

MAYOR'S OFFICE FOR SENIOR CITIZENS

Special Discounts for Senior Citizens and Adults with Disabilities



2015-2016



Aging and Disability Services Division

INTRODUCTION AND NOTICE

The City of Seattle created this directory to provide discounts for older adults and adults with disabilities.

Businesses define “senior” differently (for example, age 60 or 65). Some organizations extend discounts only to holders of the Gold Card for Healthy Aging (senior identification card) or FLASH Card (for adults with disabilities), issued by the Mayor’s Office for Senior Citizens for qualifying residents of Seattle and King County. See pages 4 and 5 for additional information.

Notice: This directory does not provide a complete list of discounts for older adults or persons with disabilities. Vendor participation in the directory is voluntary and free. The City of Seattle has not investigated the services listed, and neither endorses the businesses nor warrants the services, products or quality offered. We do not guarantee that businesses offer the lowest price. Discounts and terms listed may change or be discontinued at any time without notice.

We urge you to compare prices and seek advertised specials. Before you make a major purchase, weigh your options carefully. Check out the businesses you are thinking of doing business with by contacting the Better Business Bureau (go to www.thebbb.org on the Web or call 206-431-2222). When purchasing services, request a written estimate or contract describing the work and the cost.

If you have comments about services you receive from the businesses listed in this directory, we would like to hear from you. If you know of a business or service not listed here that offers discounts to seniors and/or persons with disabilities, call us at 206- 684-0500 or e-mail seniors@seattle.gov.

MAYOR'S OFFICE FOR SENIOR CITIZENS

The Seattle Mayor's Office for Senior Citizens supports healthy aging, independent living and social and civic engagement.

Senior Information and Assistance

People age 60+ and family and friends who care for them can receive information about aging issues and free, professional and confidential referrals to a wide variety of services:

- **Social Security, Medicare and other programs**
- **Health care, dental and vision services and immunizations**
- **Nutrition, meal delivery and shopping assistance**
- **Housing options, including assisted living**
- **Transportation services**

Age 55+ Employment Resource Center

Mayor's Office for Senior Citizens job counselors evaluate skills and qualifications, provide referrals, assist with job searches, lead workshops, and offer referrals for mature job seekers.

Seniors Training Seniors (computer classes)

Learn beginning through intermediate computer skills, including Microsoft Word and Excel, photo editing, and e-mail and Internet techniques. Small classes are taught by computer-savvy volunteers age 50+.

Utility Rate Discounts and assistance programs

Low-income utility customers may qualify for reduced rates on Seattle Public Utilities combined utility (water, sewer, and solid waste) and City Light bills. One-time emergency payment assistance may be available for low- and moderate-income City Light customers facing disconnection.

Free tickets to special events

Seniors can receive free tickets to arts, recreational and cultural events on a first-call-first-serve basis. For other special event information, request a free subscription to Spotlight, a periodic newsletter published by the Mayor's Office for Senior Citizens.

Gold Card for Healthy Aging and FLASH Card

The Seattle Mayor's Office for Senior Citizens produces the Gold Card for Healthy Aging (senior identification card) and FLASH Card (for adults with disabilities) for qualifying residents of Seattle and King County. Some of the organizations listed in this directory extend discounts only to holders of one of these cards. See pages 6 and 7 for more information.

For more information ...

Contact the Seattle Mayor's Office for Senior Citizens between the hours of 8 a.m. and 5 p.m., Monday through Friday (except holidays).

Mayor's Office for Senior Citizens
Community Support and Self-Sufficiency Division
Seattle Human Services Department
810 Third Avenue, Suite 350
Seattle, WA 98104

Tel 206-684-0500 • Fax 206-684-0494 • TTY 206-233-2778
seniors@seattle.gov • www.seattle.gov/seniors

To access information about a variety of services and resources for adults 60 and over in King County call 1.888.4ELDERS

GOLD & FLASH CARDS

Gold Card for Healthy Aging

The Gold Card for Healthy Aging, a senior information and discount card issued by the City of Seattle, is available to Seattle and King County residents age 60 and older.

The Gold Card provides information and assistance contact numbers as well as eligibility for discounts from many of the businesses, restaurants, theaters and professional and public service organizations participating in this directory.

Some merchants may require customers to show their Gold Cards to receive a discount, while others may not. Please read and adhere to restrictions.

Valuable discounts available to Gold Card holders include free entrance to the Seattle Aquarium, reduced admission to Woodland Park Zoo, and a 50 percent discount on dog and cat licenses and "Golden Pets for Your Golden Years" adoptions at Seattle Animal Shelter.

In addition to the Mayor's Office for Senior Citizens, Gold Cards can be picked up at:

- **Seattle City Hall's Customer Service Bureau (206-684-CITY)**
- **City of Seattle Neighborhood Service Centers ("little city halls")**
- **Seattle Parks and Recreation Community Centers**
- **Seattle Animal Shelter**
- **North Bellevue Community Center**

FLASH (Fun Leisure Access Savings and Health) Card

The FLASH Card provides information and eligibility for a variety of discounts for Seattle and King County residents with qualifying disabilities.

Eligibility requirements are the same as for a Metro Regional Reduced Fare Permit for adults with disabilities. Please note that some forms of disability do not qualify.

The FLASH Card features the Community Information Helpline telephone number (206-461-3200). The card is embossed in Braille, and carries the Crisis Clinic Web address.

Some merchants may require customers to show their FLASH Cards to receive a discount, while others may not. Please read and adhere to restrictions printed in this directory.

In addition to the Mayor's Office for Senior Citizens, FLASH Cards are available at:

- **Community Services for the Blind and Partially Sighted:**
206-525-5556
- **Alliance of People with disAbilities:**
Seattle Office: 206-545-7055 TTY 711 Relay
Bellevue Office: 425-558-0993 x1 TTY 711 Relay
- **STAR Center: 206-325-4284**
- **Download applications at www.seattle.gov/seniors**

For more information about the Gold Card for Healthy Aging or the FLASH Card, contact the Mayor's Office for Senior Citizens, 8 a.m. and 5 p.m., Monday through Friday.

Mayor's Office for Senior Citizens
810 Third Avenue, Suite 350
Seattle, WA 98104

Tel 206-684-0500 • Fax 206-684-0494 • TTY 206-233-2778
seniors@seattle.gov • www.seattle.gov/seniors

MAYOR'S OFFICE FOR SENIOR CITIZENS

Special Discounts Directory Table of Contents

Gold Cards	p. 4
FLASH Cards	p. 5
Auto Repair and Towing	pp. 7-8
Banking and Financial Services	p. 9
Beauty Shops and Barbers	pp. 9-10
Computer Services	p. 10
Cleaning Services	p. 10
Disabilities Assistance	p. 11
Education	pp. 11-12
Elders Services	p. 13
Hardware, Building Supplies and Repair	p. 13-14
Lawn and Garden	p. 14
Legal Assistance	p. 15
Lock Smiths	p. 16
Medical and Dental	p. 16-20
Museums	p. 21-22
Opticians and Optical	p. 22
Pets and Pet Care	p. 23
Plumbers and Sewer Cleaners	p. 24
Property and Real Estate Services	p. 24
Recreation	p. 25-28
Restaurants	p. 29
Retail Shops	p. 29
Theaters and Performing Arts	p. 30
Transportation	p. 31
Utilities and Cable TV	p. 32
Utilities – Financial Assistance	p. 33-35
Other Senior Discounts Available	p. 36-39

AUTO REPAIR & TOWING

Courtesy Tire

4820 California Ave SW

Seattle WA 98116

www.courtesytire.com

(206) 932-5044

10% off labor. 10% off tires (excluding ad prices). Age 60+ or adults with disabilities.

Courtesy Tire

2102 East Madison St

Seattle, WA 98112

(206) 329 7525

10% off labor. 10% off tires (excluding ad prices). Age 60+ or adults with disabilities

Downtown Automotive

702 6th Ave N

Seattle WA 98109

DTAbajema@msn.com

www.downtownautomotiveSeattle.com

(206) 270-8500

10% off labor.

AAA/Seniors/Military/Disabled.

Edwards Automotive

Service

950 N 128th St

Seattle WA 98133

edwardsauto@aol.com

www.edwardsauto.com

(206) 362-1960

5% off parts and labor. Age 60+ or adults with disabilities.

EuroCar Service

5821 Roosevelt Way NE

Seattle, WA 98105

(206)527 8828

info@eurocarservice.com

www.eurocarservice.com

10% off labor up to \$50. Cannot be combined with

other any other offer. Please present Gold or Flash Card.

Hermann's International Auto Service

6800 Roosevelt Way NE

Seattle WA 98115

victorc0926@msn.com

www.europeanautorepairseattle.net

(206) 522-7766

10% off all service and repair.

Hiline Auto Repair

Burien Muffler

834 SW 149th St

Burien WA 98166

(206) 242-6304

10% off. Age 60+.

Jim Adams Auto Clinic

16268 5th Ave NE

Shoreline WA 98155

jenn@adamsautoclinic.com

(206) 364-0976

5% off (labor only), up to \$30. Age 60+

(continued)

AUTO REPAIR & TOWING

King's Transmission

Barr Transmission

2939 4th Ave S

Seattle WA 98134

kingstranssea@hotmail.com

www.kinstransmission.com

(206) 624-1859

10% off. Age 65+, adults with disabilities, and parents of children with disabilities.

Lee's Automotive

Car Mate Collision

13281 Aurora Ave N

Seattle WA 98133

(206) 362 4449

www.leesauto123@gmail.com

www.leesautomotive.com

Meineke Car Care, Inc

8401 Aurora Ave. N, Suite D

Seattle WA 98103

(206) 789-9623

10% Off Any Service. Please present Gold or Flash Card.

North Seattle

Transmission, Inc.

14711 15th Ave NE

Shoreline WA 98155

northseattletran@qwestoffice.net

(206) 364-3131

10% off. Age 60+ or adults with disabilities.

Specialty Motors

12517 15th Ave NE

Seattle WA 98125

(206) 367-4403

10% off parts and labor of foreign cars only. Age 60+ or adults with disabilities.

Tom's Automotive Service

3616 SW Oregon St

Seattle WA 98126

Service@tomsautomotive.com

www.tomsautomotive.com

(206) 937-1144

10% off up to \$40. Age 60+.

Rose Street Auto Repair

8335 Rainier Ave S

Seattle WA 98118

(206) 723-7500

phillipautomotive@yahoo.com

10% off on parts, excluding dealer parts. 10% off labor. Gold or FLASH card required.

Specialty Auto Care

6701 15th Ave NW

Seattle WA 98117

maytwelve@comcast.net

www.specauto.net

(206) 789-7686

15% off on labor. Gold or FLASH card required.

BANKING & FINANCIAL SERVICES

M&T Bank

10510 NE Northup Way #150

Kirkland, WA. 98033

gmeredith@mtb.com

www.mtb.com

(425) 889-4360

\$350 credit to pay for appraisal on closed loans. Age 62+.

*Many banks offer services for senior citizens for free or at reduced costs. This may include free checking, free notary, free bill payment by telephone or other services. Please ask your bank about senior discounts. **Note:** Nearly all banks accept direct deposit of Social Security checks. We recommend that you take advantage of the direct deposit service.*

BEAUTY SHOPS & BARBERS

Bombaii Cutters

122 Kirkland Ave

Kirkland WA 98033

bombaii@juno.com

www.bombaii.com

(425) 828-4411

20% off. Gold or Flash Card required.

DeCharlene's Beauty & Boutique

2108 E Madison St

Seattle WA 98112

(206) 322-8296

20% off hairdos

10% off clothes and wigs.

Age 62+. Special discounts for cancer patients.

Earthly Rituals a Personal Spa

1817 Queen Anne Avenue North, Suite 209

Seattle, WA 98109

(206)283-1291

www.earthlyrituals.com

15% discount. Gold or Flash Card required.

Hair Pro Salon

10700 SE 208th St #106

Kent WA 98031

(253) 373-0915

20% off. Age 60+ or adults with disabilities.

John's Hair Styling

15215 Aurora Ave N

Shoreline WA 98133

(206) 364-0805

\$2.00 off haircuts. Gold or FLASH card required.

(continued)

BEAUTY SHOPS & BARBERS

Living Color Beauty Supply

9416 Rainier Ave S

Seattle WA 98118

livingcolorsea@yahoo.com

www.livingcolorbeautysupply.com

(206) 721-5322 (Store)

(206) 725-7772 (Salon)

10% off. Gold or FLASH card required.

Salon Adidez

3705 South Edmunds St

Seattle WA 98118

www.salonadidez@qwestoffice.net

(206)725-3841

20% on all services excluding retail products. Please present Gold or Flash Card.

COMPUTER SERVICES

InterConnection Computer Reuse Center

3415 Stone Way N

Seattle, WA 98103

info@interconnction.org

www.interconnection.org

Special discounts on refurbished laptop and desktop computers. \$149 low income laptop special

CLEANING SERVICES

Merry Maids 486, West Seattle

6417 Fauntleroy Way SW #E

Seattle WA 98136

merrymaids486@hotmail.com

(206) 937-7083

Simply Clean

1818 Westlake Avenue North, #232

Seattle, WA 98109

www.seattlesimplyclean.com

(206) 973.2525

10% off first visit. Please present Gold Or Flash Card.

15% discount

DISABILITIES ASSISTANCE

Alliance of People with disAbilities
1120 E. Terrace St, Suite 100
Seattle, WA 98122
www.disabilitypride.org
(206) 545-7055

SEATTLE OFFICE

Alliance of People with disAbilities
1150 140th Ave NE, Suite 101
Bellevue, WA 98005
www.disabilitypride.org
(425) 558-0993

BELLEVUE OFFICE

EDUCATION

Community Colleges All Washington State community colleges offer courses for adults age 60+ for only \$5 (on a space available basis). In addition, many continuing education courses are designed for older adults. Call your local college for more information.

Bellevue College (formerly Bellevue Community College)
www.bellevuecollege.com
(425)564-2216

North Seattle Community College
www.northseattle.edu
(206) 934-3600

Seattle Central Community College
www.seattlecentral.edu
(206)934-3800

Shoreline Community College
www.shoreline.edu
(206)546-4611 Enrollment & Financial Svc
(206)546-4545 Special Services
South Seattle Community College
Basic Studies for ESL
(206)546-5823 Community Integration

South Seattle Community College
www.southseattle.edu
(206)934-5389

(continued)

EDUCATION

Lifetime Learning Center

6208 60th Ave NE

Seattle WA 98115

www.lifetimelearningseattle.org

(206) 524-3778

Low class fees. Low-income scholarship program available. Age 50+

Osher Lifelong Learning Institute

University of Washington

4333 Brooklyn Ave N

Seattle, WA 98105

www.osher.uw.edu

(206) 685-7372

University-level classes designed for adults age 50+ do not include homework, tests or grades. Offered at campus and community locations throughout King County. Annual membership fee provides for low per class cost.

Seattle Parks and Recreation

Lifelong Recreation

www.seattle.gov/parks

(206) 684-4951

Low-cost classes in a wide range of subjects offered at community centers throughout Seattle.

Seattle Pacific University

3307 3rd Ave W

Seattle, WA 98119

www.spu.edu

(206) 281-2031

Tuition-free courses for adults 65+ on a space available basis (register on second day of quarter). Seniors can audit Undergraduate classes or register for academic credit.

Seniors Training Seniors in Computer Basics Mayor's Office for Senior Citizens

(206) 684-0639

Computer classes for adults age 50+ offered at multiple sites. A nominal fee may apply.

Senior Centers

Contact your local senior center or 1-888-4-ELDERS for more information.

University of Washington

ACCESS for Older Adults

www.washington.edu/students/reg/access.html

(206)543-8580

ELDER SERVICES

Home Instead Senior Care

3221 Eastlake Avenue E. Ste 120
Seattle WA 98102

www.Homeinstead.com

(206) 622 4663

10% off the first billing.

Visiting Angels

3513 SW Alaska St
Seattle WA 98126

ginasangels@comcast.net

(206) 439-2458

10% off first week of service. Age 60+ or adults with disabilities.

Home Instead Senior Care

2633 Eastlake Ave East,
Suite 206

Seattle WA 98102

www.homeinstead.com

(206) 622-4663

Call for senior discount. Age 60+.

Senior Services

2208 2nd Ave Suite 100
Seattle WA 98121-2055

info@seniorservices.org

www.seniorservices.org

(206) 448-5757

Non-profit agency supporting positive aging through a wide variety of programs and services, including Senior Information & Assistance, Meals on Wheels, health and fitness promotion, and several senior centers.

HARDWARE, BUILDING SUPPLIES & REPAIRS

Greenwood "True Value" Hardware

7201 Greenwood Ave N
Seattle WA 98103

ghw@greenwoodhardware.com

www.greenwoodhardware.com

(206) 783-2900

10% off all items, except sale items. Age 60+ or adults with disabilities.

Home Repair Loan Program

Seattle Office of Housing
PO Box 94725

Seattle WA 98124-4725

homewise@seattle.gov

www.seattle.gov/housing/homewise

(206) 684-0244

No-interest loans to qualified low- and moderate-income homeowners in the city of

Seattle for needed home repairs. Income restrictions.

(continued)

HARDWARE, BUILDING SUPPLIES & REPAIRS

HomeWise Weatherization Program

Seattle Office of Housing

PO Box 94725

Seattle WA 98124-4725

homewise@seattle.gov

www.seattle.gov/housing/homewise

(206) 684-0244

Free weatherization services to low-income Seattle households for insulation and other energy conservation measures. Income restrictions.

Housing Repair Program

King County Housing

401 5th Avenue, Suite 510

Seattle WA 98104

www.kingcounty.gov/socialservices/Housing.aspx

(206) 263-9095

Funding for housing repair services to low-income homeowners and renters in King County (except within city limits of Seattle, Beaux Arts, Medina, Newcastle and Normandy Park).

Minor Home Repair

Senior Services

2208 2nd Ave

Seattle WA 98121

www.seniorservices.org

(206) 448-5751

Low-cost home repairs for homeowners of any age who meet income requirements and live within the city boundaries of Seattle, Shoreline or Bellevue. Income-eligible renters with disabilities may also receive disability modifications with landlord permission

LAWN & GARDEN

Seattle Parks and Recreation -

Seattle Conservation Corps

www.seattle.gov/parks/scc/binsandbarrels.html

(206) 684-0190

Low-cost compost bins and rain barrels available. Home delivery or pick up at Sand Point/Magnuson Park. Call or see website for current prices.

Sky Nursery

18528 Aurora Ave N

Shoreline WA 98133

sky@skynursery.com

www.skynursery.com

(206) 546-4851

Wednesday is Senior Day. Save 10% off regular priced merchandise. Discount does

not apply to gift certificates, bulk deliveries, delivery fees, sale items or prior sales. Age 60+

LEGAL ASSISTANCE

Catholic Community Services

Legal Action Center

**100 23rd Ave S
Seattle WA 98144**

www.ccsww.org

(206) 324-6890

Free legal services to King County residents with eviction notices, other landlord-tenant issues or debtor-creditor issues related to past housing.

Donaldson & Knigge, LLC

201 Summit Avenue E

Seattle, WA 98102

www.seattletrafficlawyer.com

lisadonaldson@seattletrafficlawyer.com

(206) 915-0137

Free initial phone consultation. 10% discount off traffic ticket defense.

10% discount off regular rate for personal injury/auto accident cases. Free initial consultation.

Elder Law Legal Clinic

Senior Rights Assistance

**2208 2nd Ave
Seattle WA 98121**

(206) 448-5720

Free legal information and assistance provided in cooperation with the King County Bar Association. Clients meet privately with an attorney for 30 minutes at no cost. By appointment only.

King County Bar Assn

Lawyer Referral Service

**1200 5th Ave, Suite 600
Seattle WA 98101**

www.kcba.org

(206) 267-7070

Regular referrals to regular fee attorneys. Free for personal injury cases. \$30 consultation fee for other cases. Must be income eligible. No age requirement.

King County Bar Assn

Neighborhood Legal Clinic

**1200 5th Ave Suite 600
Seattle WA 98101**

www.kcba.org

(206) 267-7070

Free 30-minute consultation with an attorney for general legal information and referrals. Specialty law clinics available in family law, and debt/bankruptcy and civil rights. Call for an appointment Mon.-Thurs. between 9 a.m.-12 p.m. No age requirement.

Senior Rights Assistance-Senior Services

**2208 2nd Avenue, Suite 100
Seattle, WA 98121**

(206)448-5720

www.seniorservices.org

FREE legal & consumer information. Estate planning, guardianship, debt, bankruptcy, social security, and Landlord/Tenant concerns.

LOCKSMITHS

Bergman's Lock & Key

1714 12th Ave
Seattle WA 98122
(206) 323-5300

10% off all products and services. Age 60+.

Key X-press Locksmith, Inc

17908 51st Avenue S.
Seattle, WA 98188
www.keyxpresslocksmith.com
aaa@keyxpresslocksmith.com

(206) 433-8212 or 713-8040

10% off. Service areas: Federal Way, Skyway, SeaTac, Seattle, Burien, Tukwila, DesMoines, Kent, Renton, Normandy Park. Age 60+ or adults with disabilities.

Nyberg Locksmiths

2106 3rd Ave
Seattle WA 98121
info@nyberglock.com

(206) 448-5625

15% off. Gold or FLASH card required.

MEDICAL & DENTAL

211 Community Information Line Crisis Clinic

info@CrisisClinic.org
www.crisisclinic.org/211KC.html

(206) 461-3222

Offers up-to-date, comprehensive referrals to health and human services in King County. More than 6,000 services listed. Services are free and professional.

Carolyn Downs Family Medical Center

2101 E Yesler, Seattle, WA 98112
(206) 299-1900

Sliding scale services start at 15%

Country Doctor Community Clinic Serves all ages. Call for more information.

www.countrydoctor.org

(206)299-1600

500 19th AVE E. Seattle, WA

Sliding scale services start at 15%

Harborview Medical Center

325 9th Ave
Seattle WA 98104
<http://uwmedicine.washington.edu>

(206) 744-3000

Regional medical center offers wide variety of health services . Call for more information.

(continued)

MEDICAL & DENTAL

HealthPoint Clinics

Serves all ages. Call for more information.

HealthPoint Auburn Community Dental
126 Auburn Ave Suite 100
Auburn WA 98002
(253) 804-8713

HealthPoint Federal Way
33431 13th Pl S
Federal Way WA 98003
(253) 874-7634 Medical
(253) 874-7646 Dental

HealthPoint Bothell-Kenmore
6016 NE Bothell Way
Bothell WA 98028
(425) 486-0658

HealthPoint Kent
403 E Meeker Suite 200
Kent WA 98032
(253) 852-2866 Medical
(253) 796-4071 Dental

HealthPoint Redmond Dental Clinic
16345 NE 87th St #C-2
Redmond WA 98052
(425) 883-8000

HealthPoint Redmond Medical Clinic
16315 NE 87th St #B-6
Redmond WA 98052
www.healthpointchc.org
(425) 882-1697
Sliding fee discount

HealthPoint Renton
200 S 2nd St
Renton WA 98055
(425) 226-5536

HealthPoint SeaTac
4040 S 188th St #201
SeaTac WA 98188

Highline Medical Group

Serves all ages. Call for more information.

www.highlinemedicalcenter.org

Highline Medical Group
16110 8th Ave SW Suite B-1
Burien WA 98146
206-763-5057

Roxbury Family Health Care
9635 17th Ave SW
Seattle WA 98106
(206) 763-5057

(continued)

MEDICAL & DENTAL

International Community Health Centers

Serves all ages. Call for more information.

www.ichs.com

Holly Park Health Center
3815 S Othello St, 2nd floor
Seattle WA 98118
(206) 788-3500 Medical
(206) 788-3502 Dental

**International Community Health Services—
Medical & Dental**
720 8th Ave S Suite 100
Seattle WA 98104
(206) 788-3700

Neighbor Care

(formerly Puget Sound Neighborhood Health Centers)

www.psnhc.org

45th Street Clinic
1629 N 45th St
Seattle WA 98103
(206) 633-3350 Medical
(206) 548-2964 Dental

Central Area Dental Clinic
2101 E Yesler
Seattle WA 98122

High Point Health Center
6020 35th Ave SW
Seattle WA 98126
(206) 788-3500 Medical
(206) 461-6966 Dental

Pike Market Clinic
1930 Post Alley
Seattle WA 98104
(206) 744-1500

Georgetown Dental Clinic
6200 13th Ave SW
Seattle WA 98108
(206) 461-6943

Rainier Park Medical Clinic
4400 37th Ave S
Seattle WA 98118
(206) 461-6957

(continued)

MEDICAL & DENTAL

Public Health—Seattle & King County

Most clinics serve all ages.

Call for information: (206)535-2497 or

www.kingcounty.gov/healthservices.aspx

Auburn Public Health Center
901 Auburn Way N Suite A
Auburn WA 98002
(206) 296-8400

Columbia Public Health Center
4400 37th Ave S
Seattle WA 98118
(206) 296-4650 Medical
(206) 296-4625 Dental

Downtown Public Health Center
2124 4th Ave
Seattle WA 98121
(206) 296-4755 Medical
(206) 205-0577 Dental

Eastgate Public Health Center
14350 SE Eastgate Way
Bellevue WA 98007
206-296-4920 Medical

Kent Public Health Center/Birch Creek
13111 SE 274th St
Kent WA 98030
(206) 205-5470

Kent Public Health Center/East Hill
13210 SE 240th St
Kent WA 98042
(206) 296-4500

North Public Health Center
10501 Meridian Ave N
Seattle WA 98133
(206) 296-4765

**North Public Health Center,
Dental Clinic**
12359 Lake City Way NE
Seattle WA 98125
(206) 205-8580

206-296-9726 Dental

Federal Way Public Health Center
33431 13th Pl S
Federal Way WA 98003
(253) 838-4557

Renton Public Health Center, Dental Clinic
10700 SE 174th Suite 101
Renton WA 98055
(206) 296-4955

(continued)

MEDICAL & DENTAL

SeaMar

Community-based organization committed to providing quality, comprehensive health and human services to diverse communities, specializing in service to Latinos. Call for information.

www.seamar.org

SeaMar Bellevue
1811 156th Ave NE Suite 2
Bellevue WA 98007
(425) 460-7140

SeaMar Burien Urgent Care Clinic
14434 Ambaum Blvd SW
Burien WA 98166
(206) 812-6140

SeaMar Community Health Center
8720 14th Ave S
Seattle WA 98108
(206) 762-3730 Medical
(206) 762-3263 Dental

Lake Washington Technical College Dental Clinic

11605 132nd Ave NE
Kirkland WA 98034
www.lwtc.edu
(425) 739-8130

Clinic staffed by dental professionals and students serving patients' oral health care needs. Call for information. Serves ages 3 and

Seattle Central Dental

Hygiene Clinic

SCCC/Seattle Vocational Institute
2120 S Jackson St Rm 407
Seattle WA 98144

www.seattlecentral.edu

(206) 934-4423 new#

Clinic staffed by dental professionals and students

Seattle Indian Health Board Medical and Dental Services

611 12th Ave S
Seattle WA 98144

www.sihb.org

(206) 324-9360

Call for information. Serves all ages.

University of Washington Dental School Clinics/Health Sciences Center

1959 NE Pacific Ave
Box 35665
Seattle, WA 98195

up. serving patients' oral health care needs. Call for information. Serves ages 14 years and older.

20%-40% off private fees; same for all patients. Patient selection based on learning opportunities for dental students.

Adult emergencies: 206-685-9014

Adult new patient and non-emergency: 206-616-6996

Child clients: 206-543-3525

20%-40% off private fees; same for all patients. Patient selection based on learning opportunities for dental students.

MUSEUMS

Bellevue Arts Museum

510 Bellevue Way NE
Bellevue, WA 98004
(425)519-0770

www.bellevuearts.org

Discount \$7(\$10 reg. admission), \$40 membership (\$55 reg); \$75 dual membership. Please present Gold or Flash Card.

Burke Museum of Natural History & Culture

University of Washington
17th Ave NE & NE 45th St
Seattle WA 98195
(206) 543-5590

theburke@u.washington.edu

www.burkemuseum.org

\$8.00 senior admission (\$9.50 regular admission).

Age 65+.

Open until 8 p.m. on Thursdays.

Frye Art Museum

704 Terry Avenue
Seattle WA 98104

info@fryemuseum.org

(206)622-9250

Seniors receive FREE admission and a discounted

Membership \$30 per individual or \$45 for dual

Log House Museums

3003 61st Ave SW
Seattle, WA 98116

www.loghousemuseum@comcast.net

(206)938 5293

10% off in Gift Shop

Museum of History and Industry (MOHAI)

information@seattlehistory.org

www.seattlehistory.org

860 Terry Avenue N
Seattle, WA 98109

(206) 324-1126

\$15 entrance fee for Seniors

1st Thursday FREE to general public

Children under 14yrs are always Free

Membership for 1 person \$50

Open daily from 10am to 5pm

Thursdays open 10am to 8pm

Closed Thanksgiving and Christmas

Northwest African American Museum

(206)518-6000

www.naamnw.org

\$4 entrance fee for Seniors & Students

1st & 2nd Thursdays Free to general public

Free Parking

For volunteer opportunities please contact

Laeilani Lewis

membership.

Seattle Art Museum

(206) 625-8900

www.seattleartmuseum.org

1st Friday Free to Seniors

1st Thurs Free to General Public

For Special Exhibitions Seniors are asked for an additional \$10 fee.

(continued)

MUSEUMS

Seattle Asian Art Museum

(206)625-8900

www.seattleasianart.org

\$5 entrance for Seniors & Children

1st Friday Free age 62+

1st Saturday Free to General Public

Seattle Pinball Museum

508 Maynard Ave S

Seattle, WA 98104

(206) 623-0759

10% off, please present Gold or Flash Card.

OPTICIANS & OPTICAL

Sight Connection

9709 3rd Ave NE, Suite 100

Seattle WA 98115-2027

info@sightconnection.org

www.sightconnection.org

(206) 525-5556 Voice/TDD

1-800-458-4888

Services to individuals with severe vision loss, including counseling, instruction in safe movement and travel, independent living skills, low-vision evaluation and training, adaptive aids store and volunteer support. No charge for some services.

PETS & PET CARE

Evergreen Veterinary Hospital

14423 124th Ave NE

Kirkland WA 98034

(425) 821-9040

10% off most services and retail (doesn't include pet food). 20% discount for canine companions for independence and guide dogs. Age 60+ or adults with disabilities.

Seattle Animal Shelter

2061 15th Ave W

Seattle WA 98119

www.seattleanimalshelter.org

(206) 386-PETS

50% off Seattle pet licenses; 50% off adoption price of a dog or cat 2 years of age or older; free adoption for any dog or cat 6 years of age or older (pet license fees still apply at the reduced rate); supplemental pet food, toys leashes and collars available on a first-come, first-serve basis; financial assistance available to assist with the spay/neuter of a cat or dog. Gold or FLASH card required.

Seattle Humane Society

13212 SE Eastgate Way

Bellevue WA 98005

petfoodbank@seattlehumane.org

www.seattlehumane.org

(425) 649-7566

Age 55+: Provide free supplemental pet food for low-income seniors.

Age 60+

Woodinville Animal Hospital

Alan E. Marsh, DVM

16511 140th Pl NE

Woodinville WA 98072

doc@woodinvilleanimal.com

www.woodinvilleanimal.com

(425) 483-5005

10% off services (excluding supplies and medications). Age 62+.

PLUMBERS & SEWER CLEANERS

Best Plumbing & Rooter

4129 Stone Way N

Seattle WA 98103

info@bestplumbing.com

www.bestplumbing.com

(206) 633-1700

10% off plumbing repairs, water heaters and drain cleaning service calls. Free annual plumbing inspection for a one-time fee of \$89. Age 62+.

Collier Plumber, Inc.

10814 5th Ave S

Seattle WA 98168

www.collierplumber.com

collierplumber@clearwire.net

(206) 246-5325

10% off. Gold Card required.

TLC Plumbing

2442 NW Market St #9

Seattle WA 98107

(206) 783-1548

10% off. Age 60+ or adults with disabilities.

PROPERTY & REAL ESTATE SERVICES

Real Estate Appraisal Svc

Larry Wedhoff, CREA

4511 264th Avenue NE

Redmond, WA 98053

larry@wedhoff.net

www.larryappraisal.com

(425) 868-1997

10% discount. Age 55+ or adults with disabilities.

RECREATION

National Parks Service

www.nps.gov/fees_passes.htm

Two passes provide discounts for seniors and adults with disabilities who request the America the Beautiful National Parks and Federal Recreational Lands Pass. passes must be obtained in person at a participating Federal recreation site or office, due to documentation and identification requirements. Call or visit the Klondike Gold Rush National Historical Park or Outdoor Recreation Information Center for more information.

Klondike Gold Rush Historic National Park – Seattle Unit

Seattle Unit

319 2nd Ave S

Seattle WA 98104

klse_ranger_activities@nps.gov

www.nps.gov/klse

(206) 220-4240

No entrance fee— exhibits, movies

Park. Fully accessible building.

Lifelong Recreation

Low-cost classes and activities for older adults offered at Seattle Parks and Recreation community centers throughout Seattle. Age 50+.

Northwest Seattle

jayla.mcgill@seattle.gov

(206) 233-7138

Northeast Seattle

cheryl.brown@seattle.gov

206-386-9106

Central Seattle

Southeast Seattle

angelap.smith@seattle.gov

206-684-7484

Southwest Seattle

mary.dalzell@seattle.gov

206-935-2162

carol.baxter@seattle.gov
206-684-4240

(continued)

RECREATION

City of Bellevue
Parks and Community Services Department
North Bellevue Community Center
4063 148th Avenue NE
Bellevue, WA 98007
(425) 452-7681
www.bellevuewa.gov
NBCC@bellevuewa.gov

Adults age 50 and over receive \$10 off on a new fitness program, or a program they haven't taken part in for over 3 months. One time discount per person.

Bill Speidel's Underground Tour
608 1st Avenue
Seattle, WA 98104
(206) 682-4646
www.undergroundtour.com
Info@undergroundtour.com

\$13 for seniors age 60+. Tour of underground Seattle and remains of the 1889 Seattle Fire. In Seattle's Pioneer Square, between Cherry Street and Yesler Way.

Outdoor Recreation
Information Center
(inside the Seattle REI store)
222 Yale Ave N
Seattle WA 98109
(206) 470-4060

Receive discounts at national parks and forests with the Senior Pass (\$10 for seniors 62+) or Access Pass (free for citizens who are blind or permanently disabled).

Pacific Science Center
Seattle Center
(206) 443-2001

Adults age 65+: Wednesdays free exhibits and \$6 add-on for regular IMAX films. May exclude special engagement exhibits and IMAX films.

Adults with disabilities: Discounted \$2.00 off admission to the Science Center with FLASH card and \$6 add-on for IMAX films. May exclude special engagement exhibits and IMAX films.

(continued)

RECREATION

Seattle Aquarium

Pier 59

(206) 386-4349

Free entrance with the Gold or FLASH Card. Call (206) 684-0500 for more information

Seattle Japanese Garden

1075 Lake Washington Blvd E

Seattle WA 98112

Seattle WA 98112

www.seattle.gov/parks/parkspaces/japanesegarden.htm

(206) 684-4725

Seniors get a discount entry rate of \$4.00

Seattle Woodland Park Zoo

601 N 59th St

Seattle WA 98103

(206) 548-2500

Gold or FLASH Card.

75% off of full price admission rate only. No other discounts. Age 60+ or adults with disabilities.

Must present Gold or Flash Card.

Seattle Parks and

Recreation Pools

www.cityofseattle.net/parks/Aquatics/index.htm

Call for information about Lifelong Recreation swim and fitness programs.

Ballard Pool

1471 NW 67th St

Seattle WA 98117

(206) 684-4094

Helene Madison Pool

13401 Meridian Ave N

Seattle WA 98133

(206) 684-4979

Mounger Pool (Magnolia)

2535 32nd Ave W

Seattle WA 98199

(206) 684-4708

Meadowbrook Pool

\$3.25 swim admission or \$3.50 exercise classes. \$10.00 Admission Quick Card – Approximately 10% discount. Available for seniors and special populations all the time!
(continued)

**10515 35th Ave NE
Seattle WA 98125
(206) 684-4989**

**65+ receive discount \$1.50 for recreation and \$2.50 discount for fitness.
Queen Anne Pool
1920 1st Ave W
Seattle WA 98119
(206) 386-4282**

**Colman Saltwater Pool at Lincoln Park (summer only)
8603 Fautleroy Way SW
Seattle WA 98136
(206) 684-7494**

**Medgar Evers Pool
500 23rd Ave
Seattle WA 98122
(206) 684-4766**

**Rainier Beach Pool
8825 Rainier Ave S
Seattle WA 98118
(206) 386-1944**

**Evans Pool
7201 E Greenlake Dr N
Seattle WA 98115
(206) 684-4961**

**Southwest Pool
2801 SW Thistle St
Seattle WA 98126
(206) 684-7440**

RECREATION

Senior Centers

Contact your local senior center or 1-888-4ELDERS for information about senior centers in your community.

Sound Steps

sound.steps@seattle.gov

www.seattle.gov/parks/Seniors/index.htm

206-684-4664

Walking groups throughout the city provide opportunities to meet other other walkers and enjoy incentives, health seminars, walking maps, and special events. Join Sound Striders for longer walks.

Washington State Parks

PO Box 42650

Olympia WA 98504-2650

info@parks.wa.gov

www.parks.wa.gov/passes/

(360) 902-8500

Several passes provide discounts for seniors and adults with disabilities: Off-Season Senior Citizen Pass, Senior Citizen Limited Income Pass, Disability Pass, and Disabled Veteran Lifetime Pass. Call or e-mail to request cost information or an application.

(continued)

RECREATION

Washington State Dept. of Fish and Wildlife

Licensing Division

600 Capitol Way N

Olympia WA 98501

licensing@dfw.wa.gov

https://fishhunt.dfw.wa.gov/wdfw/licenses_fees.html

(425) 775-1311

Reduced license fees for seniors and adults with disabilities. Call for more information.

RESTAURANTS

Peaks Frozen Custard and Coffee House

1026 NE 65th St #A-101

Seattle WA 98115

info@peaksfrozencustard.com

www.peaksfrozencustard.com

(206) 588-2701

15% off any fresh custard or coffee item. Age 60+ or adults with disabilities. Must present Gold or FLASH Card.

Skylark Cafe & Club

3803 Delridge Way SW

Seattle WA 98106

jessie@skylarkcafe.com

206-935-2111

10% off entire lunch, dinner, or weekend brunch. Age 60+ or adults with disabilities. Must present Gold or FLASH Card.

RETAIL SHOPS

Aqua Quip

3447 4th Ave S

Seattle WA 98134-1904

sales@aquaquip.com

www.aquaquip.com

Cheap Chickadee Thrift Store

Southeast Seattle Senior Center

4645 S Holly St

Seattle WA 98118

kateh@seniorservices.org

(206)624-4394

10% off products. Age 62+.

(continued)

Arundel Books

1001 1st Ave

Seattle WA 98104

www.arundelbooks.com

(206) 624-4442

10% off. Age 60+ or adults with disabilities.

www.sessc.org

(206) 760-9650

10% off all purchases. Gold or FLASH card required.

THEATERS & PERFORMING ARTS

Cascade Symphony Orchestra

Performs at Edmonds Center for the Arts

410 4th Avenue North

Edmonds, WA 98020

(425) 275-9595

www.cascadesymphony.org

Senior discount \$20 per concert, \$80.00 for Season (5 concerts in season)

Meany Hall for the Performing Arts

Univ. of WA. Dance Program

4000 15th Ave NE

Seattle, WA 98195-1150

(206) 543-4880

www.meany.org

Meany Hall (continued)

Senior tickets \$10 in advance.

\$12 at the door. For all performances.

(Regular prices are \$14 to \$20)

Regal Cinemas

Regal Entertainment Group

Check prices at box office or

www.REGmovies.com

Discount pricing available for Seniors 60+ At present \$8.50. For all showings.

Seattle Jewish Film Festival

(206) 324-9996

www.seattlefilmfestival.org

10-day festival and year-round screenings.

Regular films: \$9.00 for seniors aged 65+

(\$12.00

for others). Special Festival events (opening and closing nights and a third event with food: \$18

for

seniors; \$20 for others). Free matinee for

seniors

(and accompanying caregiver) Small donation \$5

requested but not essential. Members of the

Please present Gold or Flash Card.

Jewish Community Center get 10% off.

Orchestra Seattle/Seattle Chamber Singers

P.O. Box 15825

Seattle, WA 98115

(206)682-5208

www.ossacs.org

10% off please present your gold or flash card.

(continued)

Town Hall Seattle

1119 8th Avenue

Seattle, WA 98101

(206) 652 4255

www.townhallseattle.org

Please present Gold or Flash Card

Senior discount 30% off individual

Town Hall membership (\$25 regularly \$35)

Will receive monthly newsletter of upcoming events.

TRANSPORTATION

Amtrak

303 S Jackson St

Seattle WA 98104

www.amtrak.com

1-800-872-7245

15% off best available coach rail fare at the time of booking. Age 62+ or adults with disabilities (proof of age or disability required).

Metro Transit

201 S Jackson St

Seattle WA 98104

www.kingcounty.gov/metro

(206) 553-3060

Offers \$3 ORCA Regional Reduced Fare. Permit for adults age 65+ and for younger adults with disabilities; Bring proof of age for senior card; for ORCA. Reduced Fare Disabled Permit, younger disabled adults bring either SSI or Medicare award letter. Annual Verification required; or, may

obtain a physician's form from Metro to be completed by doctor to verify either temporary or permanent disability. If permanent disability verified by doctor's completion of Metro form, annual verification not required. Can purchase \$27 monthly sticker, purchase \$5 up to \$300 for E-Purse which can be used to pay fare, or pay 75 cents per ride.

Seattle Center Monorail

370 Thomas St, 2nd Floor

Seattle WA 98109

www.seattlemonorail.com

(206) 905-2601

One-Way Fares:

\$2.25 for Adults

\$1.00 for Youth ages 5-12

\$1.00 for Reduced Rate

(Seniors 65+, disabled, persons with Medicare cards, & active duty U.S. military)

Children 4 and under ride free

Roundtrip rates are twice that of one-way fare.

Cash only – ORCA Cards are *not* accepted.

\$20 Reduced Fare Passes are available for Seniors 65+, Disabled, Persons with Medicare Card. Pass valid for 34 days from order date (to take into account shipping time) Can be purchased on-line at <http://www.seattlemonorail.com/information/monthly-passes> or directly from the Monorail ticket booth at Westlake Center or Seattle Center – no credit cards accepted at the ticket booth.

Seattle Center Monorail departs approximately every 10 minutes from two stations:

Seattle Center station:

Adjacent to the Space Needle

Westlake Center Mall station:

At Fifth Avenue and Pine Street

Monday through Friday

7:30am-11:00pm

Saturday through Sunday

8:30am-11:00pm

Closed Thanksgiving Day and Christmas Day.

Taxi scrip (for half-price fares on taxis) is available for adults age 65+ and adults with disabilities meeting low income guidelines. **Call 206.684.1578**

UTILITIES & CABLE TV

Broadstripe

(formerly M Broadstripe)

(formerly Millennium Cable)

10427 ML King Jr Way

Seattle WA 98178-2047

contact.nw@broadstripe.com

www.broadstripe.com

1-800-829-2225

Senior discountable service. Call about discount and requirements for discount.

Eligibility is determined over the phone.

COMCAST

18 W Mercer St

Seattle WA 98119

www.comcast.com

(206) 386-1989

Senior discount.

UTILITIES – Financial Assistance

COMMUNITY INFORMATION LINE: dial **2-1-1** or **800-621-4636** (M-F 8AM-6PM)

Offers up-to-date, comprehensive referrals to health and human services in King County. More than 6,000 services listed, including assistance with utility and rent/mortgage payments.

CRISIS CLINIC: info@crisisclinic.org or 24/7 dial: **(206) 461-3222** or **866-4-CRISIS** (866-427-4747)

WA RECOVERY HELP LINE: **866-789-1511** (24/7)

TEEN LINK: **866-833-6546** (EVENINGS 6-10pm)

TTY/TDD: 24-Hour Crisis Line, WA Recovery Help Line and Teen Link **206-461-3219**
2-1-1 Community Information Line **206-461-3610**

UTILITIES – Financial Assistance

Cancer Lifeline

6522 Fremont Ave N

Seattle WA 98103

pboyle@cancerlifeline.org

www.cancerlifeline.org

(206) 832-1298

Utility assistance available for cancer patients.

Catholic Community Services

100 23rd Ave S

Seattle WA 98144

brandyt@ccsw.org

www.ccsww.org

(253) 854-0077

Utility assistance available. Low-income households.

Centerstone

722 18th Ave

Seattle WA 98122

www.center-stone.org

1-866-348-7144

Low Income Home Energy Assistance Program (LIHEAP) provides energy grants to eligible households once per year. Call 24-hour appointment hotline to schedule an Energy Assistance appointment: 1-800-348-7144 or TTY (800) 246-1646.

City of Seattle

Utility Discount Program

UDP@seattle.gov

www.seattle.gov/seniors

(206) 684-0268

Income-eligible Seattle City Light and Seattle Public Utilities customers may receive a 50% discount on their Seattle City Light bill and reduced rates on their Seattle Public Utilities (sewer, drainage, and solid waste) bill. Must meet income guidelines. Applicant may not be a resident of federally subsidized housing (Section 8, Seattle Housing Authority, King County Housing Authority, HUD, Shelter+Care, etc.), except SHA Bond apartments. The residential Seattle City Light bill must be in the applicant's name.

Emergency Low Income Assistance Program (ELIA)

Seattle City Light

700 5th Ave Suite 3200

Seattle WA 98104

anthony.scott@seattle.gov

www.seattle.gov/light

(206) 684-3688

Emergency payment assistance for low-income Seattle City Light customers.

(continued)

UTILITIES – Financial Assistance

Hopelink

(North King County)

15809 Westminster Way N

Seattle WA 98133

For questions and appointments:

www.hope-link.org

1-800-348-7144

Low Income Home Energy Assistance Program (LIHEAP) provides energy grants to eligible households once per year.

North Helpline

12707 30th Ave NE

Seattle WA 98125

ed@northhelpline.org

www.northhelpline.org

(206) 365-8043

Utility payment assistance available for low-income residents.

Pierce County Community Action

3602 Pacific Ave S Suite 200

Tacoma WA 98499

thilyar@co.pierce.wa.us

www.co.pierce.wa.us

1-866-233-1068

Utility payment assistance available for low-income residents.

Project Share

Seattle City Light

www.seattle.gov/light/help/share

(206) 684-3000

One-time emergency payment assistance for low-income Seattle City Light customers facing

Puget Sound Energy

PO Box 91269

Bellevue WA 98009

suzanne.hanson@pse.com

www.pse.com

1-888-225-5773

Warm Home Fund energy assistance available for income-eligible gas and electric customers, administered by the Salvation Army.

Queen Anne Helpline

311 W McGraw St

Seattle WA 98119

info@queenannehelpline.org

www.queenannehelpline.org

(206) 282-1540

Utility payment assistance available for low-income residents.

(continued)

UTILITIES – Financial Assistance

ROAR of Washington

717 N 36th St

Seattle WA 98103

staff@roarofwashington.org

www.roarofwashington.org

(206) 634-1977

Utility payment assistance available for low-income

Salvation Army

Seattle/White Center

9050 16th Ave SW

Seattle WA 98106

kathy.sargent@usw.salvationarmy.org

www.salvationarmynw.org

(206) 767-3150

Utility payment assistance available for low-income residents.

Society of St. Vincent de Paul

5950 4th Ave

Seattle WA 98108

HelpCenter@svdpsseattle.org

www.stvincentdepaulseattle.org

(206) 767-6449

Helpline Center offers help with energy bills, food, clothing, rent, and a host of other needs. Low-income households.

South King County Multi-service Center

1215 S Central

Kent WA 98032

oksanas@skcmssc.com

www.skcmssc.com

1-866-233-1068

Low Income Home Energy Assistance Program (LIHEAP) provides energy grants to eligible households once per year.

University Churches Emergency Fund

4515 16th Avenue NE

Seattle WA 98105

director@uchurchesemergencyfund.org

www.uchurchesemergencyfund.org

(206) 524-7885

Utility payment assistance available, up to \$150.00, for low-income, in zip codes 98105, 98115.

OTHER SENIOR DISCOUNTS MAY BE AVAILABLE:

Please note: Although not recognizing the Gold and FLASH Cards, many business do provide discounts to seniors. Policies can change, so do call in advance to confirm the discount information listed below.

Acupuncture

Kang Acupuncture & Herbal Medicine Center, 13400 Northup Way #3, Bellevue WA 98005

www.huacupuncture.com

(425) 401-8885

20% off acupuncture treatments; 10% off Chinese herbs. Age 60+ or adults with disabilities.

North Seattle Community Acupuncture, 11329 Pinehurst Way NE, Seattle, WA 98125

www.northseaforme.com

(206)524-6428

Our sliding scale fee range is \$15-\$40, we are wheelchair accessible, and our wide hallway and large bathroom make it easy to maneuver around.

Beauty Salons/Barbers

Great Clips

www.greatclips.com

1. 1403 Broadway, Seattle (206)328-4789
2. 5401 25th Ave, Seattle, (206)525-0725
3. 21 W Mercer St, Seattle (206)216-1956

Seniors (65+) Men & Women \$12 seven days a week.

Master Cuts

www.mastercuts.com

1. 401 NE Northgate Way, S (206)417-1101
2. 191 Southcenter Mall, Tukwila (206)244-2443
3. 216 Broadway, Seattle (206)325-6247

Seniors (65+) 20%off haircuts Mon thru Thursday

Super Cuts

www.supercuts.com

1. 4736 42nd Ave, SW Seattle (206)932-0400
2. 2318 NW Market St, Seattle (206)789-8656
3. 543 NE Northgate Way, Seattle (206)367-8363

Seniors (65+) Men & Women \$13 seven days a week

Motels/Hotels

Best Western-At least 10% off regular room rates. Late checkouts and other offers also available. AARP or Ages 55+.

Choice Hotels-*Comfort Inn, Comfort Suites, Quality, Sleep Inn, Clarion, Cambria Suites, MainStay Suites, Suburban, Econo Lodge, Rhodeway Inn*

Every Day 10% discount Mature Travelers rate. Ages 50+. 60+ with advanced reservations 20-30% discount

Double Tree-Ages 62+ are eligible for the senior rate.

Hampton Inn-AARP members get up to 10% off best available rate.

Holiday Inn Express Get a discount at participating locations. Ages 62+.

Hyatt-Save up to 50% at participating hotels. Ages 62+.

La Quinta- AARP members save up to 10%. Also senior discount rate for ages 65+.

Marriott Hotels-A discount of at least 15% for ages 62+. Good seven days a week.

Motel 6- 10% discount at over 900 locations. Ages 60+.

Radisson-10% off the standard rate. Ages 60+.

Starwood Hotels: *Aloft, Elements, Four Points, Sheraton, St. Regis, W Hotels, Westin.*

Up to 20% off best available rates. AARP members or 50+.

Museums

Chihuly Garden and Glass

Seattle Center

305 Harrison Street

Seattle 98119

(206)753-4940

www.chihulygardenandglass.com

General senior discount \$17, King County

Senior Residents \$15, Reg price \$19.

(continued)

Museums

Last Resort Fire Department Museum

(Located in **Seattle Fire Department Headquarters**)

301 - 2nd Ave South

HOURS OF OPERATION

Summer hours: **Wednesdays & Thursdays** - 11:00 am to 3:00 pm

Winter hours: **open Wednesdays only** - 11:00 am to 3:00 pm

Phone 206-783-4474

ADMISSION IS FREE

lastresortfd@hotmail.com

Seattle Metropolitan Police Museum

317 Third Ave south

(Directly across the street from Seattle Lighting and ½ block north of the King Street Station)

HOURS & ADMISSION

Tuesday through Saturday 11:00 am - 4:00 pm

\$5.00 (Adults and children age 12 and over)

\$3.00 (Children under 12 and handicapped and/or special needs visitors)

\$4.50 (Guided Tours-Large groups, Adults & Children over 12)

\$3.00 (Guided Tours-Large groups, Children under 12)

Phone: 206-748-9991

smpmuseum@aol.com

Restaurants

Applebees: A 10% discount with free Golden Apple Card.

Arby's: A 10% discount at participating locations. Ages 55+.

Burger King: Discounts vary by location.

Chick-Fil-A: Discounts varies by location.

Chili's: A 10% discount at participating locations. Ages 55+.

Restaurants (continued)

Denny's: AARP members get a 20% discount off the total check amount from 4pm-10pm. Coffee is \$1 - a cup round-the-clock for members and guests.

Mrs. Fields: A 10% discount at participating locations. Ages 60+

IHOP: A 10% discount at participating locations. Ages 55+.

Long John Silvers: Discount for ages 55+.

McDONALD'S: Everyday discount senior coffee.

Taco Bell: Free drinks for seniors at participating locations.

Retail Stores

Goodwill: 10% discount one day a week for ages 55+. Check with location.

Khol's: 15% discount, every Wednesday - 62+.

Ross: 10% off on Tuesdays for ages 55+.

Theaters

AMC Theaters: A discount of up to 30% is available for ages 60+ at most theater locations.

Regal Cinema: Everyday discount for Ages 60 + anytime of the day.

Transportation

Alamo: AARP members receive up to 25% off, plus free unlimited mileage.

Avis: Up to 25% off. Must be AARP member.

Budget Rent A Car : up to 20% off rates (both standard and promotional). Must be AARP member.

Transportation (continued)

Enterprise-5% off rental, plus free upgrade; 20% in Florida. AARP members only.

Hertz- Up to 25% off rates for AARP members.

National Car Rental-*Everyday* CALL 1-800-CAR-RENT for details. Ages 50+. AARP members save up to 25%.

Amtrak-Everyday. 15% discount on adult rail fare with some exclusions. Ages 62+.

Bolt Bus Service from Seattle to Portland & Vancouver BC. None of Bolt Bus fares are expensive and range from \$5 to \$25. [Visit Boltbus.com](http://Boltbus.com)

Greyhound-5% discount on unrestricted passenger fares. Ages 62+.

Norwegian Cruise Line 5% discount for AARP members. Must book nine months in advance.