WINTER WEATHER PREPAREDNESS

A RESOURCE FOR PERSONAL, HOME, AND COMMUTING PREPAREDNESS



PREPARING FOR WINTER STORMS

• Be aware of winter storm forecasts. Listen to local radio stations or tune in to local news channels.

- Prepare your home for cold weather.
 - Install storm windows.
 - Insulate outside walls, attics, and crawl spaces.
 - Wrap pipes, especially those near cold outer walls or in attics or crawl spaces.
 - Repair leaks in the roof, around the doors and in the windows.
- Remember to keep objects at least

DURING A WINTER STORM

Wear several layers of loose fitting, light weight, warm clothing (rather than one layer of heavy clothing).
Wear mittens rather than gloves. Wear a warm, woolen cap.

• Heat only the areas of your home you are using. Close doors and curtains or cover windows and doors with blankets.

• Use alternative heat methods safely. Never use a gas or charcoal grill, hibachi, or portable propane heater to cook indoors or heat your home.

DRIVING AND COMMUTING

• Make sure someone knows where you are going. Stay on the main roads.

• If you are commuting using public transportation, plan for the possibility of not being able to get home. Carry some mobile emergency supplies with you in the winter months.

- Keep an emergency kit in your vehicle:
 - Three day supply of water and non-perishable food that can be eaten without being cooked.
 - A blanket or sleeping bag for

three feet away from all heaters. If you have a kerosene heater, only fill it outside.

• Make sure your fireplace functions properly.

• Have rock salt and sand on hand for traction on ice.

• Watch for signs of frostbite and hypothermia. Be sure to eat regularlyfood provides calories that maintain body heat.

• If you become trapped outside, get out of the wind and stay dry. Build a lean-to or snow cave if nothing else is available. Do not eat snow.



each passenger

- A flashlight & batteries
- Cell phone & charger
- Shovel
- A sack of sand or kitty litter
- Booster cables
- Flare
- Coffee can with lid and toilet

paper