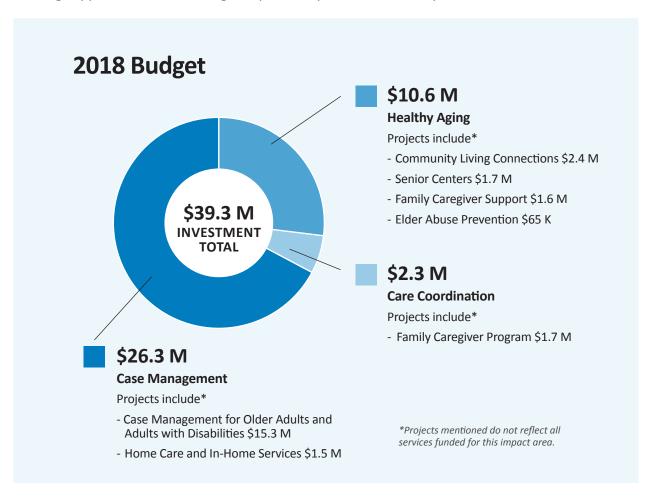
Promoting Healthy Aging



HSD's Aging and Disability Services (ADS) Division is designated by the state and federal governments as the Area Agency on Aging. In this Agency role, staff plan, coordinate, and advocate for a comprehensive, countywide service-delivery system for older people, family caregivers, and individuals with disabilities. The division funds and delivers an array of long-term services and supports, including case management for clients who receive in-home care, nutrition services, caregiver support, senior centers, information and referrals to a network of support. In 2018, ADS conducted 13,784 long-term care assessments and authorized \$319.6 million in services for 13,319 people. Services such as personal care, home modification, and assistance with finding housing supported clients in living independently in the community.



Making Seattle Age-friendly

An age-friendly city is a community in which people can grow up and grow old with ease. The World Health Organization (WHO) determined specific environmental, economic, and social factors that influence the health and well-being of older adults. Sometimes, these are called "The 8 Domains" of livability. Through Age Friendly Seattle, HSD collaborates with other City departments and stakeholders to make improvements in:

- 1. Transportation
- 2. Housing
- 3. Outdoor Spaces and Buildings
- 4. Social Participation
- 5. Respect and Social Inclusion
- 6. Civic Participation and Employment
- 7. Community and Health Services
- 8. Communication and Information





Low Acuity Alarm Program

Low acuity alarms are emergency calls for service that do not present an immediate danger to life or property. In 2018, our case manager referred 86 high-utilizers of 911 services to other services that improved health outcomes and reduced their call volume.

Accessibility Information Supplement

Thanks to advocacy by Realtors Tom Minty (who serves on the Northwest Universal Design Council and the Seattle-King County Advisory Council on Aging and Disability Services) and Barry Long (who uses a wheelchair for mobility), the Northwest Multiple Listing Service (NWMLS) added an accessibility feature report option to its database, helping home buyers with disabilities to better identify properties that meet their needs. This project satisfied one objective in the Age Friendly Seattle Action Plan for 2018–2021 and earned the NWMLS a "Best Practices Award" from the Northwest Access Fund, presented on November 12.



Senior Centers
22,322 people took part in
activities that contribute
to health, well- being, and
independence. In September,
Mayor Jenny Durkan announced
\$1.7 million in awards to 12
existing senior centers and funds
to create a new LGBTQ senior
resource center.

Community Living Connections

HSD funds Community Living Connections—a network of community providers—to connect older people, adults with disabilities, caregivers, family members, and professionals to resources and service options. Staff can also determine if you are eligible for programs, services, and public benefits to help you or your loved one live with dignity and enjoy the best quality of life possible. Calls to the Community Living Connections line are free and confidential.



To access services, call 1-844-348-5464 or visit communityliving connections.org