SPORTS & FITNESS

We offer a variety of sports and activities throughout the year for all ages and abilities. A sample of the different programs offered:

SPORTS FOR YOUTH AND TEENS

- Basketball
- Flag Football
- Track and Field
- Girls Volleyball
- Soccer

SPORT CLASSES FOR YOUTH

- Tennis
- Indoor Nerf Soccer
- Sport Classes
- T-ball

ADULT CLASSES & TEAMS

- Kickball Leagues
- Flag Football
- Recreational Fitness, NIA, Yoga, Yogalates
- Tennis
- Plyometrics
- Soccer
- Basketball

IF YOUR FAVORITE SPORT IS NOT LISTED HERE, PLEASE LET US KNOW. WE ARE ALWAYS LOOKING FOR NEW PROGRAMS IDEAS.

RECREATION PROGRAMMING

High Point Community Center offers classes, activities and special events for the entire community regardless of age, ability, or economic status.

FAMILY ACTIVITIES

We host events for the entire family on a regular basis. Fun events we've offered in the past include presentations by magicians, the Roving Reptile Man, and Mad Science.

SPECIAL EVENTS

Celebrate a variety of events and holidays throughout the year including:

- Spring Egg Hunt
- National Night Out
- Freaky Fall Festival
- Thanksgiving Dinner
- Community Holiday Potluck

TODDLERS

Check out our regular, ongoing toddler drop-in programs including our Indoor Playground. We also offer a variety of classes, special events, and camps.

YOUTH

We offer a broad array of classes each quarter including music, sports, holiday themes, arts and crafts, and more.

TEENS

The Teen Center is a fun place to play pool, watch TV, do homework help, take a cooking class, go on field trips, and get service learning Opportunities! Late Night programs are offered weekly.

ADULTS

We're not just a place for kids. Join other adults for exciting and enriching programs. Sign up for a one-day, weekend, or weekly class for yourself. We offer a variety of activities, from piano lessons to Yoga. The sky is the limit!

ADULTS 50 AND OLDER

We partner with the Life Long Recreation staff to offer regular day trips, fitness programs, clubs, and activities.

SPECIAL POPULATIONS

The Specialized Programs office offers programs and special events on a quarterly basis in West Seattle. If you have questions about participation please call 206-684-4950.

INSTRUCTORS WANTED: Do you have a special talent or interest that you would like to share with others? We're always looking for new class ideas. Call 206-684-7422.

SCHOOL AGE CARE

Before and After School Programs offer child-friendly care that is convenient for working parents of K to 5th graders. Along with summer camps, we have school age care needs.

One of the most affordable child care options in West Seattle, High Point CC is fully licensed by DSHS, which means the highest quality time away from school or home for your child. The staff members work hard to provide opportunities for choice and selfdirection while encouraging each child's creativity and uniqueness.

Program fees are spread evenly through the entire 10 months (178 days) of the school year. There are additional fees for non-school days and weeklong breaks. The program staff provides a morning and afternoon snack.

Scholarships of up to 90% are available for qualifying families and we accept DSHS child care funds.

SEATTLE PARKS AND RECREATION VISION: We create community through people, parks, and programs.

SEATTLE PARKS AND RECREATION AND ARC WORKING TOGETHER FOR YOU!

One of Seattle Parks and Recreation's strongest and most important partners is the Associated Recreation Council (ARC). ARC is an independent nonprofit organization dedicated to supporting recreation in Seattle by providing programs and services to our community and advising Parks on programs, services, facilities, and operations.

ADVISORY COUNCIL INFORMATION

Each advisory council is made up of citizen volunteers appointed by the Parks and Recreation Superintendent and, working with Parks staff, makes recommendations on the types of programs and activities that will be offered at a given community center or for a given population.

ARC provides fiscal accountability, support to the advisory councils, communityfocused leadership, education, and policy direction.

You too can make a difference by joining High Point's Advisory Council at one of its monthly meetings.

HIGH POINT ADVISORY COUNCIL MISSION:

- To connect with the community by providing outstanding customer service, enhancing the quality of life, and helping individuals realize their full potential.
- To break down barriers, ensuring equity, inclusion, and affordable access.
- To provide responsive and responsible opportunities that promote lifelong healthy and fit play, creative learning, and civic discovery.

FUN PROGRAMS AT HIGH POINT!

- Toddlers, Youth, Teens, Adult, and Senior programs
- Before and After School Care
- Summer Day Camps
- Toddler Indoor Play Gym
- Preschool Classes
- Dance Classes
- Sports LeaguesFamily Programs
- Special Events
- Special Events
- Drop-in Basketball and Volleyball
- Ping Pong

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Look inside for even more activities!

FINANCIAL ASSISTANCE AVAILABLE

Seattle Parks and Recreation and ARC provide scholarships to help with the cost of programs.

Scholarships for up to 90% may be available for child care programs. Scholarships up to 80% may also available for all other recreation programs. An application is required.

We also accept DSHS subsidies and are a licensed DSHS child care facility.

OTHER RESOURCES

If you are seeking a service that we do not offer, feel free to ask us about other resources available in the neighborhood. We may be able to link you to one of our partner agencies.

RENTALS

High Point Community Center offers high-quality rooms and amenities for all of your meeting and event needs.

BEAUTIFUL SPACES AVAILABLE INCLUDE:

Multi-Purpose Room

-184 person capacity

Gymnasium

-376 person capacity

Meeting Rooms

-Accommodate groups from 10 to 184

Full commercial-grade kitchen

AVAILABLE AMENITIES INCLUDE:

Chairs and tables

- to accommodate 200 guests

Projector screens

Podium with Microphone

Scoring and timing equipment -for gym use

Toddler toys for parties -available for an extra fee

Due to annual changes in rental fees and staff charges, we have not printed them here. Please ask us about the cost of your event.

We look forward to helping you with your next special event.

Contact us today!

High Point Community Center



6920 34TH AVE SW SEATTLE, WA 98126 (206) 684-7422 (206) 684-7402 (FAX)



Creating Community Through People, Parks and Programs.