



# MOUNGER POOL

2016  
PROGRAM  
BROCHURE



## EXPLORE MORE!



**MOUNGER POOL** ♦ 206-684-4708  
2535 32nd Ave. W, Seattle, 98199

**REGISTER ONLINE!**  
[SEATTLE.GOV/PARKS](http://SEATTLE.GOV/PARKS)

# GENERAL INFORMATION

## Mounger Pool

2535 32nd Ave. W  
Seattle, WA 98199 • 206-684-4708

**May 14-September 11, 2016**

### CLOSURE DATES

Friday..... June 17..... 1-9 p.m.  
Friday..... June 24..... 8-11 a.m.

### HOLIDAY OPERATING SCHEDULE

Memorial Day ..... Monday, May 30  
Fourth of July ..... Monday, July 4  
Labor Day ..... Monday, Sept 5

Time	Holiday Schedule
11 a.m.-Noon	Playland / Deep Water Exercise
Noon-1 p.m.	Lap Swim
1-2:25 p.m.	Public Swim
3-4:25 p.m.	Public Swim
4:30-5:30 p.m.	Lap Swim
5:30-7 p.m.	Family Swim

### PARKS AND RECREATION STAFF

Jesús Aguirre..... Superintendent  
Christopher Williams..... Deputy Superintendent  
Kathy Whitman ..... Aquatics Manager  
Bill Dougherty ..... Senior Aquatics Coordinator  
Matt Richardson ..... Mounger Coordinator

### REGISTRATION AND SCHEDULING DATES

#### GROUP LESSONS (pages 8-12)

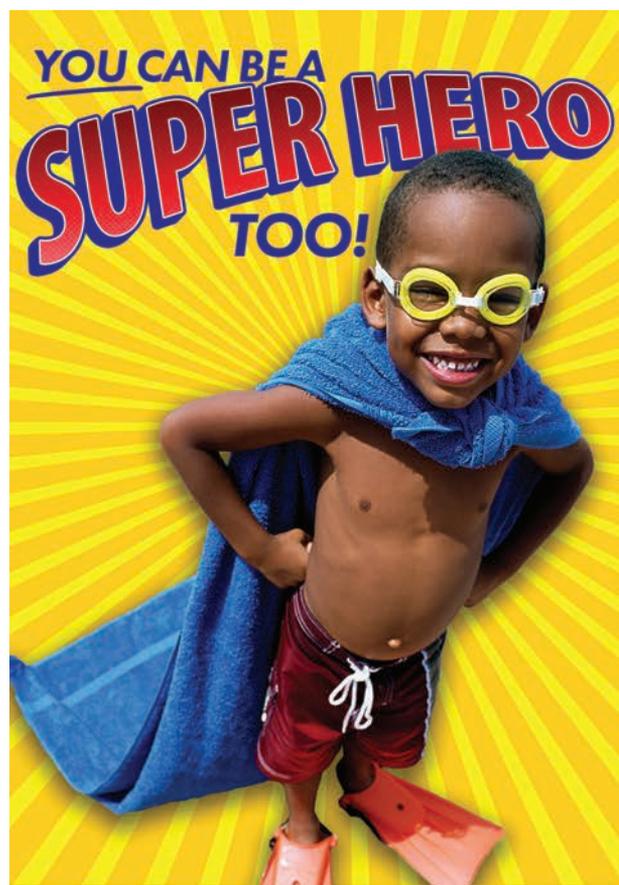
Online beginning: .... Begins Tuesday, April 5 at Noon  
Walk-in: ..... Saturday, May 7, 8 a.m.-Noon  
Daily Beginning: ..... Saturday, May 14

#### PERSONAL LESSONS (page 13)

Walk-in: ..... May 7, 8 a.m.-Noon  
Daily Beginning: ..... Saturday, May 9

#### POOL RENTALS AND BIRTHDAY PARTIES (page 15)

Phone-in: ..... Begins Tuesday, April 12, 8 a.m.  
Walk-in: ..... Saturday, May 7, 8 a.m.-Noon  
Daily Beginning: ..... Saturday, May 14



**AS PART OF OUR COMMITMENT TO WATER SAFETY,** Seattle Parks and Recreation – in partnership with Seattle Children’s Hospital, Tulalip Tribes and the support of many caring individuals – is offering Learn to Swim Scholarships to offset the cost of swim lessons for youth ages 4 to 16.

**HOW TO DONATE:** To make a contribution to the Learn to Swim Scholarship Fund, visit any Seattle Parks and Recreation pool or donate online to <https://donatenow.networkforgood.org/learntoswim>. For more information, call your local pool or 206-684-7185. **Be a hero and help every child become a super swimmer!**

**DO YOU KNOW A CHILD WHO NEEDS A SCHOLARSHIP?** For more information on applying or to receive a low-income scholarship application, please contact your neighborhood pool. Funding is limited. Approved scholarships can be used for Kinder lessons (ages 4 to 5), Beginning Swimmer lessons (ages 6 to 16) and Advanced Swimmer lessons (ages 6 to 16).



<https://donatenow.networkforgood.org/learntoswim>

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# SPECIAL EVENTS

## FUN FAMILY FRIDAYS

Join us at “Pop” Mounger Pool for special events every Friday, from 5:30-7:30 p.m., throughout the summer. It’s a fun time for the whole family. Come to the pool for a special evening of games, activities, and prizes. Don’t let the summer pass you by. Come to the pool this week!

Month	Day	Special Event
May	20	Family Fun Float
May	27	Art on Deck
June	3	Radical Race Car
June	10	Frozen Winter Wonderland
<b>JUNE</b>	<b>17</b>	<b>CLOSED-STAFF TRAINING</b>
June	24	Rock and Roll Party
July	1	Stars and Stripes
July	8	Under the Sea Adventure
July	15	Western Round Up
July	22	Night on the Bayou
July	29	Pirate Pool Party
August	5	Sports Spectacular
August	12	Outrageous Animal Safari
August	19	Superhero Swim
August	26	Hawaiian Beach Party
Sept	2	Royal Splish Splash
Sept.	9	Kids Carnival

**FREE**  
**SLIDE NIGHT**  
**THURSDAYS**  
**6:35-8 P.M.**



## SUMMER BEACHES

<b>East Green Lake</b> 7201 East Green Lake Dr.	<b>Mount Baker</b> 2301 Lake Wash Blvd. S
<b>Madison</b> 1900 43rd Ave. E	<b>Pritchard</b> 8400 55th Ave. S
<b>Madrona</b> 800 Lake Wash Blvd.	<b>Seward</b> 5900 Lake Wash Blvd. S
<b>Magnuson</b> 7400 Sand Point Way NE	<b>West Green Lake</b> 7312 West Green Lake Dr. N
<b>Matthews</b> 9300 51st Ave. NE	For dates and times, please call 206-684-4075

## LOW-COST LIFEJACKET SALES AT EVANS POOL

Seattle Parks and Recreation will be selling low cost life jackets on Saturdays at Evans Pool from 10 a.m.-2 p.m. on May 21, June 18, and July 16, and at Green Lake Small Craft Center on August 20, 2016. The cost for life jackets will be \$20 for infant to youth sizes and \$30 for adult sizes. The pool is located at 7201 East Green Lake Dr. N. The phone number is 206-684-4961.



Why buy a lifejacket? Drowning is the second leading cause of unintentional injury death among children ages 1-14 years old. Wearing a life jacket saves lives.

The person for whom the jacket is being purchased must be present for proper fitting. Sorry, no refunds or returns—all sales are final.

We extend special thanks to our partners, Seattle Children’s Hospital and the Coast Guard Auxiliary for their support of this event. For more information, please contact Evans Pool at 206-684-4961.

## OUTDOOR SWIMMING-COLMAN POOL

Located on the shore of Puget Sound in West Seattle’s Lincoln Park, this facility is a 50-meter heated saltwater outdoor pool with a giant tube water slide. Call 206-684-7494 for information.

### OPERATION DATES

**PRE-SEASON:** ..... May 28-30, June 4-5, June 11-12, and June 18-19

**REGULAR SEASON:**..... June 25-September 5

**POST-SEASON:** .....September 10-11

# FEES AND ADMISSIONS

## RECREATIONAL SWIM FEES

Infants (Younger than 1 yr.)	FREE
Youth (1-17)	\$ 3.75
Adults (18-64)	\$ 5.25
Senior Adults (65 and older)	\$ 3.75
Special Populations	\$ 3.75
Scholarship Discount Pricing*	\$ 2.00
Slide (in addition to admission)	\$ 1.00

## WATER FITNESS FEES

Adults (18-64)	\$ 6.50
Senior Adults (65 and older)	\$ 4.00
Special Populations	\$ 4.00
Scholarship Discount Pricing*	\$ 3.00

**\*Scholarships are based on income and family size.**

## ADMISSION

“Pop” Mounger Pool is a community gathering place with grassy sunbathing areas, deck chairs, and picnicking, so all people who enter the pool area during recreational swims are required pay admission, even if not swimming.

## PARENT/CHILD POLICY

Any child younger than 6 years and those less than 48” in height must be directly supervised in the water by an adult within arm’s length distance at all times. This applies to all public swims, family swims, pool playland and pool rentals. There is a maximum ratio of two children to one adult.

## MERCHANDISE FOR SALE

To help meet your swimming needs, we have a large selection of swim supplies available for sale-goggles, swim caps, nose clips, ear plugs, shampoo, conditioner, sun products, beach towels, swim diapers, and much more! Visit your pool cashier today!

## DIAPER POLICY

In the interest of public health, children who are not toilet trained must wear swimming diapers or a cloth diaper with a plastic cover that has tight fitting legs. No regular disposable diapers or loose fitting swim suits are allowed. Disposable swim diapers are for sale at the cashier booth.

## PUBLIC PROGRAMS CANCELLED

**Closure due to  
Lifeguard In-service Training.**

Friday, June 17 • 1-9 p.m.

Friday, June 24 • 8-11 a.m.

## DISCOUNT QUICK CARDS

The QUICK Card provides access to many recreational choices within Seattle Parks and Recreation.

To purchase a QUICK Card visit Mounger Pool. A photo is taken at the time of initial purchase. Cards are issued to individuals and are not transferable.

### Recreation Programs 10 Visits

Youth/Senior/Special Pop.	\$33.50
(save \$4.00)	
Adult (save \$5.50)	\$47.00

### Fitness Programs 10 Visits

Youth/Senior/Special Pop.	\$35.00
(save \$5.00)	
Adult (save \$7.50)	\$57.50

### Thirty Day Pass (Recreation and Fitness)

Youth/Senior/Special Pop	\$45.00
Adult	\$60.00



**50-Foot Corkscrew Slide  
\$1 per day in addition to  
admission**



# POOL SCHEDULE MAY 14-SEPTEMBER 11

HOLIDAY SCHEDULE see page 2

Time	Notes	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
6-7:30 a.m.	Early Morning Lap Swim admission by QUICK Card, check, or exact change only. Time change beginning 8/17 to 6:30-8 a.m.	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim
10-11 a.m.		Swim Lessons	Swim Lessons	Swim Lessons	Swim Lessons	Swim Lessons	Lap Swim	Lap Swim
11 a.m.-Noon	See page 7 for class information	Deep Water Exercise	Shallow Water Exercise	Deep Water Exercise	Shallow Water Exercise	Deep Water Exercise	Deep Water Exercise	Shallow Water Exercise
11 a.m.-Noon	Warm water pool only. For children 5 and under with an adult in the water.	Playland	Playland	Playland	Playland	Playland	Playland	Playland
Noon-1 p.m.		Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Birthday Parties See page 15	Public Swim
1-2:25 p.m.	Parents must be in the water with children under 6.	Public Swim Begins 6/20	Public Swim Begins 6/21	Public Swim Begins 6/22	Public Swim Begins 6/23	Public Swim Begins 6/24	Public Swim	Public Swim
2:25-3 p.m.	<b>Both pools and the deck are cleared between Public Swims. A separate fee is required for each swim time. Patrons who purchase a ticket for both the 1-2:25 p.m. and 3-4:25 p.m. swims may remain on the deck 2:25-3 p.m.</b>							
3-4:25 p.m.	Parents must be in the water with children under 6.	Public Swim	Public Swim	Public Swim	Public Swim	Public Swim	Public Swim	Public Swim
4:30-5:30 p.m.	Saturday and Sunday Lap Swims are 3 lanes -Slide may be on.	Swim Lessons	Swim Lessons	Swim Lessons	Swim Lessons	Lap Swim	Lap Swim	Lap Swim
5:30-6:30 p.m.	Parents must accompany all children during Family Swims	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Fun Family Friday 5:30-7:30p.m.	Family Swim 5:30-7 p.m.	Family Swim 5:30-7 p.m.
6:35-8 p.m.	Parents must be in the water with children under 6.	Public Swim	Public Swim	Public Swim	Public Swim FREE SLIDE	Public Swim	Rent the pool for your next party or event! See Page 15 for details	
8-9 p.m.	Last Day of Deep WX and Adult Swim 8/6	Deep Water Exercise Ends 8/3	Lap Swim Ends 8/4	Deep Water Exercise Ends 8/5	Lap Swim Ends 8/6			



# RECREATION SWIMS



## PUBLIC SWIM

**Adults \$5.25**

**Youth, Senior and Special Populations \$3.75**

A separate fee is required for each swim time. Patrons who purchase a ticket for both the 1-2:25 p.m. and 3-4:25 p.m. time slots may stay on the pool deck between 2:25 and 3 p.m.

Public Swim is a recreational swimming time for all ages to enjoy.

**The CORKSCREW slide is open at this time!**

Groups, such as camps or large birthday parties, need to call at least two weeks in advance to ensure availability.

**May 14-June 17**

Daily ..... 3-4:25 p.m.  
 Monday-Thursday ..... 6:35-8 p.m.  
 Saturday and Sunday ..... 1-2:25 p.m.

**June 20-September 11**

Daily ..... 1-2:25 p.m.  
 Daily ..... 3-4:25 p.m.  
 Monday-Thursday ..... 6:35-8 p.m.

**Free Slide Thursday 6:35-8 p.m.**

## FAMILY SWIM

**Adults \$5.25**

**Youth, Senior and Special Populations \$3.75**

**May 14-September 11**

“Fun Family Friday”(Page 3) ..... 5:30-7:30 p.m.  
 Saturday and Sunday ..... 5:30-7 p.m.

This is a time for families to enjoy the pool. It’s an excellent time for the young in years and the young at heart to practice swimming skills and to spend quality time together! A parent must accompany all children under 18 into the water during family swims.

**The CORKSCREW slide is open at this time!**

## POOL PLAYLAND

For children 5 and younger with an adult  
 Warm Water Pool Only.

**Adults \$5.25**

**Youth, Senior and Special Populations \$3.75**

**May 14-September 11**

Daily ..... 11 a.m.-Noon  
 Playland is a “gentle” public swim featuring our favorite water toys. This swim takes place in the small, warm water pool only, and is for children 5 years and younger. An adult, 18 years or older, must accompany all children in the water.

**Tickets go on sale daily at 10:30 a.m.**

**Warm days sell out.**



## DIAPER POLICY

In the interest of public health, children who are not toilet trained must wear swimming diapers or a cloth diaper with a plastic cover that has tight-fitting legs. No regular disposable diapers or loose fitting swim suits are allowed. Children’s swim diapers are available for sale.

## PARENT/CHILD POLICY

Any child younger than 6 years and those less than 48” in height must be directly supervised in the water by an adult within arm’s length distance at all times. This applies to all public swims, family swims, pool playland and pool rentals. There is a maximum ratio of two children to one adult.

# RECREATION SWIMS AND FITNESS CLASSES

## EARLY MORNING LAP SWIM

Adults \$5.25

Youth, Senior and Special Populations \$3.75

Access to Early Morning Lap Swim (EMLS) requires a QUICK Card, check, or exact change. To obtain a QUICK Card visit Mounger Pool during regular operating hours, daily from 11 a.m.-7 p.m. Cards can then be loaded with either a 30-Day Pass option or the 10-Swim Recreation Pass option at the pool or by phone. A photo is required and taken at the time of initial purchase. Cards are issued to individuals and are not transferable. Cards may be reloaded at EMLS by check or exact cash only.

### Monday/Wednesday/Friday

May 16-August 12 ..... 6-7:30 a.m.  
 Aug 15-September 2 ..... 6:30-8 a.m.

## LAP SWIM

Adults \$5.25

Youth, Senior and Special Populations \$3.75

Lap Swim is a continuous lap swim for swimmers who want a great workout. We divide the lanes according to speed levels. Must be able to swim full lengths.

### May 14-September 11

Monday-Friday ..... Noon-1 p.m.  
 Monday-Thursday ..... 5:30-6:30 p.m.  
 Tuesday and Thursday (3 lanes, ends 8/4) ..... 8-9 p.m.  
 Friday ..... 4:30-5:30 p.m.  
 Saturday and Sunday ..... 10-11 a.m.  
 Saturday and Sunday\* (3 lanes) ..... 4:30-5:30 p.m.

\*Slide may be on

## FITNESS CLASSES



### DEEP WATER EXERCISE

Adults \$6.50; Senior and Special Pop \$4.00

Mon/Wed/Fri/Sat ..... 11 a.m.-Noon  
 Mon/Wed (last class 8/5) ..... 8-9 p.m.

This is a deep-water fitness class using resistance equipment that not only burns calories, but strengthens muscles while shaping and toning the entire body. This 45-minute class is great for hips, thighs, arms, and abdominals.

Classes will be taught in water 4-6 feet deep, and will share space with Personal Lessons.

### SHALLOW WATER EXERCISE

Adults \$6.50; Senior and Special Pop \$4.00

Tues/Thurs/Sun ..... 11 a.m.-Noon

Set to energizing music, this is a heart-pounding, muscle toning workout that is easy on your joints but still has all the benefits of a total body, aerobic workout. Participants can work at their own pace. Active class time is 45 minutes.

Class will be taught in water 4-5 feet deep, and will share space with Personal Lessons.

### HOLIDAY SCHEDULE

See page 2 for full schedule.

Memorial Day-Monday, May 30  
 Independence Day-Monday, July 4  
 Labor Day-Monday, September 5

learn about ways to  
 reduce your carbon footprint at

[www.seattlecan.org](http://www.seattlecan.org)



# GROUP LESSONS All Lessons Are 30 Minutes

## TOT LESSONS (Ages 6 months-4 years)

Parents introduce their infants and toddlers to the swimming pool as we teach basic water adjustment and swimming movements. Songs and games create an atmosphere of fun, enjoyment, and relaxation. Each child must be accompanied into the water by a parent or adult. Swim diapers or tight fitting plastic pants are required.

## THREE-YEAR-OLDS LESSONS (Age 3)

Start your child learning basic swimming skills and water safety in a small group with other 3 year-olds.

We introduce children to basic water adjustment skills, bubbles, breath-holding, front and back floats, kicking, arm pulls, and water safety skills. Children must have initial water comfort and be able to work in the water with an instructor. To ensure safety and quality, we maintain a 3:1 student to instructor ratio. Children must be three years old by the start date of the session.

## KINDER LESSONS (Ages 4 and 5)

Kids will start with basic water adjustment, safety and swimming skills in a group with other 4 and 5 year-olds.

Kids will start with basic water adjustment and eventually learn these skills: front and back floats, flutter kick, rolling from front to back, side breathing, crawlstroke with bilateral breathing, backstroke, whip kick, treading water, and water safety skills. We will group children by ability levels on the first day of class. We maintain a 6:1 student to instructor ratio.

## BEGINNING SWIMMER LEVELS 1-3 (AGES 6-16)

Our specially designed Seattle Swims Lesson Program puts the emphasis on safety, fitness, and fun! Our teaching techniques utilize well organized progressions for learning, plenty of practice, and instructor feedback.

We will group children by ability on the first day of class to provide the best opportunity for your child's success.

**Floating, Gliding, Kicking:** Children learn to get comfortable putting their face in the water and practicing floating, gliding, and kicking on their front, back, and sides. These skills provide the foundation for all other swimming strokes they can learn plus kids learn about personal safety and how to know their limits.

**Arm Strokes:** Learning to roll from front to back while performing arm strokes is the next step in mastering the crawl stroke. Once kids are doing that we move on to teaching side breathing. Kids also work on back stroke, strengthening kicking, proper body alignment, treading water, and swimming in deep water.

**Side Breathing and Whip Kick:** Front Crawl Stroke with bilateral breathing and an introduction to whip kick are among the skills taught in this level. Children continue to work on strength, endurance, and proper techniques.

We maintain an 8:1 student to instructor ratio.

## ADVANCED SWIMMER LEVELS 4-6 (Ages 6-16)

Swimmers who have received a card indicating they have mastered "Beginning Youth Swimmer" may sign up for "Advanced Swimmer" classes. Instructors will introduce and guide swimmers through other strokes while continuing to teach safety, fitness, and skill proficiency.

**Prerequisite:** Swimmers must have passed Beginner Swimmer, be comfortable in deep water and able to swim 15 yards without stopping. They must demonstrate good Front Crawl Stroke with bilateral breathing, and proper whip kick on their back. Children not ready will be moved to Beginner Swimmer if there is room.

**Learning New Strokes:** Also adds Elementary Backstroke, Breaststroke, and Butterfly along with continued practice in Front Crawl Stroke and Backstroke.

**Increasing Endurance and Proficiency:** Increased distances and more refinement of the previous strokes along with sidestroke are taught in this course.

**Proficiency, Fitness and Water Safety:** Teaches increased mastery of technique and endurance in all the strokes plus safety and basic rescue techniques.

We maintain up to a 10:1 instructor to student ratio.

## ADULT LESSONS (Ages 16 and older)

Have you always wanted to learn to swim? It's never too late! Older teens, adults, and senior adults, from the beginner to the more advanced swimmer, gain essential skills. Instructors will work with participants to help them accomplish their personal swimming goals. Participants will learn: front and back floats, flutter kick, rolling from front to back, side breathing, crawlstroke with bilateral side breathing, back crawl, whip kick, treading water, breaststroke, sidestroke, butterfly, and water safety skills. We will emphasize increasing strength, endurance, and comfort in the water.

## REGISTER Online!

### READY

Please visit our web site at [www.seattle.gov/parks](http://www.seattle.gov/parks) and look for SPARC to see what classes and programs are available for registration.

### SET

Make sure you have an account barcode and PIN! If you don't, go to [www.seattle.gov/parks](http://www.seattle.gov/parks), click SPARC, follow the instructions to create or update an account. Please allow at least one week for a new account.

### GO

Online registration begins on:  
**Tuesday, April 5 at Noon**  
[www.seattle.gov/parks](http://www.seattle.gov/parks)  
**Walk-in registration-see page 2**

Class	Session	Days	Time	Dates	Classes	Cost	Barcode
<b>TOTS</b> <b>6 MOS-4 YRS</b> One parent for each tot must be in the water for all classes 	<b>1</b>	M/W	10 a.m.	May 16-June 1*	5	\$35.00	149059
		M/W	4:30 p.m.	May 16-June 1*	5	\$35.00	149060
		T/Th	4:30 p.m.	May 17-June 2	6	\$42.00	149061
		Sat	8:30 a.m.	May 21-June 18	5	\$35.00	149062
		Sat	2:30 p.m.	May 21-June 18	5	\$35.00	149063
		Sun	10:30 a.m.	May 22-June 19	5	\$35.00	149064
	<b>2</b>	M/W	10 a.m.	June 6-June 22	6	\$42.00	149065
		M/W	4:30 p.m.	June 6-June 22	6	\$42.00	149060
		T/Th	4:30 p.m.	June 7-June 23	6	\$42.00	149066
	<b>3</b>	Sat	8:30 a.m.	June 25-July 30	6	\$42.00	149067
		Sat	2:30 p.m.	June 25-July 30	6	\$42.00	149068
		Sun	10:30 a.m.	June 26-July 31	6	\$42.00	149069
		M-F	10 a.m.	June 27-July 8*	9	\$63.00	149070
		M/W	4:30 p.m.	June 27-July 20*	7	\$49.00	149071
		T/Th	4:30 p.m.	June 28-July 21	8	\$56.00	149072
	<b>4</b>	M-F	10 a.m.	July 11-July 22	10	\$70.00	149073
	<b>5</b>	M-F	10 a.m.	July 25-Aug 5	10	\$70.00	149074
		M/W	4:30 p.m.	July 25-Aug 17	8	\$56.00	149075
		T/Th	4:30 p.m.	July 26-Aug 18	8	\$56.00	149076
	<b>6</b>	Sat	8:30 a.m.	Aug 6-Sept 3	5	\$35.00	149077
		Sat	2:30 p.m.	Aug 6-Sept 3	5	\$35.00	149078
Sun		10:30 p.m.	Aug 7-Sept 4	5	\$35.00	149079	
M-F		10 a.m.	Aug 8-Aug 19	10	\$70.00	149080	
<b>7</b>	M-F	10 a.m.	Aug 22-Sept 2	10	\$70.00	150736	
	M/W	4:30 p.m.	Aug 22-Sept 7**	5	\$35.00	149082	
	T/Th	4:30 p.m.	Aug 23-Sept 8	6	\$42.00	149083	
<b>8</b>	T-F	10 a.m.	Sept 6-Sept 9	4	\$28.00	149081	
<b>THREE-YEAR OLDS</b> 	<b>1</b>	T/Th	10:30 a.m.	May 17-June 2	6	\$75.00	149084
		T/Th	6 p.m.	May 17-June 2	6	\$75.00	149085
		Sat	10 a.m.	May 21-June 18	5	\$62.50	149086
	<b>2</b>	T/Th	10:30 a.m.	June 7-June 23	6	\$75.00	149087
		T/Th	6 p.m.	June 7-June 23	6	\$75.00	149088
		M-Th	10:30 a.m.	June 20-June 23	4	\$50.00	149089
	<b>3</b>	Sat	10 a.m.	June 25-July 30	6	\$75.00	149090
		M-F	9 a.m.	June 27-July 8*	9	\$112.50	149091
		M-F	10:30 a.m.	June 27-July 8*	9	\$112.50	149092
		T/Th	6 p.m.	June 28-July 21	8	\$100.00	149093
	<b>4</b>	M-F	9 a.m.	July 11-July 22	10	\$125.00	149094
		M-F	10:30 a.m.	July 11-July 22	10	\$125.00	149095
	<b>5</b>	M-F	9 a.m.	July 25-Aug 5	10	\$125.00	149096
		M-F	10:30 a.m.	July 25-Aug 5	10	\$125.00	149097
		T/Th	6 p.m.	July 26-Aug 18	8	\$100.00	149098
	<b>6</b>	Sat	10 a.m.	Aug 6-Sept 3	5	\$62.50	149099
		M-F	9 a.m.	Aug 8-Aug 19	10	\$125.00	149100
		M-F	10:30 a.m.	Aug 8-Aug 19	10	\$125.00	149101
	<b>7</b>	M-F	9 a.m.	Aug 22-Sept 2	10	\$125.00	149102
		M-F	10:30 a.m.	Aug 22-Sept 2	10	\$125.00	149103
		T/Th	6 p.m.	Aug 23-Sept 8	6	\$75.00	149104
<b>8</b>	T-F	9 a.m..	Sept 6-Sept 9	4	\$50.00	149105	
	T-F	10:30 a.m.	Sept 6-Sept 9	4	\$50.00	149106	

Class	Session	Days	Time	Dates	Classes	Cost	Barcode
<b>KINDERS AGES 4-5 YRS</b> 	<b>1</b>	M/W	5:30 p.m.	May 16-June 1*	5	\$42.50	149107
		M/W	6 p.m.	May 16-June 1*	5	\$42.50	149108
		T/Th	10 a.m.	May 17-June 2	6	\$51.00	149109
		T/Th	5:30 p.m.	May 17-June 2	6	\$51.00	149110
		Sat	9 a.m.	May 21-June 18	5	\$42.50	149111
		Sat	10:30 a.m.	May 21-June 18	5	\$42.50	149112
	<b>2</b>	M/W	5:30 p.m.	June 6-June 22	6	\$51.00	149113
		M/W	6 p.m.	June 6-June 22	6	\$51.00	149114
		T/Th	10 a.m.	June 7-June 23	6	\$51.00	149115
		T/Th	5:30 p.m.	June 7-June 23	6	\$51.00	149116
	<b>3</b>	Sat	9 a.m.	June 25-July 30	6	\$51.00	149117
		Sat	10:30 a.m.	June 25-July 30	6	\$51.00	149118
		M-F	9:30 a.m.	June 27-July 8*	9	\$76.50	149119
		M/W	5:30 p.m.	June 27-July 20*	7	\$59.50	149120
		M/W	6 p.m.	June 27-July 20*	7	\$59.50	149125
		T/Th	5:30 p.m.	June 28-July 21	8	\$68.00	149121
	<b>4</b>	M-F	9:30 a.m.	July 11-July 22	10	\$85.00	149122
	<b>5</b>	M-F	9:30 a.m.	July 25-Aug 5	10	\$85.00	149123
		M/W	5:30 p.m.	July 25-Aug 17	8	\$68.00	149124
		M/W	6 p.m.	July 25-Aug 17	8	\$68.00	149126
		T/Th	5:30 p.m.	July 26-Aug 18	8	\$68.00	149127
	<b>6</b>	Sat	9 a.m.	Aug 6-Sept 3	5	\$42.50	149128
		Sat	10:30 a.m.	Aug 6-Sept 3	5	\$42.50	149129
		M-F	9:30 a.m.	Aug 8-Aug 19	10	\$85.00	149130
	<b>7</b>	M-F	9:30 a.m.	Aug 22-Sept 2	10	\$85.00	149131
		M/W	5:30 p.m.	Aug 22-Sept 7**	5	\$42.50	149132
		M/W	6 p.m.	Aug 22-Sept 7**	5	\$42.50	149133
		T/Th	5:30 p.m.	Aug 23-Sept 8	6	\$51.00	149134
<b>8</b>	T-F	9:30 a.m.	Sept 6-Sept 9	4	\$34.00	149135	
<b>BEGINNING SWIMMER LEVELS 1-3 AGES 6-16 YRS</b>	<b>1</b>	M/W	4:30 p.m.	May 16-June 1*	5	\$35.00	149172
		M/W	5 p.m.	May 16-June 1*	5	\$35.00	149173
		T/Th	5 p.m.	May 17-June 2	6	\$42.00	149174
		Sat	9:30 a.m.	May 21-June 18	5	\$35.00	149175
	<b>2</b>	M/W	4:30 p.m.	June 6-June 22	6	\$42.00	149177
		M/W	5 p.m.	June 6-June 22	6	\$42.00	149176
		T/Th	5 p.m.	June 7-June 23	6	\$42.00	149178
	<b>3</b>	Sat	9:30 a.m.	June 25-July 30	6	\$42.00	149179
		M-F	10 a.m.	June 27-July 8*	9	\$63.00	149181
		M-F	10:30 a.m.	June 27-July 8*	9	\$63.00	149180
		M/W	5 p.m.	June 27-July 20*	7	\$49.00	149182
		T/Th	5 p.m.	June 28-July 21	8	\$56.00	149183
	<b>4</b>	M-F	10 a.m.	July 11-July 22	10	\$70.00	149184
		M-F	10:30 a.m.	July 11-July 22	10	\$70.00	149185

**\*NO CLASS  
Mon, May 30  
Mon, July 4**

**\*NO CLASS  
Mon, May 30  
Mon, July 4**

Class	Session	Days	Time	Dates	Classes	Cost	Barcode
<b>BEGINNING SWIMMER LEVELS 1-3 AGES 6-16</b>  *NO CLASS Mon, May 30 Mon, July 4	<b>5</b>	M-F	10 a.m.	July 25-Aug 5	10	\$70.00	149186
		M-F	10:30 a.m.	July 25-Aug 5	10	\$70.00	149187
		M/W	5 p.m.	July 25-Aug 17	8	\$56.00	149188
		T/Th	5 p.m.	July 26-Aug 18	8	\$56.00	149189
	<b>6</b>	Sat	9:30 a.m.	Aug 6-Sept 3	5	\$35.00	149190
		M-F	10 a.m.	Aug 8-Aug 19	10	\$70.00	149191
		M-F	10:30 a.m.	Aug 8-Aug 19	10	\$70.00	149192
	<b>7</b>	M-F	10 a.m.	Aug 22-Sept 2	10	\$70.00	149193
		M-F	10:30 a.m.	Aug 22-Sept 2	10	\$70.00	149194
		M/W	5 p.m.	Aug 22-Sept 7**	5	\$35.00	149195
		T/Th	5 p.m.	Aug 23-Sept 8	6	\$42.00	149196
	<b>8</b>	M-F	10 a.m.	Aug 31-Sept 4	5	\$35.00	129939
		M-F	10:30 a.m.	Aug 31-Sept 4	5	\$35.00	129940
<b>ADVANCED SWIMMER LEVELS 4-6 AGES 6-16 YRS</b>  * NO CLASS Mon, May 30 Mon, July 4	<b>1</b>	M/W	5 p.m.	May 16-June 1*	5	\$35.00	149145
		T/Th	5 p.m.	May 17-June 2	6	\$42.00	149146
		Sat	8:30 a.m.	May 21-June 18	5	\$35.00	149147
		Sat	9:30 a.m.	May 21-June 18	5	\$35.00	149148
	<b>2</b>	M/W	5 p.m.	June 6-June 22	6	\$42.00	149149
		T/Th	5 p.m.	June 7-June 23	6	\$42.00	149150
	<b>3</b>	Sat	8:30 a.m.	June 25-July 30	6	\$42.00	149152
		Sat	9:30 a.m.	June 25-July 30	6	\$42.00	149151
		M-F	10 a.m.	June 27-July 8*	9	\$63.00	149154
		M/W	5 p.m.	June 27-July 20*	7	\$49.00	149155
		T/Th	5 p.m.	June 28-July 21	8	\$56.00	149157
	<b>4</b>	M-F	10 a.m.	July 11-July 22	10	\$70.00	149158
	<b>5</b>	M-F	10 a.m.	July 25-Aug 5	10	\$70.00	149159
		M/W	5 p.m.	July 25-Aug 17	8	\$56.00	149164
		T/Th	5 p.m.	July 26-Aug 18	8	\$56.00	149165
<b>6</b>	Sat	8:30 a.m.	Aug 6-Sept 3	5	\$35.00	149167	
	Sat	9:30 a.m.	Aug 6-Sept 3	5	\$35.00	149166	
	M-F	10 a.m.	Aug 8-Aug 19	10	\$70.00	149168	
<b>7</b>	M-F	10 a.m.	Aug 22-Sept 2	10	\$70.00	149169	
	M/W	5 p.m.	Aug 22-Sept 7**	5	\$35.00	149170	
	T/Th	5 p.m.	Aug 23-Sept 8	6	\$42.00	149171	
<b>ADULT AGES 16+</b>  * NO CLASS Mon, May 30 Mon, July 4	<b>1</b>	M/W	8 p.m.	May 16-June 1*	5	\$52.50	149138
		Sat	8:30 a.m.	May 21-June 18	5	\$35.00	149139
	<b>2</b>	M/W	8 p.m.	June 6-June 22	6	\$63.00	149140
	<b>3</b>	Sat	8:30 a.m.	June 25-July 30	6	\$42.00	149141
		M/W	8 p.m.	June 27-July 20*	7	\$73.50	149142
	<b>5</b>	M/W	8 p.m.	July 25-Aug 3	4	\$42.00	149143
<b>6</b>	Sat	8:30 a.m.	Aug 6-Sept 3	5	\$35.00	149144	
<b>SPECIALTY</b>	<b>JR. LG</b>	M-F	8-9:30 a.m.	Aug 8-Aug 12	5	\$65.00	149777
		M-F	8-9:30 a.m.	Aug 15-Aug 19	5	\$65.00	149778
	<b>SYNCHRO</b>	M-F	8:45-9:30 a.m.	Aug 22-Aug 26	5	\$52.50	149776
	<b>STARTS</b>	M (7-10 yrs)	2:30 p.m.	Jun 27-Aug 1*	5	\$35.00	149782
		W (11-17 yrs)	2:30 p.m.	Jun 29-Aug 3	6	\$42.00	149181

# COMPETITIVE SWIMMING

## SUMMER SWIM LEAGUE

Summer Swim League is a novice swim team operated by Seattle Parks and Recreation. Join the Mounger Swim Team and have fun, make friends, and learn competitive strokes, starts, and turns. The minimum swimming requirement is one length (25 yards) of any competitive stroke. For ages 7-18. Sign up for the workout that best fits your schedule.

### Monday-Friday • June 27-August 5

- ◆ No practice Monday, July 4 ◆

\$130-Fee includes Mounger Penguins T-Shirt

### Register Online April 5 at noon

#### First Workout:

Monday-Friday..... 7:30-8:30 a.m. ....Course #149201

#### Second Workout:

Monday-Friday..... 8:30-9:30 a.m. ....Course #149202

#### Meet Schedule:

Friday ..... July 15 ..... 6 p.m.

Friday..... July 22 ..... 6 p.m.

Saturday ..... July 30 ..... 9 a.m.

Saturday ..... August 6 ..... 9 a.m.

## COMPETITIVE STROKE

Experience the fun of competitive swimming! Coaches will emphasize improving skills in all major competitive strokes, building teamwork, and having a good time. Eligibility for skill level 5 required. Perfect as a Summer Swim League alternative.

A pre-test is highly recommended for placement in competitive classes. If your child is not at that level then they will have to be placed in the appropriate level providing there is space available.

### Tuesday/Thursday • 8-8:45 p.m.

May 17-June 2..... \$63.00..... Course #149197

June 7-June 23..... \$63.00.....Course #149198

June 28-July 21 ..... \$84.00..... Course #149199

July 26-Aug 4..... \$63.00.....Course #149200

## STARTS AND TURNS CLINIC FOR SSL PARTICIPANTS

This class is intended for current Mounger SSL participants only. You will get personalized instruction in this 30-minute class to improve your racing dives and turns with a Mounger coach.

### Ages 7-10 • Monday • 2:30-3 p.m.

June 27-August 1 ..... \$35.00.....Course #149782  
(No Lesson July 4)

### Ages 11-17 • Wednesday • 2:30-3 p.m.

June 29-August 3 ..... \$42.00.....Course #149781

## JUNIOR LIFEGUARDING (Ages 11-15)

This is an introduction to lifeguarding, teamwork, and basic water safety. This fun, interactive class is perfect for the future lifeguard or volunteer.

Must be able to:

- ◆ Swim 25 yards front crawl with side breathing
- ◆ Tread water for 1 minute
- ◆ Submerge and swim underwater for 10 feet

### Monday-Friday • 8-9:30 a.m.

August 8-12 ..... \$65 ..... Course #149777

August 15-19 ..... \$65 .....Course #149778

Register online beginning Tues., April 5 at noon (page 8).

## INTRO TO SYNCHRONIZED SWIMMING (Ages 9-17)

A hybrid of swimming, gymnastics, and ballet, synchronized swimming combines strength, endurance, flexibility, grace, and artistry with exceptional breath control. Learn the basics of this graceful aquatic sport. Participants will show off their new skills in a performance scheduled at the end of the week!

Prerequisite: Advanced Swimmer ability or instructor approval.

### Monday-Friday • 8-9:30 a.m.

Aug 22-Aug 26..... \$52.50..... Course #149776

## HINTS FOR SWIMMING LESSONS

Register online beginning Tues., April 5 at noon (page 8).

- ◆ Please sign up for lessons for the correct age group.
- ◆ Please read the lesson descriptions and prerequisites carefully to make sure your child is registered for the correct class. If you are unsure of your child's ability, please have them pre-tested to ensure correct placement. If your child does not meet the age requirements or skill prerequisites, we will try to transfer them to the appropriate level if there is space available. Most children take a year or more to move from Beginning to Advanced Youth.
- ◆ Sorry, we cannot give refund credits or make-ups for missed classes.
- ◆ We may combine or cancel programs if not enough children sign up.
- ◆ Family members must stay away from the pool edge during lessons and keep children who are not participating in lessons with you at all times.
- ◆ Please direct questions to the pool cashier or lesson supervisor.
- ◆ Please limit shower time to conserve water and energy. It's good for us and the planet!
- ◆ Help children develop their skills and have fun by bringing them to a public or family swim.
- ◆ Swimming lessons operate rain or shine, unless there is thunder and lightning.

# PERSONAL LESSONS

“Pop” Mounger Pool offers personal swim instruction for swimmers who are interested in receiving special attention. Personal lessons provide quality instruction that can be tailored to fit individual needs. Personal lesson rates per ½ hour class: 1 swimmer to 1 instructor (\$36), 2 swimmers to 1 instructor (\$48) and 3 swimmers to 1 instructor (\$60). **We'll take walk-in registrations at Mounger Pool on Saturday, May 7 (8 a.m.-Noon).** Beginning May 14, we'll accept registrations daily during the pool's scheduled operating hours. Payment is due at time of reservation. **Personal Lesson Refund Policy:** Parks will issue a partial refund to a participant if he/she drops a lesson and notifies the program coordinator 14 days before the scheduled date. A service charge of \$5 or 10% of the fee, whichever is greater, will be retained by the facility. If a participant drops a personal lesson with less than 14 days' notice, we cannot issue a refund.



**Personal Lesson Transfer Policy:** We will accept transfers for personal lessons with at least 48 hours' notice. Any open dates or times may be considered. Sorry, we cannot accept transfers with less than 48 hours' notice.

DAYS	TIME	TIME	POOL AVAILABLE
Monday-Saturday	11-11:30 a.m.	11:30-Noon	Main Pool
Monday-Friday	Noon-12:30 p.m.	12:30-1 p.m.	Warm Pool
Monday-Sunday	2:30-3 p.m.	---	Both Pools
Monday-Thursday	4:30-5 p.m.	---	Main Pool
Friday	4:30-5 p.m.	5-5:30 p.m.	Warm Pool

Personal Lessons are scheduled by date and time only.  
If the scheduled instructor is absent, a qualified substitute will be provided.

**Weather policy:** All swimming programs operate rain or shine, unless there is thunder and lightning.

## GREEN LAKE OPEN WATER SWIM

Sunday, June 26

Annual Green Lake Open Water Swim is a ½-mile or 1-mile guarded swim. Prizes are awarded for top finishers.

Call 206-684-4961 for information.

## EMERALD CITY OPEN WATER SWIM

Saturday, August 20

Annual Emerald City Open Water Swim is a ½-mile and a 1-mile guarded swim held on Lake Washington at Andrew's Bay in Seward Park.

Prizes are awarded for top finishers. Call 206-684-4766 for Information.

<http://www.seattle.gov/parks/aquatics/OpenWater.htm>

# POLICIES AND PROCEDURES

## FEES AND CHARGES

Parks and Recreation fees and charges are necessary to provide financial support to the Seattle Parks and Recreation for the operating costs of programs, facilities, and grounds. The revenue generated by these fees constitutes only a portion of funds required for operating and maintaining the Parks system. All fees collected from Parks and Recreation activities and concessions are used exclusively for the Parks system as these funds are deposited in the Parks and Recreation Fund, not the City General Fund.

## PAYMENT

You can pay for classes and other activities in person during regular facility hours, by telephone with a credit card, or online at [www.seattle.gov/parks](http://www.seattle.gov/parks). We accept Visa, MasterCard, and American Express. Please make checks and money orders out to the City of Seattle. PLEASE NOTE: Payment is due when you register. If your check is returned for insufficient funds, your registration will be cancelled until you pay the amount due plus a \$20 fee (credit card or cash only are accepted for Non-Sufficient Funds checks).

## CONFIRMATIONS

Sorry, we cannot confirm class registration by mail or phone but we will notify you by phone if your class is postponed or cancelled. Log in to your online SPARC account to view account information and registration for upcoming classes.

## CLASS CANCELLATIONS

To cover the cost of providing a program, we need a specific number of participants. If too few people sign up for a class, we must cancel it. We'll notify you (at the latest) one or two days before the class start date. When possible, we will postpone a cancelled class for a week to allow for more enrollments; if the class minimum is not met by then, we will have to cancel it.

## WAITING LISTS

We will create waiting lists for all filled classes. Please be sure to sign up if you are interested in a class that is full, because class openings often become available. If demand is high, we will try to form another class. Please contact us for space availability.

## REFUNDS

It is the policy of Seattle Parks and Recreation that:

- ◆ A full refund will be issued for any program or course that is cancelled for any reason by the department or the Associated Recreation Council.
- ◆ Any person who registers for a program or course and requests a refund before the second class in the session may receive a prorated refund minus a service charge.

- ◆ Any person who schedules a standard rental of a recreation facility and who cancels at least 15 days in advance is entitled to a partial refund of approximately 50% less booking fees.

<http://www.seattle.gov/parks/reservations/feesandcharges/refunds.htm>.

## SCHOLARSHIPS

Seattle Parks and Recreation wants to ensure that our group swim lessons and summer swim team are available to everyone, regardless of their ability to pay. The Parks Department offers reduced fees for those who may qualify under low income guidelines. To apply for low income fees, please talk to one of our cashiers.

## PARENT/CHILD POLICY

Children under 6 years of age and those under 48" in height must be directly supervised in the water by an adult and must be within arm's length distance at all times. This applies to all public swims, family swims, pool playland, and pool rentals. We require a minimum ratio of one adult to two children.

## ACCOMMODATION FOR PEOPLE WITH DISABILITIES

We will make reasonable accommodation, upon request, for people with disabilities. For sign language interpretation, auxiliary aids or other accommodation, please call 206-615-0140 or TDD 206-684-4950. Please allow 10 working days' advance notice. If a class or activity is scheduled in an area not accessible for wheelchairs, we will make every effort to help you find a similar program in an accessible location.

## NON-DISCRIMINATION POLICY

As a matter of policy, law, and commitment, Seattle Parks and Recreation does not discriminate on the basis of race, color, sex, marital status, sexual orientation, political ideology, age, creed, religion, ancestry, national origin, or presence of any sensory, mental or physical handicap.

## MORE INFORMATION

For information about Parks and Recreation facilities, recreation programs, picnic shelters, and scheduling, please visit our web site at [www.seattle.gov/parks](http://www.seattle.gov/parks), or call our Public Information line, 206-684-4075. For more information about programs for senior adults, please call 206-684-4951, and for information about programs for special populations, please call 206-684-4950.

## WEATHER POLICY

All swimming programs operate rain or shine, unless there is thunder and lightning. Please call the pool for details.

## RENTALS AND BIRTHDAY PARTIES

Have your own personal pool party and the professional supervision to go with it. The rental includes lifeguards and use of both pools and the waterslide. The pool is available for evening rentals on Friday, Saturday, and Sunday. Times vary depending on the day and the time of year.

Days	May 14-July 31	Aug 6-Aug 14	Aug 19-Sep 4
Friday	7:30-9 p.m.	7:30-8:30 p.m.	Not Available
Sat/Sun	7-9 p.m.	7-8:30 p.m.	7-8 p.m.

Party Size	1-12	13-60	61-99	100-150	151-200	201-300
1 Hour	\$265.00	\$290.00	\$315.00	\$340.00	\$365.00	\$390.00
1 1/2 Hours	\$372.50	\$410.00	\$447.50	\$485.00	\$522.50	\$560.00
2 Hours	\$480.00	\$530.00	\$580.00	\$630.00	\$680.00	\$730.00
2 1/2 Hours	\$587.50	\$650.00	\$712.50	\$775.00	\$837.50	\$900.00



## SUPER DELUXE BIRTHDAY PARTIES



### Saturdays and Sundays

**Noon-2 p.m. or 4:30-6:30 p.m.** (First hour is in-water followed by an hour of deck time.) Prices start at \$248.00 for 10 children (\$10 for each additional child.) The party includes: a goodie bag for every child, party-ware, individual juice boxes, and a “party guard” to supervise the children while they’re in the water. The party space reserved for you is a shared use of the main pool, warm pool, the water slide, and a personal deck area set up with tables and chairs. In order to maintain safe guarding ratios there is a limit of two parents/ adults per paid participant.

Both pools are now available for these parties

## YOU BRING THE CAKE— WE SUPPLY THE FUN!

### Phone-in Pool Reservations

- ♦ We accept phone-in reservations daily beginning Tuesday, April 12 at 9 a.m. To make a reservation, call 206-684-4708. Please leave a message and we will return your call as soon as we can.
- ♦ Full payment is required at the time of reservation. See page 14 for refund policy

### Walk-in Pool Reservations

- ♦ We will take walk-in reservations at Mounger Pool on Saturday, May 7 between 8 a.m.-Noon.
- ♦ We will accept walk-in and phone-in reservations daily at Mounger Pool beginning May 14.



# MOUNGER POOL

May 14 through September 11, 2016

## LOWERY C. "POP" MOUNGER

Lowery C. "Pop" Mounger was a longtime Magnolia resident. A former college athlete and semi-pro baseball player, he strongly supported youth recreation, sponsoring numerous Little League teams and sports programs. "Pop" Mounger was an outstanding civic leader and had a passion for helping others. He was also the founder and president of Pacific Trail Sportswear. His achievements remain an outstanding example to Seattle's youth of the virtues of hard work, honesty, and athletics. The Mounger family's generous contribution to the pool construction fund was instrumental in ensuring that the pool would have all the necessary amenities to make it a true community asset.

*Summer fun since 1998*



## THINGS TO KNOW ABOUT "POP" MOUNGER POOL

Mounger Pool is a beautiful summer outdoor facility located in the heart of Magnolia.

### THE BIG POOL

5 lanes for lap swimming • 50' corkscrew slide  
Pool Temperature: 84-86 degrees  
Pool Depth: 3 feet-6½ feet  
Pool Length: 25 yards—72 lengths = one mile

### THE LITTLE POOL

Warm Water Teaching Pool is used for group swim lessons, personal swim lessons, family playland, or relaxation and socializing. Water Temperature: 92-94 degrees; Pool Depth: 2'4"-3'4".

## NEW SUN SHADE

*Coming soon.*

Mounger Pool will be installing a new fixed shade structure. Sponsored by the American Academy of Dermatology and Murad.



**Murad.**  
PROUD SPONSOR



To support a healthy environment, this is a zero-waste event.