

SEATTLE CITYWIDE VIRTUAL PROGRAMS



Seattle
Parks & Recreation

OCTOBER 2020 PROGRAMS



REGISTER
September 15

REGISTER ONLINE:
http://bit.ly/spr_fall2020_virtual



VIRTUAL PROGRAMS

YOUTH

DUNGEONS & DRAGONS WITH BEAM

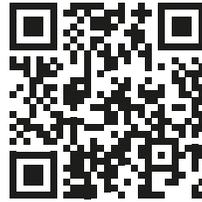
Ages 8-13

Calling all Adventurers! Join a party of brave heroes in the imaginary world of D&D and make friends in the real world along the way. Dungeons and Dragons is an inclusive role-playing game that focuses not on competition, but on storytelling, imagination, creativity, teamwork, and a bit of luck. In this adventure, we will use a free online tool called Roll20 create our own fantasy characters, explore maps, roll virtual dice, and embark on a unique quest with the help of the Dungeon Master. All stories and quests are unique creations developed by our team of D&D adventurers! Class will be online!

40801 10/19-12/14 M 3:30-5 p.m. \$209



DOWNLOAD WEBEX



SCAN ME



**DOWNLOAD TO PARTICIPATE IN VIRTUAL PROGRAMS:
http://bit.ly/webex_download**

LITTLE HANDS CREATIONS

Ages 6-12

Machine Sewing is going ONLINE! New students will learn the fundamentals of sewing while experienced students will be able to continue learning, creating, and sewing in our new online classes! Grab your favorite supervising adult and get ready to learn and explore a skill you can use for a lifetime. New students will learn machine safety and standard sewing techniques like turning corners, making knots, and zig-zag stitches before moving on to our pre-requisite projects, the Velcro pouch and tote bag. After mastering the basics, we will merge with the Machine Sewing for Returning Student Class! During the first class, students will be able to vote on the projects they want to make. Then each week, we will tackle one project as a group, and work step-by-step together. Projects are constantly rotating and include backpacks, phone cases, clothing, accessories, bags, games, stuffed animals and more! All supplies, including a sewing machine, will be available for pick-up from our no-contact pick-up shelf outside our (Seattle) Fremont Studio prior to class, or delivered to your doorstep at an additional fee. We can ship the supply kits for those outside of Seattle, but we are not able to ship sewing machines. Some tools and equipment will need to be returned after the classes are complete. For more questions email PKS_MagnoliaCC@seattle.gov

40816 10/2-10/30 F 3-4:30 p.m. \$218



YOUTH (CONTINUED)

PLAY-WELL LEGO @HOME: STEM FUNDAMENTALS

Ages 6-10

Students will explore their creative boundaries with the guidance of an experienced Play-Well instructor and simple pieces from their own LEGO® collection, learning new building techniques and applying real-world STEM concepts through open-ended builds that do not require special LEGO® pieces. This is a Virtual class and will be online.

40815 10/1-10/29 Th 4-4:45 p.m. \$96



CHESS

Ages 6-12

Chess Wizards is one of the nation's premier chess education companies and our mission is to make learning chess fun and exciting for kids. We have adapted some of our most popular activities in the physical classroom to fit the digital one. These include puzzles, tournaments, blitz games - and even chess variation games! Chess Wizards Online is designed to be an enjoyable and valuable experience for our students. To determine your child's skill level, please visit the link: <https://bit.ly/3g7w-3cp> For questions please contact PKS_MagnoliaCC@seattle.gov

NIFTY KNIGHTS - BEGINNER

40806 10/6-11/24 Tu 3:30-4:30 p.m. \$153

BRILLIANT BISHOPS - INTERMEDIATE

40807 10/6-11/24 Tu 3:30-4:30 p.m. \$153

RAD ROOKS - STRONG INTERMEDIATE

40808 10/6-11/24 Tu 3:30-4:30 p.m. \$153

CHESS KINDERGARTNERS

Age 5

Chess Wizards is one of the nation's premier chess education companies and our mission is to make learning chess fun and exciting for kids. We have adapted some of our most popular activities in the physical classroom to fit the digital one. These include puzzles, tournaments, blitz games - and even chess variation games! Chess Wizards Online is designed to be an enjoyable and valuable experience for our students. This class is specifically designed for all Kindergartners to expand their love of chess learning, grow and build knowledge. For questions please contact PKS_MagnoliaCC@seattle.gov

40804 10/6-11/24 Tu 3:30-4:30 p.m. \$153

CHESS PROUD PRAWNS

Age 6

Chess Wizards is one of the nation's premier chess education companies and our mission is to make learning chess fun and exciting for kids. We have adapted some of our most popular activities in the physical classroom to fit the digital one. These include puzzles, tournaments, blitz games - and even chess variation games! Chess Wizards Online is designed to be an enjoyable and valuable experience for our students. To determine your child's skill level, please visit: <https://bit.ly/3g7w3cp> For questions please contact PKS_MagnoliaCC@seattle.gov

40805 10/6-11/24 Tu 3:30-4:30 p.m. \$153



VIRTUAL PROGRAMS

YOUTH (CONTINUED)

CREATIVE BALLET

Ages 3-6

We use movement and music to stimulate brain reflexes, teach social/emotional learning skills, and encourage joy and self-expression. Music, props, and brain-integrated dance games help to strengthen bodies, minds, and souls of little ones. Parents should attend class to bond and assist in their participation! Class is NOT in person.

40777 10/6-10/27 Tu 11-11:45 a.m. \$36



DANCER AND ADULT CREATIVE MOVEMENT

Ages 6 months-3 yrs

Anyone with a kiddo under 5 that wants to sing, move, and groove with their families, join Miss Marika right from your own home! It will be casual and focus on offering ideas and ways you and your dancer can explore and play in new ways in your space. We will sing nursery rhymes while fostering brain development, dance movement-based games and activities inspiring physical-coordination and self-expression, make music of our own in creative DIY ways, and have some socializing time at the end of each class where we can share snack time and check in with each other through the screen.

40775 10/6-10/27 Tu 10-10:45 a.m. \$35

PLAYFUL DANCE WITH MOVING MINDS

Ages 3-4

Starting with foundations learned in Playful Dance, your child will strengthen their confidence, control, musicality, and ability to collaborate. This class introduces children to ballet techniques, more challenging movement combinations, and choreography tools to develop their own movement style. Class is NOT in-person. A caretaker should be nearby but does not have to participate in class.

40795 10/6-10/27 Tu 4-4:45 p.m. \$61

CREATIVE BALLET WITH MOVING MINDS

Ages 5-6

Starting with foundations learned in Playful Dance, your child will strengthen their confidence, control, musicality, and ability to collaborate. This class introduces children to ballet techniques, more challenging movement combinations, and choreography tools to develop their own movement style. Class is NOT in-person.

40798 10/6-10/27 Tu 5-5:55 p.m. \$61

DANCE TOGETHER WED WITH MOVING MINDS

Ages 1½-6

The whole family is invited to dance, with activities accessible for littles as young as 18 months. Join us to improve coordination and social skills in classes that seamlessly blend teacher-directed activities with child-led explorations and discoveries. Social time will be offered at the beginning and end of every class. Class is NOT in-person.

40809 10/7-10/28 W 10:30-11:30 a.m. \$61

DANCE PARTY WED WITH MOVING MINDS

Ages 7-10

Older children will love getting their hearts racing in this online get-together. Dance games and choreography challenges will accompany centering exercises and playful exercises in dance technique to help them find focus and renew their creativity. Social sharing and reflection time will be offered at the beginning and end of every class. Class is NOT in-person.

40812 10/7-10/28 W 5:30-6:25 p.m. \$61



VIRTUAL PROGRAMS

YOUTH (CONTINUED)

VIDEO GAME DESIGN WITH BEAM

Ages 8-13

Design and build your very own video game in this interactive online class! Students will use Stencyl, a free, kid-friendly game creation engine to make 2-D video games on the computer. Each day, via a 90-minute Webex class session, students will receive a short lesson, followed by guided creative building time. Lessons focus on designing fun and challenging platformer levels. We will learn to create custom pixel art using a free online editor called Piskel. This is not a programming class, but students will have the opportunity to customize their games using block-based programming similar to Scratch. At the end of the week, students will have a game they can play and share with friends and family!

*****PREREQUISITES:** Students MUST have basic computer skills: be able to save and load files, switch between programs and type on the computer. Stencyl, the program we use to create games, is only compatible with Windows, Mac and Linux computers, or Microsoft Surface Tablets. Sorry - most tablets, iPads and Chromebooks will not work with this class. A microphone and camera are also required to participate in this interactive online class. An email will be sent out the week prior to class with instructions to download Stencyl and set up your Student's computer before the first class. For questions please contact PKS_MagnoliaCC@seattle.gov

40802 10/21-12/16 W 3:30-4:30 p.m. \$202



COOKING AROUND THE WORLD

Ages 7-12

Join us for an exciting world tour of delicious recipes and fun cooking techniques! Each week we will cook a recipe from across the globe all while learning about new countries and regions, such as Italian Pizza or Japanese Udon! By the end of this series, students will have the practical skills necessary to begin cooking at home, and the knowledge necessary to eat food in a wholesome, nutritional, and sustainable manner. Accommodations for dietary restrictions made if requested 1 week prior please email classes@seattlecucina.com! For questions please email PKS_MagnoliaCC@seattle.gov

40817 10/5-10/26 M 3:30-4:30 p.m. \$105

ARTIFICIAL INTELLIGENCE WITH READYAI & BRICKS 4 KIDZ

Ages 8-13

Want to learn about Artificial Intelligence? In this virtual camp, students will learn the hottest AI topics, including machine learning, path planning, and more. They will learn to use Calypso and code Cozmo the virtual robot to play games, converse with people, and act like a self-driving car. By the end of the program, students will have coded their own project from start to finish. Bricks 4 Kidz class a great option for home-schooling students.

CLASS REQUIREMENTS: PC/Mac, Chromebook, Surface tablet or iPad is recommended with stable internet access and Chrome browser. A web camera for the Webex calls is recommended.

IMPORTANT: Calypso requires Google Chrome. Software is not compatible with Apple Safari browser. All coding will be done on <https://calypso-robotics.com>. The web version is FREE. For questions please contact PKS_MagnoliaCC@seattle.gov

40803 10/9-12/18 F 1:30-3 p.m. \$165

REGISTRATION OPENS SEPT 15!



SCAN ME

REGISTER ONLINE:
http://bit.ly/spr_fall2020_virtual

VIRTUAL PROGRAMS

ALL AGES

PARKOUR AND MOVEMENT GAMES

Ages 5-Adult

Parkour is a movement discipline focused on connecting movements in jumping, vaulting, and climbing. It's an accessible, non-competitive sport that turns your surroundings into a playground. Classes are a mix of indoor and outdoor activities, and they take place rain or shine. Additional insurance required for participants, \$5 annually. Class is NOT in-person and release form must be signed prior to first day of participation.

40792	10/6-12/15	Tu	3:45-4:30 p.m.	\$144
40793	10/7-12/16	W	4:30-5:15 p.m.	\$144
40794	10/7-12/16	W	5:30-6:15 p.m.	\$144



AMAZING RACE WITH SEATTLE PARKS AND RECREATION

Ages 8-Adult

Take a 4-hour break from the pandemic for a high-tech virtual experience! Create a team from the people in your household or sign up as a solo team and experience what you will be talking about for years. With your smart device (anything with internet access and can take pictures) your team will be tested to think outside the box for high energy and interactive challenges. At the end of the challenges we will come back together and share our experiences. Register and 3 days prior to the race you will receive an email with a link and directions for moving forward. Please remember to social distance from other teams in your neighborhood and wear a mask. For further questions contact Vicki.Allgood@seattle.gov

40737	9/26	Sa	Noon-4 p.m.	\$15
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PIANO GROUP LESSONS

Ages 5-Adult

Learn to play the piano from an experienced professional teacher in weekly 1-hour small group lessons. Training includes sight-reading, techniques, expression, theory, and chords. Students must have access to an electric keyboard or piano for lessons and for practice outside of lessons. Class is NOT in-person.

LEVEL 1:

40788	10/5-10/26	M	3-3:45 p.m.	\$80
40789	10/5-10/26	M	4-4:45 p.m.	\$80
40768	10/5-10/26	M	5-5:45 p.m.	\$80

LEVEL 2:

40773	10/3-10/24	Sa	2-2:45 p.m.	\$80
40790	10/6-10/27	Tu	6-6:45 p.m.	\$80

LEVEL 3:

40774	10/3-10/24	Sa	3-3:45 p.m.	\$80
40770	10/6-10/27	Tu	7-7:45 p.m.	\$80

LEVEL 5:

40772	10/5-10/26	M	6-6:45 p.m.	\$80
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FAMILY FUN NIGHT

FREE

Ages 8-Adult

Register by mailing a \$10 check or money order to the Specialized Programs Office. Available for pick up via a drive thru location or delivery on September 25. Deadline to order this packet is September 17. Supplies will coordinate with our Virtual Programming offered in Fall Quarter.

40818	10/9	F	7-8 p.m.	FREE
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REC 2 GO - FALL - SPECIALIZED PROGRAMS

Ages 4-Adult

Available for pick-up via a drive thru location or delivery on September 25. Deadline to order this packet is September 17. Supplies will coordinate with our Virtual Programming offered in Fall Quarter. Register by mailing a \$10 check or money order to the Specialized Programs Office: 4554 NE 41st St Seattle, WA 98105

40716	9/28-12/7	M	10 a.m.-3 p.m.	\$10
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VIRTUAL PROGRAMS

ADULT

THRILLER DANCE

Ages 35 and Older

Learn the famous Thriller dance done to the iconic song, Thriller by Michael Jackson. A great workout and so much fun! *Ideal for seniors and adults with limited mobility.*

40785 10/8-11/12 Th 11 a.m.-Noon \$42

DANCE FITNESS WITH LEI

Ages 16 and Older

This people-inspired fitness program is a perfect blend of explosive dancing and boot camp inspired toning. Repetition of movement maximizes the workout rather than focusing on complicated dance steps. This program caters to all shapes, ages, and skill levels. *Ideal for seniors and adults with limited mobility.*

40776 10/7-10/28 W 6-7 p.m. \$45

TAI CHI - ADVANCED

Ages 35 and Older

Improve balance and posture, increase strength, and calm your mind. Class is for those that have experience with TaiChi. *Ideal for seniors and adults with limited mobility.* Instructor: A Ross

40767 10/8-11/12 Th 1:30-2:30 p.m. \$42

SOUL LINE DANCE

Ages 35 and Older

Not just country! Line dance to an assortment of music genres, including soul, rhythm and blues and country. Work out your mind and body. Learn new dance patterns to all kinds of great music. *Ideal for seniors and adults with limited mobility.* Instructor: S Simmons

40783 10/8-11/12 Th 9:30-10:30 a.m. \$42

FABULOUSLY FIT

Ages 35 and Older

Learn how to improve endurance, strength, agility, core, balance, flexibility, and range of motion in this virtual class geared towards older adults and those who want a gentle workout. *Ideal for seniors and adults with limited mobility.*

40778 10/7-11/4 W 9:30-10:30 a.m. \$35



DOWNLOAD WEBEX



SCAN ME



DOWNLOAD TO PARTICIPATE IN VIRTUAL PROGRAMS:
http://bit.ly/webex_download

VIRTUAL PROGRAMS

ADULT (Continued)

MEDICATION MANAGEMENT

FREE

Ages 35 and Older

Making mistakes with medications is more common than you think - especially with so many disruptions during Covid-19. The Washington Poison Center is receiving significantly more calls from adults ages 60+ about pill predicaments like double dosing or taking the wrong medication. Join Washington Poison Center staff for a discussion on these common medication errors, the practices that put people at higher risk of making a mistake, and easy strategies to prevent errors.

40791 10/8 Tu 1-2 p.m. FREE

A MATTER OF BALANCE

FREE

Ages 55 and Older

This program provides practical strategies to reduce the fear of falling and increase activity levels. This evidence based, free program is supported by Aging and Disability Services and presented by Sound Generations. You must register to attend. Registration is limited so sign-up early. *Ideal for seniors and adults with limited mobility.*

40831 10/7-11/2 M/W 10:30 a.m.-12:30 p.m. FREE
Orientation class: Monday 10/5 - 11 a.m.-12:30 p.m.

REGISTRATION OPENS SEPT 15!



SCAN ME

REGISTER ONLINE:
http://bit.ly/spr_fall2020_virtual



GENTLE YOGA

Ages 35 and Older

Stretch and move with awareness, correct alignment, and a focus on breath to increase strength and stamina, improve flexibility, and develop better balance, posture, poise, and peace of mind. *Ideal for seniors and adults with limited mobility.* Instructor: H Mair

40762 10/6-11/10 Tu 9:30-10:30 a.m. \$42



VIRTUAL PROGRAMS

ADULT (Continued)

CHAIR STRENGTH AND TONE

Ages 35 and Older

Strengthen and tone all muscle groups for improved health and fitness in this low-level fitness class. Great for those who are just starting an exercise regimen, or those who need to stay fit but need the security of a chair. *Ideal for seniors and adults with limited mobility.* Instructor: D Dragovich

40761 10/6-11/10 Tu 1:30-2:15 p.m. \$32



RANK CHOICE VOTING

FREE

Ages 35 and Older

Are you curious to learn more about Ranked-Choice Voting? Wondering how this simple, common-sense, non-partisan reform strengthens our democracy? Ranked-choice voting makes your vote more powerful, makes campaigns more civil, and ensures that your vote isn't wasted. Join us to learn more! Topics we'll discuss: What is Ranked-Choice Voting? What are the benefits? Where is it being used today? What do critics say? What's our plan to bring Ranked-Choice Voting to Washington. Fair Vote Washington is a non-partisan, nonprofit champion of electoral reforms that give voters a stronger voice in our elections, and a more representative democracy. This information session is open to the public. We encourage people of all political backgrounds to attend. Fair Vote Washington is inviting you to a scheduled Zoom meeting.

40769 10/8 Th 5-6 p.m. FREE

YEAR END TAX TIPS

FREE

Ages 35 and Older

Now, as in before year-end, is a great time to review your financial plan and take advantage of any last-minute retirement-planning tools and techniques. Attend this workshop to learn the must-have strategies to help you pay the least amount of taxes you legally owe, while also discussing gifts to children, charitable contributions, required minimum distributions, IRA and Roth IRA contributions, and much more. Program is presented by S.O.F.A., Society of Financial Awareness.

40764 10/23 F 5-6 p.m. FREE

TAKING BACK CONTROL OF YOUR FINANCIAL FUTURE

FREE

Ages 35 and Older

During this informative webinar, you'll learn the strategies that you can put in place that can: Tell you the exact day that you can retire knowing you'll have the income you need and want to support your lifestyle throughout retirement; Protect your assets from market volatility; Maximize your Social Security payout; Generate a steady income stream every month; Keep more money in your pocket by sending less to the IRS.

40765 10/14 W 5-6 p.m. FREE



FALL 2020

ALL DAY CHILDCARE

AGES 5-12

Have Fun • Build Relationships • Foster Creativity and Leadership

REGISTRATION OPEN NOW

DAILY OPTIONS	8 A.M.- 5 P.M.	2 Days: Tu/Th	3 Days: M/W/F	5 Days: M-F
PROGRAM COSTS	\$90.64/Day Families will be billed for monthly service (according to the option signed-up for).			
<i>Scholarships will be available for those who qualify.</i>				

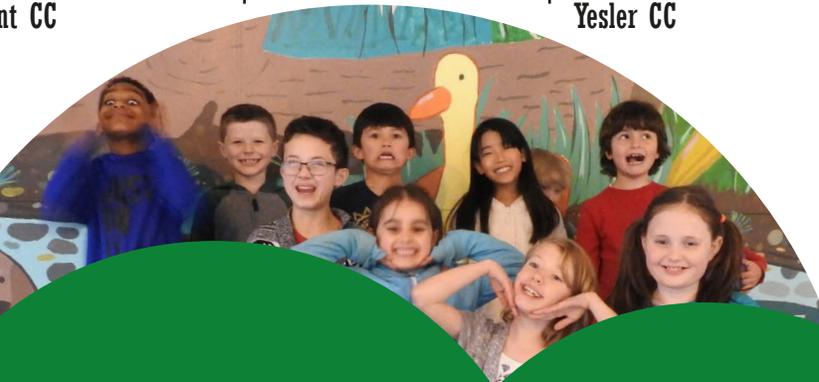
On-line enrollment is closed, however you may still register by contacting your preferred child care community center location or by contacting the City of Seattle Business Service Center at 206-684-5177.

AVAILABLE AT THESE LOCATIONS:

Alki CC
Ballard CC
Bitter Lake Annex
Delridge CC
Garfield CC
Hiawatha @ Schmitz Park ES
High Point CC

Magnolia CC
Meadowbrook CC
Montlake CC
Northgate
Queen Anne CC
Rainier @ John Muir ES

Rainier Beach CC
Rainier CC
Ravenna-Eckstein @ Wedgewood
Ravenna-Eckstein CC
South Park CC
Van Asselt CC
Yesler CC



Seattle
Parks & Recreation



ARC Staff will provide support for virtual learning in partnerships with Seattle Public School by assisting your child with logging into their device and /or education platforms. *Please note that ARC staff are not certificated teachers and are unable to provide educational instruction. Support beyond assisting students with logging into their devices and online platforms is the responsibility of your child(ren)'s teacher and school district. Details subject to change. Programs may be canceled if minimum number is not met.