BE PREPARED

BUILD A KIT

Plan to be on your own for at least 7-10 days

- Water (1 gallon per person, per day)
- Food (non-perishable)
- Medications
- Medical equipment
- First aid kit
- Can opener
- Radio
- Flashlight
- Personal hygiene items
- Tools
- Pet supplies
- Small bills
- Toilet paper
- Identification & important documents

! Keep a 7-10 day kit at home — also have smaller kits in your vehicle and at work
BE PREPARED

MAKE A PLAN
Determine a meeting place in case you have to leave your home

LEARN ABOUT DISASTER PLANS FOR:
- Your work
- Your children’s school
- Your medical and/or transportation provider
- Other places where your family spends time

- Sign up for emergency alerts and notifications at alert.seattle.gov
- Know what hazards your home is vulnerable to by visiting seattle.gov/hazardsmap

DEVELOP A COMMUNICATIONS PLAN:
- Write down emergency contact information
- Texts are more likely to go through
- Have an extra cell phone charger and batteries
- An out-of-area contact can serve as a relay point for family communication

HELP EACH OTHER
Know how you’ll help people and pets who normally rely on you

- Form a Seattle Neighborhoods Actively Prepare (SNAP) group seattle.gov/snap
- View the Seattle Neighborhoods map to connect with your Community Emergency Hub seattle.gov/emergency
- Attend free disaster skills workshops offered by Seattle Emergency Management and learn basic survival skills
- See the calendar of upcoming events at seattle.gov/emergency

Community Emergency Hubs
Seattle Emergency Management
WHAT TO DO DURING AN EARTHQUAKE

DURING THE SHAKING

DROP

COVER

AND HOLD ON

If there is no table around, get lower than the other furniture.

THINK

BENEATH

BESIDE

BETWEEN

AFTER THE SHAKING

CHECK YOUR HOME:

For structural damage

Shut off the water at the main house valve

Shut off natural gas if you

Smell natural gas

Hear hissing

See the dial spinning

Check for injuries and apply basic first aid

Help your neighbors

FOR MORE INFORMATION

AlertSeattle messages

Local television

Your closest Community Emergency Hub

Emergency radio stations

AM 710 • AM 1000

FM 94.9 • FM 97.3 • FM 97.7

Twitter @CityofSeattle @alertseattle

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