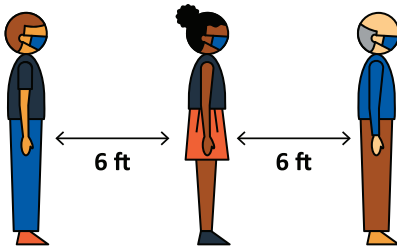


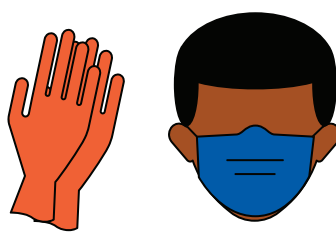
Fitness & Training Checklist

Staff Health and Safety

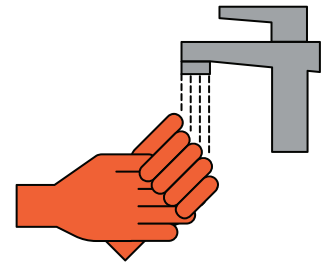
Make sure to provide a safe working environment and educate staff about the signs, symptoms, and risk factors associated with COVID-19 illness, how to prevent the spread of the coronavirus at work; including steps being taken in the workplace to establish social distancing, frequent handwashing, and other precautions.



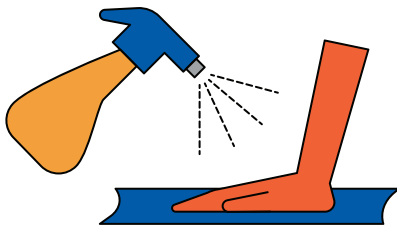
Maintain minimum six feet of separation between employees and clients at all times.



Provide employees free face coverings and disposable gloves.



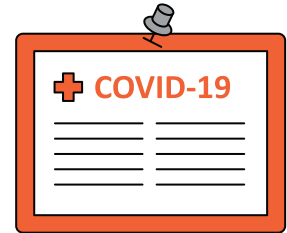
Ensure frequent handwashing.



Assign a COVID-19 supervisor for each shift whose sole role is to oversee employee health and safety and ensure proper cleaning, hygiene, and screening protocols are followed.

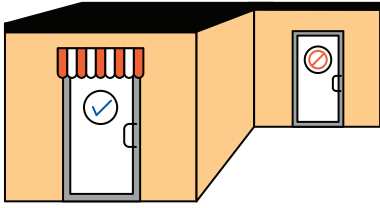


Screen employees for COVID-19 symptoms as soon as each employee shows up for work. If an employee does show symptoms, send them home immediately and deeply clean all areas/surfaces that employee touched.

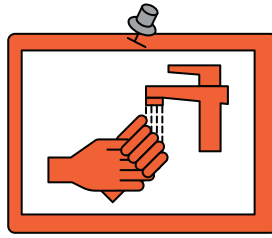


COVID-19 safety information and requirements visibly posted.

PHASE 2 FITNESS & TRAINING CHECKLIST



Primary access to the business should be through the front door; restrict access to back doors or other entry points. If the accessible entrance is not through the front door, allow access through the accessible entrance.



Post hygienic practices throughout the workplace; handwashing for 20 seconds, using hand sanitizer, use single use gloves when other methods of hand cleaning are not available.

Customer Health and Safety

Display up-to-date public health guidance in multiple languages around your establishment. During times of emergencies, accessibility continues to be a civil right. Consider appropriate accommodations for people with disabilities when planning for reopening to clients or customers.



Clients should sign a waiver of consent and commitment to the reopening policies prior to entering the facilities; training attire should be worn to the facility and clients should bring their own towels, as towel service is not permitted.



Tennis players must bring their own ball.



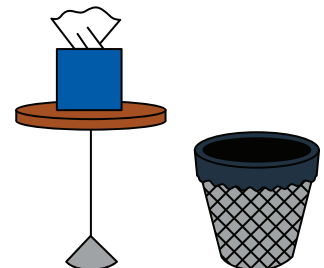
Place signage at the entrance instructing customers that they cannot enter if they have been diagnosed, are still recovering been exposed to or are experiencing symptoms from COVID-19.



Take reservations online or over the phone and have pre-pay options.

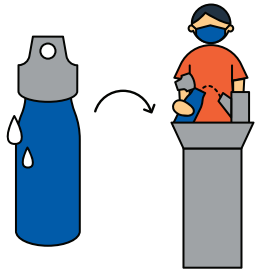


Frequently clean and sanitize restrooms, high use areas, and equipment.

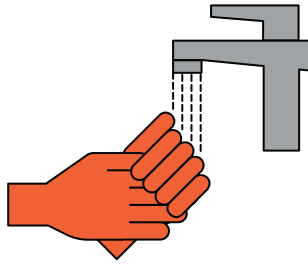


Place tissues, hand sanitizer, and trash cans throughout the workplace in places easily reached by people of all heights and abilities. Ensure trash cans do not block pathways of travel.

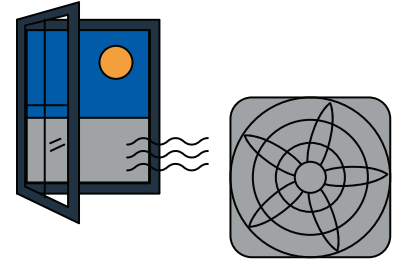
PHASE 2 FITNESS & TRAINING CHECKLIST



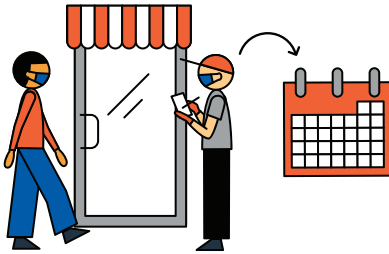
Customers should bring their own water bottles and water fountains should only be used to fill water bottles.



Trainers must wash their hands and use hand sanitizer before each session.



Increase ventilation when possible by opening windows, doors and using fans.



Consider keeping a voluntary log of customers to help facilitate contact tracing. The log should include their name, phone number, and the date they visited the business.

Thanks for your cooperation!