

# Mayor's Council on African American Elders

C/O – Aging and Disability Services, Seattle-King County  
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## Meeting Summary

Saturday, February 27, 2016  
West Seattle Library

**Members Present** – Marsha Andrews, Dr. Brenda Jackson, Susan Millender, Mattie Taplin

**Members Excused** – Dr. LaShawnDa Pittman, Rev. Donald Davis

**ADS Staff** – Karen Winston

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### I. Icebreaker

The retreat began with an icebreaker. Each member took 4-5 Skittles and responded to the questions, based on the colors of their candies – a) Favorite memory of elder in your life; b) Favorite self-care activity; c) Favorite sport or board game; d) Favorite thing about being a part of the MCAAE; e) Favorite movie.

### II. Review of 2016 MCAAE Handbooks

Karen reviewed the contents in the MCAAE Handbooks. The information included:

- 1) MCAAE Roster
- 2) MCAAE Mission Statement (Approved May 2003)
- 3) MCAAE Duties and Responsibilities
- 4) Council Member Code of Ethics
- 5) MCAAE Bylaws (Revised 2014)
- 6) City of Seattle brochure – Highlights of the Ethics Code For Members of Advisory Committees
- 7) Background and History of the MCAAE
- 8) Seattle Human Services Department/Aging and Disability Services (ADS)/MCAAE Organizational Chart
- 9) Background information about ADS
- 10) ADS Area Plan on Aging (pgs. 1-58 only)
- 11) MCAAE Reports
- 12) 2015 Advocating for Change: The Deepening of Seattle's Extreme Risk African American Elders
- 13) 2004 Community Input on the Needs of African American Elders in Seattle and South King County
- 14) MCAAE 2015 Year-End Report on Accomplishments

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In association with the Area Agency on Aging for Seattle-King County and sponsored by:

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### **III. 2015 Projects and Follow-up Activities**

All of the 2015 projects were discussed to determine next steps and follow-up activities during 2016.

#### Homelessness

- 1) Determine who the providers who serve homeless older adults.
- 2) Reach out these organizations and make presentations to them to develop partnerships (South King County)
- 3) Follow-up with Catherine Lester and/or the HSD Community Support and Assistance Division.
- 4) Advocate for a day shelter with a culturally appropriate case manager, meal service, and shower facilities.
- 5) Reach out and begin a dialogue with Reverend Dr. Linda M. Smith, Senior Pastor of the SKY Center for Spiritual Living, and Executive Director of the SKY Urban Empowerment and Transformation Center.

#### African American Elders Program (AAEP)

- 1) Continue to advocate on behalf of the AAEP.
- 2) Invite Margaret Boddie, AAEP Program Manager, to get an update about the program to learn about program needs and identify areas needing advocacy and/or MCAAE support.

#### Kinship Care

- 1) Stay abreast of kinship care providers in King County including who operates them, including:
  - a. Who operates them
  - b. When do constituents meet
  - c. What are their program needs
  - d. Determine how the MCAAE can provide support
- 2) Create a calendar of advocacy events (including legislative events) where MCAAE members could advocate on behalf of older African Americans.
- 3) Support and assist LaShawnDa with the development of an intergenerational family clinic, created to fill gaps in service. This weekly clinic will be housed in south Seattle and will be operated on a volunteer bases. Medical and non-medical needs will be addressed. Launch target – 2017.

### **IV. 2016 Projects and Areas of Focus**

- 1) Determine how to address health disparities among older African Americans.
- 2) Plan a forum in the fall or winter, to increase the visibility of the MCAAE. Invite allies, partners and elected officials. Possible topics: a) Alzheimer's and related dementias; b) Host a screening for Even Me – A documentary re older African Americans and HIV.
- 3) Create a spreadsheet of organizations that support older African Americans.
- 4) MCAAE recruitment.

**V. Draft Work Plan and Next Steps**

<b>Strategy</b>	<b>Goal/Outcome</b>	<b>Target Date</b>
Meet with Rev. Dr. <b>Linda M. Smith</b> , Senior Pastor of the SKY Center for Spiritual Living	<ol style="list-style-type: none"> <li>1. Learn about her organization and what she is doing in south King County in support of older African Americans.</li> <li>2. Identify and discuss potential areas of collaboration.</li> </ol>	March 18
Meet with <b>Margaret Boddie</b> , AAEP Program Manager	<ol style="list-style-type: none"> <li>1. Receive an update about the program</li> <li>2. Identify program needs and areas where MCAAE members could lend support/advocacy.</li> </ol>	April 15
Meet with <b>Sara Levin</b> , Vice President of Community Services, United Way of King County	<ol style="list-style-type: none"> <li>1. Learn about the \$300 thousand set-aside for aging programs.</li> <li>2. Provide input on how the funding could be used for programs that serve older homeless adults.</li> <li>3. Build a relationship with Sara and United Way.</li> </ol>	May 20
Meet with member(s) of the <b>Kent Black Action Commission</b>	<ol style="list-style-type: none"> <li>1. Learn more about the organization and their goals/activities in south King County.</li> <li>2. Determine areas where MCAAE members could lend support and/or advocacy.</li> </ol>	June 17
		July 15
		August 19
		Sept. 16
		October 21
		Nov. 18
		Dec. 16

The retreat was adjourned at 4:00 p.m.