

Mayor's Council on African American Elders

C/O – Aging and Disability Services, Seattle-King County
Mailing Address: PO Box 34215, Seattle WA 98124-4215
Office Address: Seattle Municipal Tower, 700 5th Ave, 51st Floor
(206)684-0706 * TTY(206)684-0274 * FAX (206)684-0689
Website: www.seattle.gov/MCAAE

Meeting Summary

April 15, 2016

Members Present – Dr. LaShawnDa Pittman, Susan Millender, Mattie Taplin

Members Excused – Marsha Andrews, Dr. Brenda Jackson

ADS Staff – Maria Langlais, Karen Winston

I. United Way of King County

United Way's Vice President of Community Services, Sara Levin, attended the meeting to receive input from MCAAE members regarding a RFP that will focus on older adults, scheduled for release in July. Sara described United Way's new Strategic Plan, 2015-2020, which shifts funding away from aging programs, to their new focus including:

- End homelessness
- Children are prepared for kindergarten
- Young people stay in school
- Financial and family support

Member's comments were as follows:

- The AAEP lost their nurse who provided support and medication management for their clients. Since losing the position, the program is processing more Medicaid applications for clients, especially those who relied on the nursing support.
- Many AAEP clients in their 90's and are receiving support from children who are in their 70's and are also in need of support.
- Affordable housing is a big issue, especially for boomers, and health issues can intensify the problem.
- Job search and employment is difficult for older adults, especially for those who are in need of a supplemental income.
- People who are caught in the middle, and need support, are at-risk of becoming homeless.
- Kinship caregivers are at-risk of losing affordable housing.
- Kinship caregivers:
 - Experience health disparities
 - Often neglected their own health, due to their focus on the children
 - Are often dealing with health and housing issues
 - Are raising children with emotional and mental health needs, due to trauma
 - Are often dealing with depression

In association with the Area Agency on Aging for Seattle-King County and sponsored by:

Co-sponsored by:



- Are also experiencing early stage memory loss and/or other dementias, which often go undetected
- The children are vulnerable when it comes to taking care of a grandparent with health needs. It also impacts the kid's ability to stay in school.
- Question: How much funding is devoted to evaluating the effectiveness of the programs United Way funds? Answer: 100 percent of the funding goes to services.

Sara asked members about areas where the United Way voice would be useful?

- TANF income determined by grandparent's income. Washington is one of five states that have this as a requirement.
- Kinship caregivers often don't qualify for program aimed at helping children.

Sara discussed the [Parent-Child Home Program](#), which is a program that provides low-income families with the necessary skills and tools to ensure their children achieve their greatest potential in school and in life. The program works with families with children age 3 or younger, and helps the parent to develop advocate and coaching skills. Evidence shows a child is more prepared for school, while parents are more prepared to advocate on their child's behalf. Caregivers become trained as advocates, which can later lead to possible employment. She noted that the model has not traditionally focused on kinship caregivers.

II. African American Elders Program

Margaret Boddie, Program Manager for the AAEP was invited to the meeting to discuss ways the MCAAE can help support the program. The AAEP served older and disabled African Americans living in Seattle and south King County. The program works to identify frail and at-risk elders and provides information and assistance, person-centered options counseling, care coordination, family caregiver support and counseling for minor depression.

Margaret discussed some of the needs of AAEP clients and reported that referrals to the program are low. When asked how the MCAAE members can help support the program, she suggested the following:

- Advocate to restore funding for a nursing position (approximately \$86,000).
- Encourage churches to support their homebound members by referring them to the AAEP.
- Assist with referral by providing outreach and information about the AAEP throughout the community.
- Margaret agreed to provide updated AAEP brochures and/or program information. Karen will follow-up.

III. ADS Directors Report

Maria Langlais, ADS Strategic Advisor provided the following report.

Best Starts for Kids

Best Starts for Kids is an initiative to improve the health and well-being of King County by investing in prevention and early intervention for children, youth, families, and communities. The levy will generate about \$65 million per year. It will be the most comprehensive approach to early childhood development in the nation, starting with prenatal support, sustaining the gain through teenage years, and investing in healthy, safe communities that reinforce progress.

The county has conducted several community conversations during April as part of the planning process. They are working to write an implementation plan that will reflect the input community input. The implementation plan is expected to be available online for community input in mid-May. This will be another opportunity for thoughtful feedback. The plan will be submitted to the County Council on June 1, 2016. The County Council will review the plan through the summer, with anticipation of approval in the fall of 2016.

There is not much funding focused on older adults, except for kinship care. Maria encouraged MCAAE members to weigh-in by submitting a letter regarding the needs of kinship caregivers. A letter would need to be submitted by the beginning of May. Karen agreed to work with LaShawnDa to submit a letter.

City of Seattle

- On March 30, ADS Director Maureen Linehan, provided an overview of ADS, and the age-friendly community framework to Seattle City Councilmember Sally Bagshaw's Human Services and Public Health Committee. Karen will email a link to her presentation.

State Budget Update

- Funding is included for Individual Providers (IPs) overtime requirements. This means IPs will be paid for working anything over 40 hours, however, approval will be needed for anything over 60 hours.
- The CARE Act passed and is waiting to be signed by the Governor.
- The Kinship Navigator Program was expanded to tribal communities.
- Authorization is included to continue the Health Home Program through the full biennium. This includes intensive care coordination, which will allow about a 6% savings.

Federal – The Older Americans Act and the 2016 budget passed. Funding lost due to the sequestration was restored to the nutrition category.

IV. 2016 Work Plan (Draft)

Strategy	Goal/Outcome	Target Date
Meet with Rev. Dr. Linda M. Smith , Senior Pastor of the SKY Center for Spiritual Living	<ol style="list-style-type: none"> 1. Learn about her organization and what she is doing in south King County in support of older African Americans. 2. Identify and discuss potential areas of collaboration. 	March 18 <u>Status:</u> Completed
Meet with Margaret Boddie , AAEP Program Manager	<ol style="list-style-type: none"> 1. Receive an update about the program 2. Identify program needs and areas where MCAAE members could lend support/advocacy. 	April 15 <u>Status:</u> Scheduled
Meet with Sara Levin , Vice President of Community Services, United Way of King County	<ol style="list-style-type: none"> 1. Learn about the \$300 thousand set-aside for aging programs. 2. Provide input on how the funding could be used for older adults. 	April 15 <u>Status:</u> Scheduled
Kinship Care Update	<ol style="list-style-type: none"> 1. Kinship Update - LaShawnDa 2. Discuss content re a draft MCAAE brochure 	May 21 Note: This is a Saturday mtg.
Meet with member(s) of the Kent Black Action Commission	<ol style="list-style-type: none"> 1. Learn more about the organization and their goals/activities in south King County. 2. Determine areas where MCAAE members could lend support and/or advocacy. 	June 17
		July 15
		August 19
		Sept. 16
		October 21
		Nov. 18
		Dec. 16

The meeting was adjourned at 3:30 p.m.