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Get quick links to health sites



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Health & the Web



The Internet is a great place to get information on how to get and stay healthy. We want to make it easier for you to find the information you need.

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What makes a good health website?

- Clearly identifies website sponsor/author experience
- Current & frequently updated information
- Has input from credentialed medical experts
- Displays many advertisements
- Promises "quick fixes" and "cures"

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Here are places you can go to get on the Internet for free:

 Libraries: You can also get help here with finding information online (www.spl.org)

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