## **Healthy Aging**

## Seattle Human Services

## The Issue

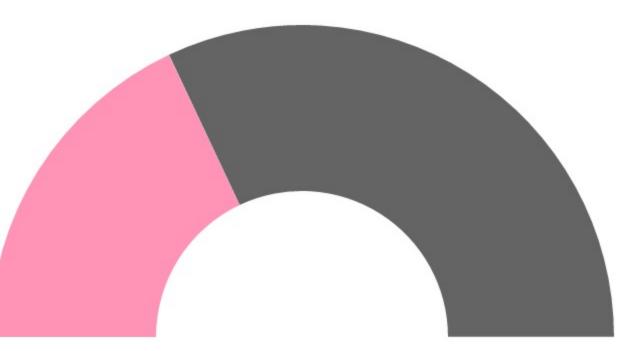
36% of King County seniors report limited activity due to chronic health problems

1 1 4 or adults (65+) ha

In the year 2040, the population of Seattle residents 60 and older will be nearly

older adults (65+) have no one to help around the house when they are sick

25%













\$73,000 **ELDER ABUSE** 

NIOR \$1.2M

\$2.2M C





**CONGREGATE MEALS** 



\$18.3M

SENIORS & ADULTS WITH DISABILITIES CASE MANAGEMENT



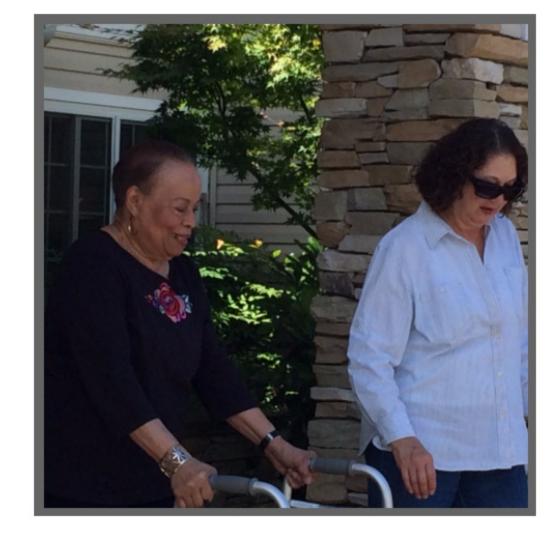
SENIOR EMPLOYMENT \$371,000



## Investment

As part of our goal to improve the physical and mental health and well-being of older adults and people with disabilities, Aging and Disability Services in the Seattle Human Services Department has embarked on a number of healthy aging programs, working closely with our community partners. The Human Services Department and the Mayor's Office on Senior Citizens invests \$32.8M in a combination of direct services and investments in agencies that support vulnerable adults.

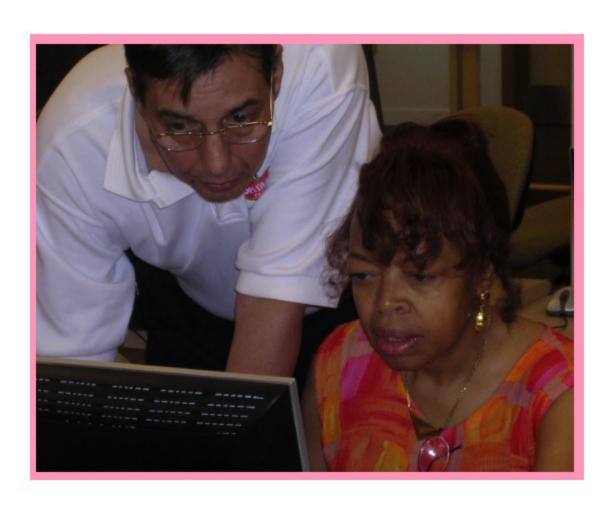
5,837 SENIORS ENGAGED IN SOCIAL SERVICES, LIKE MYRTLE WHO IS DRIVEN TO APPOINTMENTS BY A VOLUNTEER DRIVER



21,278 HOURS



of Senior Center operation



8,857 SENIORS PARTICIPATED IN EDUCATION PROGRAMS LIKE COMPUTER TRAINING AT THE MAYOR'S OFFICE FOR SENIOR CITIZENS