



ADULT CLASSES

MEDITATION

Find stability in your life. The class is taught by a local Zen Meditation teacher with over 20 years of experience.

Drop-in: \$7

Instructor: Burt Singer

#151626	7/6-7/27	Wednesday	6-7pm	\$15
#151627	8/3-8/31	Wednesday	6-7pm	\$20

CAPOEIRA

Capoeira is a collective art form that brings together dance, music, and acrobatics and martial arts and was created four centuries ago by African slaves in Brazil. New students always welcome! Drop-in \$11

Instructor: Jeff Forde

#147689	6/1-6/29	Wednesday	7-8:30pm	\$38
#147686	6/6-6/27	Monday	7-8:30pm	\$38
#147711	7/11-7/25	Monday	7-8:30pm	\$29
#147713	7/6-7/27	Wednesday	7-8:30pm	\$29
#147712	8/1-8/29	Monday	7-8:30pm	\$48
#147714	8/3-8/31	Wednesday	7-8:30pm	\$29

BEGINNING-INTERMEDIATE GROUP GUITAR

Come learn the basics of playing guitar such as chords, scales, and skills necessary to play your favorite songs! This class is appropriate for beginners with no musical experience, as well as students with some experience. Class size is limited to six students.

Instructor: Kareem Elawatawni

BEGINNING

#150776	7/11-8/8	Monday	6-7pm	\$50
#150777	8/15-9/19	Monday	6-7pm	\$50

INTERMEDIATE

#150778	7/11-8/8	Monday	7-8pm	\$50
#150779	8/15-9/19	Monday	7-8pm	\$50

BELLTOWN COMMUNITY CENTER

www.seattle.gov/parks/facebook.com/Belltown.Community.Center
 415 Bell Street, Seattle, WA 98121
 206-684-7245

Cooking Classes

All of our cooking classes are taught by experienced chef Carrie Carrillo and designed for adults ages 18 and up. Sign up for 2 or more classes, and receive a discount rate of \$30 per class. BYO Apron

SUMMER SOUPS

Summer is the time of bounty, vegetables ripening fruit filling the markets. While some might shy away from making soup in the summer it is the best time to create some amazing dishes. We will be taking advantage of the plenty and making carrot ginger soup, zucchini and summer squash soup, and a smoky roasted corn chowder

#151859	7/13	Wednesday	5:30-8:30pm	\$35
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INDIAN FOOD

India is a vast nation comprised of over one billion people, over twenty national languages and countless dialects. The cuisine is also incredibly diverse and there are so many ways to create differ dishes that you cannot really go wrong. You will discuss, and learn different aspects of Indian food, cooking techniques, and ingredients.

#151860	7/20	Wednesday	5:30-8:30pm	\$35
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SHISH KEBABS AND BBQ TREATS

Summer to many equals bbq, and there are so many different thigs you can grill. In this class we'll be making a variety of tasty dishes to keep your kitchen cool and your frill fired up. We'll discuss the wonder of shish kebabs and how you can customize each one to someone's taste, then we'll put together a myriad of our own.

#151861	8/3	Wednesday	5:30-8:30pm	\$35
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BISCUITS AND FRESH JAM

There is nothing quiet like fresh biscuits in the morning. The only way to make them better is to add a real tasty jam on top. We'll be learning how to make a regular biscuit, vegan biscuit, and how to adapt recipes to make biscuits for sandwiches. Then you will learn to make two different jams.

#151862	8/17	Wednesday	5:30-8:30pm	\$35
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Mon, Wed 3-8 p.m.
 Tue, Thu, Fri 9:30 a.m.-2:30 p.m.

SPECIAL PROGRAMS & DROP INS

H.U.M.P. DAY FITNESS SERIES

Every second Wednesday of the month, we offer a different fitness event; join us for Health Urban Movement Parties!

#147716-Zumba 7/13 Wednesday 6-7:30pm \$5
#147715-Capoeira 8/10 Wednesday 6-7:30pm \$5

CSI BEES SEATTLE

Come explore the relationship between plants, pollinators, and tools we can use to save these precious organisms.

#147717 8/15 Friday 9:30-12pm Free

DROP IN CLASSES:

MEDITATION WEDNESDAY 6-7pm \$7
CAPOEIRA MON & WED 7-8:30pm \$11

CAMP PROGRAMS

LITTLE DANCERS CAMP

Ages 4-6 yrs.

In this class they will be exploring the magic of the natural world through creative movement and the joy of dancing.

Instructor: Ciara McCormack

#144852 7/11-7/15 MTuWThF 10-12:00pm \$85

SPORTS AND STUFF CAMP

Ages 3-5 yrs.

Campers will have a fantastic experience with a variety of sports. The camps focus is on, soccer, tennis, hockey, baseball, basketball, volleyball, golf, and football.

#144858 7/18-8/22 MTuWThF 9:00-12pm \$165
#144865 8/1-8/5 MTuWThF 9:00-12pm \$165

ULTIMATE FRISBEE CAMP

Ages 7-12 yrs.

Ultimate Frisbee is an exciting non-contact team sport that will keep your kids active this summer.

#144863 6/27-8/1 MTuWThF 9:30-12:30pm \$85
#144864 8/15-8/19 MTuWThF 9:30-12:30pm \$85

Advance registration required, except for drop-in programs.
Register at www.seattle.gov/parks using class codes listed, by phone, or in person.

TOT CLASSES & DROP IN

CREATIVE DANCE: PARENT AND CHILD

Ages 18 - 36 months

This class introduces little dancers to the basics of movement and rhythm with the guidance of their parents. We will use music, stories, and games to encourage development in a variety of gross movement patterns.

Instructor: Ciara McCormack

#151866 8/2-8/30 Tuesday 10-10:45am \$60

JAZZ DANCE AND TUMBLING

Ages 3-5

In this upbeat class, dancers will see dance basics through the exciting lens of jazz and safely test their limits learning the foundations of tumbling. From shimmies to somersaults, dancers will be guided through a wide range of skills.

Instructor: Ciara McCormack

#151868 8/2-8/30 Tuesday 11-11:45am \$60

Toddler Playroom and Imagination Playground

Ages 0-7

Bring your children to Belltown's toddler play room featuring push toys, balls, Imaginary Playground more!

Parents must supervise the play area.
\$3 drop-in per child.

Mon, Wed 3-8pm

Tue, Thu, and Fri 9:30-2:30pm

RENTAL INFORMATION

Our facility is available for meetings, parties, dances and any special events! Tables and chairs included for up to 120 people.

MULTI PURPOSE ROOM: Beautiful hardwood floors and exposed brick walls; 128 Max Capacity, 1920 sq. ft. \$60/hr.

SMALL MEETING ROOM: 27 Max Capacity, 407 sq. ft. \$35/hr.

TODDLER ROOM: 27 Max Capacity, 400 sq. ft. \$35/hr.

KITCHEN: Oven, stove, dishwasher, microwave, fridge \$25/hr.

Non-refundable booking fee: \$25

Staffing Fee: \$25/hr. outside of operating hours +1 hour

Refundable Damage Deposit: \$250 for events without alcohol, \$500 with alcohol. Alcohol fee: \$75

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