Dear Recreation Enthusiast:

I’ve just passed my one-year milestone as Superintendent of Seattle Parks and Recreation (SPR), and what a year it’s been! I’ve spent the year learning all I can about our parks, community centers, swimming pools and other facilities, and coming out into the community to meet as many of you as I can. With my family I’ve had a chance to explore and experience much that SPR has to offer.

It’s been an exciting year. We have several Seattle Park District-funded recreation programs up and running: increased scholarship funding, Get Moving, Put the Art in Parks and Recreation for All. We’ve finished night crew deep cleaning and spruce-ups at a number of community centers.

We’re actively planning for the population growth we anticipate in the next 20 years, and for how SPR can provide accessible, sustainable programming and venues for both traditional and newly emerging forms of recreation.

To that end, we’re looking forward to carrying out some of the tasks identified in our Community Center Strategic Plan, which will help guide us in programming and in upgrades to some of the aging buildings. The Plan can be found online here: http://www.seattle.gov/parks/about-us/policies-and-plans/community-center-strategic-plan

Our watchwords here at SPR are Healthy Parks, Healthy Environment and Strong Communities. Those three goals are on my mind as I go about my daily work and as I think about services for you.

Thank you for your participation in and support of our precious parks and recreation system. I look forward to meeting many of you this fall.

Sincerely,
Jesús Aguirre, Superintendent

REGISTER
DECEMBER 6

Seattle Parks and Recreation is pleased to offer several options to register for programs and activities. We hope our registration options listed on this page will guide you to a choice that works best for you. While some of our Community Centers continue to operate on limited hours and with limited staff, we ask for your patience and understanding if we are not able to respond as quickly as you may expect. Thank you for your continued support of Seattle Parks and Recreation.

WINTER 2017 | register online at seattle.gov/parks
Dear Recreation Enthusiast:

Thank you for your continued patience and understanding if traditional and newly emerging forms of recreation. We're actively planning for the population growth we anticipate in the next 20 years, and for how SPR can provide accessible, sustainable programming and venues for both family and spruce-ups at a number of community centers.

It's been an exciting year. We have several Seattle Park District- and SPR has to offer.

We've finished night crew deep cleaning and spruce-ups at a number of community centers, swimming pools and other facilities, and coming out.

Sincerely,

Jesús Aguirre,
Superintendent

---

**INTERESTED IN TEACHING A CLASS OR WORKSHOP AT SEATTLE COMMUNITY CENTERS?**

Please contact the following Assistant Recreation Coordinators with your programming idea(s) for Northwest Seattle.

- **Mary Pat Byington:** marypat.byington@seattle.gov
- **Sara Marckx Russell:** sara.marckxrussell@seattle.gov
- **Nick White:** nick.white@seattle.gov
- **Faizah Osayande:** faizah.osayande@seattle.gov

*Classes are scheduled approximately six months in advance.*

---

**REGISTER**

**DECEMBER 6**

**FIRST CHOICE**

Online registration using the SPARC system by going to [seattle.gov/parks](http://seattle.gov/parks) and clicking on SPARC. Please note that you will need to set up an account prior to having access to the online SPARC system. This may take up to a week to be emailed to ParksBSC@seattle.gov.

**SECOND CHOICE**

Call your local recreation center during our hours of operation at the phone number listed at: [seattle.gov/parks/centers.asp](http://seattle.gov/parks/centers.asp). All staff can assist you with registration during their operating hours within 48 hours.

**THIRD CHOICE**

Staff can assist you with registration during their operating hours. We do our best to set up accounts for registration quickly as you may expect.

**FOURTH CHOICE**

We hope our registration process. We do our best to set up accounts for registration quickly as you may expect.

**NOTICE TO THE PUBLIC**

Youth 25

Adult 27

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<th>CITY WIDE ATHLETICS</th>
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<th>SPECIAL EVENTS</th>
<th>POOLS</th>
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<th>NOW HIRING!</th>
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<td>Associated Recreation Council (ARC) in partnership with Seattle Parks and Recreation offers a variety of employment opportunities! Whether your interest is in child care, youth enrichment, the environment, health and fitness, the arts, sports, or building technology skills, we have something for you! Visit arcseattle.org/employment for a complete list of open positions.</td>
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**IN THIS BROCHURE:**

- 21 NEW PROGRAMS
- 40 FREE PROGRAMS

WE ALSO HAVE YOUR FAVORITE DANCE, TENNIS, POTTERY, BASKETBALL, KARATE, ART, SOCCER, YOGA, AND PIANO CLASSES AND SO MUCH MORE AT YOUR LOCAL COMMUNITY CENTER!
CLOSURES
1/2, Mon New Year’s Day Observed
1/16, Mon Martin Luther King, Jr. Day
2/20, Mon President’s Day

PARKS MANAGEMENT
Jesús Aguirre, Superintendent
Christopher Williams, Deputy Superintendent
Kelly Guy, Recreation Director
Katie Gray, Deputy Recreation Director
Kathy Whitman, Aquatics Manager
Barb Wade, Recreation Manager

COORDINATORS
Chris Easterday, Green Lake CC
Cynthia Etelamaki, Bitter Lake CC
Katie Fridell, Belltown and Magnolia CC
Monica Haugen, Loyal Heights CC
TomiJo McCarrier, Ballard CC
Gina Saxby, Queen Anne CC

ASSISTANT COORDINATORS
Mary Pat Byington, marypat.byington@seattle.gov
Faizah Osayande, faizah.osayande@seattle.gov
Sara Marckx Russell, sara.marckxRussell@seattle.gov
Nick White, nick.white@seattle.gov

DISCLAIMER NOTE
Although we strive to be accurate, this brochure is published for information purposes only. Changes may be necessary to the content depending on levels of participation or other factors, and fees may change after City Council action on the City budget each year. Please visit www.seattle.gov/parks for updated information.
### Recurring Events

**Family Skate Night**

*All Ages*

Join us for this popular Bitter Lake family tradition! We will have great music and play fun games. Bring your own skates and blades, or borrow a pair of ours. Please note: No toy skates allowed.

**Location:** Bitter Lake CC Annex (13040 Greenwood Ave N)

1/6-3/24 Fri 6:30-8:15 p.m. $4/skater

**Belltown Artwalk**

*All Ages*

Join us every second Friday of the month to kick-off the Belltown Artwalk. Pick up a free map of participating venues, check out the center’s featured artists, enjoy refreshments, and raffle prizes. Doors open from 6-7:30 p.m. Other participating venues remain open till 9 p.m.

**Location:** Belltown CC

1/13 Fri 6-7:30 p.m.
2/10 Fri 6-7:30 p.m.
3/10 Fri 6-7:30 p.m.

**Day Time Movies**

*All Ages*

Enjoy a family movie during the week. Come on Thursday mornings and watch a family friendly movie together. Enjoy popcorn and beverages. Movies are subject to change.

**Location:** Belltown CC

1/19 Thu 10:30 a.m. $3/child
2/16 Thu 10:30 a.m. $3/child
3/23 Thu 10:30 a.m. $3/child
FAMILY MOVIE NIGHT!
Join your friends and neighbors for Family Movie Night where we provide the popcorn and show! Should we screen an old favorite or a new release? Stay posted on Facebook to let us know!
Location: Loyal Heights CC
1/27 Fri 6 p.m. $5/family
2/24 Fri 6 p.m. $5/family

PARENT’S NIGHT OUT
Ages 3-10
Get some alone time without your little ones, knowing they are in good hands with our professional childcare staff. Cheese pizza and fruit will be served. Children must be fully toilet trained to participate.
Location: Ballard CC
1/13 Fri 6-9 p.m. $20
2/10 Fri 6-9 p.m. $20
3/10 Fri 6-9 p.m. $20
$5 sibling discount

TAX PREPARATION
ALL AGES
Bring your income tax information and get your 2015 taxes done for free. Call us or come in and make an appointment to get them processed. This class is provided by certified tax volunteers through AARP.
Location Magnolia C.C.
2/6-4/14 Fri 11 a.m.-2 p.m.

FEBRUARY 2017

SCHOLARSHIP NIGHT
All Ages
Join us for Bitter Lake Community Center’s annual scholarship night! Staff will be available to assist you with the process of filling out scholarship paperwork. Anyone that may be seeking financial assistance for our programs is invited. Please bring your 2015 (preferable) or 2014 1040 Tax Form with you for income verification. Activities and crafts for the kids will be provided!
Location: Bitter Lake CC
2/3 Fri 5-7:30 p.m.

WINTER SHOW: THE MITTEN AND THE RABBIT IN THE MOON
Ages 2 and Older
Join us for two wintery folktales. We will help our animal friends look for a warm and cozy place to snuggle up and keep warm in the Ukrainian folktale, The Mitten. Learn about the true meaning of kindness and hospitality in the Japanese tale of The Rabbit in the Moon.
Location: Ballard CC
2/8 Wed 11:15 a.m.

WON’T YOU BE MY VALENTINE?
Ages 5 and Under
Join us for a special version of our drop-in Tot Gym where we will have some sweet treats and crafts to celebrate Valentine’s Day. Kiddos will have the opportunity to design Valentine’s Day cards for that special grandparent, parent, sibling, or teacher in their lives.
Location: Bitter Lake CC
2/13 Mon 9:30 a.m.-12:30 p.m. $3

WINTER 2017 | register online at seattle.gov/parks
PANCAKE BREAKFAST
All Ages
Join your friends and neighbors for Bitter Lake Community Center’s Annual Pancake Breakfast! Bring the whole family and enjoy all-you-can-eat pancakes, scrambled eggs, sausage, juice, and coffee! Proceeds from this event will help provide scholarships to those in need throughout the year. Volunteers are needed for this event; please call 206-684-7524 for additional information.

Location: Bitter Lake CC
2/19 Sun 9 a.m.-Noon $5
(Children ages 3 and younger eat free!)

MARCH 2017

PANCAKE BREAKFAST FUNDRAISER
All Ages
This annual fund raiser is more than just a great meal; proceeds go to fund scholarships for youth throughout the year. So come and enjoy the company of friends and neighbors as we provide a yummy breakfast, activities and crafts for kids, and so much more! We need volunteers, so please call 206-684-4052 if you’re interested.

Location: Loyal Heights CC
3/5 Sun 8 a.m.-Noon $6/person

ST. PATRICK’S DAY
All Ages
Come celebrate St. Patrick’s Day early! Decorate your own cookie with frosting and other goodies. Make shamrocks to hang throughout your house. Listen to Irish music and watch a film on Ireland.

Location: Belltown CC
3/14 Tue 6-7:30 p.m. $3/family

25TH ANNUAL DADDY DAUGHTER DINNER: ROCKIN’ RODEO
Ages 2 and Older
Howdy y’all! Time to round up all yer partners and head on down for a boot kickin’ good time. Git ready to dosey doe the night away with this year’s rodeo theme. This Ballard tradition is sure to make memories as we dance, eat and party with old friends and new. Make your reservations today as space is limited.

Location: Ballard CC
3/18 Sat 6 p.m.
$60 dad +1, $70 dad +2, $80 dad +3
APRIL 2017

**SPRING EGG HUNT**

**FREE!**
Ages 2-10
Join your neighbors for the quickest special event of the year; the Spring Candy and Egg Hunt! Plan enough time to park and find your age group’s hunt area. This event runs rain or shine. Make sure to bring a basket or bag to put all of your goodies in! We will also be collecting non-perishable food items for the local food bank. Volunteers needed. Call your local center.

Location: Magnolia CC Field
4/15 Sat 10 a.m. sharp!

**SPRING EGG HUNT**

**FREE!**
Ages 10 and Under
Join your neighbors for the quickest special event of the year; the Spring Egg Hunt! Bring a basket or bag to put all of your goodies in. Children will be divided into appropriate age groups to ensure a fun and fair hunt. Please plan on arriving at least 15 minutes early. The hunt begins at 10 a.m. sharp and will run rain or shine!

Location: Ballard CC Field, Loyal Heights CC Field, Bitter Lake CC Annex (13040 Greenwood Ave N)
4/15 Sat 10 a.m. sharp!

**SPRING EGG HUNT**

**FREE!**
Ages 11 and Under
Bring a basket or bag to gather up all of the goodies found at the Queen Anne Annual Spring Egg Hunt. Come rain or shine!

Location: Meet in the Queen Anne CC Gym
4/15 Sat 10 a.m.-Noon

MAY 2017

**SPRING SHOW: TWO WAY TO COUNT TO TEN AND WHY DO MOSQUITOES BUZZ IN OUR EARS?**

**FREE!**
Ages 2 and Older
Learn with the animals of the African savannah how clever thinking rather than strong muscles can win the day in Two Way to Count to Ten. Then learn how the Mosquitoes earned his place as one of the animal kingdoms most annoying creatures in Why do Mosquitoes Buzz in Our Ears?

Location: Ballard CC
5/3 Wed 11:15 a.m.
TODDLER GYM PLAY TIME
Ages Walkers-5 Years
Children play, learn, and develop both motor and social skills in this highly interactive drop-in social and play time. Toddlers will meet new friends, play on bouncy toys, ride scooters and tricycles, play with bouncy balls, and much more. (Parents must accompany their child at all times.)

BALLARD COMMUNITY CENTER
M/W/F 9 a.m.-12:30 p.m.
BITTER LAKE COMMUNITY CENTER
Mon/Wed 9:30 a.m.-12:30 p.m.
LOYAL HEIGHTS COMMUNITY CENTER
Tue/Thu 10 a.m.-2 p.m.
MAGNOLIA COMMUNITY CENTER*
Wed/Fri 11 a.m.-1 p.m.
QUEEN ANNE COMMUNITY CENTER
Tue/Thu 10 a.m.-1 p.m.

*Magnolia also offers an Imagination Playground. It includes bricks and cylinders, accented with chutes, channels and parts that suggest motion or connectivity. It inspire children to design their own inventions.

TODDLER PLAY ROOMS
Enjoy a dedicated play space filled with lots of children’s toys of all shapes, sizes, and mobility. It’s a great way for your child to learn and socialize with others. Parental supervision required. Must adhere to posted rules. So what are you waiting for? Come in from the wet and cold and play! Public Health-Seattle and King County requires that you take away changed diapers.

BALLARD COMMUNITY CENTER
Ages 4 and younger
Enjoy the toddler open gym at no extra charge on M/W/F.
Mon-Fri 9 a.m.-1:30 p.m.
M/T/W 4-8:30 p.m.

BELLTOWN COMMUNITY CENTER
Ages 5 and younger
Mon-Fri 9 a.m.-1:30 p.m.
Mon, Wed, Th 4-8:30 p.m.

GREEN LAKE COMMUNITY CENTER
Available for rentals on Saturday and Sundays!
Sat 9 a.m.-4:45 p.m.*

QUEEN ANNE COMMUNITY CENTER
Ages 5 and younger
M-F 10 a.m.-8:30 p.m.
M-F 10 a.m.-8:30 p.m.

*Private rentals are available on Saturdays from 1-5 p.m. Please call the center at (206) 684-0780 before coming on Saturday afternoons.

SAVE SOME CHANGE!
WITH OUR DISCOUNT QUICK CARD – NEW OPTIONS AVAILABLE!
QUICK CARD IS A PREPAID DISCOUNT ADMISSION CARD THAT PROVIDES ACCESS TO MANY RECREATIONAL CHOICES AT SEATTLE PARKS AND RECREATION.
To purchase a discount quick card, visit any center. A photo is taken at the time of purchase. Cards are issued to individuals and are not transferable.

TODDLER PLAY 10 ADMISSIONS: $24
DROP-IN GYM 10 ADMISSIONS: $27 (Adults), $18 (Seniors)
FITNESS ROOM 10 ADMISSIONS: $27 (Adults), $18 (Seniors)
PUNCH CARD 30 DAY UNLIMITED: $20 (Adults), $13 (Seniors)
Contact your community center for more information.
Drop-in Programs

All drop-in programs require a fee of $3 (Adults) or $2 (ages 65+), unless otherwise noted. Drop-in activities are subject to change, based on community center activities. Call center within 48 hours prior to verify daily schedule. Save today with a Quick Card. No program 1/2, 1/16, and 2/20.

**LOYAL HEIGHTS WEIGHT ROOM**
Ages 18 and Older
Take a little time to get a workout in our fitness room. The room features several pieces of cardio equipment, Kaiser Compress machines, a punching bag, free weights, a cable machine, squat rack, and more.

**Location:** Loyal Heights CC  
**Mon** 9 a.m.-8:45 p.m.  
**T/W/Th** 10:30 a.m.-7:45 p.m.  
**Fri** 10 a.m.-8:45 p.m.  
**Sat (1/7-3/25)** 9 a.m.-4:45 p.m.

**QUEEN ANNE WEIGHT ROOM**
Ages 18 and Older
Commit to get fit! In our friendly, non-intimidating fitness room, you can set and meet your goals no matter what your level of fitness is. Put on that old pair of sweats, grab your sneakers, we are into fitness, not fashion. No program on 5/30.

**Location:** Queen Anne CC  
**Mon-Fri** 1:30-8:30 p.m.  
**Sat** 10:30 a.m.-2:30 p.m.

**SOUND STEPS WALKING PROGRAM – GREEN LAKE WALKERS**
Ages 50 and Older
Gather your friends or meet new ones on Wed mornings as we walk outside around the lake (or do laps around the gym on unfavorable weather days). Bring good walking shoes, a water bottle, and dress for the weather. Walk at your own pace. Meet inside the community center gym to do some stretching before you start your walk. Please register at Green Lake CC by call 206-684-0780.

**Location:** Green Lake CC  
**Wed** 10-11 a.m.

**DROP-IN ADULT WATER COLOR**
Ages 18 and Older
Join us each week for painting, sharing ideas, and critiques. We will paint still life scenes, share reference photos, and/or work on our own independent projects. This group is open to watercolorists at all levels. This is not a class. To participate, please bring your own paints, brushes, paper, and unbreakable water container.

**Location:** Loyal Heights CC  
**Fri** 11 a.m.-4 p.m.

**ADULT DODGEBALL DROP-IN**
Ages 18 and Older
Just when you thought there wasn’t enough dodgeball... The Green Lake Community Center has offered to host a weekly foam dodgeball drop-in on Wednesday nights, ALL YEAR ROUND!!! The night will begin with team dodgeball played on side courts. After everyone is sweaty and tired we’ll finish off the night with full court giant dodgeball games. Check in at the front desk.

**Location:** Green Lake CC  
1/4-3/29  Wed  7-9 p.m.  $3 drop-in

**BRIDGE**
Ages 50 and Older
Since the 1930s, Bridge has been one of the most popular card games in the world. Each player sits opposite his partner at a card table (in this age of computers the concept could be a simulated). Bridge is played with a standard deck of 52 playing cards. One of the players deals all of the cards, 13 to each player, in clockwise rotation, beginning with the player to the left of the dealer.

**Location:** Green Lake CC  
1/17-3/28  Tue  10:15 a.m.-1:15 p.m.

**AMERICAN MAH JONG**
Ages 50 and Older
This game is played with a set of 144 tiles based on Chinese characters and symbols. Although some regional variations use a different number of tiles. In most variations, each player begins by receiving 13 tiles. In turn players draw and discard tiles until they complete a legal hand using the 14th drawn tile to form 4 groups (held) and a pair (head). There are fairly standard rules about how a piece is drawn, how a piece is stolen from another player, and thus melded, the use of simples (numbered tiles) and honors (winds and dragons), the kinds of melds, and the order of dealing and play.

**Location:** Green Lake CC  
1/4-3/29  Wed  11 a.m.-2:30 p.m.
TEEN LATE NIGHT
Ages 13-19
Late Night is a safe and supportive environment for teens ages 13-19. This recreation based program is held on Fridays and Saturday evenings from 7 p.m.-12 a.m. with a focus on positive teen interactions and engagement where all teens are welcomed. The Late Night Program is aligned and supportive of the city’s Race and Social Equity framework, including education and employment readiness programs. Come to your local Late Night and explore more of what we have to offer!
Contact your local neighborhood specialist for more information.
Fri and Sat Nights 7 p.m.-Midnight

NORTH: (206) 684-7523
Bitter Lake Community Center
Meadowbrook Teen Life Center

CENTRAL: (206) 684-4550
Garfield Teen Life Center

SOUTHEAST: (206) 551-7316
Rainier Community Center
Rainier Beach Community Center
South Park Community Center (Fridays Only)
Van Asselt Community Center (Saturdays only)

SOUTHWEST: (206) 684-7438
Delridge Community Center
High Point Community Center
Southwest Teen Life Center

Please register early to avoid disappointment.

Sometimes courses are canceled because people wait too long to register.

Register online at seattle.gov/parks | WINTER 2017
All drop-in programs require a fee of $3 (Adults) or $2 (ages 65+), unless otherwise noted. Drop-in activities are subject to change, based on community center activities. Call center within 48 hours prior to verify daily schedule. Save today with a Quick Card. No program 1/2, 1/16, and 2/20.

Starting in November gym availability will be limited due to Citywide Basketball season. Please call your center for current availability.

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<td>Open to the public at any time. Equipment is available during operating hours. Tables are located outside.</td>
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SPECIALIZED PROGRAMS

Seattle Parks and Recreation’s Specialized Programs offers year-round recreational activities for people with physical and developmental disabilities. We provide opportunities to participate in recreational activities specifically designed and conducted by trained staff for people with special needs.

We provide recreation programs for all ages including cooking, fitness, social gatherings, drama, crafts, games, and after school activities. Also offered are weekend outings, special events, a variety of Special Olympics sports competitions, and both day and overnight summer camps. Our partner Seattle Adaptive Sports hosts a variety of wheelchair and adaptive sports programs.

View an on-line brochure by going to: seattle.gov/parks (select the link to Specialized Programs under Popular Links) or contact our office at 206-684-4950.
WINTER 2017

PRESCHOOL PROGRAM
Seattle Parks and Recreation operates half-day preschool programs in 12 neighborhood community centers. These low-cost early childhood programs provide a safe, happy, healthy learning environment for preschool children.

DETAILS OF OUR PROGRAM:
» For children ages 3-5 years
» Low teacher-child ratio of 1:8
» Staff is trained in Early Childhood curriculum, CPR/First Aid, Food Handling
» Children need to be fully potty trained (no diapers or pull-ups permitted)
» Affordable rates (scholarships available!)

Preschool programs are based on the Creative Curriculum for Preschool from Teaching Strategies. This research-based curriculum offers early childhood educators a comprehensive collection of resources to help them build high-quality programs. Children attending at least three days a week will be observed and assessed using the Creative Curriculum developmental objectives.

Our school-readiness preschool program meets the development needs of young children, focusing on emotional, social, physical, and cognitive skills. Classrooms are set up with rich environments, fun-filled learning areas, consistent schedules and routines, and both large and small group times. Preschool activities include art, blocks, dramatic play, library time, cooking, discovery science, singing, and outdoor play.

Register NOW at your local community center! A non-refundable $25 deposit is required during registration, and the remaining monthly fees are due by the 25th of the preceding month.

IMPORTANT DATES*
Christmas Day Closure 12/26/2016
New Year’s Day Closure 1/1/2017
MLK Day Closure 1/16/2017
President’s Day Closure 2/20/2017
*Check with your local community center preschool for any additional closures.

CHILD CARE HOTLINE: 206-684-4203
This is a 24-hour line giving information about program closures due to extreme weather or emergencies. It is updated each day by 6 a.m. and as needed.

<table>
<thead>
<tr>
<th>Ages</th>
<th>Days</th>
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Bitter Lake Community Center*
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Green Lake Community Center
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Magnolia Community Center
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Queen Anne Community Center
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$3/day multiplied by the number of days the ‘class’ meets per week sibling discount can be applied.

Details could be subject to change. Please contact your local community center if you have any questions.

*Note: This program is a City of Seattle Pathways program, which allows for families that meet the income requirements to be fully subsidized. Please inquire at the Community Center front desk for an application. The Pathways program is an entry level to the Seattle Preschool Program (SPP) and the SPP’s goal is to make voluntary, high-quality preschool available and affordable to all of Seattle’s 3 and 4 year old children. For more details of SPP, please visit http://www.seattle.gov/education/about.

2017 SUMMER DAY CAMP REGISTRATION
Register your child for Summer Day Camp beginning February 7, 2017. For additional information, please see the separate Summer Day Camp Brochure which will be available in January 2017.
2017 FALL PRESCHOOL REGISTRATION
FALL 2017 PRESCHOOL REGISTRATION BEGINS FEBRUARY 7, 2017!
We will be offering program following the Seattle Public School (SPS) calendar starting Fall 2017 where SPS breaks and pre-scheduled all-day closures are NOT included. All programs will be three and a half hours long and have varying day options. A non-refundable $25 deposit is required during registration, and the balance of fees is due August 1, 2017. Prices are as follows:

» 2-Day: $235
» 3-Day: $340
» 4-Day: $415
» 5-Day: $515

$3 a day sibling discount offered. Times and prices may change. Please check with your local community center for details closer to registration date.

REGISTRATION FOR THE MAGNOLIA COMMUNITY CENTER PRESCHOOL PROGRAM
In order to be as fair as possible in the registration process, Magnolia Community Center Preschool Program is introducing a lottery system. This will be an in-person only registration. NO ONLINE or CALL-IN REGISTRATION WILL BE AVAILABLE. Please read lottery instructions below.

1. All currently enrolled families with the Magnolia CC Preschool Program will be given priority registration prior to the February 7 registration date. After which all remaining spaces in the 3-4 and 4-5 year old classrooms will be available for registration beginning February 7.

2. All families interested in the remaining preschool spaces are to arrive at Magnolia CC between 11-11:30 a.m. to collect a number. At that time, attendees will be required to remain in the building and the lottery will begin as soon as all attendees have been issued a number. No further numbers will be issued once the lottery begins.

3. Numbers will be drawn “Bingo” style. If your number is selected, paperwork will be issued to be completed and a $25 deposit fee will be collected at noon.

4. Numbers will be drawn until all spaces are full. Once a class is full, we will continue to draw numbers and participants will be placed on a waitlist in the order it was drawn. No deposit or paperwork for waitlist participants will be collected until a space in the selected preschool classroom becomes available.

EXPLORE THE WILD SIDE OF SEATTLE THROUGH YOUR ENVIRONMENTAL LEARNING CENTERS!
Many Seattle parks now have programs for adults and families focusing on the natural and cultural history of Puget Sound and your role in that history. Contact an environmental learning center to learn more about these unique programs.

DISCOVERY PARK
206-386-4236
3801 Discovery Park Blvd
discover@seattle.gov
» located 5 miles northwest of downtown Seattle
» 8 miles of trails
» ponds, saltwater beaches, forests, and meadows

CARKEEK PARK
206-684-0877
950 NW Carkeek Park Road
carkeek.park@seattle.gov
» located in North Seattle
» roam the trails
» play at the playground
» explore the historic Piper’s Orchard

CAMP LONG
206-684-7434
5200 35th Ave SW
camplong@seattle.gov
» located in West Seattle
» 68-acre forested park with hiking trails
» climbing rock with instructors
» rustic cabins for rent
» wetlands loaded with frogs and salamanders
» campfire programs

Learn about and sign up for programs on SPARC, an online registration service. Each park also has its own web page at:

www.seattle.gov/parks/Environment/learning.htm
Do you want your child to have fun, engaging opportunities that support continued learning and personal growth outside of school? The focus of our program is to provide children with opportunities to develop socially, emotionally and physically. The atmosphere at our program is one that emphasizes community relationships, but also recognizes individual achievement, creativity and original thinking. We make it our mission to promote self-awareness, self-control, conflict resolutions skills and positive decision-making abilities. We like to work in partnership with our local schools to make sure your child’s educational experience is constantly being enriched. Our trained staff works daily to offer activities in areas such as: arts and culture, environmental stewardship, health and fitness, academic support and more.

**HIGHLIGHTS OF OUR PROGRAM:**
- Quality and consistent care with qualified staff
- We welcome all members of the community
- A morning and afternoon snack will be provided
- Scholarship applications may be picked up at your local community center, DSHS child care subsidies are also accepted

Register NOW at your local community center! A non-refundable $25 deposit for each program (before and after-school) is required during registration, and the remaining monthly fees are due by the 25th of the preceding month.

**IMPORTANT DATES**
- Winter Break 12/19/2016-12/30/2016
- Christmas Day Closure 12/26/2016
- New Year’s Day Closure 1/2/2017
- MLK Day Closure 1/16/2017
- President’s Day Closure 2/20/2017
- Mid-Winter Break 2/21/2017-2/24/2017

Details could be subject to change. Please contact your local community center if you have any other questions.

A $15 sibling discount is available based on a 5-days a week registration.
**CAMP INFORMATION**

**BREAK CAMPS: (7 a.m.-6 p.m.)**

**WINTER BREAK CAMP | 12/19/2016-12/30/2016**

Programs are closed on 12/26/2016 (Christmas day observed)

**FEES:**
- $210 (week 1), $168 (week 2) or $45/day at select sites
- $3/day sibling discount can be applied

**MID-WINTER BREAK CAMP | 2/21/2017-2/24/2017**

**FEES:**
- $168 or $45/day at select sites
- $3/day sibling discount can be applied

**ONE DAY CAMPS: (7 a.m.-6 p.m.)**

**NOVEMBER PARENT/TEACHER CONFERENCES**

Most Seattle public schools schedule the November Parent Conferences for three full days before Thanksgiving. Three one-day camps will be offered.

11/21/2016 (MON)-11/23/2016 (WED)

**FEES:**
- $45/day for all participants
- $3/day sibling discount can be applied

**DAY BETWEEN SEMESTER | 2/1/2017 (MON)**

**FEES:**
- $45/day (not currently enrolled participants or part-time enrolled participants who aren’t scheduled for that day)
- $3/day sibling discount can be applied
- NO ADDITIONAL FEE for current Before and/or After-School participants when enrolled in the month and day the camp occurs

**EARLY DISMISSALS**

3/22/2017: 2-HOUR EARLY DISMISSAL

**FEES:**
- **Before & After School Combo & After School only participants:** No additional fee
- **Before School only participants:**
  - $28/day (1 hour), $35/day (2 hours), $42/day (3 hours)
- **Not currently enrolled:**
  - $32/day (1 hour), $40/day (2 hours), $48/day (3 hours)

**Note:** Not all sites offer the camps mentioned above. Please check with your local community center for more details.

**SUMMER DAY CAMPS**

REGISTER YOUR CHILD FOR SUMMER DAY CAMP BEGINNING FEBRUARY 7. For additional information, please see the separate Summer Day Camp brochure which will be available in January 2017.

**GENERAL INFORMATION**

**TRANSPORTATION FOR PUBLIC SCHOOL STUDENTS**

Seattle Public Schools will transport children within the district’s busing zones. If a child comes from outside the Seattle Schools’ busing zones, or if a child will be coming from a private school, the family is responsible for transportation. See the Seattle Public Schools website (http://www.seattleschools.org/students/transportation) or call 206-252-0900 for more information.

**CHILD CARE HOTLINE: 206-684-4203**

This is a 24-hour line giving information about program closures due to extreme weather or emergencies. It is updated each day by 6 a.m. and as needed.

**EQUAL OPPORTUNITY PROVIDER**

In accordance with Federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, the USDA, its Agencies, offices, and employees, and institutions participating in or administering USDA programs are prohibited from discriminating based on race, color, national origin, religion, sex, gender identity (including gender expression), sexual orientation, disability, age, marital status, family/parental status, income derived from a public assistance program, political beliefs, or reprisal or retaliation for prior civil rights activity, in any program or activity conducted or funded by USDA (not all bases apply to all programs). Remedies and complaint filing deadlines vary by program or incident.

Persons with disabilities who require alternative means of communication for program information (e.g., Braille, large print, audiotape, American Sign Language, etc.) should contact the responsible Agency or USDA’s TARGET Center at 202-720-2600 (voice and TTY) or contact USDA through the Federal Relay Service at 800-877-8339. Additionally, program information may be made available in languages other than English.

To file a program discrimination complaint, complete the USDA Program Discrimination Complaint Form, AD-3027, found online at How to File a Program Discrimination Complaint and at any USDA office or write a letter addressed to USDA and provide in the letter all of the information requested in the form. To request a copy of the complaint form, call 866-632-9992. Submit your completed form or letter to USDA by: (1) mail: U.S. Department of Agriculture, Office of the Assistant Secretary for Civil Rights, 1400 Independence Avenue, SW, Washington, D.C. 20250-9410; (2) fax: 202-690-7442; or (3) email: program.intake@usda.gov.
Boys Age Groups: 10, 11, 12, 13, 14-15, and 16-17*
Girls Age Groups: 10, 11, 12, 13, and 14-17*

Minimum: 7 players per team

Seattle Parks and Recreation’s Youth Basketball League provides young athletes the opportunity to learn and solidify the fundamentals of basketball while participating in weekly-organized practices and games. League games begin the first week of January and run through the month of March with the opportunity for post-season play at the end of the regular season. Practices occur at the home community center and games (on Saturdays and Sundays) occur at various community centers throughout the city.

*Age as of August 31, 2016

Registration begins October 4, 2016 (Noon)
Practices begin November 14, 2016
League Games begin January 7-8, 2017
Fee: $70

WWW.SEATTLE.GOV/PARKS/ATHLETICS
WHAT IF MY CHILD ISN’T OLD ENOUGH FOR THESE PROGRAMS?

Many of our community centers offer instructional programs/classes and even leagues for the younger set. Examples include T-Ball classes and Cub Basketball. Come by or give us a call for more information.

YOUTH SPORTS GENERAL INFORMATION
I WANT TO PLAY... HOW DO I GET STARTED?

1. To participate in most Seattle Parks Youth Sports leagues (for basketball and volleyball, for example) you can either recruit a coach and put together your own team or you can be placed on an existing team with the help of community center staff. Call for more information. For some sports (Track & Field, for example) all you need to do is go into your community center to get registered.

2. Get registered! (Paperwork is at community centers).

3. Start practices and get ready for fun honing your skills and competing against other neighborhood community centers!

If your center doesn’t offer a sport, the staff will refer you to the next closest center. Centers need a minimum number of players and a volunteer coach to offer the sport.

LOVE THE SPORT? LOVE KIDS? WANT TO GIVE BACK TO YOUR COMMUNITY? BECOME A VOLUNTEER COACH!

Our low-cost leagues can’t operate without the dedication of our awesome coaches!

I WANT TO COACH... HOW DO I GET STARTED?

1. Talk to community center staff about applying for a coaching position.

2. Fill out a background check form at the center and then a volunteer registration form online.

3. Work with community center staff to form your team rosters.

4. Request practice times and confirm that all kids are registered prior to the first practice.

5. Attend coaches meeting/training and get ready for a rewarding experience!

ADULT SPORTS AND ACTIVITIES

SEATTLE PARKS AND RECREATION IS OFFERING AFFORDABLE AND FUN ADULT SPORTS AND ACTIVITIES!

ENJOY BOWLING, ROLLER DERBY, WOMEN’S VOLLEYBALL, COED DODGEBALL, MEN’S BASKETBALL AND GET OUT AND GO GROUPS FOR FALL. MEET NEW FRIENDS, BOND WITH OLD FRIENDS AND GET MOVING TOGETHER!

GET MORE DETAILS AT WWW.SEATTLE.GOV/PARKS/ATHLETICS OR CALL 206 684-7092
TOTS

MUSIKAL MAGIK INFANT/TODDLER DEVELOPMENT
Ages 6 Months-2 Years
Have a toddler and a baby or a baby who is not quite a tot? This music class is for both! Tap your sticks and pound on drums. Who knew music could be so much fun? No class 2/24.
Instructor: Katy Webber
1/20-2/17 Fri 9:30-10:15 a.m. $60
3/3-3/31 Fri 9:30-10:15 a.m. $60

Ages 18 Months-3 Years
Parent and child, shake your eggs and dance with scarves! Pound on drums and play along with live guitar! Teacher Katy guides you through fun exercises that help develop your child’s musical, social, physical, verbal, and cognitive skills with the magic of music. No class 2/24.
Instructor: Katy Webber
1/20-2/17 Fri 10:20-11:05 a.m. $60
3/3-3/31 Fri 10:20-11:05 a.m. $60

LITTLE CHEFS
Ages 2-5
Create appetizers, bake desserts, beverages and more. We’ll focus on kitchen rules, safety procedures, and an introduction to basic utensils. Have fun and create in the kitchen! Participants will be able to eat and take home their creations. No class 2/21.
1/3-2/7 Tue 10:30 a.m.-Noon $100
2/14-3/28 Tue 10:30 a.m.-Noon $100

PRE-K SPORTS
Ages 2-3
Your little stars will learn the basics of basketball, soccer, t-ball, track, and more in a fun and safe environment! This program is designed to build coordination and self-esteem in your child. Class size will be limited to 12 children. Please sign up quickly, as space is limited. Parents are required to participate in the class. No class 1/16.
1/9-2/13 Mon 9:30-10:15 a.m. $35
2/27-3/27 Mon 9:30-10:15 a.m. $35

MOMMY/DADDY & ME SOCCER
Ages 2-3½
Introduce yourself and your toddler to the "World’s Most Popular Sport"! As you and your child participate in our fun age-appropriate activities, your child will be developing their large motor skills and socialization skills. The fun happens on the field, and in Mommy/Daddy & Me Soccer parents are a part of the action! No class 2/23.
1/5-2/9 Thu 4:15-4:45 p.m. $63
2/16-3/30 Thu 4:15-4:45 p.m. $63

TOT/PRE-SOCCER - KIDZ LOVE SOCCER
Ages 3½-5
Little tykes will enjoy running and kicking just like the big kids! Encourages large motor skill development through fun soccer games and introduces small children to the group setting. Shin guards are required after the first meeting. No class 2/23.
1/5-2/9 Thu 5-5:35 p.m. $63
2/16-3/30 Thu 5-5:35 p.m. $63

PARENT/TOT POTTERY CREATIONS CLASS
Ages 2-4
Enjoy a special hour spent with your tot experimenting with clay! This class focuses on allowing parents and children to work together as teams or individually in a group environment. Projects will involve various hand building techniques including pinch, coil, and slab construction. No previous experience is necessary. Both parent and child need to be registered.
1/10-1/31 Tue 9:45-10:45 a.m. $60
2/7-2/28 Tue 9:45-10:45 a.m. $60
3/7-3/28 Tue 9:45-10:45 a.m. $60

PLEASE REGISTER EARLY TO AVOID DISAPPOINTMENT.
SOMETIMES COURSES ARE CANCELED BECAUSE PEOPLE WAIT TOO LONG TO REGISTER!
YOUTH

PIANO & GUITAR LESSONS
Ages 4 and Older
Students at all levels are welcome for lessons in piano and guitar. As a bonus instructor Bruce will teach one or more phrases or characters in Mandarin Chinese per lesson. If you do not have an instrument yet, please consult instructor for appropriate choices. Lessons are 30 minutes, once per week. Please call 206-684-4093 to schedule your lessons.
Instructor: Bruce Howard
1/3-1/31 Tue 4-8:30 p.m. $22/session
2/7-2/28 Tue 4-8:30 p.m. $22/session
3/7-3/28 Tue 4-8:30 p.m. $22/session

DANCE SAMPLER
Ages 7-10
Bring Social Studies to life! This class will give your child a chance to be exposed to various styles of Dance including Irish Step, Bollywood, Urban Step, Line Dancing, West African, and Folk Dances from various countries. Each week will consist of a physical warm-up, technical exposure to a different style of Dance, and a combination/routine with a different focus. Please have your child wear appropriate active wear. Dance shoes are not necessary; however shoes with a flexible soft sole or socks are preferred.
Instructor: Calliope Orr
1/11-2/15 Wed 6:50-7:50 p.m. $63
2/22-3/29 Wed 6:50-7:50 p.m. $63

SOCCER I - KIDZ LOVE SOCCER
Ages 5-6
Players will learn dribbling, passing, receiving, shooting, age-specific defense, etc. Fun skill games are played at every session. Small-sided soccer matches will be introduced gradually. Shin guards are required after the first meeting. No class 2/23.
1/5-2/9 Thu 5:45-6:30 p.m. $63
2/16-3/30 Thu 5:45-6:30 p.m. $63

FENCING - OPEN
Ages 12 and Older
This class is for those who have completed the intermediate class or for experienced fencers who want to stay in practice and improve their skills. Fencers at this level must have all their own equipment and wear appropriate fencing attire. This includes mask, jacket, placron, knickers, glove, and electric gear. We usually have two or three electric strips set up and all weapons are welcome. There are no enrollment limits for Open Fencing.
Instructor: Pat Reeves
1/3-3/30 T/Th 7-9 p.m. $110

LIL HOT SHOTS
Ages 5-7
This fun co-ed, instructional class will teach the basics of basketball. With eight weeks of instruction culminating on the last two weeks with a scrimmage between teams. Students will be divided into two teams and play two 10-minute running clock quarters. It’s a friendly, non-competitive scrimmage where parents are invited to cheer on and support their young ones.
Instructor: Susan Young
1/12-4/6 Thu 4-5 p.m. $120

POKEMON CLUB
Ages 5-12
Do your kids love to play Pokémon? Pokémon can be a great introduction for kids into the world of strategy games. During club time, kids will learn how to play, different strategies involved, and battle their friends. Kids will not be allowed to bring their own cards or trade cards during club time. No class on 2/1, 2/22, 3/22.
Instructor: Brennan Buck
1/11-4/5 Wed 5-6 p.m. $120

MAGIC THE GATHERING CLUB
Ages 9-12
Magic the Gathering is a card game that combines the art of storytelling, the challenge of mathematics, the depth of strategy games, and the beauty of the card designs. Beginners and experts alike will enjoy this hour of game instruction, active play, and creativity. Kids will not be allowed to bring their own cards or trade cards during club time. Pick up at Adams Elementary School is available. No class on 2/1, 2/22, and 3/22.
Instructor: Brennan Buck
1/11-4/5 Wed 4-5 p.m. $120

KIDS AT CLAY
Ages 5-12
Explore the art of pottery while making creative AND functional pieces! Plates/cups/spiderdogs??? In this intensive study, we will even make our own clay recipe and our favorite color of clay paint. Prepare to get MESSY--dress for it! NO wheel work, hand build only. Pick up at Adams Elementary is available. No class 1/16 and 2/20-2/24.
Instructor: Andrea Hays
Ages 5-12
1/9-4/3 Fri 4-5:30 p.m. $240
1/10-4/4 Mon 4-5:30 p.m. $220

Ages 9-12
1/12-4/6 Thu 4-5:30 p.m. $240
1/9-4/3 Fri 4-5:30 p.m. $240
ADULTS

TOTAL BODY TABATA XPRESS
Ages 18 and Older
This amazing, non-stop workout is fast becoming known as the best fat-burning workout ever! Developed in Japan, the Tabata formula has been scientifically proven to increase your endurance and athletic performance, decrease your body fat, and increase your metabolism. Combines 20-second intervals of high intensity exercise followed by 10 seconds of rest. The series repeats 8 times, then on to another set of exciting exercises. The hard, intense exercise session of 45 minutes will fly by and will be followed by an extended stretch. Several layers of modifications will be provided to accommodate different levels of fitness. You know it’s time. No class 2/21, and 2/23.

Instructor: Katie Franklin

TUESDAYS
1/3-1/31 Tue 9:30-10:30 a.m. $20
2/7-2/28 Tue 9:30-10:30 a.m. $12
3/7-3/28 Thu 9:30-10:30 a.m. $16

THURSDAYS
1/5-1/26 Thu 9:30-10:30 a.m. $16
2/2-2/16 Thu 9:30-10:30 a.m. $12
3/2-3/30 Thu 9:30-10:30 a.m. $20

BEYOND BOWLS
Ages 15 and Older
This mixed level class for 16 years and older goes beyond making bowls using hand building, extruder and wheel throwing techniques. You will need your own tools; please bring them or purchase a kit for $17. Clay bags cost $10 after the first 25lbs are used. Purchases can be made during facility operating hours only.

Instructors: Andrea Hays and Matt Cantrell

1/17-3/7 Tue 6-8:30 p.m. $160
1/19-3/9 Thu 6-8:30 p.m. $160

DAYTIME POTTERY
Ages 18 and Older
During this mixed level class, students will learn to hand build, use the wheel glaze and many other techniques. You will need your own tools; please bring them or purchase a kit for $17. Clay bags cost $10 after the first 25lbs are used. No class 2/20.

Instructor: Lynda Locke

1/23-3/20 Mon 10 a.m.-12:30 p.m. $160

ROLLER DERBY
Ages 18 and Older
Adult Roller Derby is the fastest growing sport in the world, with over 60 leagues forming weekly, globally. Our program is athletic, instructional, non-violent, a great workout and has an amazing community. Seattle Parks and Recreation has teamed up with Seattle Citywide Derby to provide the first league of its kind. We are partnering with Seattle Citywide and USA Roller Sports. This training program is for all skill levels and includes roller derby training with the possibility of forming teams. Participants must provide their own equipment. Call Jayson Powell - adult sports program coordinator at 206-684-7092 for more information about the class.

Sun 10:30 a.m.-12:30 p.m. $10/class

SLOW FLOW YOGA
Ages 50 and Older
Class learns artfully sequenced practices that cultivate internal and external balance, strength and flexibility on and off the mat. Equipment provided.

Certified Instructor: Jenny Rhodes

Wed 9:45-10:45 a.m. $44

LIFELONG RECREATION
Engage with your community and remain active. Learn something new, get fit, meet friends, or join us for field trips to places you have always wanted to visit.

Are you caring for a loved one living with memory loss? Lifelong Recreation now offers Dementia-Friendly Recreation opportunities!

Find out more at www.seattle.gov/parks/seniors/ where you can download the Lifelong Recreation brochure and sign up for our email newsletter. Contact us at 206-684-4951.
**TOTS**

**PARENT AND CHILD CREATIVE MOVEMENT**
Ages 18-36 Months
This class introduces tiny dancers to the basis of movement and rhythm with the guidance of their parents. We will use music, stories, and games to encourage development in a variety of gross movement patterns. Dancing together, parents and their tiny ones will reinforce bonds trust, love, and healthy routines.

1/9-2/16 Thu 10-10:45 a.m. $60
2/23-3/23 Thu 10-10:45 a.m. $60

**JAZZ AND TUMBLING**
Ages 3-5
In this upbeat class, dancers will see dance basics through the exciting lens of jazz and safely test their limits learning the foundations of tumbling. From shimmies to somersaults, dancers will be guided through a wide range of skills that get them moving, smiling, and feeling strong.

1/19-2/16 Thu 11-11:45 a.m. $60
2/23-3/23 Thu 11-11:45 a.m. $60

**YOUTH AND ADULT**

**BEGINNING AND INTERMEDIATE GROUP GUITAR LESSONS**
Ages 8 and Older
Come learn the basics of playing guitar such as chords, scales, and skills necessary to play your favorite songs! This class is appropriate for total beginners with no musical experience, as well as students with some experience. Please bring a six-string acoustic or electric guitar (along with practice amp) to each class. Class size is limited to six students, so register early to secure your spot! No class 1/16 and 2/20.

*Instructor: Kareem Eltantawi*

Ages 8-12
1/9-2/6 Mon 6-7 p.m. $50
2/13-3/13 Mon 6-7 p.m. $50
3/20-4/10 Mon 6-7 p.m. $50

Ages 13 and Older
1/9-2/6 Mon 7-8 p.m. $50
2/13-3/13 Mon 7-8 p.m. $50
3/20-4/10 Mon 7-8 p.m. $50

**ADULT CLASSES**

**YOUTH AND ADULT PIANO LESSONS**
Ages 6 and Older
Learn to play the piano from an experienced professional teacher in weekly 30-minute private lessons. Training includes sight-reading, technique, expression, theory and chords. Students must have access to an electric keyboard or piano for practice outside of lessons. No class 1/16 and 2/20.

*Instructor: Kareen E. (Monday only)*

1/9-1/30 Mon 5-6 p.m. $25/week
2/6-2/27 Mon 5-6 p.m. $25/week
3/6-3/27 Mon 5-6 p.m. $25/week
1/10-1/31 Tue 4-7:30 p.m. $25/week
2/7-2/28 Tue 4-7:30 p.m. $25/week
3/7-3/28 Tue 4-7:30 p.m. $25/week

**CAPOEIRA**
Ages 18 and Older
Capoeira is a collective art form that brings together dance, music, and acrobatics and martial arts and was created four centuries ago by African slaves in Brazil. New students always welcome! No class 1/11/ 1/16, 2/8, 2/20 and 3/8.

*Instructor: Jeff Forde*

1/4-2/15 Wed 7-8:30 p.m. $50
2/22-3/29 Wed 7-8:30 p.m. $50
Drop-in: $13

**MEDITATION**
Ages 18 and Older
Find stability in your life. The class is taught by a local meditation teacher with over 20 years of experience. No class 2/8 and 3/8.

*Instructor: Burt Singer*

1/18-2/15 Wed 6-7 p.m. $25
2/22-3/22 Wed 6-7 p.m. $25
Drop-in: $5

**H.U.M.P. DAY FITNESS SERIES**
Ages 18 and Older
Every second Wednesday of the month, we offer a different fitness event; join us for Healthy Urban Movement Parties! All parties are one-time events and advance registration is not required. Classes subject to change.

**BOLLYWOOD**
1/11 Wed 6:30-7:30 p.m. $5

**ZUMBA**
2/8 Wed 6:30-7:30 p.m. $5

**CAPOEIRA**
3/8 Wed 6:30-7:30 p.m. $5
**PILATES**  
**Ages 18 and Older**  
Come move your spine and learn about your body in a Pilates mat class. Benefits of Pilates include improved core strength, increased muscular tone, and better flexibility, balance and posture. All levels of movers are welcome as modifications will be given. Please bring your own mat. No class 1/16 and 2/20  
Instructor: Jessica Notman  
1/9-2/13 Mon 6-6:45 p.m. $75  
2/27-3/27 Mon 6-6:45 p.m. $75  

**LUNCH TIME YOGA**  
**Ages 18 and Older**  
Come take an active lunch! Students will explore breathing techniques, basic yoga postures and relaxation exercises through a variety of yoga and movement concepts. Please bring your own mat and water bottle.  
1/5-2/23 Thu Noon-12:45 p.m. $5 drop-in

**COOKING CLASSES: CREATIVE COOKING SKILLS FOR BEGINNER AND INTERMEDIATE COOKS**  
**Ages 18 and Older**  
All classes are hands-on one-time workshops. Sign up for 2 or more classes, and receive a discounted rate of $30 per class.  
**Bring Your Own Apron.**  
Instructor: Carrie Carrillo  

- **ETHIOPIAN FOOD**  
  Ethiopia has some of the best vegetarian cuisine in the world. Come learn some of my favorite dishes such as alicha wat (yellow split peas), tikil gomen (cabbage, carrot, and potato), inguday tibs (mushrooms), and fasolia (green beans). Injera will be discussed and provided already made.  
  1/23 Wed 5:30-8:30 p.m. $35

- **HOMEMADE STOCK**  
  Trying to enhance your cooking skills but not sure what to do next? Want to learn how to make your own stocks to cook with from scratch? In this class we’ll discuss stock, what are classic ingredients, and make beef, chicken, and vegetable stocks, plus talk about how to use them. BYO Apron and questions.  
  1/30 Wed 5:30-8:30 p.m. $35

- **VALENTINE’S DAY TREAT**  
  Want to create an atmosphere of romance and decadence but unsure how to even begin? In this class we will make some tasty treats to tempt the palate and set the mood. Learn to make bite sized s’mores, mocha mousse tartlets, chocolate dipped mangos, and ways of livening up bubbly drinks to top off the evening. BYO Apron and sense of adventure.  
  2/8 Wed 5:30-8:30 p.m. $35

- **BASIC SAUCES**  
  Learning to cook and stumped at what to make next? Want to increase your cooking repertoire? Knowing how to make several basic sauces can open up a whole new world as you mix and match ingredients and sauces. We will learn about the French mother sauces, what a roux is, how to flavor sauces, and how to make tomato sauce, bechamel, mayonnaise, and pesto.  
  2/20 Wed 5:30-8:30 p.m. $35

- **FRYBREADS**  
  Frybread is a fairly quick and delicious dish that can be a snack or part of a main course. Come learn how easy it is, and how to make it several ways including sweet and savory variations.  
  3/1 Wed 5:30-8:30 p.m. $35

- **ST PATSY’S DAY FEAST**  
  Looking for some tasty traditional Irish dishes to celebrate St Patrick’s Day? Come learn to make corned beef with cabbage, colcannon, and soda bread. They’re all easier than you think, you just need a touch of luck.  
  3/13 Wed 5:30-8:30 p.m. $35
TOTS

PRE-BALLET
Ages 3-5
Girls and boys experience the joy of dancing while learning movement skills and ballet vocabulary. This class combines ballet technique and creative dance. Motor skills, posture, balance, coordination, and musicality are emphasized through games, exercises, and choreography. Students should wear ballet shoes, dance attire, and have long hair pulled back.

Instructor: Fawnia Chauvaux

PRE-BALLET 1
Ages 3-4
1/7-2/11 Sat 11-11:45 a.m. $60
2/18-3/25 Sat 11-11:45 a.m. $60

PRE-BALLET 2
Ages 4-5
1/7-2/11 Sat Noon-12:45 p.m. $60
2/18-3/25 Sat Noon-12:45 p.m. $60

ARTS AND CRAFTS WITH NATURE
Ages 3-5
Explore art utilizing natural and eco-friendly art materials. This class is a set-up as a creative arts station, where young students can work individually, collaborate with friends, or work together with a parent to create amazing art projects, souvenirs, and even original household items. Participants will discover colors created from fruits, vegetables, and herbs and utilize chalks and graphite's on paper, recycled objects, and more!

Instructor: Mila Shhtikel-Klein

1/7-2/11 Sat 1-2 p.m. $75
2/18-3/25 Sat 1-2 p.m. $75
1/11-2/15 Wed 1-2 p.m. $75
2/22-3/29 Wed 1-2 p.m. $75

YOUTH

AARON BROOKS FOUNDATION DRILLS AND SKILLS
Ages 10-18
The Drills and Skills mission is to empower youth to become successful citizens by providing a safe, nurturing environment where they can develop academic, social, and leadership skills. The participants will start each session with tutoring and homework time, followed by structured activities to develop their interpersonal skills, and ending with physical activity, such as basketball drills and scrimmages. No class 1/16 and 2/20.

Instructor: James Hampton

1/9-3/27 Mon 3-7 p.m.

LITTLE HOOPERS INSTRUCTIONAL BASKETBALL
Ages 5-9
Learn the basics of basketball in a fun and safe environment! Students will learn basic basketball skills which instructors will incorporate into organized group games. All participants will receive a t-shirt. Please wear athletic shoes and bring a water bottle.

Instructor: Amar Ali

1/12-2/16 Thu 5-5:50 p.m. $54
2/23-3/30 Thu 5-5:50 p.m. $54

BALLET 1
Ages 6-10
Girls and boys experience the joy of dancing through ballet technique. Students will learn ballet vocabulary, motor skills, posture, balance, coordination, musicality, and motor planning. This class has a classic ballet structure and includes choreography and creative expression. Students should wear ballet shoes, dance attire, and have long hair pulled back.

Instructor: Fawnia Chauvaux

1/7-2/11 Sat 1-2 p.m. $60
2/18-3/25 Sat 1-2 p.m. $60

PIANO LESSONS
Ages 6 and Older
Learn to play the piano from an experienced professional teacher in weekly 30-minute private lessons. Training includes sight-reading, technique, expression, theory, and chords. Each 30-minute lesson is $22.

Instructor: Clint Gawthrop

1/3-1/31 Tue 4-8 p.m. $110
2/7-2/28 Tue 4-8 p.m. $88
3/7-3/28 Tue 4-8 p.m. $88
1/5-1/26 Thu 4-6:30 p.m. $88
2/2-2/23 Thu 4-6:30 p.m. $88
3/2-3/30 Thu 4-6:30 p.m. $110

ROLLER SKATING LESSONS
Ages 5 and Older
Come participate in some intergenerational skating for beginning and intermediate roller skaters and bladers. Class will be divided according to skill level. Come and learn to skate or improve the skills you have developed so far. After lessons you can practice with others during Friday Night Family Skate! No class 1/13 or 2/17.

Instructor: Dona Ely

1/6-1/27 Fri 5:30-6:30 p.m. $30
2/3-2/24 Fri 5:30-6:30 p.m. $30
3/3-3/31 Fri 5:30-6:30 p.m. $40
THE DIVA UPGRADES DRILL TEAM
Ages 7-18
This drill team utilizes military and dance routines based on creative movement. Participants will gain leadership skills, sportsmanship, and personal discipline with opportunities to demonstrate these skills at performances throughout the community.
Instructor: Renee Pierce
1/3-3/31 T/F 5-6 p.m. $35

AARON BROOKS FOUNDATION DRILLS AND SKILLS
Ages 10-18
The Drills and Skills mission is to empower youth to become successful citizens by providing a safe, nurturing environment where they can develop academic, social, and leadership skills. The participants will start each session with tutoring and homework time, followed by structured activities to develop their interpersonal skills, and ending with physical activity, such as basketball drills and scrimmages. No class 1/16 and 2/20.
Instructor: James Hampton
1/9-3/27 Mon 3-7 p.m.

WHO AM I?
Ages 11-18
This program will focus on teaching youth self-discipline, self-motivation, self-confidence, and other important life skills. Youth will begin to implement these learned skills into their everyday lives and become better family members, students, and members of the community. Through intense discussions, group games, and other activities participants will become equipped with the ability to better communicate who they are and where they are headed in life.
1/9-3/31 M/W 4:30-5:30 p.m.

HOMEWORK HELP
Ages 11-18
Looking for help on your homework? Why not hang out and get your homework done at the same time! We have the space, resources, and tutors to give you that one on one help so you get done with your homework and still have time to chill with your friends. Come by to the Bitter Lake Community Center and help us help you!
1/9-3/31 M/W 3-4:30 p.m.

TEEN CHEFS!
Ages 11-18
This class will provide hands-on cooking and nutrition education for participants. Learn how to sustainably prepare your own meals and develop a taste for traditional dishes from around the world. Have a favorite recipe you'd like to share with the group? Bring it to class and we'll cook it together!
1/12-3/31 Thu 4-5:30 p.m.

SPORTS CONDITIONING
Ages 11-18
We have the sports equipment and tools to get you to the next level! Take part in our drills to build or maintain your athletic ability. Whether if your training for football, basketball, or just trying to stay in shape, we have the resources to work you out!
1/10-3/31 Tue 4-5:30 p.m.

TEEN ADVISORY COUNCIL
Ages 11-18
Here is a chance for teens to represent their peers by planning afterschool activities and field trips for themselves and their friends! Participants will also engage in discussions regarding issues in and around their community, as well as ideas to help solve them. For more information, please contact Adam Johnson or Richard By at 206-684-7524.
1st Th/Month
1/5-3/31 5:30-6:30 p.m.

COMMUNITY SERVICE HOURS
Ages 13-19
High school students seeking to fulfill community service hours can earn them by helping out at special events. Please contact the community center at 206-684-7524 for opportunities.
Ongoing-Please check with Center staff

WINTER 2017 | register online at seattle.gov/parks
**ADULTS**

**BEGINNING/INTERMEDIATE/AND ADVANCED KENDO**
Ages 8 and Older
Kendo (way of the sword) is a co-ed martial art based on samurai traditions requiring manners, and mental and physical discipline. Participants use bokken (oak sword) for weeks 1-4 and at week 5, a shinai (bamboo sword) is also required. All equipment can be purchased at class. Beginning students wear loose fitting clothes. Beginners will focus on learning footwork and sword handling. Continuing students will progress to intermediate kendo where they will advance to striking live targets. Once the student has progressed in skill they will be able to move into wearing armor and engage in bouts with other students. Students remain at the intermediate level until they are ready for armor.

**Instructor:** J Marsten, 7th Degree

**BEGINNING/INTERMEDIATE**
1/5-3/16 Thu 6:30-8 p.m. $64

**ADVANCED KENDO**
1/5-3/16 Thu 7-9 p.m. $88

**MARTIAL MOVEMENT**
Ages 15 and Older
In this 10 week course, students will learn practical self-defense while developing their will, discipline, awareness, strength, and coordination through a kinesthetic exploration of traditional martial arts in a non-traditional format. Forms provide the framework through which you will practice balance and naturally efficient, effective, graceful movement. Both open-hand and sword techniques are presented in an individually driven curriculum. You can practice either barefoot or with light, non-marking, indoor-only shoes. Clothing should be breathable and comfortable; anything that allows you to move freely.

**Instructor:** Eron Hennessey
1/18-3/22 Wed 7-8:30 p.m. $120

**NIA: DANCE FITNESS FOR EVERY BODY**
Ages 15 and Older
NIA is the art of moving the body’s way; a barefoot cardio-dance workout that builds flexibility, agility, mobility, strength, and stability, in your mind, body, and soul. NIA is fun, low impact, and is adaptable to individual needs and abilities. This 10-week course is great for anyone, as previous experience with NIA is not necessary! Wear clothes that you can dance in—we will be moving!

**Instructor:** Jena Hennessey
1/14-3/18 Sat 9:15-10:30 a.m. $120

**TRADITIONAL HATHA YOGA**
Ages 16 and Older
This class will be geared for all levels of Hatha Yoga focusing on mindful movements. Students will be guided through a variety of traditional poses, and breathing exercises, increasing their flexibility and strength. Every session will be an opportunity to better understand one’s body and mind, in a safe and peaceful environment. All levels welcome.

**Instructor:** Yeji Keating
1/10-2/16 T/Th 7-8 p.m. $120
2/21-3/30 T/Th 7-8 p.m. $120

**ASSOCIATED RECREATION COUNCIL**
For 40 years, the Associated Recreation Council (ARC) has provided recreation, lifelong learning programs and community-driven leadership in partnership with Seattle Parks and Recreation. With a goal of providing equitable access to citywide programs for Seattle residents of all ages, ARC works through 36 volunteer Advisory Councils to fulfill its mission of “building community through citizen engagement and participation in recreation and lifelong learning programs.” ARC is a 501c3 nonprofit organization. For more information, go to www.arcseattle.org.

**YOUR ADVISORY COUNCIL**
Most classes, workshops, sports and swim programs, special events and facility rentals are funded through the local advisory council, rather than from City of Seattle budgets. Revenues generated through program fees offset program costs to make these activities self-sustaining. We also rely on participation, donations, and contributions to maintain and upgrade equipment. Advisory council members create scholarship opportunities through grant writing and other fundraising activities.

**JOIN US!**
Citizen direction and participation is essential to our success. Monthly meetings are held to talk about programs, policies, and financial issues. Our advisory councils always are looking for new members. If you would like to get involved, please contact the facility staff for further information.

**EXPLORE MORE!**
register online at seattle.gov/parks | WINTER 2017
### PARENT/TOT MUSIC AND MOVEMENT
**Ages 6 Months-3 Years**
Encourage the development of your child’s social, physical, verbal and cognitive skills with the magic of movement to music! The teacher seamlessly guides the children through fun and creative exercises that help build their confidence and mentioned skills. Children will get to beat on drums, play homemade egg-maracasa along with a live guitar and swiftly dance to their heart’s desire with colorful scarves. Come feel the magic of music!

**Ages 6 Months-1½ Years**
- 1/18-2/15 Wed 10:15-11 a.m. $100
- 2/22-3/22 Wed 10:15-11 a.m. $100

**Ages 1½-3 Years**
- 1/18-2/15 Wed 11:15 a.m.-Noon $100
- 2/22-3/22 Wed 11:15 a.m.-Noon $100

### CREATIVE DANCE
**Ages 2-4**
Children will explore expressive movement using music, stories and props through this one-of-a-kind creative dance class. Focusing in on the development of motor skills, balance and coordination, this class will primarily use imagination to summon your child’s creativity through dance. A variety of introductory dance concepts and vocabulary will be taught in a fun, safe, and engaging way.

**Instructor:** Hannah Kaye
- 1/21-2/18 Sat 9:15-10 a.m. $100
- 2/25-3/25 Sat 9:15-10 a.m. $100

### PRE-BALLET
**Ages 3-5**
A step up from Creative Dance, this pre-ballet class is more structured and teaches the development of basic ballet-related skills and vocabulary. Your child’s creativity will be musically encouraged through more advanced concepts. Students should be bare foot or wear ballet slippers with their hair pulled back, out of their face.

**Instructor:** Hannah Kaye
- 1/21-2/18 Sat 10-10:45 a.m. $100
- 2/25-3/25 Sat 10-10:45 a.m. $100

### PARENT AND CHILD POTTERY
**Ages 3-6**
Create clay art with your kids! Kids will learn different hand building techniques, such as coil slab, pinch pot, etc. We will also make and decorate pots, cups, bowls and plates on a pottery wheel. No class 2/23.

**Instructor:** Liang-Yin Chen
- 1/19-3/16 Thu 10-11 a.m. $95

### PEE WEE SPORTS
**Ages 3-5**
This class introduces young children to sports skills including soccer, hockey, basketball, track and field, and more.

**Instructor:** Coach Brown
- 1/23-2/20 Mon 11:15-11:45 a.m. $75
- 1/23-2/13 Mon 11:15-11:45 a.m. $70

### YOUTH BALLET 1
**Ages 5-7**
A class for those students wanting to explore ballet in an engaging, inclusive, and fun way. We will develop ballet skills and vocabulary while inspiring creativity and expression. Students will learn the fundamentals of good posture, alignment, balance, and placement. Barre and center work will be introduced, as well as combinations and choreography. Students should wear ballet slippers or bare feet, close fitting attire, and have their hair pulled off the face. All students welcome.

**Instructor:** Hannah Kaye
- 1/21-2/18 Sat 10:45-11:45 a.m. $105
- 2/25-3/25 Sat 10:45-11:45 a.m. $105

### YOGA FOR KIDS
**Ages 5-8**
Students will explore breathing techniques, basic yoga postures, and relaxation exercises through play, adventure, and creativity. A variety of yoga and movement concepts will be explored through physical exercise. If possible, students should bring their own mats.

**Instructor:** Hannah Kaye
- 1/21-2/18 Sat 11:45-12:45 a.m. $105
- 2/25-3/25 Sat 11:45-12:45 p.m. $105
PIANO LESSONS  
Ages 6-17  
Learn to play the piano from an experienced professional teacher in weekly 30-minute private lessons. Training includes sight-reading, technique, expression, theory, and chords. Must have access to electric keyboard or piano for home practice. Sign-up for half hour time slots. 
**Instructor:** Brendan McGovern  
1/5-1/26 Thu 6:30-8:30 p.m. $25/lesson  
2/2-2/9 Thu 6:30-8:30 p.m. $25/lesson  
3/2-3/30 Thu 6:30-8:30 p.m. $25/lesson

YOUTH TABLE TENNIS CLASS  
Ages 7-16  
Come sign up for a super fun game of table tennis. Learn effective strokes, serve and return of serve, along with footwork. Program is taught by Tom Veatch and friends and runs 1.5 hours each day after which participants can then stay for an additional 1.5 hours of open play. 
**Instructor:** Liang-yin Chen  
1/7-1/28 Sat 5:15-6:45 p.m. $12  
2/4-2/25 Sat 5:15-6:45 p.m. $12  
3/4-3/25 Sat 5:15-6:45 p.m. $12

TABLE TENNIS PUNCH CARD  
Ages 7 and Older  
Green Lake’s Community Center has come up with an online option to purchase your 10 visit punch cards. Once you have registered for the punch card you may come in during normal operating hours or Sat 5-9 p.m. or Sunday 4-9 p.m. and pick it up. We are not responsible for lost or stolen cards. You may also register by calling 206-684-0780 during operating hours M-F 10-8:30 p.m. and sign up. When you pick up your card we will have you sign indicating you received your card. Punch cards are for use during drop in hours, Saturday 5-9 p.m., and Sunday 4-9 p.m. 
**$45**

YOUTH POTTERY  
Ages 6-12  
In this program, students will learn how to throw bowls, mugs, and plates on pottery wheels. They will also make animal sculptures, coil vases, clay whistles, masks, etc. Students will explore different surface decoration techniques such as graffito, carving, and painting with slip to finish their clay projects. No class 2/25. 
**Instructor:** Liang-Yin Chen  
1/21-3/18 Sat 9-10 a.m. $200

TEEN SWIM  
Ages 11-18  
Teens with school ID can swim for FREE. (Youth are $3.75 without school ID).  
**Tue** 7-8 p.m.

TEEN POTTERY  
Ages 12-15  
This class provides an introduction to wheel throwing, the focus will be on basic cylinder and bowl, vase and plates. Techniques for surface embellishment with texture and slip also covered. No class 2/25. 
**Instructor:** Liang-yin Chen  
1/21-3/18 Sat 10:30-11:30 a.m. $165

SERVICE LEARNING HOURS  
Ages 14-18  
High School Students who need service learning hours, Green Lake Community Center is the place to come volunteer and to receive them! Call or stop by and talk to Vicki. 206-684-0780.

ADULT PIANO LESSONS  
Ages 18 and Older  
Learn to play the piano from an experienced professional teacher in weekly 30-minute private lessons. Training includes sight-reading, technique, expression, theory, and chords. Must have access to electric key board or piano for home practice. Sign-up for half lesson time slots. 
**Instructor:** Brendan McGovern  
1/5-1/26 Thu 6:30-8:30 p.m. $25/lesson  
2/2-2/23 Thu 6:30-8:30 p.m. $25/lesson  
3/2-3/30 Thu 6:30-8:30 p.m. $25/lesson

ADULT POTTERY-HAND BUILDING/SCULPTURE  
Ages 18 and Older  
Students will make hand built slab vases, teapot sets, press mold, imprinting boxes, painting with slip, carving, and inlay design. They will also throw on the pottery wheels to make dinner ware like bowls, plates, saucers, pitchers, sugar jars with lids, etc. No experience needed. Just come to exercise your imagination through the art making process. Student will each receive a free bag of clay and access to the studio during the quarter. Sign up early, classes fill up fast. No class 2/21 and 2/22. 
**Instructor:** Liang- Yin Chen  
1/17-3/14 Tue 10 a.m.-12:30 p.m. $205  
**NEW DAY!**  
1/18-3/15 Wed 10 a.m.-12:30 p.m. $205

register online at seattle.gov/parks | WINTER 2017
ADULT POTTERY-BEGINNING
Ages 18 and Older
In this beginning pottery class students will discover the beauty of both hand-building and wheel-throwing techniques. Students will learn how to make bowls, cups, plates, and vases, alter shapes from wheel thrown pieces, and decorate pieces with color slip design and glaze. Students will each receive a free bag of clay and free studio time during the quarter. No class 2/21.
Instructor: Liang-Yin Chen
1/17-3/14 Tue 6:30-9 p.m. $205

ADULT POTTERY-INTERMEDIATE
Ages 18 and Older
This course is for students who already have the basic throwing skills and want to try larger forms on wheel or hand-built sculptures. We will continue working with large wheel throwing pieces, combined with hand-built sculptures, double-wall pots, upside-down plates, and more. Students will learn to use under-glaze, oxide painting, and mocha diffusion surface decoration to finish their clay projects. Student will each receive a free bag of clay and access to studio during the quarter. Sign up early, classes fill up fast! No class 2/22.
Instructor: Liang-Yin Chen
1/18-3/15 Wed 6:30-9 p.m. $205

BRING YOUR SPICE! NOVICE TRIATHLON PROGRAM
Ages 18 and Older
Triathlon foundation for new multi-sport athletes. Clinics in goal setting, bike safety, and nutrition. Team camaraderie during group bike and run workouts. Swim drills on own time, with suggested instructions provided for all workouts. Plan to work out independently 3-5 days per week. Requirements: Attendance at the Bike Safety Clinic on 1/18. Must have a bike in good working condition, properly fitted bike helmet, working front and rear lights, reflective gear, waterproof jacket, running shoes, swimsuit, swim cap, goggles. Ability to swim 50 yards front crawl with side breathing without stopping, run ¼ mile, and bike 1 mile. Doctor’s approval recommended for pregnancy and chronic conditions. Bring a list of fitness goals to the meeting on 1/18. Triathlons changes lives, come and bring your spice to the sport!
Instructor: Elizabeth Kennedy
1/18-3/22 Wed 6:30-7:30 p.m. $105

METABOLIC TRAINING AND CORE STRENGTH BOOTCAMP
Ages 18 and Older
All fitness levels will enjoy this high-energy, fitness experience focused on building core strength and increasing lean muscle mass, thereby improving your body’s ability to burn stored body fat. Metabolic training involves exercises with minimal rest in between movements during your 30-minute session, in an effort to maximize calorie burn and increase metabolic rate during and after the workout. Your metabolism, or metabolic rate, is how many calories your body burns at rest. Modifications will be provided to accommodate joint-challenged and varying levels of fitness. Sessions will be outdoors weather permitting, and indoors during foul weather. Please bring a yoga mat, resistance bands, water bottle, and sweat towel.
Instructor: Marlina Velasco
1/17-2/14 T/Th 7:15-7:45 a.m. $120
2/21-3/21 T/Th 7:15-7:45 a.m. $120
Drop-in: $12

MOMMY AND ME FITNESS
Ages 18 and Older
Mommies of all fitness levels with kiddos in strollers can get back into shape or maintain functional fitness in a fun, kid-friendly, social environment. The program is designed so you’ll love your workout and kiddos will stay engaged! Get toned, increase your strength, flexibility, and cardiovascular fitness with 45-minute intervals that combine 2 minutes of intense core strength and conditioning movements followed by 1-minute power-walk/jog with stroller. You and your children will benefit from flexibility training during your 15-minute cool down. Modifications will be provided to accommodate joint-challenged and varying levels of fitness. The fun will happen outdoors or indoors based on weather. Please bring a yoga mat, resistance bands, water bottle, and sweat towel.
Instructor: Marlina Velasco
1/17-2/14 T/Th 9-10 a.m. $120
2/21-3/21 T/Th 9-10 a.m. $120
**FUEL YOUR FITNESS WORKSHOP**  
Ages 18 and Older  
Design meal plans and learn simple approaches to calculate your macronutrient (food) intake based on personal goals and activity level each day to prepare for your athletic challenge or achieve optimal metabolic fitness. Each workshop is stand-alone but most beneficial when participating in all workshops in the five-week series. Bring a notepad, your mobile device, and your accountability partner.  
**Instructor:** Marlina Velasco  
1/17-2/14 Thu 10:15-11:15 a.m. $100  
2/23-3/23 Thu 10:15-11:15 a.m. $100  
Drop-in: $12

**HAWAIIAN HULA DANCE**  
Ages 14 and Older  
Learn dance steps, hand movements, language, and customs in a welcoming, creative environment. Fit them together in the telling of a story. Fun, low impact exercise!  
**Instructor:** Eileen Mumm  
1/10-1/31 Tue 5:45-6:45 p.m. $44  
2/7-2/28 Tue 5:45-6:45 p.m. $44  
3/7-3/28 Tue 5:45-6:45 p.m. $44

**HATHA YOGA**  
Ages 18 and Older  
Gentle Hatha Yoga for beginners and students seeking a nurturing, slower-paced class. Uniting breath and alignment, students will cultivate strength, flexibility, and relaxation.  
**Instructor:** Jenny Rhodes  
1/10-2/14 Tue 11:30 a.m.-12:30 p.m. $100  
2/21-3/28 Tue 11:30 a.m.-12:30 p.m. $100

**TAI CHI, QI GONG, AND ACUPRESSURE**  
Ages 18 and Older  
Learn Tai Chi, Qi Gong, and acupressure from Dr. Fred Russo, who is a doctor of acupuncture and Chinese medicine. He teaches how acupressure will release stress, and open up the circulation to enhance any practice. Then will show foundational practices of Tai Chi and Qi Gong to support the immune system, release stress, and calm the mind.  
**Instructor:** Dr. Fred Russo  
1/17-3/21 Tue 7:30-8:30 a.m. $95

**TAI CHI**  
Ages 18 and Older  
Learn the Yang style of Tai Chi using slow, soft, and circular movements to harmonize body and mind. Often described as moving meditation this practice promotes balance, concentration and relaxation. Wear loose comfortable clothing. No class 1/16 and 2/20.  
**Instructor:** Jim Guidon  
1/9-1/30 Mon 7-8 p.m. $15  
2/6-2/27 Mon 7-8 p.m. $15  
3/6-3/27 Mon 7-8 p.m. $20  
Drop-in: $7

**ZY QIGONG**  
Ages 14 and Older  
Come join Jean Clough and Karen Fletcher, who are certified qigong instructors as they teach one of the world’s most ancient and complete healing and self-development systems. Learn to: activate your energy center and system; absorb, generate, and move energy; increase your energy level and vitality; reach a deep relaxed state; balance and improve your immune and digestive systems and feel more present with your daily life.  
**Instructors:** Karen Fletcher and Jean Clough  
1/18-2/15 Wed 5:15-6:45 p.m. $75  
2/22-3/22 Wed 5:15-6:45 p.m. $75
LITTLE HANDS TWO-YEAR-OLDS PLAY GROUP
Age 2
This fun class provides children an opportunity to socialize with other children through play, music, movement, art, and exploration. Parents should provide a small snack for their child each day. Children should be practicing their potty skills regularly. If 2 year-olds are in diapers/pull-ups, no staff or volunteer can diaper change the child. Only the parents of the child or a person authorized on the E-13 can do this. This is a drop-in program and not a co-op. Parents can use this time to go grocery shopping, clean the house, or meet a friend for coffee. We just ask that parents stay local in case a diaper needs changing. No program. 1/16 and 2/20-2/24.

Instructor: Betsy Klebanoff-Hills
1/4-1/30 M/W 9:30-11:30 a.m. $175
2/1-2/27 M/W 9:30-11:30 a.m. $125
3/1-3/29 M/W 9:30-11:30 a.m. $225
1/3-1/31 T/Th 9:30-11:30 a.m. $225
2/2-2/28 T/Th 9:30-11:30 a.m. $150
3/2-3/30 T/Th 9:30-11:30 a.m. $225

WONDERFUL WEDNESDAYS
Ages 3-5
Wonderful Wednesdays is a chance for families to enjoy a free evening or get ready for the weekend. We will provide a safe setting for your little ones. Teacher Marcy will have an evening of storytelling, games, and activities. Dinner provided. If your little has allergies please let us know at time of registration. Child must be potty trained.

Instructor: Marcy Romo
1/11 Wed 4:30-7:30 p.m. $20
1/25 Wed 4:30-7:30 p.m. $20
2/1 Wed 4:30-7:30 p.m. $20
2/15 Wed 4:30-7:30 p.m. $20
3/1 Wed 4:30-7:30 p.m. $20
3/15 Wed 4:30-7:30 p.m. $20
Sibling Discount $5

TOT HOP
Ages 2-5
Is your little one always on the move and ready to groove? Join us at Tot Hop where we will move to the beat and groove on our feet! This is the perfect opportunity for kids to explore music and movement in a friendly group. Watch while they get stronger and more coordinated over time and look forward to seeing them strut their stuff!

Instructor: Leigh Nagy
Ages 2-3
1/9-2/13 Mon 10:30-11:15 a.m. $50
2/27-3/27 Mon 10:30-11:15 a.m. $50

Ages 4-5
1/9-2/13 Mon 11:15-Noon $50
2/27-3/27 Mon 11:15-Noon $50

ZUMBA® BABYSITTING
Ages 6 Months-8 Years
Want to get in shape but can’t find someone to watch your child(ren) while you do? Well, look no more, Loyal Heights has you covered! We offer basic babysitting in conjunction with our hour long Wednesday evening Zumba® Class. You can dance your way back into a fit lifestyle without the worry of having to hire a babysitter! You can pay the monthly rate or a drop-in rate of $5. Parent must be either enrolled in Zumba® class or paying daily drop-in rate in order to utilize babysitting option. For drop-in, please call 2 hours before to confirm babysitter is available.

1/11-1/25 Wed 6:30-7:30 p.m. $15
2/1-2/22 Wed 6:30-7:30 p.m. $15
3/1-3/22 Wed 6:30-7:30 p.m. $15

PRESCHOOL AND KINDER GYMNASTICS
Ages 3-6
Girls and boys practice gymnastics skills in a fun and positive environment. Students will be introduced to tumbling, balance beam, bar, and trampoline. Students will develop coordination, strength, flexibility, and endurance. *Insurance required for this class, please see “Insurance” under General Information section at the back of the brochure. No class 1/16 and 2/20.

Instructor: Tigger Huisinga
Ages 3-4
1/4-2/8 Mon 3:30-4:15 p.m. $35
2/22-3/23 Mon 3:30-4:15 p.m. $35

Ages 5-6
1/4-2/8 Mon 4:30-5:15 p.m. $35
2/22-3/23 Mon 4:30-5:15 p.m. $35

PLEASE REGISTER EARLY TO AVOID DISAPPOINTMENT.
SOMETIMES COURSES ARE CANCELED BECAUSE PEOPLE WAIT TOO LONG TO REGISTER!
YOUTH

BEGINNING HIP HOP FOR KIDS
Ages 5 and 12
This is an energetic class for kids who want to express their love and passion for dance. It will explore rhythm, musicality, basic body isolation and coordination. As an introduction to multiple styles of Hip Hop kids will learn the foundational movements of bboying/bgirling including toprock, footwork, freezes and introduction to power moves. Kids will also learn grooves and party dances from the 90’s up through popular dances today. By gaining an understanding of music and body awareness they will use their own creativity to combine these elements into freestyle.
Instructor: Anna Nagy

Ages 5-8
1/14-2/18 Sat 9-10 a.m. $60
2/25-3/25 Sat 9-10 a.m. $50

Ages 9 and 12
1/14-2/18 Sat 10-11 a.m. $60
2/25-3/25 Sat 10-11 a.m. $50

PIANO LESSONS
Ages 5-12
Private piano lessons are 30 minutes long. They are offered to ages 5-12. However, students who are already established with the instructor may continue beyond age 12. Lessons are taught with child-friendly methods that explore compositional development and theoretical analogies along with basic techniques and exercises. The instructor, Ms. Bedwell, holds a Master’s in Music Composition and has taught piano for more than 12 years. Please call the Loyal Heights Community Center at 206-684-4052 to register for a specific half hour time slot.
Instructor: Darna Bedwell

1/10-1/31 Tue 4-7:30 p.m. $22
2/7-2/28 Tue 4-7:30 p.m. $22
3/7-3/21 Tue 4-7:30 p.m. $22

LIL HOT SHOTS
Ages 5-7
This fun co-ed, instructional class will teach the basics of basketball. With eight weeks of instruction culminating on the last two weeks with a scrimmage between teams. Students will be divided into two teams and play two 10-minute running clock quarters. It’s a friendly, non-competitive scrimmage where parents are invited to cheer on and support their young ones.
Instructor: Susan Young

1/18-2/15 Wed 5-6 p.m. $42
2/22-3/22 Wed 5-6 p.m. $42

GYMNASTICS
Ages 7-10
Girls and boys will develop their gymnastics skills in a fun and positive environment. Students will progress skills in tumbling and on balance beam, bar, vault, and trampoline. Students will develop coordination, strength, flexibility, and endurance.
*Insurance required for this class, please see “Insurance” under General Information section at the back of the brochure.
No class 1/16 and 2/20.
Instructor: Tigger Huisinga

1/9-2/13 Mon 5:30-6:30 p.m. $35
2/27-3/27 Mon 5:30-6:30 p.m. $35

MARTIAL ARTS: TANG SOO DO
Ages 7 and Older
Self-defense is probably the first thing people think of when they think about martial arts. Like many karate styles, Tang Soo Do will teach you defensive techniques, but it will also teach you much more. Self-confidence, discipline, humility, patience, better focus, self-control, and integrity are integral to our program. Learning these important skills in addition to becoming more powerful, agile, and getting physically fit are often why people start Tang Soo Do. These classes are available to students ages—7 to adult and we encourage parents to take classes with their kids whenever possible. No class 1/16 and 2/20.
Instructor: Evergreen Tang Soo Do Academy Staff

1/4-2/8 M/W 7:15-8:15 p.m. $35
2/13-3/22 M/W 7:15-8:15 p.m. $35

register online at seattle.gov/parks | WINTER 2017
CHESS
Ages 6 and Older
Chess is one of the world’s deepest and most popular games. In this course you will learn how to develop, attack, and defend. Learning activities will include workbooks and other methods; our goal is to see the game from a variety of angles to maximize learning and enjoyment. No class 2/1 and 2/22.
Instructor: Alex Tsiareshka
1/11-3/15 Wed 10-10:55 a.m. $80

READERS AND WRITERS THEATER
Ages 11 and Older
Kids become excited and enthusiastic about reading when they participate in Readers Theater. We’ll develop existing scripts, perform in groups, and practice using voices to depict characters from texts. We will also write some of our own scripts! Readers Theater helps develop reading fluency, enhances comprehension, and confidence. No class 2/1 and 2/22.
Instructor: Holly Girouard
1/11-3/15 Wed 10-10:55 a.m. $96

ART EXPLORATION
Ages 5-8
Explore hands-on opportunities in visual and tactile arts with diverse media, such as paper arts, video production and more. This series of lessons help to develop improved skills in fine art. Students explore projects in drawing, painting, printmaking, and mixed media. Lessons include creative use of line, value (light and shadow), shape, texture, and color. Materials explored are drawing (graphite, charcoal, pastel), painting (tempera, acrylic, watercolor), printmaking, and mixed-media. The goal for this series of classes is for students to have fun with art while learning the basic elements and principles of design through a variety age-appropriate media. **A minimum of two parent volunteers are needed 10 minutes before and after class to help with set-up and clean-up. No class 2/1 and 2/22.
Instructor: Ameen Dhillon
1/11-3/15 Wed 10-10:55 a.m. $112

INTRO TO KITCHEN CHEMISTRY
Ages 8-12
Everyone Uses Chemistry! There are lots of interesting things you can learn using common, everyday materials. This will be the focus of our class - it’s an introduction and challenge to learn more. No matter who you are or what you do, you use chemistry. Everything is made of chemicals. You are made of chemicals and so is your pet, your desk and the sun. Food is made of chemicals too. Chemistry projects don’t just go boom; they can glow in the dark, change colors, produce bubbles and change states. Many of the changes you observe in the world around you are caused by chemical reactions like cooking food, getting clean, and the autumn color changes. Often the lab component of chemistry is what gets people interested in science…so let’s get experimenting! No class 2/1 and 2/22.
Instructor: Cindy Knight
1/11-3/15 Wed 11-11:55 a.m. $120

GLOBAL AWARENESS FOR KIDS
Ages 10 and Older
Multicultural perspectives and understanding in an increasingly inter-dependent global culture and economy are essential. Using multiple resources, we will explore the world of art, culture, nature, ecology, economy, psychology, philosophy, religion and their inter-relatedness. Each week we will read an article, watch a short video, or have a guest speaker, and reflect upon the material. We will emphasize critical thinking and collaboration as we explore concepts and personal stories from around the world and examine the threads that connect us all. We will develop a special project, decided upon by the group. No class 2/1 and 2/22.
Instructor: Holly Girouard
1/11-3/15 Wed 11-11:55 a.m. $96

PRINTMAKING
Ages 9 and Older
What are original prints? During this session we explore printmaking and its many forms as well as its place in art history. Students will make relief prints, collographs and monotypes using both hand and press printing techniques. Students will learn about multi-color print techniques, registration and editing. **A minimum of two parent volunteers are needed 10 minutes before and after class to help with set-up and clean-up. No class 2/1 and 2/22.
Instructor: Ameen Dhillon
1/11-3/15 Wed 11-11:55 a.m. $112
SPORTS UNLIMITED
Ages 5-8
Sample a variety of individual and team sports. Fun movement games to get your little one active. Anything from creative ‘tag’ games to basic skills in sports like soccer and anything in between. Your child will enjoy challenging their muscles, cardiovascular system, balance and coordination. No class 2/1 and 2/22.

Instructor: Rick Buyce
1/11-3/15 Wed 11-11:55 a.m. $96

POP! GOES THE WRITING: CREATIVE WRITING FOR EMERGENT WRITERS
Ages 8 and Older
Writers play with language whenever they can, and that’s what we will aim to do within our class time. Writers also learn how to inspire themselves, and I’ll aim to have each participant build the steps necessary to inspire themselves. We’ll write poetry, small moment memoir, and dabble in short fiction while making the world around us a source of inspiration. We’ll write in-class and add in art fun, dabbling in collage. Students will be encouraged to read their work or have someone else read their work for them. We’ll also bring in the writing we love every week and discuss why that writing works for us and how we can emulate that author/artist. No class 2/1 and 2/22.

Instructor: Nancy Alton
1/11-3/15 Wed Noon-12:55 p.m. $96

CIVICS
Ages 10 and Older
In this class, students will learn about the U.S. Constitution, federalism, our rights and responsibilities, the three branches of government, and how public opinion is shaped. We will look at how history has shaped the present day and think about what the future will bring. We will use historical documents including speeches, court cases, diaries, primary source writing, and political cartoons to inform our discussions. There will be writing, group work, research, use of current events, and presenting work and ideas in front of the class. No class 2/1 and 2/22.

Instructor: Tanya Higgins
1/11-3/15 Wed Noon-12:55 p.m. $96

SPANISH PLAY
Ages 5-8
Children learn Spanish in a safe environment where they are encouraged to help each other. Students are invited to participate actively and learn through fun activities. Lessons are planned according to month, season, relevant topics and children’s interest. No class 2/1 and 2/22.

Instructor: Rhya Ramirez
1/11-3/15 Wed Noon-12:55 p.m. $96

PICKLEBALL
Ages 9 and Older
Pickleball is a racquet sport that combines elements of badminton, tennis, and ping pong. Two, three, or four players use solid paddles made of wood to hit a wiffle ball, over a net. The net and rules are similar to tennis, with a few modifications. We will have lots of fun indoors learning the basics and competing with one another. No class 2/1 and 2/22.

Instructor: Rick Buyce
1/11-3/15 Wed Noon-12:55 p.m. $96

WORD PLAY
Ages 5-8
Kids who are just starting to write have important work to do: They need to learn to love language so becoming a scribe sounds like a great idea! We’ll play our way through the session, with group stories, group poetry writing, oral book reviews and lots of word-game play. I’ll act as a scribe for the students, although if any of them are ready to write their own copy, they can do just that! We’ll also have craft time, too, so everyone can get busy with cutting and pasting and playing with words in a more visual way. And we’ll play word games that have us up and moving, too. No class 2/1 and 2/22.

Instructor: Nancy Alton
1/11-3/15 Wed 1-1:55 p.m. $96

BEGINNING SPANISH
Ages 9 and Older
Children learn Spanish in a safe environment where they are encouraged to help each other. Students are invited to participate actively and learn through fun activities. Reading and writing is encouraged at their own development rate. Lessons are planned according to month, season, relevant topics and children’s interest. No class 2/1 and 2/22.

Instructor: Rhya Ramirez
1/11-3/15 Wed 1-1:55 p.m. $96

HANDS-ON MATH GAMES
Ages 4-8
Do you enjoy patterns, shapes, numbers, games, stories, and hands-on activities? Join us as we explore a variety of mathematical ideas using materials such as pattern blocks, geoboards, Cuisenaire rods, color tiles, card games, and dice games. No class 2/1 and 2/22.

Instructor: Marcia Miller
1/11-3/15 Wed 2-2:55 p.m. $96

PUBLIC SPEAKING
Ages 10 and Older
This weekly workshop will help youth (1) write, organize, and give speeches; (2) control voice, vocabulary, and gestures; (3) give constructive and effective feedback, and (4) learn leadership skills. No class 2/1 and 2/22.

Instructor: Jackie Bailey
1/11-3/15 Wed 2-2:55 p.m. $96
TEENS

LOYAL HEIGHTS AFTER SCHOOL TEEN PROGRAM
FREE!
Ages 11-18
Teens participate in fun, exciting and educational activities after school.
1/17-3/24 M-F 3:30-6:30 p.m.

TEEN COUNCIL
FREE!
Ages 11-18
The Loyal Heights Teen Council is looking for trustworthy, reliable and responsible teens to join the Loyal Heights Teen Council. Members are expected to participate in monthly teen meetings, help with special events, plan activities and recruit other teens. Meetings are held on the first Thursday of the month.
Ongoing Thu 4-5 p.m.

PIZZA & PINS
FREE!
Ages 11-18
Teens eat pizza and pop while bowling games at Roxbury Lanes.
1/23-3/24 Alt. Fri 4-7:30 p.m.

TEEN SWIM
FREE!
Ages 11-18
Teens Swim at Evans Pool
1/17-3/21 Tue 6:30-8:30 p.m.

POPCORN AND A MOVIE
FREE!
Ages 11-18
Participants will watch an exciting movie rental from Rain City Video. No program on 1/16 and 1/20.
1/23-3/20 Mon 3:30-6 p.m.

TEEN FITNESS
FREE!
Ages 11-18
Teen based workouts in the Loyal Heights Fitness Room.
1/18-3/22 Wed 5-6 p.m.

HOMEWORK TIME
FREE!
Ages 11-18
Teens are given an hour at the beginning of the program to do their homework.
1/17-3/24 M-F 3-4 p.m.

SERVING LEARNING
FREE!
Ages 14-17
High school students are required to complete 60 hours of community service. There are citywide service learning project coordinated by Ron Mirabueno. You can also create a service learning project at your local community center. Contact Ron Brown at Loyal Heights for more information.

MARTIN LUTHER KING MARCH
FREE!
Ages 11-17
Annual Martin Luther King march and program.
TBA

COMMUNITY DINNER PROGRAM
FREE!
Ages 11-18
The program goal is to teach teens the importance of volunteering and helping others. High School students can receive service learning hours for volunteering. This program is held once a month on Thursdays.
CHECK MONTHLY TEEN CALENDAR
Thu 4:30-6:30 p.m.

DIVINE HIP HOP DANCE
FREE!
Ages 11-18
Teens are instructed in hip hop dance.
1/17-3/21 Tue 3:30-4:30 p.m.

ADULTS

MARTIAL ARTS: TANG SOO DO
FREE!
Ages 7 and Older
Self-defense is probably the first thing people think of when they think about martial arts. Like many karate styles, Tang Soo Do will teach you defensive techniques, but it will also teach you much more. Self-confidence, discipline, humility, patience, better focus, self-control, and integrity are integral to our program. Learning these important skills in addition to becoming more powerful, agile, and getting physically fit are often why people start Tang Soo Do. These classes are available to students ages—7 to adult and we encourage parents to take classes with their kids whenever possible. No class 1/16 and 2/20.
Instructor: Evergreen Tang Soo Do Academy Staff
1/4-2/8 M/W 7:15-8:15 p.m. $35
2/13-3/22 M/W 7:15-8:15 p.m. $35
**FENCING-BEGINNING**  
* Ages 12 and Older  
If you have never fenced before, this is the class for you. You will learn basic footwork, attacks, parries, strategy, rules, and etiquette. By the end of the quarter you will be able to step onto the strip in electric gear and fence! Basic fencing equipment for the class will be provided. However, you will need to wear long pants (sweats or warm-ups recommended) and court or running shoes. Street shoes are not allowed.  
* Instructor: Bon Bernard  
* 1/10-3/23  T/Th  7-8 p.m.  $110

**FENCING-INTERMEDIATE**  
* Ages 12 and Older  
If you have completed our beginning class, this is the next step or if you have had basic instruction elsewhere, you may take this class with instructor permission. Intermediate fencers are expected to have their own basic equipment: mask, jacket, plastron, glove, knickers or long pants, and practice foil. However, participants can rent a basic kit for $30.  
* Instructor: Bon Bernard  
* 1/10-3/23  T/Th  7-8 p.m.  $110

**PILATES**  
* Ages 12 and Older  
Come learn the skills needed to improve your posture, core strength, and to help relieve back and neck pain. Pilates is a full body workout and is appropriate for all fitness levels. Can’t commit to the entire session?  
* Instructor: Deborah Dragovich  
* 1/9-1/30  Fri  6-7 p.m.  $24  
* 2/3-2/24  Fri  6-7 p.m.  $32  
* 3/3-3/24  Fri  6-7 p.m.  $32  
* Drop-in: $12

**VINIYOGA**  
* Ages 16 and Older  
This is a 6-week series designed for moms who want to stretch and strengthen their body while attending to their mind and sense of well-being. Particular attention will be paid to strengthening the core and pelvic floor and exploring ways to find calm amidst hectic lives.  
* Instructor: Shelley Curtis  
* 1/10-2/14  Tue  10-11 a.m.  $48  
* 2/21-3/28  Tue  10-11 a.m.  $48

**GENTLE YOGA**  
* Ages 16 and Older  
In Gentle Flow Yoga, we move through subtle and fluid movements, meditation, restorative postures, and breath-work appropriate for all levels and abilities (with beginners in mind.) Betsy often takes requests from her students, crafting unique and artfully sequenced practices that internal and external balance, strength, and flexibility on and off the mat. Come as you are to challenge your body, still your mind and leave renewed. All levels and abilities are welcome. No class 1/16 and 2/20.  
* Instructor: Judith Robin  
* 1/9-1/30  Mon  6-7 p.m.  $24  
* 2/6-2/27  Mon  6-7 p.m.  $24  
* 3/6-3/27  Mon  6-7 p.m.  $32  
* Drop-in: $12

**ZUMBA®**  
* Ages 18 and Older  
Zumba® is a Latin-inspired dance fitness class that incorporates Latin and International music and dance movements. This class format combines fast and slow rhythms that tone and sculpt the body, blending balance of cardio and muscle toning benefits. Zumba® is fun, different, easy, and effective. *We offer babysitting during the Wednesday class, you must be participating in order to utilize this service. No class 1/16 and 2/20.*  
* Instructor: Heather Anderson  
* 1/9-1/30  Mon  6:30-7:30 p.m.  $27  
* 2/6-2/27  Mon  6:30-7:30 p.m.  $27  
* 3/6-3/27  Mon  6:30-7:30 p.m.  $32  
* 1/6-1/27  Wed  6:30-7:30 p.m.  $32  
* 2/3-2/24  Wed  6:30-7:30 p.m.  $32  
* 3/2-3/30  Wed  6:30-7:30 p.m.  $40  
* Drop-in: $9

**PRENATAL YOGA**  
* Ages 16 and Older  
This gentle prenataal yoga class is designed to help alleviate some of the discomforts often associated with pregnancy, help prepare your mind and body for birth, and allow you and your growing baby time to connect and bond. Prenatal yoga can also help you adjust to and appreciate your changing body and connect with other women experiencing similar changes. No prior yoga experience is necessary. Our instructor is a Registered Prenatal Yoga Teacher (R-PYT) accredited through Yoga Alliance and trained at Seattle Holistic Center and a Registered Yoga Teacher (RYT) at the 500-hour level, trained at Whole Life Yoga in Seattle.  
* Instructor: Shelly Curtis  
* 1/12-2/16  Thu  9:30-10:30 a.m.  $48  
* 2/23-3/30  Thu  9:30-10:30 a.m.  $48
TOTS

TERRIFIC 2'S PLAY AND LEARN
Age 2
This class provides children an opportunity to socialize with other children through play, music, movement, art, and exploration. Parents are asked to provide a small healthy snack for their child. Children should be practicing their toilet training skills regularly. If 2 year-olds are in diapers/pull ups, no staff or volunteer can diaper or change the child. Only the parents of the child or a person authorized on the E-13 can do this. Parents can use this time to run errands, clean house, or meet with friends. We just ask that parents stay local in case a diaper needs to be changed. Registration for Terrific 2's 2017-2018 will be on August 8, 2017.

PRE-BALLET
Ages 3-5
Join our instructor, Charla Jennings, during her carefully crafted lessons that will enhance body and spatial awareness, basic movements and creative impressions. Ballet tights and shoes are required for all pre-ballet and ballet classes.
Instructor: Charla Jennings
1/11-2/15 Wed 3:45-4:30 p.m. $60
2/22-3/22 Wed 3:45-4:30 p.m. $50

PRE-BALLET
Ages 3-5
Join our instructor, Charla Jennings, during her carefully crafted lessons that will enhance body and spatial awareness, basic movements, and creative impressions. Ballet tights and shoes are required for all pre-ballet and ballet classes.
Instructor: Charla Jennings
1/11-2/15 Wed 3:45-4:30 p.m. $60
2/22-3/22 Wed 3:45-4:30 p.m. $50

TOT BOP
Ages 1-3½
This parent/child class involves movement, music, rhythm, song, and various props. You'll enjoy this opportunity to spend some one-on-one time with your toddler as you creatively and energetically explore dancing, singing, moving, and exploring. Older siblings are welcome to participate. Baby siblings must be in a backpack or stroller. No class 1/16, 2/2, and 2/24.
Instructor: Kathy Adolphsen
1/9-3/20 Mon 9:30-10:30 a.m. $63
1/9-3/20 Mon 10:30-11:30 a.m. $63
1/13-3/24 Fri 9:30-10:30 a.m. $70
1/13-3/24 Fri 10:30-11:30 a.m. $70

DO YOU KNOW A CHILD WHO NEEDS A SCHOLARSHIP?
For more information on applying or to receive a low-income scholarship application, please contact your neighborhood pool. Funding is limited. Approved scholarships can be used for Kinder lessons (ages 4 to 5), Beginning Swimmer lessons (ages 6 to 16), and Advanced Swimmer lessons (ages 6 to 16).
https://salsa4.salsalabs.com/o/51532/donate_page/learn-to-swim

WINTER 2017 | register online at seattle.gov/parks
YOUTH

POTTERY FOR ALL AGES
Ages 4 and Older
Everyone is welcome in this class. You will learn the basics of wheel, hand building and glazing techniques in a safe and structured environment. Parents may also attend, and will be offered individualized instruction. Adults may take advantage of liberal studio hours. The first 25 pound bag of clay is free, additional bags can be purchased. We provide tools and limited glazes.
Instructor: Jane Meagher
1/12-3/16 Thu 5-8 p.m. $170

KIDS CARPENTRY
Ages 5-10
Kids’ Carpentry is a hands-on toy building class designed to teach girls and boys, ages 5-10, practical woodworking skills with an emphasis on the safe use of hand tools. While kids construct fun and exciting projects they are also empowered to become independent thinkers-building confidence, self-esteem, and a repertoire of practical skills that will last them a lifetime! At the end of the session, each child will go home with at least one but often three or more wooden toys or games that they have made and painted by hand.
Instructor: Kids Carpentry Instructor
1/11-2/8 Wed 5-6 p.m. $110
2/15-3/22 Wed 5-6 p.m. $132
1/12-2/8 Wed 6-7 p.m. $110
2/15-3/22 Wed 6-7 p.m. $132

TUMBLING AND RHYTHMIC GYMNASTICS SKILLS
Ages 5-50
Gymnastics, tumbling, and rhythmic gymnastics skills are the focus of this gymnastics class. Class will include warm up and warm down, strength and flexibility, balance, and creative floor movements. Appropriate for ages 5 to adult. *Insurance required for this class, please see “Insurance” under General Information section at the back of the brochure. No program 1/16 and 2/20.
Instructor: Sterling Luke
BEGINNING
1/9-3/13 Mon 5:45-6:45 p.m. $100
INTERMEDIATE
1/9-3/13 Mon 5:45-6:45 p.m. $100

TEEN TEENS

TEEN ADVISORY COUNCIL
Ages 11-15
Here is an opportunity to represent your community center by suggesting future activities, and to help run special events. Meetings are held once per month at the community center. For more information visit the teen board.
3rd Fri/month 4-5:30 p.m.

TEEN DROP IN PROGRAM
Ages 11-15
The REC, “drop-in” Activities; enjoy a game of pool, table tennis or foosball in our games room. The gym is available for teens to user during scheduled (open gym) hours.
Daily 3:30-6 p.m.

TEEN COOKING
Ages 11-15
Come join us in cooking class with the Teen Leader. We will be learning the basics of food preparation, as well as food safety and basic kitchen etiquette.
Every other Tue 4-5 p.m.
SERVICE LEARNING HOURS

Ages 11-16
High school students are required to complete 60 hours of volunteer service in order to meet graduation requirements. This is an opportunity for you to earn a portion of your hours at Magnolia Community Center. Teens receiving service learning credit will be required to be active in the Teen Advisory Council Leadership Component as part of their 60 hours.

Ongoing Hours Vary

ADULT

POTTERY FOR ADULTS
Ages 14 and Older
Introduction and intermediate level instruction. Learn to use the pottery wheel as well as hand building and glazing techniques. We offer liberal open studio hours. The first 25 pound bag of clay is free, additional bags can be purchased. We provide tools and limited glazes.

Instructor: Jane Meagher
1/10-3/14 Tue 5-8 p.m. $170

TAI CHI
Ages 12 and Older
In this Tai Chi class you will learn the Yang style short form, a series of moves that can bring balance, strength and vitality to our bodies and minds. This ancient art is known to increase chi as well as reduce stress. As a Tai Chi teacher, Becky is dedicated to facilitating health and harmony in each of us.

Instructor: Becky Talovich
1/12-3/23 Thu 5:30-6:30 p.m. $120

MIXXEDFIT®
MixxedFit® is a people-inspired dance fitness program that is a mix of explosive dancing and boot camp toning. We dance to our favorite songs on the radio that we would dance to at a nightclub. Then, we spice things up by adding boot camp-inspired exercises to make your workout more effective and challenging. If you can do things like squats, jumping jacks, and shake your body you will have a blast in class. If you’re plateauing in your traditional dance fitness class, this might be the answer to your prayers. A traditional MixxedFit® class is 60 minutes in length and will get you to your fitness goals a lot quicker than just dancing alone.

Instructors: Maurcrei Thibodeaux and Eileen Mizwicki
1/10-1/31 Tue 6:30-7:30 p.m. $30
2/7-2/28 Tue 6:30-7:30 p.m. $30
3/7-3/28 Tue 6:30-7:30 p.m. $30
Drop-in: $8

HATHA FLOW FOR ALL LEVEL
Ages 16-70
Join this well rounded class where students have the opportunity to go deeper into their practice in a safe, supported environment with guided focus on breath work, proper alignment, and final relaxation. Appropriate for beginner and intermediate students.

Instructor: Jenny Rhodes
1/12-2/23 Thu 6:45-7:45 p.m. $77
3/2-4/13 Thu 6:45-7:45 p.m. $77

ZUMBA®
Ages 16 and Older
Ever thought about taking Zumba®? Looking for something to kick start your fitness plan? Join us for this exciting and active Zumba® class with super-energetic instructor. Drop-in is only $9 per class. Fee is monthly and will not be prorated after the start of the month. No class 1/16 and 2/20.

Instructor: Venessa Mackie and Run Chneang
1/9-1/30 Mon 6:30-7:30 p.m. $15
1/11-1/25 Wed 6:30-7:30 p.m. $15
1/14-1/28 Sat 9:45-10:45 a.m. $15
2/6-2/27 Mon 6:30-7:30 p.m. $15
2/1-2/22 Wed 6:30-7:30 p.m. $20
2/4-2/25 Sat 9:45-10:45 a.m. $20
3/6-3/27 Mon 6:30-7:30 p.m. $20
3/1-3/29 Wed 6:30-7:30 p.m. $25
3/4-3/25 Sat 9:45-10:45 a.m. $20

BASIC BARRE CLASS
Ages 30-40
This 60-minute class offers a full-body workout targeting the arms, abs, thighs, and seat. The class consists of isometric holds, heavy repetition, and finishes off with some deep full-body stretching. It will push you to challenge both the body and mind while focusing on working each muscle group to fatigue. Round out the total-body experience with mindful, deep stretch that will leave you feeling accomplished and centered. Different props are used in each class to challenge the body and engage the mind. Some of the commonly used props are: gliders, elastic bands, 2-3 lb weights, core ball. This class is modified to use the wall instead of ballet barre. Barre emphasizes developing muscle stamina and endurance, using a slower tempo and more basic exercises to ensure a safe and complete workout. No program 1/16 and 2/20.

Instructor: Tijana Seovic
1/9-2/27 Mon 6:30-7:30 p.m. $100
3/6-4/10 Mon 6:30-7:30 p.m. $100

NEW

WINTER 2017 | register online at seattle.gov/parks
YOUTH

PIANO LESSONS
Ages 5-12
Private half hour piano lessons are being offered at Queen Anne Community Center on Saturdays. The instructor is Darna Bedwell. Ms. Bedwell holds a MA degree in music composition and has taught piano for 15 years. Her methods are very child-friendly; exploring finger exercises, theory, analysis, technique and even composition.

Instructor: Darna Bedwell
1/7-1/28 Sat 11 a.m.-2:30 p.m. $100
2/4-2/25 Sat 11 a.m.-2:30 p.m. $100
3/4-3/25 Sat 11 a.m.-2:30 p.m. $100

HIP-HOP DANCE
Ages 5-12
This upbeat dance class gets the students movin’ and groovin’! Each class incorporates synchronized stretching, energetic dance warm-ups, and of course- dance games! Students learn a choreographed dance routine throughout the course and an opportunity to perform at our Metropolis Dance Show! www.metropolisdance.com. No program 2/21 and 2/23.

Instructor: Metropolis Dance Studio
Hip-Pop 1 (Ages 5-6)
1/17-3/21 Tue 4:15-5 p.m. $135
1/19-3/23 Thu 4:15-5 p.m. $135
1/19-3/23 Thu 5:15-6 p.m. $135
Sibling Discount: $5

BREAK DANCE
Ages 6-12
Students will groove to hip-hop steps and learn basic breakdance moves while enhancing coordination and muscle memory skills. Instruction is encouraging and confidence building. There will also be an opportunity to perform at our Metropolis Dance Show to show off your new moves! No class 2/21. www.metropolisdance.com.

Instructor: Metropolis Dance Studio
1/17-3/21 Tue 6-6:50 p.m. $135
Sibling Discount: $5

CHESS CLUB
Ages 5-15
Come have fun while learning the game of chess. Learn what moves a King, Queen, Knight, and Rook make, as well as what to do when someone says Checkmate?

1/18-3/8 Wed 3:30-4:30 p.m. $10

POTTERY FOR KIDS
Ages 5-12
Learn the basics of clay sculpture. We will use pinch and slab techniques to complete a variety of projects. Students will use brightly colored, non-toxic glazes, and be introduced to the pottery wheel. All materials are provided. Dress for a mess!

Instructor: Jane Meagher
1/23-2/27 Mon 4:45-5:45 p.m. $35

POTTERY FOR YOUTH
Ages 3-15
Learn the basics of clay sculpture. We will use pinch and slab techniques to complete a variety of projects. Students will use brightly colored, non-toxic glazes, and be introduced to the pottery wheel. All materials are provided. Dress for a mess! Parents are allowed to accompany their children and are expected to assist and encourage.

Instructor: Jane Meagher
1/25-2/22 Wed 11:30 a.m.-12:30 p.m. $35

TRADITIONAL NON-CONTACT TAE KWON DO
Ages 6 and Older
Learn self-defense, get a great workout, and have lots of fun! This class teaches non-contact (traditional) Tae Kwon Do and focuses on these 5 tenets: courtesy, integrity, perseverance, self-control, and indomitable spirit, in class and in daily life. Tae Kwon Do will help you increase your confidence, flexibility, balance, strength and control of your body. Classes are ongoing; join at any time. Wear comfortable clothes that allow you to move.

$40 one-time material fee; testing fees are additional.

FULL SESSION
1/4-3/29 M/W 6-7 p.m. $120
Sibling/Family Discount $20

MONTHLY SESSION
1/4-1/30 M/W 6-7 p.m. $45
2/1-2/27 M/W 6-7 p.m. $45
3/1-3/29 M/W 6-7 p.m. $45
Sibling/Family Discount $5

UK PETITE SOCCER
Ages 3-5
The perfect introduction to soccer for 3-5 year olds. Our unique “games based” approach to teaching soccer provides every child the opportunity to develop motor skills, social skills, coordination and general athletic ability, in a fun learning environment. Players will receive a t-shirt and player certificate. Classes will be led by the professional UK Elite Coaching Staff.

Instructors: UK Elite Soccer Staff
1/17-3/7 Tue 10:30-11:30 a.m. $140
1/17-3/7 Tue 3-4 p.m. $140
1/19-3/9 Thu 10-11 a.m. $140
1/19-3/9 Thu 2:30-3:30 p.m. $140
1/20-3/10 Fri 10-11 a.m. $140
1/20-3/10 Fri 3-4 p.m. $140

register online at seattle.gov/parks | WINTER 2017
TEENS

QACC TEEN DROP-IN
Ages Middle School and Older
Come in with your friends or meet new friends in a safe and positive environment just for teens. Play pool, foosball, basketball, movies, board games, and other activities to choose from while at QACC. Middle School and High School ages are welcome.
Instructor: Dirk Hallingstad
M-F 2:30-7 p.m.

QACC TEEN ADVISORY COUNCIL
Ages Middle School and Older
Teens come help and be part of what goes on in your teen program here at QACC. Be a part of planning special events, regular programs, citywide events, and everyday topics inside or outside QACC Teen Room. This is a great chance to make a difference and chip away at your service hours for school. Meetings are 2nd and 4th Mondays of every month.
Instructor: Dirk Hallingstad
2nd/4th Mon/month 5:30-6:30 p.m.

QACC TEEN FITNESS
Ages Middle School and Older
Want to work out, build muscle, and lose a couple of pounds or just tone up? Teen participants will have the opportunity to use a convenient and great workout facility. Welcome to teens that will work hard and wear proper attire (sweats/shorts/athletic shoes) required for participation in this program.
Instructor: Dirk Hallingstad
T/Th 6-7 p.m.

QACC TEEN VOLUNTEERING
Ages Middle School and Older
Looking for regular high school volunteer hours? Come and volunteer your time in exchange for (High School) service credit hours needed for graduation in a fun family environment. Great experience in a public setting as well as community center needs/projects.
Instructor: Dirk Hallingstad
M-F 4-7 p.m.

ADULTS

ZUMBA®
Ages 16 and Older
Are you ready to get in shape AND have fun? Come dance your way to fitness! We can't wait to get you dancing with us!
Instructor: Ashley Eager
1/9-1/30 Mon 6:30-7:30 p.m. $26.25
2/6-2/27 Mon 6:30-7:30 p.m. $26.25
3/6-3/27 Mon 6:30-7:30 p.m. $35

TRADITIONAL NON-CONTACT TAE KWON DO
Ages 6 and Older
Learn self-defense, get a great workout, and have lots of fun! This class teaches non-contact (traditional) Tae Kwon Do and focuses on these 5 tenets: courtesy, integrity, perseverance, self-control, and indomitable spirit, in class and in daily life. Tae Kwon Do will help you increase your confidence, flexibility, balance, strength and control of your body. Classes are ongoing; join at any time. Wear comfortable clothes that allow you to move.
$40 one-time material fee; testing fees are additional.
FULL SESSION
1/4-3/29 M/W 6-7 p.m. $120
Sibling/Family Discount $20
MONTHLY SESSION
1/4-1/30 M/W 6-7 p.m. $45
2/1-2/27 M/W 6-7 p.m. $45
3/1-3/29 M/W 6-7 p.m. $45
Sibling/Family Discount $5

POTTERY FOR ADULTS AND TEENS
Ages 14 and Older
Learn wheel, hand building and glazing techniques at the beginner or intermediate level. We offer liberal open studio hours. The first 25-pound bag of clay is free, additional bags can be purchased. Glazes are provided. Suggested supplies: Tool kit (available for purchase for $15), 1 gallon bucket, light weight plastic bags, paint brushes, apron or towel, masking tape, sketch book or journal.
Instructor: Jane Meagher
1/9-3/20 Mon 6-9 p.m. $135
1/11-3/8 Wed 6-9 p.m. $135
1/11-3/8 Wed 12:30-3:30 p.m. $135

FREE!

Winter 2017 | Register online at seattle.gov/parks
CLASSES AND PROGRAMS:
Learn the latest software including Photoshop and Excel
Opportunities for students to work on homework and
access the internet
- Open Lab – Public Access
  Reliable access to the internet, to check your email, get the latest
  news, and stay connected to your community.
- Summer Internship
  Media production for teens ages 14-18.
- Basic Computer Skills for Senior-Adults
  Gain more knowledge on your new computer, learn to surf the web,
  and check your email with ease.
- One-On-One with computers Senior-Adults
  Questions about technology, the internet or your new smart phone
- Free Tax Preparation in Partnership with
  United Way of King County
  Get your taxes done by a trained professional for free.
- ESL and Citizenship Classes
  Students learn basic computer office and life skill while at the same
  time mastering English as a second language.
- Websites with Wordpress
  Learn how to create a beautiful website for your business or personal
  interest
- 2-D Game Creation
- Movie Making
- Music Production
- Photoshop Fun

RECTECH SITES
YESLERA
917 Yesler Way
Seattle, WA 98122
Phone: (206) 386-1245

RAINIER
4600 38th Ave S
Seattle, WA 98118
Phone: (206) 386-1919

RAINIER BEACH
8825 Rainier Ave S
Seattle, WA 98118
Phone: (206) 386-1925

SOUTH PARK
8319 8th Ave S
Seattle, WA 98108
Phone: (206) 684-7451

DELRIDGE
4501 Delridge Way SW
Seattle, WA 98106
Phone: (206) 684-7423

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Lessons “Seattle Swims”
Swim for fun, fitness, and safety!
All ages swimming instruction by certified lifeguards and trained instructors.

Personal Lessons
Quality instruction tailored to fit individual needs to achieve your personal swimming goals.

Class Information
Online registration using the SPARC system. Go to: http://class.seattle.gov/parks
Recreation
Public Swim, Family Swim, Lap Pool and more!

Fitness
Deep Water, Shallow Water, Masters, and other fitness opportunities available!

Contact your local pool for more information!

**BALLARD POOL**
1471 NW 67th St • (206) 684-4094
seattle.gov/parks/aquatics/Ballardp.htm

**EVANS POOL**
7201 E Green Lake Drive N • (206) 684-4961
seattle.gov/parks/aquatics/Evanspool.htm

**HELENE MADISON POOL**
13401 Meridian Ave N • (206) 684-4979
seattle.gov/parks/aquatics/madisonpool.htm

**MEADOWBROOK POOL**
10515 35th Ave NE • (206) 684-4989
seattle.gov/parks/aquatics/meadowbrookpool.htm

**MEDGAR EVERS POOL**
500 23rd Ave • (206) 684-4766
seattle.gov/parks/aquatics/everspool.htm

**QUEEN ANNE POOL**
1920 1st Ave W • (206) 386-4282
seattle.gov/parks/aquatics/queenannepool.htm

**RAINIER BEACH POOL**
8825 Rainier Ave S • (206) 386-1925
seattle.gov/parks/aquatics/rainierbeachpool.htm

**SOUTHWEST POOL**
2801 SW Thistle St • (206) 684-7440
seattle.gov/parks/aquatics/swpool.htm

**COLMAN POOL**
8603 Fauntleroy Way SW • (206) 684-7494
seattle.gov/parks/aquatics/colman.htm

**LOWERY C. “POP” MOUNGER POOL**
2535 32nd Ave W • (206) 684-4708
seattle.gov/parks/aquatics/mounger.htm

**Summer Only**

Did You Know?
We have rental space!
Great for your next get together, birthday party, family reunion, school field trip, and more! Convenient weekend times available.
Call to book your party today!
RESERVATIONS AND CONFIRMATIONS

Room, pool, hangar and gym rentals are available on a first-come, first-served basis. All reservations must be made in advance, particularly if staff is needed outside of operational hours. Rental spaces are not confirmed until payment has been received in full and the Facility and Rental Agreement forms are completed and signed. You will be given a copy of these forms.

RENTAL RATES WITH ALCOHOL AT COMMUNITY CENTERS

With advance approval, rental groups may serve alcohol when a community center is closed to the public. Groups are required to submit a letter requesting to serve alcohol at their event

- Damage Deposit $500
- Staff fee $25 per hour /per staff (min. 2 staff) +1 additional hour
- $75 City of Seattle Alcohol Permit Fee
- Banquet Permit (www.liq.wa.gov/licensing/banquet-permits) purchased from the Liquor Control Board $10.
- Liability insurance ranges $200-$400 or may be covered by some caterers or by your home owner’s insurance policy.

Other conditions outlined in Seattle Parks Alcohol Policy and Guidelines page. This will be provided to you at the time of your reservation.

REFUNDS

Please review the refund policy with facility staff before you book your rental. Refunds, minus non-refundable charges and penalty fees, will be granted if proper notification is given at least 14 days before the rental. Cancellations made less than 14 days will be assessed greater fees, with the condition that the space is rented to someone else. This statement does not include all elements of the refund policy. Please make sure you discuss this with the staff person booking your rental. Full text of the refund policy is available at www.seattle.gov/parks/reservations/feesandcharges/refunds.htm.

If you have any questions, please contact the staff at the facility where the rental will take place. Rental rates are subject to change. Contact your community center for more information.

HOURLY ROOM AND GYMNASIUM RENTAL FEES

NOTE: A non-refundable $25 booking fee per site is required for ALL rentals in addition to the hourly rates. An additional charge is required for staff and the use of certain types of equipment, subject to availability at the facility.

GYM RENTALS (MINIMUM OF 2 HOURS)

- $30/hour: Small Gym (Athletic use)
- $65/hour: Small Gym (Non-Athletic use)
- $40/hour: Large Gym (Athletic use)
- $110/hour: Large Gym (Non-Athletic use)

ROOMS

- $35/hour: Small Rooms (1-400 square feet)
- $45/hour: Medium Rooms (401-1,500 square feet)
- $60/hour: Large Rooms (1,500+ square feet)
- $25/hour: Small Kitchen (minimum of 2 hours)
- $48/hour: Large Kitchen (minimum of 2 hours)
- $25/hour: Staffing Fee (charged for rental hours + one hour). For all rentals on weekends or outside City operating hours a staff fee will be charged (staff fee increases 1½ times per hour on holidays). Number of staff will be determined based upon nature of event and anticipated attendance.
- $75: Additional fee for events with ALCOHOL (insurance also required)
- $250: Refundable rental and cleaning deposit (no alcohol), for rentals outside of normal operating hours
- $500: Refundable damage deposit for events with ALCOHOL
- $25-$250: A non-refundable per hour maintenance fee may be charged and collected prior to the event as determined based upon event size and type.

COMMUNITY CENTERS/ROOMS AND CAPACITIES

<table>
<thead>
<tr>
<th>SITE</th>
<th>SMALL</th>
<th>MED</th>
<th>LARGE</th>
<th>KITCHEN</th>
<th>GYM</th>
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</thead>
<tbody>
<tr>
<td>Ballard</td>
<td>15/20</td>
<td>45/85</td>
<td>130</td>
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<td>500</td>
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<tr>
<td>Belltown</td>
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<td></td>
</tr>
<tr>
<td>Bitter Lake</td>
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<td>40/75</td>
<td>150</td>
<td>large</td>
<td>450</td>
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<td>Green Lake</td>
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<tr>
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<td>(2)75</td>
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<tr>
<td>Magnolia</td>
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<td>(2)75</td>
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<td>200</td>
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<tr>
<td>Queen Anne</td>
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NORTHWEST SEATTLE/SHELTERHOUSES AND CAPACITIES

<table>
<thead>
<tr>
<th>SITE</th>
<th>SMALL</th>
<th>MED</th>
<th>LG</th>
</tr>
</thead>
<tbody>
<tr>
<td>Golden Gardens Bathhouse</td>
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<td>290</td>
</tr>
<tr>
<td>Ross Playfield Shelterhouse</td>
<td>35</td>
<td></td>
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</tr>
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</table>
Pool Personal Lesson Refund/Transfer Policy
A participant may be issued a refund if he/she drops a lesson, and notifies the program coordinator, 14 days prior to the scheduled date. A service charge of $5 or 10% of the fee, whichever is greater, will be retained by the facility. If a participant drops a personal lesson with less than 14 days notice, no refund will be given. Transfers will be accepted for personal lessons with at least 48 hours notice. Any open dates or times may be considered. No transfers will be accepted with less than 48 hours’ notice.

Group Lesson Refund Policy
When the withdraw occurs before the second lesson, the session will be pro-rated and a withdraw fee will be assessed. The withdraw fee will be 10% of $5, whichever is greater.

Class cancellations
To cover the cost of providing a program, we need a specific number of participants. If too few people sign up for a class, we must cancel it. We’ll notify you (at the latest) one or two days before the class start date. When possible, we will postpone a cancelled class for a week to allow for more enrolments; if the class minimum is not met by then, we will have to cancel it.

Waiting lists
We will create waiting lists for all filled classes. Please be sure to sign up if you are interested in a class that is full, because class positions will become available. If demand is high, we will try to form another class. Please contact us for space availability.

Scholarships
Seattle Parks and Recreation wants to ensure that our activities, classes, and sports are available to everyone, regardless of their ability to pay. To apply for a scholarship, please talk to a member of our staff.

Anti-discrimination
As a matter of policy, law, and commitment, Seattle Parks and Recreation does not discriminate on the basis of race, color, sex, marital status, sexual orientation, political ideology, age, creed, religion, ancestry, national origin, or the presence of any sensory, mental, or physical handicap.

Accommodation for people with disabilities
We will make reasonable accommodation, upon request, for people with disabilities. For sign language interpretation, auxiliary aids or other accommodations, please call (206) 615-0140 or TDD (206) 684-4950. Please allow 10 working days’ advance notice. If a class or activity is scheduled in an area that is not accessible for wheelchairs, we will make every effort to help you find a similar program in an accessible location.

Special Populations
For information on programs for youth/adults with disabilities, please call the Special Populations Office at (206) 684-4950, or visit the web at: www.cityofseattle.net/parks/SpecialPops/index.htm.

Interested in teaching?
We’re always looking for top quality instructors to offer unique courses. We choose class offerings based on participants’ interest and space availability. If you have a special talent, skill, or knowledge you would like to share with others in a class or workshop format, please contact your local community center.

Insurance
An additional $5 insurance fee will be required when registering for all gymnastics, tumbling, or circus arts classes at Seattle Parks and Recreation facilities. This non-refundable fee covers a child’s participation in all gymnastics, tumbling, or circus arts classes at SPF facilities for one year from the date of purchase.

More information
For information about Parks and Recreation facilities, recreation programs, picnic shelters, and scheduling, please visit our website at www.seattle.gov/parks, or call our Public Information line, 206-684-4075.
SCHOLARSHIPS AVAILABLE for all ages

VISIT YOUR LOCAL COMMUNITY CENTER, POOL, OR ONLINE AT BIT.LY/SPRSCHOLARSHIPS TO LEARN MORE!

Thank you Seattle voters!
Made possible by the Seattle Park District