

# July 2018

Join us for coffee and conversation with  
**Age Friendly Seattle Team**

**Thursday, July 19**  
10:00–11:00 a.m.

**The Central Building**  
810 3rd Avenue  
1st Floor Conference Room  
(between Columbia & Marion  
in downtown Seattle)



Meet the new Age Friendly Seattle team and discuss improvements you would like to see in transportation, housing, outdoor spaces, community and health services, and programs that promote social and civic participation, communication, and respect and social inclusion. Learn about actions City departments will take to make Seattle a great place to grow up AND grow old.

For accessibility questions or to request accommodation, contact Lenny Orlov at 206-386-1521 or Sarah Demas at 206-386-4058 or e-mail [agefriendly@seattle.gov](mailto:agefriendly@seattle.gov). Requests should be made as soon as possible (at least three days prior to the event).



Age Friendly Seattle Coffee Hours are held on the third Thursday of every month at the Central Building and on other dates in Seattle neighborhoods.

The events bring community elders closer to City officials to explore topics of interest. Presentations often include cutting edge information about healthy aging, legal and planning issues, and more.

Participants learn about City programs and services, and officials hear from their constituents.

Coffee and refreshments are served.

## **Age Friendly Seattle**

Tel. 206-684-0500  
711 Relay Service

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