose and once you've crossed, a simple wave and smile can help reinforce goodwill on our streets.

REPAIRS NEEDED?

If there's something in your neighborhood that's making it difficult to get around, let us know.

Simply call 684-ROAD, so we can get working on it.



130th and Aurora