FOG Audience Research and Outreach Update

Hello! Take our survey, please.

We speak:

Español

普通話 粵語 Tiếng Việt

Seattle Public Utilities is conducting a survey to understand kitchen practices in the home. With your feedback, we hope to improve the programs and resources available for residents like you

Seattle Public Utilitie

Seattle Public Utilities

Rachel Garrett Program Manager April 18, 2018

ERRY

INTE

FOG Education Campaign Goals

- Protect public health and the environment
- □ Create an ethic of care around the City's wastewater system
- Ensure that all of Seattle's diverse residents have access to available resources
- Bring wastewater issues to life for customers, inspiring them to make better choices
- Help customers see the role they play in helping SPU provide affordable, high-quality drainage and wastewater services
- Help SPU prioritize limited resources and create a roadmap for effective wastewater outreach



FOG Research Approach



Community-Based Social Marketing

Education alone: Reach 1 of 8 customers*





Add Social Marketing: Reach 3 of 4 customers*

EVANS SCHOOL OF PUBLIC POLICY & GOVERNANCE UNIVERSITY of WASHINGTON



evans.uw.edu/centers-projects

Equity Considerations

- Intercept-style interviews
- In-person interviews
- Community Partnerships Program



Protecting Pipes: Fats, Oils and Grease

- ✓ Gap analysis
 ✓ Research plan
 ✓ Research
- Up next:
- Recommendations
- Concept testing
- Pilot outreach



Research Take-Aways

- Low awareness
- Grease
 misperceptions
- Keep messages clear and simple
- Use instructions, examples, and videos
- Demographic insights...





Common FOG Myths and Misperceptions *All Participants*

- Issues that affect household pipes do not impact City pipes
- In a liquid state, oil and grease will flow in the sewer to the wastewater treatment plant (and that this is desirable)
- Using hot water and/or soap ensures that oil and grease stays in a liquid state and can get to the main sewer line
- Only **cold** grease gets stuck in the pipes
- The presence of a garbage disposals means that you are supposed to put food waste, including cooking oil and grease, down the drain
- FOG in the wastewater means tap water is unsafe to drink
- Vegetarian and vegan cooking does not generate any FOG

Current Resident FOG Behaviors *All Participants*

Behavior Frequency



Do you typically remove used cooking oil and grease before washing pots and pans? "Sometimes/No"*



Data is normalized to show percentage of respondents within each subgroup Do you typically remove used cooking oil and grease before washing pots and pans? "Sometimes/No"



to show percentage of respondents within each subDo you typically remove used cooking oil and grease before washing pots and pans? "Sometimes/No"*



Barriers to Desired FOG Disposal

All Participants



Example: FOG Disposal Barriers



Perceived Benefits and Motivators *All Participants*



Perceived Benefits and Motivators *By Age Group*



- Make a positive impact on Seattle's environmental health
- Prevent expensive plumbing costs
- Save money on utility rates
- Prevent sewage backups in my home
- Prevent sewage backups in my neighborhood
- Prevent sewage spills into Puget Sound

Perceived Benefits and Motivators *By Age Group*



Perceived Benefits and Motivators *By Ethnicity*



- Make a positive impact on Seattle's environmental health
- Prevent expensive plumbing costs
- Save money on utility rates
- Prevent sewage backups in my home
- Prevent sewage backups in my neighborhood
- Prevent sewage spills into Puget Sound



Perceived Benefits and Motivators *By Ethnicity*



Individual Environmental

Universal Takeaways

All Participants

- Many residents are not aware of the problem
- Many residents are properly disposing of cooking oil and grease some of the time, but not all the time
- Barriers to FOG disposal are high and complex
- Motivators are varied depending on audience sector
- Residents want tips and tools to help them get rid of cooking oil and grease "the right way"

Essential Elements

Overcoming Barriers to Empower Behavior

✓ Perceived <u>benefits</u> must outweigh <u>barriers</u>

🖉 Time

Ø Mess

- Ø Storage
- Ø Safety (hot oil or grease)

Ø Environmental impact

 Messages, resources, tips, and tools must help bridge gap between residents' barriers to desired FOG behaviors

Messages must speak to residents' biggest motivators

Overarching message / campaign name needs to be:

- Direct
- Clear
- Connect cause and effect
- Make residents aware they may be part of the problem *For example:*

Cooking oil and grease clog(s) pipes. Are you pouring oil or grease down the drain?

Must address **environmental guilt** by providing hierarchy of information on <u>all</u> options, starting with the *"highest and best use"* of oil/grease:

REUSE	Storage tips
COMPOST	Paper towels or newspaper with cooled oil or grease; fat scraps
RECYCLE	Curbside cooking oil collection
GARBAGE	Contained, cooled oil; cooled grease

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Images and messages need to be *instructional* and address *all of the situations* where oil/grease is generated:

- Greasy sauces
- Mixed juice at the bottom of roasting pans
- Floating fat (on water) after crock pot/Dutch oven cooking
- Oil/grease from roasting or pan sautéing veggies or meat

Seattle

- Bacon fat from stove top frying or baking
- Small amounts of hot liquid oil
- Large amounts of hot liquid oil

Use wide variety of photographic examples of **common household items** to wipe, scrape, separate, pour, and store oil/grease:

- pet food cans
- food cans
- soda cans and bottles
- dairy cartons (paper or plastic)
- coffee cans
- glass food jars
- spatulas, slotted spoons
- newspaper, paper towels

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Essential Elements

Use Customers Words

Intercept Participants Use of FOG Words



Online Participants Use of FOG Words



Essential Elements

Use Common Images



Essential Elements *What to Avoid*

Ø Acronyms and technical language

Ø Cartoons (adult audience)

Ø Too many dots to connect to understand "why"

Ø Assumption that information alone* leads to action

*without info about risks and benefits

Overarching Guidelines for Creative Themes

- ✓ Be straightforward, direct, to the point.
- Focus on what people should be doing; not on what *not* to do. Images should support the IMPACT of doing the wrong thing, *not* the act of doing the wrong thing.
- ✓ Identify what's going to make it worthwhile to do the right thing.
- Display clear connection between campaign theme and the actions we want customers to take.



Overview of Theme Boards

Draft concepts, design work not complete

Selected theme guides creative and messaging as we move forward with campaign development

Look for these elements:

- Theme 1: Photographs, direct messaging, culturally relevant and sensitive
- Theme 2: Illustrative, metaphorical, analogical, cross-cultural
- Theme 3: Cause-and-effect, addresses top motivator (prevent sewer backups), illustrative

Overarching Message:

Used Cooking Oil and Grease Clog(s) Pipes







Activity: Provide Feedback on "Mood Boards"

- Which images or words do you think are most likely to motivate behavior change?
- Which images or words do you think are least likely to motivate behavior change?
- □ Are there any words or images think could be combined/used together as part of a theme?
- Are there any words or images you think are offensive or should definitely <u>not</u> be used?



Discussion and Questions