Companion Planting
Placing two or more plant species in a way that at least one species benefits the others by deterring pests, building soil or attracting beneficial creatures.

Benefits of Companion Planting
- Grow more in a small space
- Supports beneficial organisms
- Increases soil health and fertility
- Crop rotation and plant diversity helps prevent pests and diseases
- Creates a healthy, diverse garden environment

Common Companion Planting Techniques
- Interplanting
- Nurse Planting
- Trap Cropping

Interplanting: growing more than one type of plant to maximize space
- Tall and Short Plants
- Cool and Warm Season Plants
- Undersowing with Cover Crops
- Slow and Fast Growing Plants
Cool and Warm Season Crops

Undersowing with Cover Crops

Slow and Fast Growing Plants

Nurse Planting: species that create shelter and other favorable conditions in which more delicate plants can get a start or plants that fix nitrogen and improve soil vitality.

Nurse planting

Trap Cropping: using plants to attract good and bad bugs.