Fall 2018

Join us for coffee and conversation with

Age Friendly Seattle



Three sessions available:

Thursday, October 11, 10:00–11:00 AM at Magnuson Brig, 6344 NE 74th St

Thursday, November 8, 10:00-11:00 AM at Queen Anne Comm. Center, 1901 1st Ave W

Friday, November 30, 10:30-11:30 AM at Rainier Beach Comm. Center, 8825 Rainier Ave S

Meet the Age Friendly Seattle team and discuss improvements you'd like in transportation, housing, outdoor spaces, community and health services, and programs promoting social and civic participation, communication, and respect and social inclusion. Learn about actions City departments will take to make Seattle a great place to grow up and grow old, and how to get involved.

For accessibility questions or to request an accommodation, contact Sarah Demas (206-386-4058 or agefriendly@seattle.gov).







Age Friendly Seattle Coffee Hours are held on the third Thursday of every month at the Central Building and on other dates in Seattle neighborhoods.

The events bring community elders closer to City officials to explore topics of interest. Presentations often include cutting edge information about healthy aging, legal and planning issues, and more.

Participants learn about City programs and services, and officials hear from their constituents.

Coffee and refreshments are served.

Age Friendly Seattle

Tel. 206-684-0500 711 Relay Service

<u>agefriendly@seattle.gov</u> <u>www.seattle.gov/agefriendly</u>

