



Seattle
Parks & Recreation

SEATTLE CITYWIDE RECREATION PROGRAMS

SPRING 2024 PROGRAMS

COMMUNITY CENTERS:

ZONE ONE

DELRIDGE
HIAWATHA
HIGH POINT
INT'L DISTRICT/CHINATOWN
JEFFERSON
RAINIER
RAINIER BEACH
SOUTH PARK
VAN ASSELT

ZONE TWO

GARFIELD
MILLER
MONTLAKE
NORTHGATE
QUEEN ANNE
YESLER

ZONE THREE

BALLARD
BITTER LAKE
GREEN LAKE
LOYAL HEIGHTS
MAGNUSON
MEADOWBROOK
RAVENNA-ECKSTEIN

VIRTUAL PROGRAMS
ENVIRONMENTAL LEARNING



REGISTER
MARCH 5

REGISTER ONLINE:
https://bit.ly/spr_activity_reg





REGISTER MARCH 5

Seattle Parks and Recreation is pleased to offer several options to register for programs and activities.

We hope our registration options listed on this page will guide you to a choice that works best for you. While some of our Community Centers continue to operate on limited hours and with limited staff, we ask for your patience and understanding if we are not able to respond as quickly as you may expect.

Thank you for your continued support of Seattle Parks and Recreation.

FINANCIAL AID SCHOLARSHIPS AVAILABLE!



NEW online application, it's easy to apply. Available in 8 languages. Visit [CiviForm](https://www.seattle.gov/parks/find/scholarships-and-financial-aid) to learn more and apply. For more information, contact your local recreation facility or visit: <https://www.seattle.gov/parks/find/scholarships-and-financial-aid>

Note: Application can take up to two weeks to process and must be approved prior to registration when funds are available.



FIRST CHOICE

Check out Seattle Parks and Recreation's online registration software at http://bit.ly/spr_registration_account. Sign in or create an account if this is your first time registering for classes with the new software. Once you are logged in you can choose your programs and pay online.



SECOND CHOICE

Call select recreation centers during their hours of operation at the phone number listed at:



THIRD CHOICE

Register by phone with our Business Service Center (BSC) at 206-684-5177, Monday-Friday between 8:30 a.m.-6 p.m. Email questions to: ParksBSC@seattle.gov



We will no longer be doing vaccination screening or requiring masks to enter SPR recreation facilities. Please feel free to continue wearing a mask for your own comfort. We are asking that you self-screen prior to coming to a recreation facility to stop the spread of illness. If you are ill, please stay home.

GENERAL INFO

ENVIRONMENTAL LEARNING CENTERS

CAMP LONG

5200 35th Ave SW
Seattle, WA 98126
PH: 206-684-7434

CARKEEK PARK*

950 NW Carkeek Park Rd
Seattle, WA 98177
PH: 206-386-4236

DISCOVERY PARK

3801 Discovery Park Blvd
Seattle, WA 98199
PH: 206-386-4236

ZONE ONE COMMUNITY CENTERS

DELRIIDGE CC

4501 Delridge Way SW
Seattle, WA 98106
PH: 206-684-7423
Fax: 206-684-7424

HIAWATHA CC*

2700 California Ave SW
Seattle, WA 98116
PH: 206-684-7441

HIGH POINT CC

6920 34th Ave SW
Seattle, WA 98126
PH: 206-684-7422
Fax: 206-684-7402

INT'L DISTRICT/ CHINATOWN CC

719 8th Ave S
Seattle, WA 98104
PH: 206-233-0042
Fax: 206-233-5036

JEFFERSON CC

3801 Beacon Ave S
Seattle, WA 98108
PH: 206-684-7481
Fax: 206-684-7483

RAINIER CC

4600 38th Ave S
Seattle, WA 98118
PH: 206-386-1919
Fax: 206-386-1904

RAINIER BEACH CC

8825 Rainier Ave S
Seattle, WA 98118
PH: 206-386-1925
Fax: 206-386-1510

SOUTH PARK CC*

8319 8th Ave S
Seattle, WA 98108
PH: 206-684-7422

VAN ASSELT CC

2820 S Myrtle St
Seattle, WA 98108
PH: 206-386-1921
Fax: 206-386-1894

ZONE TWO COMMUNITY CENTERS

GARFIELD CC

2323 E Cherry St
Seattle, WA 98122
PH: 206-684-4788
Fax: 206-684-4380

MAGNOLIA CC*

2550 34th Ave W
Seattle, WA 98199
PH: 206-386-4235
Fax: 206-386-4230

MILLER CC

330 19th Ave E
Seattle, WA 98112
PH: 206-684-4753
Fax: 206-684-4397

MONTLAKE CC*

1618 E Calhoun St
Seattle, WA 98112
PH: 206-684-4736
Fax: 206-233-7140

NORTHGATE CC

10510 5th Ave NE
Seattle, WA 98125
PH: 206-386-4283
Fax: 206-684-4990

QUEEN ANNE CC

1901 1st Ave W
Seattle, WA 98119
PH: 206-386-4240
Fax: 206-386-4284

YESLER CC

917 E Yesler Way
Seattle, WA 98122
PH: 206-386-1245
Fax: 206-684-7787

ZONE THREE COMMUNITY CENTERS

BALLARD CC

6020 28th Ave NW
Seattle, WA 98107
PH: 206-684-4093
Fax: 206-684-7199

BITTER LAKE CC

13035 Linden Ave N
Seattle, WA 98133
PH: 206-684-7524
Fax: 206-684-0858

GREEN LAKE CC

7201 E Green Lake Dr N
Seattle, WA 98115
PH: 206-684-0780
Fax: 206-684-7550

LAKE CITY CC*

12531 28th Ave NE
Seattle, WA 98125
PH: 206-256-5645

LAURELHURST CC*

4554 NE 41st St,
Seattle, WA 98112
PH: 206-684-7529

LOYAL HEIGHTS CC

2101 NW 77th St
Seattle, WA 98117
PH: 206-684-4052

MAGNUSON CC

7110 62nd Ave NE
Seattle, WA 98115
PH: 206-684-7026

MEADOWBROOK CC

10517 35th Ave NE
Seattle, WA 98125
PH: 206-684-7522
Fax: 206-684-4921

RAVENNA-ECKSTEIN CC

6535 Ravenna Ave NE
Seattle, WA 98115
PH: 206-684-7534
Fax: 206-233-3973

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*Location is closed, see page 29 regarding our Community Center Improvement Project

GENERAL INFO

HAVE A GOOD CLASS IDEA?

INTERESTED IN TEACHING A CLASS OR WORKSHOP AT SEATTLE COMMUNITY CENTERS?

Please contact the Assistant Coordinators listed to the below with your programming idea(s).

CLASSES ARE SCHEDULED APPROXIMATELY SIX MONTHS IN ADVANCE.

COORDINATORS/ASST. COORDINATORS

BALLARD CC

C: Tim Ewings | timothy.ewings@seattle.gov
AC: Carmen Lau-Woo | carmen.lau-woo@seattle.gov

BITTER LAKE CC

C: Cynthia Etelamaki | cynthia.etelamaki@seattle.gov
AC: Richard By | richard.by@seattle.gov
AC: Liam McFeely | liam.mcfely@seattle.gov

CAMP LONG

C: Matt Kastle | matt.kastle@seattle.gov

CARKEEK PARK (Closed)

C: Becca Reilly | becca.reilly@seattle.gov

DELRIDGE CC

C: Kiki Kennedy | kiki.kennedy@seattle.gov
AC: Julie Nguyen | julie.nguyen@seattle.gov

DISCOVERY PARK

C: Becca Reilly | becca.reilly@seattle.gov

GARFIELD CC

C: Derryn Anderson | derryn.anderson@seattle.gov
AC: Jennifer Romo | jennifer.romo@seattle.gov

GREEN LAKE CC

C: Jewels Jugum | jewels.jugum@seattle.gov
AC: Mary Pat Byington | marypat.byington@seattle.gov

HIAWATHA CC (Closed)

C: Andrea Wooley | andrea.wooley@seattle.gov

HIGH POINT CC

C: Tamela Thomas | tamela.thomas@seattle.gov
AC: Buck Buchanan | buck.buchanan@seattle.gov

INTERNATIONAL DISTRICT/CHINATOWN CC

C: Zara Soares | zara.soares@seattle.gov
AC: Andrew Nguyen | andrew.nguyen2@seattle.gov

JEFFERSON CC

C: Paul Davenport | paul.davenport@seattle.gov
AC: Karyn Leung | karyn.leung@seattle.gov

LAKE CITY CC (Closed)

AC: Penny Atwood | penny.atwood@seattle.gov

LAURELHURST CC (Closed)

C: Rob Bellm | rob.bellm@seattle.gov
AC: Trixie Magsarili | trixie.magsarili@seattle.gov

LOYAL HEIGHTS CC

C: Nick White | nick.white@seattle.gov
AC: Xavier Walker | xavier.walker@seattle.gov

CLOSURES



3/7
5/27
6/6
6/19

Recreation In-Service Day
Memorial Day
Recreation In-Service Day
Juneteenth

PARKS MANAGEMENT

A.P. Diaz <i>Superintendent</i>	Brian Judd <i>Interim Recreation Director</i>
Mike Plympton <i>Aquatics Manager</i>	Barb Wade <i>Recreation Manager</i>
Tia Scott <i>Facilities & Youth Sports Manager</i>	Daryl Look <i>Recreation Manager</i>
Chukundi Salisbury <i>Environmental Programs & Sustainable Operations Manager</i>	Tom Walsh <i>Recreation Manager</i>

MAGNOLIA CC (Closed)

C: Chris Easterday | chris.easterday@seattle.gov
AC: Robin Brannman | robin.brannman@seattle.gov

MAGNUSON CC

C: Kim LeMay | kim.lemay@seattle.gov
AC: Penny Atwood | penny.atwood@seattle.gov

MEADOWBROOK CC

C: Douglas Oaksford | douglas.oaksford@seattle.gov
AC: Heather Wyatt | heather.wyatt@seattle.gov

MILLER CC

C: Jacqueline Oaksford | jacqueline.oaksford@seattle.gov
AC: Alice Barney | alicen.barney@seattle.gov

MONTLAKE CC (Closed)

C: Stefan Schmidt | stefan.schmidt@seattle.gov
AC: Emily Whybra | emily.whybra@seattle.gov

NORTHGATE CC

C: Katie Fridell | katie.fridell@seattle.gov
AC: Santy Villarico | santy.villarico@seattle.gov

QUEEN ANNE CC

C: Gina Saxby | gina.saxby@seattle.gov
AC: Bethany Woolsey | bethany.woolsey@seattle.gov

RAINIER CC

C: Staci Doan | staci.doan@seattle.gov
AC: George Yasutake | george.yasutake@seattle.gov

RAINIER BEACH CC

C: Martha Winther | martha.winther@seattle.gov
AC: Heather Nguyen | heather.nguyenhuynh@seattle.gov
AC: Betty Ayneta | betty.ayneta@seattle.gov

RAVENNA-ECKSTEIN CC

C: Cameron Rivera-Flodine | cameron.rivera-flodine@seattle.gov
AC: Trixie Magsarili | trixie.magsarili@seattle.gov

SOUTH PARK CC (Closed, but has off-site programs)

C: Tom Walsh | tom.walsh2@seattle.gov

VAN ASSELT CC

C: Darin Olsen | darin.olsen@seattle.gov
AC: Sam Chesneau | samuel.chesneau@seattle.gov

YESLER CC

C: Gary Alexander | gary.alexander@seattle.gov
AC: Faizah Osayande | faizah.osayande@seattle.gov

Learn more about site closures on page: 29

PRESCHOOL

2023-2024 PRESCHOOL PROGRAMS | AGES 3-5

PRESCHOOL PROGRAM

Seattle Parks and Recreation offers half-day or full-day preschool programs at various locations across Seattle. These low-cost early childhood programs provide a safe, happy, healthy learning environment for preschool children.

Seattle Preschool Program (SPP) and Pathways Preschool Program utilize *Creative Curriculum for Preschool* from Teaching Strategies Gold (TSG). This research-based curriculum offers early childhood educators a comprehensive collection of resources and assessment tools to help them build high-quality programs. Children will be observed and assessed using the Creative Curriculum developmental objectives.

Our school-readiness preschool programs meet the developmental needs of young children, focusing on emotional, social, physical, and cognitive skills. Classrooms are set up with rich environments, fun-filled learning areas, consistent schedules and routines, and both large and small group times. Preschool activities include art, blocks, dramatic play, library time, cooking, discovery science, singing, and outdoor play.

SEATTLE PRESCHOOL PROGRAM (SPP)* (Full-Day/6 hour Programs)

ALKI @ SCHMITZ PARK ELEMENTARY SCHOOL

BALLARD COMMUNITY CENTER

BITTER LAKE COMMUNITY CENTER

MEADOWBROOK COMMUNITY CENTER

PATHWAYS PRESCHOOL PROGRAM** (Half-Day/3.5 hour Program)

QUEEN ANNE COMMUNITY CENTER

NATURE KIDS PRESCHOOL (Half-Day/3.5 hour Program)

DISCOVERY PARK VISITOR CENTER

No programs: 4/8-4/12



CLOSURE DATES:

5/27 Memorial Day

6/19 Juneteenth

Check with your local community center for additional closures.

DETAILS:

- **Ages:** 3-5 years
- **Cost:** Varies by program. For more information, visit: <https://bit.ly/ps2324> For questions, contact Early Learning Program Coordinator: Katie Sifford at katie.sifford@seattle.gov
- Low teacher-child ratio of 1:8
- Staff is trained in Early Childhood Education, CPR/First Aid, and safe food handling practices.

REGISTRATION

- Registration is now open!
- Seattle Preschool Programs must be registered through the Department of Education and Early Learning (DEEL). For more information and access to the 2023-2024 SY application, please visit: <https://www.seattle.gov/education/for-parents/child-care-and-preschool/seattle-preschool-program>
- Participation requires submittal of the appropriate registration forms PRIOR to the start of program, including the Participant Information and Authorization Form (E-13) or ePact. If you have a child with special needs (e.g. asthma, allergies, etc.) and/or disabilities, there will be additional forms to be completed.

FINANCIAL AID SCHOLARSHIPS AVAILABLE!

Visit CiviForm to learn more and apply. For more information, contact your local recreation facility or visit: <https://www.seattle.gov/parks/find/scholarships-and-financial-aid>

Note: Application can take up to two weeks to process and must be approved prior to registration when funds are available.

*City of Seattle Pathways programs are entry level to the Seattle Preschool Program (SPP) where partial or full subsidies are available.

**City of Seattle Preschool Program (SPP) have partial or full subsidies available. These programs are NOT registrable through Seattle Parks and Recreation. Please call (206) 386-1050 for details or visit bit.ly/sprseattlepreschoolprogram.

SCHOOL AGE CARE

2023-2024 SCHOOL-AGE CARE AFTER SCHOOL PROGRAMS | AGES: 5-12

Do you want your child to have fun, engaging opportunities that support continued learning and personal growth outside of school?

The focus of our program is to provide children with opportunities to develop socially, emotionally, and physically. The atmosphere at our program is one that emphasizes community relationships, but also recognizes individual achievement, creativity, and original thinking.

We make it our mission to promote self-awareness, self-control, conflict resolution skills, and positive decision-making abilities. We like to work in partnership with our local schools to make sure your child's educational experience is constantly being enriched. Our trained staff works daily to offer activities in areas such as: arts and culture, environmental stewardship, health and fitness, academic support, and more.

HIGHLIGHTS:

- Quality and consistent care with qualified staff.
- We welcome all members of the community!
- Scholarship are available and WCCC subsidies are also accepted.
- Break Camps are offered for an additional charge at hub locations throughout the city for November Parent/Teacher Conferences, Winter Break, Mid-Winter Break, and Spring Break.

REGISTRATION IS NOW OPEN

- \$25 registration fee is required for signing up and balance of September fees are due two weeks prior to first program day.
- Additional participant information and medically verified immunization form will be required in ePACT prior to participation.
- Scholarship applications are now available for the Seattle Parks and Recreation Scholarship Cycle, Summer 2023-Spring 2024. More information can be found online: <https://www.seattle.gov/parks/scholarships-and-financial-aid>
- Registration can be done at your community center or online. Program details may change. If you have questions or concerns, please contact the community center.
- Prices vary per month by amount of days program is offered and can be found online at: https://bit.ly/SPR_2023-2024SAC Pricing



CLOSURE DATES:

5/27 Memorial Day

6/19 Juneteenth

Check with your local community center for additional closures.

ZONE ONE

- ALKI @ SCHMITZ PARK ELEMENTARY SCHOOL
- HIAWATHA @ GENESEE HILL ELEMENTARY SCHOOL
- HIAWATHA @ LAFAYETTE ELEMENTARY SCHOOL
- HIGH POINT COMMUNITY CENTER
- JEFFERSON COMMUNITY CENTER
- RAINIER COMMUNITY CENTER
- RAINIER @ JOHN MUIR ELEMENTARY SCHOOL
- RAINIER BEACH COMMUNITY CENTER
- VAN ASSELT COMMUNITY CENTER

ZONE TWO

- MONTLAKE @ MCGILVRA ELEMENTARY SCHOOL
- NORTHGATE COMMUNITY CENTER
- QUEEN ANNE COMMUNITY CENTER

ZONE THREE

- BALLARD COMMUNITY CENTER
- BITTER LAKE @ BROADVIEW THOMSON ELEMENTARY SCHOOL
- MAGNOLIA @ BLAINE ELEMENTARY SCHOOL
- MEADOWBROOK COMMUNITY CENTER
- RAVENNA-ECKSTEIN @ THORTON CREEK ELEMENTARY SCHOOL
- RAVENNA-ECKSTEIN @ WEDGWOOD ELEMENTARY SCHOOL

TOT DROP-IN PROGRAMS

TOT GYM

Looking for a dry, warm place to let your child play inside? Our playroom is full of toys, mats, and slides. Parent supervision is required at ALL times. Must register for a Quick Card at the front desk on your first visit. No food or drinks allowed in the playroom. We do have tables and chairs in the hallway for serving snacks and drinks.

▼ BALLARD CC	Ages 5 and Under			
64903	4/8-6/14	M/W/F	10 a.m.-12:30 p.m.	FREE
▼ BITTER LAKE CC	Ages 9 months-6 Years			
65197	4/1-6/23	M/W/Su	10:30 a.m.- 12:30 p.m.	FREE
▼ GARFIELD CC	Ages 5 and Under			
64463	4/15-6/17	M/W	10 a.m.-1 p.m.	FREE
▼ HIGH POINT CC	Ages 5 and Under			
		Tu/Th	10 a.m.-12:30 p.m.	FREE
▼ INTERNATIONAL DISTRICT/ CHINATOWN COMMUNITY CENTER	Ages 5 and Under			
65006	4/2-6/20	Tu/Th	1:30-3:30 p.m.	FREE
▼ JEFFERSON CC	Ages 6 and Under			
65081	4/2-6/20	Tu/Th	10 a.m.-2 p.m.	FREE
▼ LOYAL HEIGHTS	Ages 5 and Under			
64642	4/2-6/20	Tu/Th	10 a.m.-1p.m.	FREE
▼ MAGNUSON CC	Ages 5 and Under			
65654	4/3-6/26	Wednesday	9:30-11:30 a.m.	FREE
65654	4/6-6/29	Saturday	12:30-2:30 p.m.	FREE
▼ MILLER CC	Ages 5 and Under			
64572	4/2-6/27	Tu/Th	10 a.m.-1 p.m.	FREE
▼ NORTHGATE CC	Ages 5 and Under			
66301	4/2-6/20	Tu/Th	9-11:30 a.m.	FREE
▼ QUEEN ANNE CC	Ages 5 and Under			
64775	4/2-6/20	Tu/Th	9:30 a.m.-12:30 p.m.	FREE
▼ RAINIER CC	Ages 5 and Under			
66340	4/1-6/17	M/W	10 a.m.-Noon	FREE
▼ RAINIER BEACH CC	Ages 5 and Under			
64394	4/1-6/7	M/Th/F	9 a.m.-Noon	FREE
▼ RAVENNA-ECKSTEIN CC	Ages 5 and Under			
64988	4/1-6/21	Mon-Fri	12:30-2:30 p.m.	FREE
▼ VAN ASSELT CC	Ages 5 and Under			
66817	4/2-6/20	Tu/Th	11 a.m.-2 p.m.	FREE
▼ YESLER CC	Ages 5 and Under			
65185	4/3-6/21	M/W/F	11 a.m.-1 p.m.	FREE

TODDLER PLAYROOM

Your child will play, learn, and develop both motor and social skills in this highly interactive drop-in play time. They will meet new friends, play on bouncy toys, ride scooters and much more. Parents must always accompany their child.

▼ GREEN LAKE CC	Ages 5 and Under			
66752	4/1-6/28	Mon-Fri	10 a.m.-8 p.m.	FREE
66752	4/2-6/21	Saturday	8:30 a.m.-4:30 p.m.	FREE

TOT ROOM

Visit our dedicated play space filled with toys for children of all shapes, sizes, and mobility. This is a Drop-In activity and request that you use a membership card when checking in at front desk. Parental supervision is required.

▼ BALLARD CC	Ages 5 and Under			
64907	4/7-6/15	Mon-Fri	10 a.m.-8 p.m.	FREE
	4/2-6/21	Saturday	10 a.m.-5 p.m.	FREE
	4/3-6/22	Sunday	10 a.m.-3 p.m.	FREE
▼ DELRIDGE CC	Ages 5 and Under			
64427	4/1-6/21	Mon-Sat	10:15 a.m.-3 p.m.	FREE
▼ DISCOVERY PARK VISITOR CENTER	Ages 5 and Under			
66173	4/2-6/21	Tue-Fri	11 a.m.-4:30 p.m.	FREE
66173	4/2-6/21	Saturday	9 a.m.-4:30 p.m.	FREE
▼ MILLER CC	Ages 5 and Under			
64573	4/1-6/28	Mon-Fri	10 a.m.-6:30 p.m.	FREE
▼ QUEEN ANNE CC	Ages 4 and Under			
		Mon-Fri	9 a.m.-7:45 p.m.	FREE
		Saturday	9 a.m.-4:45 p.m.	FREE
▼ RAVENNA-ECKSTEIN CC	Ages 5 and Under			
	4/6-6/22	Saturday	9:30 a.m.-4:30 p.m.	FREE

TODDLER PLAY & RUN

Come play in our indoor gym where your child can enjoy fun and creative exercise. Toys are age appropriate for 2-5 year-olds. Parental supervision is required.

▼ MEADOWBROOK CC	Ages 2-5			
65514	4/1-6/21	Mon-Sat	12:30-2:30 p.m.	FREE



DROP-IN PROGRAMS

Register for a free Quick Card in order to participate in all drop-in athletic programs. Check-in at the front desk.

LATE NIGHT RECREATION PROGRAMS

Late Night is a safe and supportive environment for teens focusing on positive interactions and engagement where all teens are welcome.

▼ BITTER LAKE CC	Ages 13-19			
4/5-6/22	F/Sa	7 p.m.-Midnight	FREE	
▼ GARFIELD TEEN LIFE CENTER	Ages 13-19			
4/5-6/21	Friday	7 p.m.-Midnight	FREE	
▼ MEADOWBROOK TEEN LIFE CENTER	Ages 13-19			
4/5-6/21	Friday	7 p.m.-Midnight	FREE	
4/6-6/22	Saturday	5 p.m.-Midnight	FREE	
▼ RAINIER CC	Ages 13-19			
4/5-6/22	F/Sa	7 p.m.-Midnight	FREE	
▼ RAINIER BEACH CC	Ages 13-19			
64403	4/5-6/22	F/Sa	7 p.m.-Midnight	FREE
▼ SOUTH PARK @ CONCORD ELEMENTARY SCHOOL	Ages 13-19			
4/5-6/21	Friday	6:30-10:30 p.m.	FREE	
4/6-6/22	Saturday	3:30-8:30 p.m.	FREE	
▼ SOUTHWEST TEEN LIFE CENTER	Ages 13-19			
4/5-6/21	Friday	7 p.m.-Midnight	FREE	
4/6-6/22	Saturday	7 p.m.-Midnight	FREE	
▼ VAN ASSELT CC	Ages 13-19			
4/5-6/21	Friday	7 p.m.-Midnight	FREE	

BALLARD CC

JUGGLING

All Ages

Part of the gym will be available to the juggling club. Learn this impressive skill and show your friends. They'll want to join you next time so they can learn too!

64906 4/10-6/12 Wednesday 5:15-8:45 p.m. FREE

BITTER LAKE CC

FAMILY SKATE NIGHT

All Ages

Join us for this popular Bitter Lake family tradition as we put on our skates and get moving! We will have great music and play fun games. Bring your own skates and blades, or borrow a pair of ours. Please note: No toy skates allowed.

4/19-6/14 Friday 6:30-8:15 p.m. \$6

DELRIDGE CC

SKATE THERAPY

18 and Older

Get ready to roller skate solo or with a partner. You'll learn to skate forward, backwards, and dance on your skates. You can also practice your new or existing skills during free skate in the second half of class.

65416 4/6-6/15 Saturday 2:15-4:15 p.m. FREE

GARFIELD CC

AFTER SCHOOL HANGOUT

Ages 12-18

Enjoy this safe place for tweens and teens to gather, socialize and play games. Activities include pool, foosball, board games, music sharing, and more. FREE Wi-Fi access.

64460 4/17-6/20 Wednesday 2:30-5:30 p.m. FREE

64460 4/17-6/20 Thursday 3:30-5:30 p.m. FREE

SOUL LINE DANCE

Ages 18 and Older

Join this FREE, fun, and energetic class for all ages. Moving to R&B music will push you through several stages of line dance intensity as we get our heart rates up while inches fall off. This exercise caters to all fitness levels. Brought to you by Seattle Parks and Recreation's Rec4All Grant.

64462 4/20-6/22 Saturday 10 a.m.-Noon FREE

GREEN LAKE CC

ACTIVE FUN ZONE

Ages 6-11

The active Fun Zone is a place where children can explore various sports and games, from basketball, soccer, dodgeball to tag and relay races. Note: All youth must be accompanied by an adult.

66814 4/3-6/26 Wednesday 2-2:25 p.m. FREE

TEEN: AFTER SCHOOL HANGOUT

Ages 13-17

Enjoy this safe place for teens to gather, socialize and play games. We offer fun and mind-simulating games, and we would like you to join us and have a good time. Free snacks available.

GAME ROOM

65542 4/3-6/28 Mon-Fri 3:30-6 p.m. FREE

GYM

4/1-6/26 Mon-Wed 3:30-5:30 p.m. FREE

4/4-6/20 Thursday 3:30-4:15 p.m. FREE

Friday Nights are Teen Nights! Join us for Open Gym & the Game Room.

66117 4/5-6/21 Friday 6-9 p.m.* FREE

*Free swimming from 7-8 p.m. for teens 13+ . E-13 Form Required.

DROP-IN PROGRAMS

Register for a free Quick Card in order to participate in all drop-in athletic programs. Check-in at the front desk.

GREEN LAKE CC (CONTINUED)

CARTOONS AND CRAFTS Ages 10 and Under

What's more fun than relaxing together on a Saturday morning with cartoons and crafts? Join us in comfy clothes to watch your little one's favorite show and get crafty together. Kids must be accompanied by an adult.

66389 4/6-6/22 **Saturday** 9:30-11 a.m. **FREE**

INTERNATIONAL DISTRICT/CHINATOWN CC

50 & UP FUN Ages 50 and Older

Come play a variety of games, including ping pong and Mahjong! Five Donic Delhi 25 tables and two Mahjong tables will be set up for your enjoyment.

64444 4/1-6/28 **Mon-Fri** 3-5:30 p.m. **FREE**

CHINESE DANCE Ages 18 and Older

Through music and movement, dancers will be immersed in culture and community in this Chinese dance class.

64446 4/2-6/27 **Tu/Th** 11 a.m.-12:45 p.m. **\$2/\$3**

FRIDAY TEEN HANGOUT Ages 11-17

Teens are invited to socialize and participate in free activities. Enjoy open gym and participate in a variety of activities such as karaoke, popcorn movie nights, cooking, and other special activities.

65022 4/5-6/28 **Friday** 6-9 p.m. **FREE**

GENTLE YOGA Ages 50 and Older

Relax using disciplined techniques of traditional yoga to enhance strength and well-being.

64470 4/4-6/27 **Thursday** 1:30-3 p.m. **\$3**

ZUMBA Ages 16 and Older

Zumba® combines high energy, motivating music, and unique moves that allow you to dance away your worries. The routines feature aerobic/fitness interval training, combining fast and slow rhythms that tone and sculpt the body.

64471 4/6-6/29 **Saturday** 10-11 a.m. **\$5**

JEFFERSON CC

ADULT TAI CHI Ages 18 and Older

Stretch and relax your mind, body, and spirit in our Tai Chi class. Suited for all levels. Dress in comfortable clothing that allows you to move freely.

65073 4/3-6/26 **Wednesday** 9:30-11 a.m. **FREE**

AFTER SCHOOL HANGOUT Ages 12-18

Our Hangout Room is a safe place for teens to gather, socialize and play various games. Activities include jenga, board games, video games, music sharing, and more. FREE Wi-Fi access.

65074 4/1-6/24 **M/Tu/Th/F** 3:30-6 p.m. **FREE**

BALLROOM & LINE DANCE Ages 16 and Older

Come dance to the rhythm of ballroom dance. Come with a partner or by yourself for a fun day of dancing. No experience necessary.

65075 4/3-6/26 **Wednesday** 1-3 p.m. **FREE**

FIBER ARTS GROUP Ages 18 and Older

Bring your quilting, textile arts and crafts projects to work on. Share ideas and enjoy the company of other crafters. No formal instruction provided.

65076 4/5-6/28 **Friday** 11 a.m.-2 p.m. **FREE**

TEEN ADVISORY COUNCIL Ages 12-17

Utilize your leadership skills, be active and involved in planning field trips, special events, fundraising and giving back to the community.

65078 4/3-6/26 **Wednesday** 5-6 p.m. **FREE**

TEEN CHEF & GARDENING Ages 12-17

Learn from chefs, and create a menu. We will use a budget to gather ingredients available. We will also create healthy snacks and meals with our own teen tended garden, and then plan on what to plant.

65079 4/3-6/12 **Wednesday** 3-5 p.m. **FREE**

TEEN PEER TUTORING Ages 12-17

Teens will work together and help each other with homework while making new friends.

65080 4/2-6/20 **Tu/Th** 4-6 p.m. **FREE**

DROP-IN PROGRAMS

Register for a free Quick Card in order to participate in all drop-in athletic programs. Check-in at the front desk.

MAGNUSON CC

ROCK THE PARK | AGES 12-17

FREE

ACADEMIC TIME

Flex your mind muscles with games like Chess, or take some time to finish up that homework so you can do whatever you want at home!

65655 4/1-6/28 Mon-Fri 4-6 p.m. FREE

BOARD GAMES

Drop in and game with us! From casual to competitive gaming, fun is at your fingertips!

65651 4/4-6/27 Thursday 6-7:30 p.m. FREE

MOVIE NIGHT

What better way to start the week than with a free movie? Join us for some old-school and new-school classics, as well as seasonal films. Oh, and there's popcorn, too!

65652 4/1-6/24 Monday 6-8:30 p.m. FREE

PAINTING

Express yourself through brush strokes and create whatever comes to your mind. Paint beautiful landscapes, lush fruits, or dashing portraits. Bob Ross would be proud.

65653 4/3-6/26 Wednesday 5-6 p.m. FREE

TEEN COUNCIL

Utilize your leadership skills, be active and involved in planning field trips, special events, fundraising and giving back to the community.

65656 4/3-6/26 Wednesday 3-4 p.m. FREE

TEEN OPEN GYM

Want to shoot some hoops or play Volleyball? Stay active, meet new people of all skill levels, and enjoy a pick-up basketball or volleyball game.

66079 4/5-6/21 Friday 6:30-8:30 p.m. FREE

4/6-6/22 Saturday 3-5 p.m. FREE

MEADOWBROOK CC

BOARD GAMES

Ages 7 and Older

Bring your favorite game or try one of ours during some community fun! All ages are welcome, but children under 12 must be accompanied by an adult. Come match with members of your community.

65507 4/6-6/29 Saturday 1-4 p.m. FREE

MILLER CC

AFTERSCHOOL TEEN PROGRAM

Ages 11-14

This daily after-school teen program is filled with a variety of activities, challenges, cooking classes, and more! The last Friday of each month is pizza and a movie.

64576 4/1-6/21 M/Tu/Th/F 3:30-6 p.m. FREE

4/1-6/21 Wednesday 2:30-6 p.m. FREE

BOARD GAME

Ages 12 and Older

Bring your favorite game or try one of ours during some community fun! All ages are welcome, but children under 12 must be accompanied by an adult. Come match with members of your community.

64603 4/1-6/24 Monday 4-8 p.m. FREE

D&D

Ages 12 and Older

Every Tuesday is an adventure with afterschool D&D club. Play a module a session with your friends or meet new friends.

64575 4/2-6/25 Tuesday 6-8 p.m. FREE

KNITTING CLUB

Ages 18 and Older

Come practice knitting, crochet, needlepoint, or quilting in the company of good friends.

64599 4/3-6/26 Wednesday 10:15 a.m.-12:15 p.m. FREE

VIRTUAL REALITY CLUB

Ages 11-14

Step into a world of boundless imagination and endless adventure through virtual reality (VR). You'll engage in hands-on educational experiences, explore breathtaking virtual environments, and play fun games as learning becomes an exhilarating adventure. If you're new to VR, don't worry, we'll teach you to navigate virtual environments.

64600 4/1-6/17 M/W 5-6 p.m. FREE

CRAFT GROUP

Ages 16 and Older

Bring supplies and craft alongside other inspired crafters. From beading to scrapbooking, students can easily find help from others for their individual projects. This is not a class, just crafting and discussions. Everyone is welcome.

4/13 Saturday 1-4 p.m. FREE

5/11 Saturday 1-4 p.m. FREE

6/8 Saturday 1-4 p.m. FREE

DROP-IN PROGRAMS

Register for a free Quick Card in order to participate in all drop-in athletic programs. Check-in at the front desk.

QUEEN ANNE CC

BRIDGE: INTERMEDIATE

Ages 18 and Older

Drop-in play for intermediate bridge players.

Tuesday 12:30-3:30 p.m. FREE

CRAFTY LADIES

Ages 18 and Older

Come practice knitting, crochet, needlepoint or quilting!

Thursday 1:30-4 p.m. FREE

MAH JONG

Ages 18 and Older

Mahjong is a four-player, tile-based game which was developed in China during the Qing Dynasty. Join friends or make new ones as you try your luck in this game of skill, strategy, and calculation.

Friday 1:30-4 p.m. FREE

RAINIER CC

BRIDGE

Ages 50 and Older

Drop in bridge.

65487 4/3-6/12 Wednesday 11 a.m.-2 p.m. FREE

HIP HOP SPIN

Ages 16 and Older

Join this Get Moving sponsored FREE spin class to release stress, socialize, and energize your evening. Endure intervals, hills, sprints, and upper body movements for a full-body workout set to hip hop and R&B. All levels welcome. Challenge yourself and make progress toward your fitness goals.

65490 4/2-6/18 Tuesday 6-7 p.m. FREE

MAHJONG

Ages 50 and Older

Mahjong is a four-player, tile-based game which was developed in China during the Qing Dynasty. Join friends or make new ones as you try your luck in this game of skill, strategy, and calculation.

65492 4/4-6/20 Thursday 11 a.m.-2 p.m. FREE

TAI CHI - ADULT

Ages 18 and Older

Stretch and relax your mind, body, and spirit in our Tai Chi class. Suited for all levels. Dress in comfortable clothing that allows you to move freely.

65488 4/5-6/21 Friday 2-2:45 p.m. \$3

AFTER SCHOOL HANGOUT

Ages 12-18

Welcome to the Teen Room. Enjoy a Study area, Board Games, Cards, Pool, Ping-Pong, PS5 and Xbox, and Foosball, watch a movie. Come out, join in the fun while meeting new friends.

66345 4/3-6/12 Mon-Fri 2:30-5 p.m. FREE

RAVENNA-ECKSTEIN CC

TEEN ROOM

Ages 12 -17

The Teen Room is a space to hang out, play video/board games, make art, and participate in special events. Free WI-FI and free food! (Please check the monthly teen calendar for updated times and events.)

65433 4/1-6/21 Mon-Fri 4-6:30 p.m. FREE

TEEN GARDEN AND GATHER CLUB

Ages 12 -17

Calling all teens! Earn volunteer hours while you learn to build a garden and use what you grow to feed yourself and your family. We will plant and tend seeds, design garden beds, harvest our food, and track garden developments. No prior gardening experience necessary.

66801 4/17, 5/15, 6/19 3rd Wednesdays 5:30-6:30 p.m. FREE

YOUTH ULTIMATE FRISBEE

Ages 9-13

Play and practice your ULTIMATE skills on the Ravenna upper playfield! Volunteer coaches will lead a fun practice with some skill development and games. Interested in coaching? We are also looking for adult volunteer coaches to help with the ultimate fun. All skill levels welcome.

65104 3/6-6/5 Wednesday 3:30-4:30p.m. FREE

FAMILY COMMUNITY GARDEN CREW

All Ages

Calling all neighbors! Help take care of a community garden and sample what we grow as you get your hands dirty. With a permaculture mindset, we will learn how to plant and tend seeds, play with garden design, harvest our food, and track garden developments. No prior gardening experience necessary.

65440 4/6-11/30 Saturday 10:30 a.m.-Noon FREE

DROP-IN PROGRAMS

Register for a free Quick Card in order to participate in all drop-in athletic programs. Check-in at the front desk.

RAINIER BEACH CC

Rainier Beach will be closed 4/6-4/14 for a floor closure.

AFTER SCHOOL HANGOUT

Ages 12-18

Our Hangout Room is a safe place for teens to gather, socialize and play various games. Activities include jenga, board games, video games, music sharing, and more. FREE Wi-Fi access.

64396 4/3-6/12 Wednesday 2:30-5 p.m. FREE

BOARD GAME CLUB

Ages 10-17

Children and teens are invited to play a variety of board games. They can socialize with peers while developing game strategies, problem solving skills, and practicing cooperative learning. Come join the fun and learn new games.

64406 4/5-6/21 Friday 3-4 p.m. FREE

DETECTIVE COOKIE'S CHESS CLUB

Ages 7-19

Children and teens are invited to join this Chess Club. Family and community members are also welcome. Drop by to learn and play chess!

64397 4/20-6/15 Saturday Noon-2 p.m. FREE

FAMILY ZUMBA

All Ages

Zumba combines fitness, entertainment, and culture into an exhilarating dance-fitness sensation! Bring the whole family to the fitness party that blends upbeat world rhythms with easy choreography for a total body workout! Please arrive early as space is limited.

64392 4/3-6/12 Wednesday 6:30-7:30 a.m. FREE

HIP HOP SPIN

Ages 16 and Older

Join this Get Moving sponsored FREE spin class to release stress, socialize, and energize your evening. Endure intervals, hills, sprints, and upper body movements for a full-body workout set to hip hop and R&B. All levels welcome. Challenge yourself and make progress toward your fitness goals.

64404 4/15-6/17 Monday 6-7 p.m. FREE

HOOP IT UP

Ages 12-17

Build a team, have fun, and enjoy sharing your skills in 3-on-3 basketball games after school in the gym.

64401 4/4-6/20 Thursday 4-5 p.m. FREE

POOL & FOOSBALL TOURNAMENTS

Ages 12-18

Your skills are needed for these tournaments and bring your friends to join in the fun! The winners will be decided by elimination process. Prizes to be determined. Only 10 spaces available per tournament.

64402 4/2-6/18 Tuesday 3-4 p.m. FREE

SOUFEND CHECK-INS & HOOP SESSION

Ages 40 and Older

Old School Sunday Runs are returning!!

64405 4/21-6/16 Sunday 9 a.m.-Noon FREE

TEEN COOKING

This program focuses on encouraging teens to explore the kitchen and find healthy alternatives to what they normally eat. Youths will research recipes and be responsible for preparing a budget and menu. This program will familiarize teens with basic cooking instructions, preparation, and kitchen safety under the supervision of center staff.

PRE-TEEN

65472 4/24-6/12 Wednesday 3-4 p.m. FREE

TEEN

Ages 13-18

64407 4/24-6/12 Wednesday 4-5 p.m. FREE



TEEN WEIGHTLIFTING 101

Ages 13-18

Are you new to weightlifting or looking to get stronger, but need some guidance? This program teaches the basics of resistance training. We will review form, technique, safety, and help you build and customize an effective weightlifting program.

64409 4/15-6/17 Monday 4-5 p.m. FREE

THE WRITER'S BLOCK

Ages 8-17

Improve as a writer and receive 1-on-1 and small group instruction in this program. You'll learn how to effectively implement "a writing process" while you work at your own pace and gain confidence as a thinker and writer.

64393 4/4-6/20 Thursday 4-5 p.m. FREE

DROP-IN PROGRAMS

Register for a free Quick Card in order to participate in all drop-in athletic programs. Check-in at the front desk.

VAN ASSELT CC

CREATIVE WRITING WORKSHOP

Ages 10-17

Youth and young adults can come together in a safe space where we express ourselves freely through original writing and sharing of work.

65985 4/2-6/25 Tuesday 4:30-5:30 p.m. FREE

SHUTTLECOCK KICKING (Đá cầu)

All Ages

Đá cầu is a kind of foot badminton. Players aim to keep a shuttlecock in the air using their bodies apart from their hands. Like badminton, players try to get the shuttlecock to the other side of the net. You score points when shuttlecock hits the ground on your opponent's side.

66819 4/6-6/22 Saturday 2:30-4:30 p.m. FREE

WOMEN'S ZUMBA®

Ages 16 and Older

Zumba® combines high energy, motivating music, and unique moves that allow you to dance away your worries. The routines feature aerobic/fitness interval training, combining fast and slow rhythms that tone and sculpt the body.

4/2-6/27 Tu/Th 6-7 p.m. FREE



YESLER CC

AROMA, A COOKING CLASS

Ages 12-18

This easy-to-follow cooking class will teach you basic culinary skill like chopping, slicing, dicing, and sautéing. Take control of your kitchen by learning how to meal plan, shop for food, and help another chef.

65178 4/3-6/12 Wednesday 4-6:30 p.m. FREE

ARTS AND CRAFTS

Ages 10-18

Are you creative and like to paint or design things from scratch? Join our program and find the freedom of expression as we make tie dye t-shirts, bracelets, scented candles, and much more.

65179 4/2-6/25 Tuesday 4-7:30 p.m. FREE

BOARD GAMES

Ages 7 and Older

Bring your favorite game or try one of ours during some community fun! All ages are welcome, but children under 12 must be accompanied by an adult. Come match with members of your community.

65181 4/6-6/22 Saturday 9:30 a.m.-3:30 p.m. FREE

HOMEWORK LAB

Ages 12-18

If you need a little extra help with your homework or a quiet space to study, meet up every Mon-Thurs from 3:30-5:30 p.m. for homework time.

65182 4/2-6/20 Mon-Thu 3:30-5:30 p.m. FREE

SHINE FOR GIRLS

Ages 12-18

This program gives young ladies a platform to be seen, heard, and empowered to lift each other up. Young women will have a safe space to discuss and share their truth as they foster meaningful relationships while mentoring each other and becoming exemplary leaders.

65184 4/4-6/20 Thursday 4-6:30 p.m. FREE

DROP-IN SPORTS

Register for a free Quick Card in order to participate in all drop-in athletic programs. Check-in at the front desk.

BASKETBALL

▼ BALLARD CC	Ages 16 and Older			▼ LOYAL HEIGHTS CC	Ages 18 and Older				
64899	4/8-6/10	Monday	6:15-8:45 p.m.	FREE	4/1-6/21	M/Tu/W/F	2-5 p.m.	FREE	
▼ DELRIDGE CC	Ages 18 and Older			▼ MAGNUSON CC	Ages 18 and Older				
MEN'S	Ages 18 and Older			66077	4/4-6/27	Thursday	6-7:30 p.m.	FREE	
65413	4/2-6/11	Tuesday	4:30-8:30 p.m.	FREE	▼ MEADOWBROOK CC	Ages 11-18			
WOMEN'S	Ages 18 and Older			66179	4/1-6/17	Monday	4-5:15 p.m.	FREE	
65414	4/4-6/14	Thursday	4:30-8:30 p.m.	FREE	▼ MILLER CC	Ages 18 and Older			
TEEN'S	Ages 12-17			ADULT	Ages 18 and Older				
65415	4/3-6/13	Wednesday	2:30-8:30 p.m.	FREE	64567	4/3-6/26	Wednesday	6-8:30 p.m.	FREE
▼ GARFIELD CC	Ages 12-18			4/5-6/28	Friday	6-8 p.m.	FREE		
YOUTH	Ages 12-18			WHEELCHAIR BASKETBALL	Ages 10 and Older				
64464	4/17-6/21	Wednesday	2:30-5:30 p.m.	FREE	64570	4/2-6/25	Tuesday	6-8:30 p.m.	FREE
64464	4/17-6/21	Friday	3:30-5:15 p.m.	FREE	YOUTH	Ages 11-15			
ADULT	Ages 18 and Older			64994	4/1-6/18	Monday	4-5:30 p.m.	FREE	
64458	4/16-6/20	Tu/Th	12:30-3:30 p.m.	FREE	4/2-6/21	Tu/Th/F	4-6 p.m.	FREE	
▼ GREEN LAKE CC	Ages 13-16			4/3-6/12	Wednesday	2:30-6 p.m.	FREE		
TEEN	Ages 13-16			▼ RAINIER CC	Ages 12-17				
66308	4/1-6/28	M/Tu/W	3:30-5:30 p.m.	FREE	YOUTH	Ages 12-17			
		Friday	6-8:45 p.m.	FREE	66334	4/1-6/21	Mon-Fri	4-6 p.m.	FREE
ADULT	Ages 18 and Older			ADULT	Ages 18 and Older				
65632	4/1-6/29	M/F	10 a.m.-1 p.m.	FREE	66336	4/1-6/21	Mon-Fri	6-8 p.m.	FREE
66390	4/1-6/29	Saturday	Noon-2 p.m.	FREE	▼ RAINIER BEACH CC	Ages 18 and Older			
▼ HIGH POINT CC	Ages 10-18			64391	4/2-6/18	Tuesday	Noon-1:45 p.m.	FREE	
YOUTH	Ages 10-18			▼ VAN ASSELT CC	Ages 11-18				
	4/1-6/29	Mon-Fri	5-7:45 p.m.	FREE	YOUTH	Ages 11-18			
	4/1-6/29	Saturday	11:30 a.m.-5 p.m.		66856	4/1-6/21	Tu/Th	3:30-5 p.m.	FREE
ADULT	Ages 18 and Older					Wednesday	3:30-5:15 p.m.	FREE	
	4/1-6/29	Saturday	9:30-11:30 a.m.	FREE		Friday	3:30-6 p.m.	FREE	
▼ INT'L DISTRICT/CHINATOWN CC	Ages 11-17			ADULT	Ages 18 and Older				
TEEN	Ages 11-17			66857	4/1-6/21	M/Th	6-7:45 p.m.	FREE	
64449	4/5-6/28	Friday	3-6 p.m.	FREE		Tuesday	6:30-7:45 p.m.	FREE	
FAMILY	All Ages			▼ YESLER CC	Ages 10-18				
65103	4/1-6/24	Monday	3-6 p.m.	FREE	YOUTH	Ages 10-18			
ADULT	Ages 18 and Older				4/3-6/26	Wednesday	2-4 p.m.	FREE	
64473	4/1-6/29	M/W/F	11:30 a.m.-2:30 p.m.	FREE	4/1-6/29	Saturday	12:30-1:30 p.m.	FREE	
▼ JEFFERSON CC	Ages 16 and Older			ADULT	Ages 18 and Older				
65446	4/1-6/17	Monday	6-8:30 p.m.	FREE	4/2-6/20	Tu/Th	12-3:30 p.m.	FREE	
					4/5-6/28	Friday	1-3 p.m.	FREE	
					4/6-6/22	Saturday	9:30 a.m.-12:30 p.m.	FREE	

DROP-IN SPORTS

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Drop-in Basketball at Rainier Beach CC 2023 by TIA International

BADMINTON

▼ BALLARD CC				All Ages
64898	4/7-6/9	Sunday	10 a.m.-Noon	FREE
▼ INT'L DISTRICT/CHINATOWN CC				Ages 18 and Older
63915	4/2-6/27	Tu/Th	10 a.m.-1 p.m.	FREE
▼ JEFFERSON CC				Ages 16 and Older
65444	4/2-6/18	Tuesday	6-8:45 p.m.	FREE
▼ MAGNUSON CC				Ages 18 and Older
66076	4/1-6/26	Monday	6-8:30 p.m.	FREE
	4/3-6/26	Wednesday	6-7:30 p.m.	
▼ YESLER CC				Ages 18 and Older
65188	4/6-6/22	Saturday	1:30-3:30 p.m.	FREE

DODGEBALL

▼ BALLARD CC				Ages 18 and Older
64900	4/7-6/9	Sunday	12:30-2:30 p.m.	FREE
▼ GREEN LAKE CC				Ages 18 and Older
	4/3-6/26	Wednesday	7-8:45 p.m.	FREE
▼ LOYAL HEIGHTS CC				Ages 16 and Older
64640	4/8-6/24	Monday	7-8:45 p.m.	FREE

**REGISTRATION OPENS
MARCH 5th**



SCAN ME

REGISTER ONLINE:
https://bit.ly/spr_activity_reg

DROP-IN SPORTS

FITNESS ROOM

▼ DELRIDGE CC		Ages 18 and Older		
64425	4/1-6/21	Mon-Fri	10:15 a.m.-6 p.m.	FREE
64425	4/1-6/21	Saturday	10:15 a.m.-5 p.m.	FREE
▼ GARFIELD CC		Ages 18 and Older		
64461	4/15-6/29	Mon-Fri	9 a.m.-7:30 p.m.	FREE
64461	4/15-6/29	Saturday	10 a.m.-4:30 p.m.	FREE
▼ INT'L DISTRICT/CHINATOWN CC		Ages 18 and Older		
64448	4/1-6/29	M/W/F	11 a.m.-9 p.m.	FREE
65715	4/2-6/27	Tu/Th	9:30 a.m.-6 p.m.	FREE
66482	4/6-6/29	Saturday	9 a.m.-5 p.m.	FREE
▼ LOYAL HEIGHTS CC		Ages 18 and Older		
	4/1-6/26	M/W/F	9 a.m.-9 p.m.	FREE
	4/2-6/20	Tu/Th	11:45 a.m.-7:30 p.m.	FREE
▼ MEADOWBROOK CC		Ages 18 and Older		
65511	4/1-6/26	Mon-Fri	8:30 a.m.-8:15 p.m.	FREE
	4/1-6/26	Saturday	9 a.m.-4:45 p.m.	FREE
▼ NORTHGATE CC		Ages 18 and Older		
66300	4/1-6/21	Mon-Fri	9 a.m.-7:45 p.m.	FREE
▼ QUEEN ANNE CC		Ages 12-17		
Teen				
65211	4/2-6/27	Tu/Th	6-7 p.m.	FREE
Adult				
Ages 18 and Older				
66290	4/1-6/28	Mon-Fri	9 a.m.-7:30 p.m.	FREE
	4/1-6/26	Saturday	9 a.m.-4:30 p.m.	FREE
▼ RAINIER BEACH CC		Ages 18 and Older		
64399	4/1-6/20	Mon-Thu	8:30 a.m.-8:45 p.m.	FREE
64398	4/5-6/21	Fri-Sat	8:30 a.m.-6:45 p.m.	FREE
64400	4/21-6/16	Sunday	9 a.m.-6:45 p.m.	FREE

▼ YESLER CC

To be announced. Please call Yesler CC for more information.

FLAG FOOTBALL

▼ RAINIER BEACH CC		Ages 10-14		
64408	4/2-6/18	Tuesday	4-5 p.m.	FREE

FUTSAL

▼ BALLARD CC		Ages 16 and Older		
64905	4/11-6/13	Thursday	6:15-8:45 p.m.	FREE

HANDBALL

▼ BALLARD CC		Ages 16 and Older		
66457	4/6-6/15	Saturday	3-5 p.m.	FREE



Youth Flag Football

DROP-IN SPORTS

OPEN GYM

▼ BALLARD CC	Ages 18 and Older			
	4/6-6/30	Saturday	1-3 p.m.	FREE
▼ BITTER LAKE CC	Ages 5 and Older			
66291	4/8-6/21	Mon-Fri	2-6 p.m.	FREE
66291	4/6-6/29	Saturday	12:30-6 p.m.	FREE
66291	4/7-6/23	Sunday	12:30-3 p.m.	FREE
▼ DELRIDGE CC	Ages 10 and Older			
65411	4/1-6/20	Monday	3-8 p.m.	FREE
65411	4/1-6/20	Tu/Th	3-4 p.m.	FREE
65411	4/6-6/22	Saturday	4:30-5:45 p.m.	FREE
▼ GREEN LAKE CC - FAMILY OPEN GYM	All Ages			
66859	4/6-6/30	Saturday	2-4:45 p.m.	FREE
▼ INT'L DISTRICT/CHINATOWN CC				
FAMILY	All Ages			
64447	4/6-6/30	Saturday	2-5 p.m.	FREE
64474	4/2-6/28	Tu/Th	4-6 p.m.	FREE
YOUTH	Ages 10-18			
64468	4/3-6/27	Wednesday	3-6 p.m.	FREE
▼ MAGNUSON CC				
TEEN	Grades 6-12			
66079	4/6-6/29	Saturday	3-5 p.m.	FREE
FAMILY	All Ages			
66078	4/6-6/29	Saturday	12:30-5 p.m.	FREE
▼ MEADOWBROOK CC	All Ages			
66180	4/6-6/29	Saturday	Noon-2 p.m.	FREE
▼ RAINIER BEACH	Ages 18 and Older			
64391	4/2-6/18	Tuesday	Noon-1:45 p.m.	FREE
▼ RAVENNA-ECKSTEIN CC	Ages 12.5 and Older			
64987	4/1-6/17	Monday	2:45-5:15 p.m.	FREE
	4/2-6/20	Tu/W/Th	2:45-7:45 p.m.	FREE
	4/5-6/21	Friday	2:45-7:15 p.m.	FREE
	4/6-6/22	Saturday	9:30 a.m.-12:30 p.m.	FREE
	4/6-6/22	Saturday	2:45-4:45 p.m.	FREE
▼ YESLER CC	Ages 12-18			
65186	4/3-6/22	Friday	3:30-7:30 p.m.	FREE

PING-PONG / TABLE TENNIS

▼ GARFIELD CC	All Ages			
64459	4/19-6/21	Friday	4:30-6 p.m.	FREE
▼ GREEN LAKE CC	Ages 18 and Older			
64859	4/2-6/28	Tuesday	6-8:45 p.m.	FREE
64858	4/2-6/26	Wednesday	10 a.m.-1 p.m.	FREE
64859	4/7-6/16	Friday	2:30-5:30 p.m.	FREE
▼ INT'L DISTRICT/CHINATOWN CC	Ages 18 and Older			
65716	4/3-6/29	M/W/F	5:30-8:30 p.m.	FREE
64469	4/1-6/29	M/Tu/W/F	1-3 p.m.	FREE
65717	4/6-6/29	Saturday	12:30-5 p.m.	FREE
▼ MILLER CC	Ages 18 and Older			
64598	4/2-6/25	Tuesday	5-8 p.m.	FREE
	4/3-6/26	Wednesday	10 a.m.-1 p.m.	FREE
▼ NORTHGATE CC	Ages 7 and Older			
66307	4/1-6/21	Mon-Fri	9 a.m.-7:30 p.m.	FREE
▼ YESLER CC	Ages 18 and Older			
65177	4/6-6/29	Saturday	10 a.m.-1 p.m.	FREE
65176	4/7-6/30	Sunday	10 a.m.-2:30 p.m.	FREE



Ping Pong at Hing Hay Park, 2023

DROP-IN SPORTS

Register for a free Quick Card in order to participate in all drop-in athletic programs. Check-in at the front desk.

PICKLEBALL

▼ BALLARD CC	Ages 18 and Older		
64901 4/2-6/11	Tu/Th	10 a.m.-12:30 p.m.	FREE
64902 4/10-6/12	Wednesday	5:15-8:45 p.m.	FREE
▼ BITTER LAKE CC	Ages 18 and Older		
65198 4/2-6/23	Tu/F	10 a.m.-1 p.m.	FREE
65198 4/2-6/23	Sunday	3-4:30 p.m.	FREE
▼ DELRIDGE CC	Ages 16 and Older		
64426 4/1-6/20	M/W	10:15 a.m.-1:15 p.m.	FREE
64426 4/1-6/20	Friday	12:30-7:30 p.m.	FREE
▼ GARFIELD CC	Ages 18 and Older		
64457 4/18-6/21	Thursday	10 a.m.-Noon	FREE
64457 4/18-6/21	Friday	Noon-2 p.m.	FREE
▼ GREEN LAKE CC	Ages 18 and Older		
66306 4/1-6/24	Monday	7:30-8:45 p.m.	FREE
65473 4/2-6/27	Tu/Th	11:30 a.m.-2:30 p.m.	FREE
▼ HIGH POINT CC	Ages 18 and Older		
4/6-6/28	W/F	10 a.m.-1:30 p.m.	FREE
▼ INT'L DISTRICT/CHINATOWN CC	Ages 18 and Older		
63919 4/8-6/24	Monday	6-8:45 p.m.	FREE
63921 4/6-6/29	Saturday	11:30 a.m.-1:30 p.m.	FREE
▼ JEFFERSON CC	Ages 18 and Older		
65077 4/1-6/24	Monday	10 a.m.-1 p.m.	FREE
▼ LOYAL HEIGHTS CC	Ages 18 and Older		
64641 4/5-6/21	Friday	10:30 a.m.-2 p.m.	FREE
▼ MAGNUSON CC	Ages 18 and Older		
65650 4/4-6/27	Thursday	9:30-11:30 a.m.	FREE
4/6-6/29	Saturday	10 a.m.-Noon	
▼ MEADOWBROOK CC	Ages 18 and Older		
65505 4/4-6/27	Thursday	10 a.m.-3 p.m.	FREE
▼ MILLER CC	Ages 18 and Older		
64751 4/1-5/1	M/W/F	10 a.m.-1 p.m.	FREE
5/3-5/24	M/W	10 a.m.-1 p.m.	FREE
5/3-5/24	Friday	11:30 a.m.-1 p.m.	FREE
5/29-6/28	M/W/F	10 a.m.-1 p.m.	FREE
▼ NORTHGATE CC	Ages 18 and Older		
66320 4/22-6/28	M/F	9:30 a.m.-2 p.m.	FREE
66320 4/22-6/28	Wednesday	9:30 a.m.-1 p.m.	FREE
66312 4/23-6/25	Tuesday	5:30-7:45 p.m.	FREE
▼ QUEEN ANNE CC	Ages 18 and Older		
64774 4/1-6/17	M/W	11 a.m.-2 p.m.	FREE

▼ RAINIER CC	Ages 18 and Older		
66328 4/2-6/20	Tu/Th	10 a.m.-1 p.m.	FREE
▼ RAVENNA-ECKSTEIN CC	Ages 16.5 and Older		
64989 4/1-6/17	Monday	5:30-7:30 p.m.	FREE
4/6-6/22	Saturday	12:30-2:30 p.m.	FREE
▼ YESLER CC	Ages 18 and Older		
65183 4/2-6/20	Tu/Th	9 a.m.- Noon	FREE

VOLLEYBALL

▼ BALLARD CC	Ages 18 and Older		
66401 4/9-6/14	Tu/F	4:15-5:45 p.m.	FREE
64908 4/9-6/14	Tu/F	5:45-7 p.m.	FREE
64909 4/9-6/14	Tu/F	7-8:45 p.m.	FREE
▼ DELRIDGE CC	Ages 18 and Older		
65412 4/6-6/15	Saturday	10 a.m.-2 p.m.	FREE
▼ GARFIELD CC	Ages 18 and Older		
65400 4/18-6/20	Thursday	5:30-7:30 p.m.	FREE
▼ GREEN LAKE CC	Ages 18 and Older		
4/4-6/27	Thursday	6:15-8:45 p.m.	FREE
▼ INT'L DISTRICT/CHINATOWN CC	Ages 18 and Older		
64445 4/3-6/29	Saturday	9-11 a.m.	FREE
4/6-6/30	Wednesday	6-8:45 p.m.	FREE
▼ MEADOWBROOK CC	Ages 10-17		
YOUTH			
66178 4/3-6/26	Wednesday	5-6 p.m.	FREE
ADULT	Ages 18 and Older		
65506 4/3-6/26	Wednesday	6:15-8:15 p.m.	FREE
▼ MILLER CC	Ages 18 and Older		
64568 4/4-6/27	Thursday	6-8:30 p.m.	FREE
▼ NORTHGATE CC	Ages 16 and Older		
66310 4/22-6/17	Monday	5:30-7:45 p.m.	
▼ RAINIER CC	Ages 18 and Older		
66332 4/6-6/15	Saturday	10 a.m.-Noon	FREE
▼ RAINIER BEACH CC	Ages 18 and Older		
64395 4/21-6/16	Sunday	12:30-2:30 p.m.	FREE
▼ VAN ASSELT CC	Ages 18 and Older		
66820 4/3-6/17	Wednesday	5:45-7:45 p.m.	FREE
▼ YESLER CC	Ages 18 and Older		
65447 4/6-6/22	Saturday	3:30-5:30 p.m.	FREE

VIRTUAL PROGRAMS

DOWNLOAD WEBEX



DOWNLOAD TO PARTICIPATE IN VIRTUAL PROGRAMS:
http://bit.ly/webex_download

MARCUS GARVEY BOOK CLUB

FREE

Ages 18 and Older

Books are the foundation of knowledge. Come join facilitators Reverend Harriett Walden and Erik Stark of The Family Empowerment Institute. Each month covers a new book focusing on local, cultural, historical, and African American topics. You must be registered to attend. This class is a hybrid class. You may register for an in-person experience or choose to participate online via Webex video conferencing.

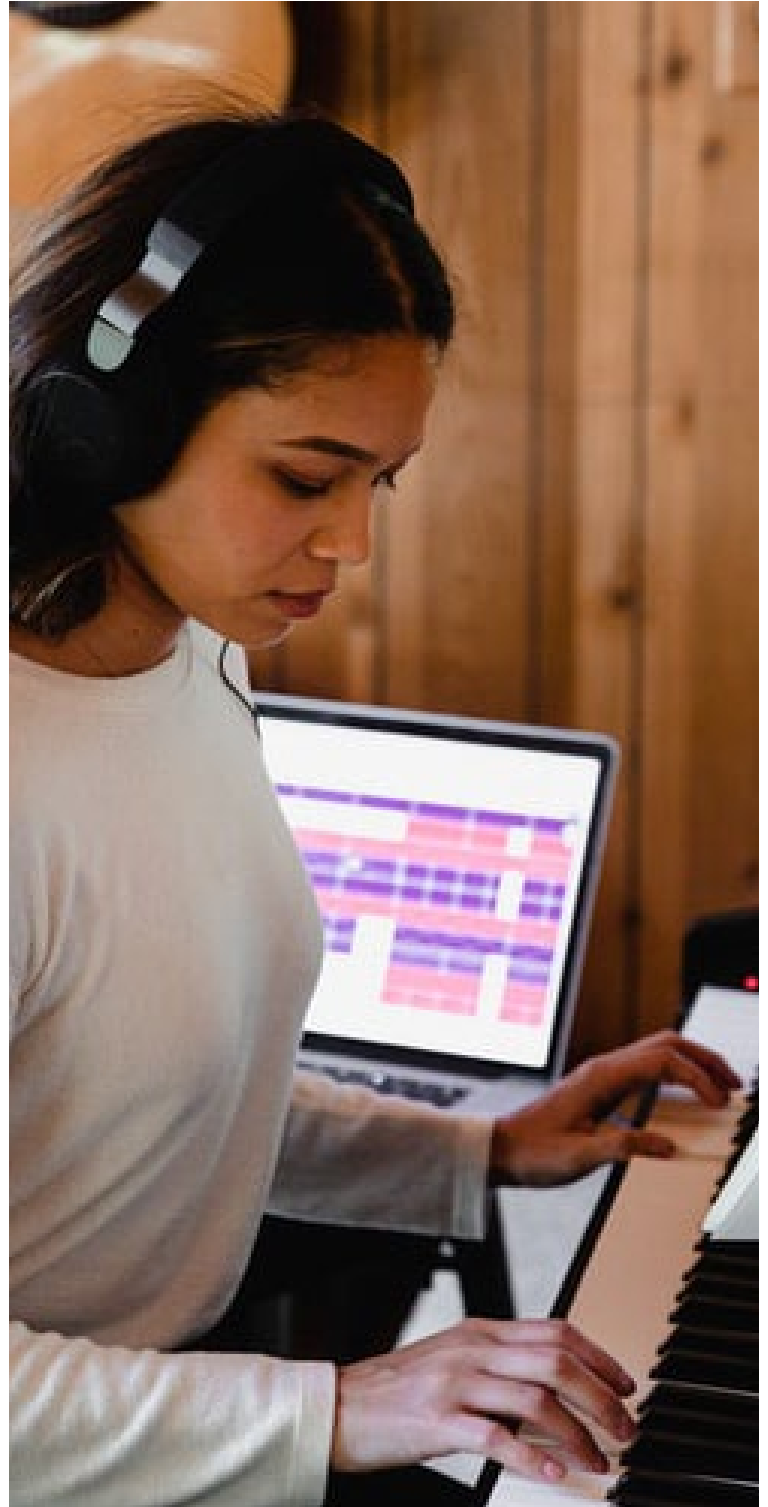
[64465](#) 4/2-6/18 Tuesday 6-7:30 p.m. FREE

VIRTUAL PIANO GROUP LESSONS

Ages 5 and Older

Learn to play the piano from an experienced professional teacher in weekly small group lessons. Training includes sight-reading, technique, expression, theory, and chords. Students must have access to a full electric keyboard or piano for practice outside of lessons. Class is NOT in-person. Register through High Point Community Center by calling 206-684-7422.

[62686](#) 4/8-6/24 Monday 4-8:30 p.m. \$200
[62687](#) 4/6-6/29 Saturday Noon-4 p.m. \$260



Prior to event, a link will be sent to join, through Webex. For questions email: PKS_Virtual_Programs@seattle.gov

Register online at https://bit.ly/spr_activity_reg | Spring 2024 | 18

SPECIAL EVENTS

Look out for this symbol
for Citywide Environmental
Education programs



SPECIAL EVENT: BINGO DAY

BITTER LAKE CC All Ages

BINGO is the name of the game, and everybody is invited to play and have a chance to win awesome prizes! We will start promptly at Noon and light refreshments will be provided.

[66275](#) 4/21 Sunday 1-3p.m. \$3

SPECIAL EVENT: SIGNS OF SPRING NATURE WALK

BITTER LAKE CC All Ages



SPR's Environmental Education Team will lead our walk around Carkeek Park as we dive into the signs of spring. You'll learn about seasonal changes with a focus on salmon spawning and native plant species. Wear appropriate clothing and footwear for walking outdoors. **Please register in advance.**

[65366](#) 5/4 Saturday 11 a.m.-12:30 p.m. FREE

SPECIAL EVENT: EARTH DAY CRAFTERNOON

BITTER LAKE CC Ages 5 and Older

Celebrate the arrival of spring with festive crafts using repurposed materials! Bring the whole family and make a variety of spring-themed crafts like egg carton animals and paper roll planters. Turn recycling into rarity with this fun event for all ages. All materials are provided.

[65370](#) 5/5 Sunday 2-4 p.m. \$20



Pancake Breakfast, 2020

SPECIAL EVENT: NATURE TOTS

DELDRIDGE CC Ages 3-5



Come join us in exploring nature around Delridge. We are teaming up with the Environmental Education team to bring your toddlers closer to nature. Each week will offer a different subject! Adult supervision required. Wear appropriate shoes and bring a water bottle!

65369	5/3	Friday	10:30-11:15 a.m.	\$12
65372	5/10	Friday	10:30-11:15 a.m.	\$12
65374	5/17	Friday	10:30-11:15 a.m.	\$12
65375	5/24	Friday	10:30-11:15 a.m.	\$12
65376	5/31	Friday	10:30-11:15 a.m.	\$12

SPECIAL EVENT: GROWN FOLK SKATE

DELDRIDGE CC Ages 18 and Older

Put on your skates and get moving! We will have great music and have a fun time.

5/10 Friday 6:30-9 p.m. \$10/cash

SPECIAL EVENT: LIFE IN THE POND

DELDRIDGE CC Ages 2-10



Let's learn about the life cycles as we play, learn, observe, and identify the freshwater wildlife of Polliwog Pond at Camp Long. Waddling ducks, slithering salamanders, and dancing dragonflies are some of the creatures we may see. Adult Supervision is required.

[65407](#) 6/7 Friday 4-5:30 p.m. \$12

SPECIAL EVENT: PANCAKE BREAKFAST

DELDRIDGE CC All Ages

Join your friends and neighbors for our Annual Pancake Breakfast! Bring the whole family and enjoy all-you-can-eat pancakes, scrambled eggs, sausage, juice, and coffee!

6/8 Sunday 9:30-11 a.m. Suggested Donation: \$5-10



Look out for this symbol
for Citywide Environmental
Education programs

SPECIAL EVENTS

SPECIAL EVENT: SELF-DEFENSE FOR TEENS AND WOMEN OF COLOR

GARFIELD CC **Ages 11 and Older**

This workshop taught by Seven Star teaches techniques and strategies to protect yourself. In a safe and supportive environment, you will learn practical, real-world self-defense skills through hands-on work with pads and bodies as well as verbal and physical situations. This class is for Women of Color ages 11 to adult.

[64487](#) 4/6 **Saturday** 1-3 p.m. **FREE**

SPECIAL EVENT: LADYBUG FESTIVAL

GARFIELD CC **All Ages**

Kick off Earth Day festivities by connecting community with nature at this event highlighting the importance of pollinators. You'll see the annual release of ladybugs in the Garfield Community Center Garden and can participate in fun, educational, and hands-on activities.

[65399](#) 4/20 **Saturday** 2-4:30 p.m. **FREE**

SPECIAL EVENT: NEIGHBOR DAY

GARFIELD CC **All Ages**

This special day is devoted to reaching out to neighbors, making new friends, and expressing thanks to those who help make your neighborhood a great place to live. Join us for family-friendly activities, workshops, fitness, and more as we celebrate our community.

[65102](#) 5/4 **Saturday** 10 a.m.-4 p.m. **FREE**



Beacon Hill Festival, 2017

SPECIAL EVENT: TEEN VOLLEYBALL TOURNAMENT

INTERNATIONAL **Ages 11-17**
DISTRICT/CHINATOWN CC

All teens are invited to our monthly Teen Volleyball Tournament on the first Friday of the month. Teens will create their own teams and enjoy some friendly competition. Winners will receive a special prize. Entry is free! Call us at 206-233-0042 for more information or to sign up.

4/5, 5/3, 6/7 **Friday** 5-9 p.m. **FREE**

SPECIAL EVENT: PING PONG TOURNAMENT

INTERNATIONAL **Ages 16 and Older**
DISTRICT/CHINATOWN CC

Don't drop the ball! Bring a friend and compete in a friendly table tennis tournament, or as some know it, Ping-Pong.

4/27 **Saturday** 10 a.m.-4 p.m. **\$20**

SPECIAL EVENT: TEEN FLASHLIGHT EGG HUNT

JEFFERSON CC **Ages 12-17**

Looking for a new twist on an egg hunt? Try finding the loot in the dark! Bring your own flashlight and bag, but don't be late because the hunt goes quick. Meet in the Jefferson Community Center lobby. Rain or shine, we will be outside, so dress for the weather.

[62633](#) 3/29 **Friday** 8-8:30 p.m. **FREE**

SPECIAL EVENT: BEACON HILL FESTIVAL

JEFFERSON CC **All Ages**

The Jefferson Community Center is hosting its Annual Beacon Hill Festival! The event will feature a range of entertainment, local food, carnival games, bounce toys, and silent auction. All proceeds of the event go to support the Jefferson Advisory Council in its efforts to provide scholarships for families to participate in programs at Jefferson Community Center. Don't miss out; bring the entire family to this fun event!

[65475](#) 6/1 **Saturday** 11 a.m.-4 p.m. **FREE**

SPECIAL EVENTS

Look out for this symbol
for Citywide Environmental
Education programs



SPECIAL EVENT: TACO TRIVIA

LOYAL HEIGHTS CC **All Ages**

Celebrate Cinco de Mayo with delicious Mexican food and fun activities, including a piñata and trivia games. A choice of tacos will be available (including vegetarian, vegan, and gluten-free options) along with salsa, beans, and rice. Pre-registration is required, and the party is limited to 40 people.

5/3 **Friday** 6-7:30 p.m. \$6

SPECIAL EVENT: PANCAKE BREAKFAST

LOYAL HEIGHTS CC **Ages 12 and Older**

Join your friends and neighbors for our Annual Pancake Breakfast! Bring the whole family and enjoy all-you-can-eat pancakes, scrambled eggs, sausage, juice, and coffee!

64668 6/2 **Sunday** 9-10 a.m. \$7

SPECIAL EVENT: HONORING JUNETEENTH BIKE PARADE

LOYAL HEIGHTS CC **All Ages**

Celebrate Juneteenth in conjunction with the last day of school with LHCC. Come and join Loyal Heights neighbors as we learn more about this important holiday commemorating the emancipation of enslaved people in the U.S. Kids can join a Juneteenth themed craft project and decorate their bikes for a bike parade or participate in a Teen 3-Point B-ball Contest. Enjoy popcorn and popsicles too!

6/21 **Friday** 3:30-5 p.m. **FREE**

SPECIAL EVENT: TEEN GLOW HUNT

MAGNUSON CC **Ages 12-17**

Join us and your friends for a fun filled night of games and searching for eggs. This event is rain or shine. Make sure to have a flash light and a bag to get your goodies.

63577 3/29 **Friday** 8-10 p.m. **FREE**

SPECIAL EVENT: FAMILY GAME NIGHT

MAGNUSON CC **All Ages**

Play a variety of games, new and familiar! We'll play card games, board games, trivia, and more!

65657 5/3 **Friday** 6-8:30 p.m. **FREE**

SPECIAL EVENT: OPEN MIC POETRY NIGHT

MILLER CC **All Ages**

If you have a passion for sharing your favorite poems, showcasing original compositions, or if you enjoy listening to others, this is for you. It's completely FREE and we enthusiastically welcome young poets to join us! Let's strengthen our community through the power and beauty of poetry.

65020	4/5	Friday	6-8 p.m.	FREE
65019	5/3	Friday	6-8 p.m.	FREE
65021	6/7	Friday	6-8 p.m.	FREE

SPECIAL EVENT: CRAFT AND SIP

MILLER CC **Ages 18 and Older**

Enjoy some mocktails at this FREE event. Bring your own craft projects from home and meet new friends, learn new skills, and enjoy some good drinks!

65017	4/25	Thursday	5-8 p.m.	FREE
65016	5/30	Thursday	5-8 p.m.	FREE
65018	6/27	Thursday	5-8 p.m.	FREE

Seattle Parks & Recreation
ARC

2024 SUMMER DAY CAMP

Scholarships available. Scan to apply or visit:
https://bit.ly/spr_scholarship_info

Registration Opens April 16



Look out for this symbol
for Citywide Environmental
Education programs

SPECIAL EVENTS

SPECIAL EVENT: MOTHER'S DAY CRAFTING EVENT

▼ **NORTHGATE CC** **Ages 5 and Older**

We will be making small arts and crafts arrangements for Mother's Day. Come and make a gift to that special person in the family.

66330 5/10 **Friday** 4:30-6:30 p.m. **FREE**

SPECIAL EVENT: CHICKEN & WAFFLES BREAKFAST

▼ **RAINIER CC** **All Ages**

Join your friends and neighbors for our delicious Chicken and Waffles breakfast! Bring the whole family and enjoy time with the community.

6/1 **Saturday 11 a.m.-2 p.m.** **Suggested Donation:**
\$10/adult, \$5/kids

SPECIAL EVENT: DETECTIVE COOKIE'S CHESS CLASSIC

▼ **RAINIER BEACH CC** **Ages 5-18**

Join us this spring for the 2nd Annual Detective Cookie Chess Classic! The event is co-hosted by Detective Cookie's Chess Club and the Washington Chess Federation and is open to all students in grades K-12 as of the 2023-24 school year. At the courtesy of the organizers, entry into the tournament is free of charge. All sections are WA State Elementary Qualifiers. Generous trophies will be awarded to the top-finishing individuals and teams.

63654 3/24 **Sunday** 9 a.m.-4 p.m. **FREE**

SPECIAL EVENT: BINGO

▼ **RAINIER BEACH CC**

BINGO is the name of the game, and everybody is invited to play and have a chance to win awesome prizes! **We will start promptly at 5:30 p.m. and light refreshments will be provided.**

4/27 **Sunday 5:30-6:30 p.m.** **Suggested Donation:**
\$2/person; \$10/family

SPECIAL EVENT: MARCH MADNESS

▼ **VAN ASSELT CC** **Ages 18 and Older**

Come join us over light refreshments to watch the NCAA Basketball Tournament opening weekend and compare your brackets with your neighbors.

3/21-3/22 **Thu-Fri** **Noon-7 p.m.** **FREE**



You're Invited!

Tuesday, April 30th
8am-9am

Join us in person for our 6th annual **free** community fundraising breakfast in support of **Swim Seattle**.



Scan here to register, or visit:
<https://arcseattle.org/fund-the-fun>

For questions or information on sponsorship,
contact **Sonia Doughty:**
206-465-2580 | sonia.doughty@seattle.gov



Seattle
Parks & Recreation





SPRING EGG HUNT

Ballard CC

March 30 | 10 a.m.

Garfield CC

March 30 | 10 a.m.

Jefferson CC

March 30 | 10 a.m.

Magnuson CC

March 30 | 10 a.m.

Ravenna-Eckstein CC

March 30 | 11 a.m.

Bitter Lake CC

March 30 | 10 a.m.

Green Lake CC

March 30 | 10 a.m.

Lake City CC*

March 30 | 11 a.m.

**at Virgil Flaim Park*

Miller CC

March 28 | 10 a.m.

Van Asselt CC

March 30 | 10 a.m.

Delridge CC

March 30 | 10 a.m.

High Point CC

March 30 | 10 a.m.

Loyal Heights CC

March 30 | 10 a.m.

Queen Anne CC

March 30 | 10 a.m.

Yesler CC

March 30 | 10 a.m.

*Times and age groups differ between sites.
Contact your closest community center to learn more about the event.*



Seattle
Parks & Recreation



CAMP LONG RENTALS

Ages 18 and Older

Explore the hidden gem of West Seattle, Camp Long! We have shelters, indoor lodge space, a fire ring amphitheater, and you can even rent a cabin to stay overnight! Call 206-684-7434 for details and booking.



Camp Long campsite, 2014

CAMP LONG MOUNTAIN FEST

All Ages

Celebrate Camp Long and Seattle's outdoor history and culture with us. Challenge yourself on the high-ropes course, climb Schurman Rock, rappel the Glacier Wall, try your hand at our Scavenger Hunt, and much more. For information contact: camp.long@seattle.gov or call 206-684-7434.

6/15 Saturday 11 a.m.-5 p.m. FREE

CHALLENGE COURSE PROGRAMS

Ages 5 and Older

Schedule your school, community, or youth group for a team building adventure on the Camp Long Low or High Challenge Course!

Contact Camp Long to connect with our Challenge Course team. **Call 206-684-7434 to inquire about more details.**

Programs start at \$300.

TRAININGS

CHALLENGE COURSE FULL THEORY TRAINING

Ages 16 and Older

Learn the theory behind our Camp Long Challenge Course work. You'll discover Experiential Education as a basis for learning, Challenge by Choice, and how to manage group development and energy, plus more. We show how group facilitation is more a craft than a skillset, and this training will get you started. Upon successful completion, trainees will be qualified to facilitate portable team building programs for Camp Long.

65640 3/26-3/28 Tue-Thu 9 a.m.-5 p.m. \$240

ENCHANTMENTS HUB AND SPOKE HIGH COURSE TRAINING

Ages 16 and Older

Learn to safely facilitate programs with participants on the Enchantments High Challenge course at Camp Long which includes a static challenge course and two zip lines. This training will not certify the trainee to belay, but is an introduction to the skills needed to do so. There is an expected apprentice period after this training. To earn certification, the trainee must prove competency through an observation by a qualified facilitator or supervisor. Camp Long Theory and Lows trainings are a prerequisite for this training. If you are coming into the training with equivalent knowledge, please contact Maggie Riederer (maggie.riederer@seattle.gov) to discuss further.

66110 4/4-4/11 Saturday 9 a.m.-5 p.m. \$160

MT. CHALLENGER BELAYED HIGH CHALLENGE COURSE TRAINING

Ages 16 and Older

Learn how to safely facilitate and manage participants on the Mt. Challenger High Challenge course at Camp Long. This is a belayed course that includes a Vertical Playpen and Leap of Faith/Power Pole. This training will not certify the trainee to belay on this course, rather it is an introduction to the skills needed to do so. There is an expected apprentice period after this training. To earn certification, the trainee must prove competency through an observation by a qualified facilitator or supervisor. Camp Long Theory and Lows training is a prerequisite for this training. If you are coming into the training with equivalent knowledge, please contact Maggie Riederer (maggie.riederer@seattle.gov)

66109 4/13-3/20 Saturday 9 a.m.-5 p.m. \$160

CARKEEK PARK

(206)386-4236 | Carkeek.Park@seattle.gov

SEATTLE
PARKS

SALMON WALKS

All Ages

FREE

Join the volunteer staff of the Carkeek Watershed Community Action Project on a spring Salmon Walk through Carkeek Park. Springtime is when young salmon start their journey to the ocean. During this walk, participants will learn the salmon life cycle related to Pipers Creek and about the connection to the Salmon in the Schools Program. The walk will showcase the creek where adult salmon spawn in the fall and the salmon fry migrate out in the spring. This special program ends with participants feeding young salmon and getting a glimpse of the facility where students release their young salmon fry before their eventual release into the creek. Walks occur in the evening, as dusk is the safest time for young salmon to be released into the creek. This walk begins at the Kiosk in the lower field. Please call or email for scheduling details: Carkeek.Park@seattle.gov, (206)386-4236

AGENTS OF DISCOVERY

All Ages

FREE

This augmented reality mobile game allows you to play and discover the world around you. Download the free app to play missions at Carkeek and Discovery Parks whenever you visit, plus you can earn prizes! For more information, contact us at 206.386.4236 or Carkeek.Park@seattle.gov



VISIT BABY SALMON AT CARKEEK PARK

All Ages

FREE

From January through May, the Carkeek Watershed Community Action Project raises over 100,000 baby salmon at Carkeek Park's imprint pond. Throughout the spring, there will be opportunities to visit salmon being raised in the imprint pond and attend an evening salmon release celebration. For dates and times, please check carkeekwatershed.org.

CARKEEK PARK ADVISORY COUNCIL

The Carkeek Park Advisory Council (CPAC) is a group of neighbors, community members and volunteers who support and enjoy Carkeek Park. We work with Seattle Parks and Recreation in an advisory and supporting role. We have organized volunteer efforts through which many members of our community have contributed thousands of hours of volunteer time to improving the park, in areas such as restoring salmon runs to Piper's Creek, the trails improvement project, restoring Piper's Orchard, reforestation, and many others. Community meetings are open to the public and are held on the second Tuesday of the month from 7-9 p.m. at the Carkeek Park Visitor Center or virtually. Please contact Carkeek Park Visitor Center with any questions: 206-386-4236 / Carkeek.Park@seattle.gov. Meetings are held in person on the 2nd Tuesday of the month from 7-9 p.m. @ 950 NW Carkeek Park Road.

NATURE PLAY SEATTLE

We are dedicated to connecting children with nature and fostering a love of the great outdoors. Our mission is to get families outside and to inspire the next generation of environmental stewards by teaching them through hands-on, interactive play in the world's best classroom- nature! Email or call for current program information and schedule: Carkeek.Park@seattle.gov | 206-386-4236.

66163 **4/5-4/26** **Friday** **2:30-3:30 p.m.** **\$160**

AGENTS OF DISCOVERY

All Ages **FREE**

Agents of Discovery is an augmented reality mobile game to play and discover the world around you. Download the free app to play Missions and earn prizes! Missions are located at Carkeek and Discovery Parks and can be played any time you visit. For more information contact us at 206.386.4236 or Discovery.Park@seattle.gov.

DISCOVERY PARK VISITOR CENTER RENTALS

Discovery Park is a 550 acre regional gem that offers a place of peace and tranquility for all to enjoy. The park features extensive hiking trails, birding opportunities and views of Puget Sound. The Visitor Center is a great location for groups looking for a gathering space in a natural setting. The Visitor Center rooms are perfect for any party, meeting, retreat, or reception! Call us at (206) 386-4236 or email Discovery.Park@seattle.gov to learn more about what we have to offer.

SPRING BIRD TOURS

Ages 8 and Older

Discover the joy of birding. Join experienced birders in exploring Discovery Park's many habitats looking for migrants as well as year-round residents. All children must be accompanied by an adult. Everyone attending must be registered.

64050	4/13	Saturday	8-10 a.m.	\$5
64051	4/20	Saturday	8-10 a.m.	\$5
64052	4/27	Saturday	8-10 a.m.	\$5
64053	5/11	Saturday	8-10 a.m.	\$5
64054	5/18	Saturday	8-10 a.m.	\$5

NATURE PLAY SEATTLE

We are dedicated to connecting children with nature and fostering a love of the great outdoors. Our mission is to get families outside and to inspire the next generation of environmental stewards by teaching them through hands-on, interactive play in the world's best classroom- nature! Email or call for current program information and schedule:

Discovery.Park@seattle.gov | 206-386-4236.

66161	4/3-4/24	Wednesday	2:30-3:30 p.m.	\$160
66164	5/8-5/29	Wednesday	2:30-3:30 p.m.	\$160

iREST YOGA NIDRA

Relax Into Your Inner Resource

66753	5/11	Saturday	10 a.m.-Noon	\$35
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Seattle Parks & Recreation

DISCOVERY PARK

DOWNLOAD THE FREE APP
TO PLAY THE MISSION!

- 1 Download the Agents of Discovery mobile game.
- 2 Find the **Discovery Park** Mission and come to the site to play.
- 3 Come discover our site and have fun!

DOWNLOAD AND PLAY FOR FREE

Download on the App Store
GET IT ON Google Play

YOGA FOR ALL LEVELS

Ages 18 and Older

Come breathe and move together in this accessible yoga class for all levels. Improve your flexibility and balance while building core strength. Leave feeling more grounded, connected, and energized.

66155	4/4-5/9	Thursday	9:45-10:45 a.m.	\$70
66156	5/16-6/20	Thursday	9:45-10:45 a.m.	\$70

BEACH PARKING PASSES

All Ages

Explore the mile of beach trails and West Point Lighthouse at Discovery Park. Free Beach Parking Passes are available for three hours at a time. Passes are issued on a first-come, first-serve basis during regular business hours. To sign out a pass, you will need to provide your name, phone number and license plate number at the front desk. Because of limited beach parking, to receive a pass you must fall into one of these three categories: 1) families with children under 6, 2) people over 62 years old, or 3) others who are not physically able to walk to the beach due to and injury, illness, or some other physical condition.

66157	4/2-6/21	Tue-Sat	8:30 a.m.- 5 p.m.	FREE
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Follow us on our Facebook
@SPREnvironmentalEducation



PUBLIC NATURE WALKS

Seattle Parks and Recreation offers multiple Nature Walks and programs in parks all over the city. To find classes on native plants, birds, urban forest walks, beavers and low tide beach explorations, search our registration portal using keywords nature and environment.

Bird Walk at Schmitz Preserve Park	All Ages
66353 4/13 Saturday Noon-2 p.m.	\$15/ person \$40/3-5 person family
Camp Long - Night Hike and Owl Prowl	All Ages
66357 4/25 Thursday 7-9 p.m.	\$15/ person \$40/3-5 person family
66359 5/23 Thursday 7-9 p.m.	
66360 6/20 Thursday 7-9 p.m.	
Carkeek Park - Night Hike Beaver and Owl Prowl	All Ages
66352 4/11 Thursday 7-9 p.m.	\$15/ person \$40/3-5 person family
66354 5/9 Thursday 7-9 p.m.	
66355 6/6 Thursday 7-9 p.m.	
Earth Day Nature Walk And Clean-Up	Ages 3 and Up
66356 4/20 Saturday 10 a.m.-Noon	\$15/ person \$40/3-5 person family
66358 4/20 Saturday 2-4 p.m.	
Spring Migration Bird and Wildlife Walk at Discovery Park	Ages 3 and Up
66361 5/4 Saturday 10 a.m.-Noon	\$15/ person \$40/3-5 person family
The Birds and the Bees: Plants and Pollinators Nature Walk at Discovery Park	Ages 5 and Up
66371 6/29 Saturday 10 a.m.-Noon	\$15/ person \$40/3-5 person family
World Oceans Day Wildlife Walk and Beach Cleanup at Alki Beach	Ages 5 and Up
66385 6/8 Saturday Noon-2 p.m.	\$15/ person \$40/3-5 person family
Tidepool Exploration	Ages 3 and Up
Charles Richey Park - Meet at 63rd and Beach Dr.	
66367 4/27 Saturday 1-3 p.m.	\$15/ person \$40/3-5 person family
66365 5/25 Saturday 11:30 a.m.-1:30 p.m.	
66369 6/22 Saturday 10:30 a.m.-12:30 p.m.	



SCHOOL FIELD TRIPS

Pre-K-5th Grade

\$225/30 students

Book a Nature Field Trip with Seattle Parks and Recreation and encourage students to engage in learning in a natural fun-filled setting.

Programs offered year-round, pre-K through 5th grade. \$225 for up to 30 students, \$7.50/student after the first 30 / \$75 for up to 30 students for low-income and SPS Title 1 schools.

Free bus transportation available for SPS Title 1 schools, once a year (as funds are available).

For more information, please:

Call: (206) 484-5994

Email: PKSNatureFieldTrips@seattle.gov

Or, visit: <https://www.seattle.gov/parks/learning-and-childcare/environmental-education-all-ages#nature>

LGBTQ+ PRIDE FAMILY CELEBRATION

Ages 5 and Older

66386 6/1 **Saturday** 10 a.m.-Noon \$15/ person
66387 6/1 **Saturday** 2-4 p.m. \$40/3-5 person family

DIY MOSS TERRARIUMS

Ages 3 and Older

66370 5/18 **Saturday** 10 a.m.-Noon \$15/ person
66372 5/18 **Saturday** 2-4 p.m. \$40/3-5 person family

RECYCLED SEED PAPER MOTHER'S DAY CARDS

Ages 3 and Older

66368 5/11 **Saturday** 10 a.m.-Noon \$15/ person
\$40/3-5 person family

SEAWEED PRESSING

Ages 5 and Older

Design a unique work of art using algae collected from Seattle's intertidal zones during the our guided "Tide Pool Exploration" program earlier that morning. We will be discussing Pacific Northwest seaweed identification and uses. *Please note: you do not have to be enrolled in the previous "Tide Pool Exploration" to join this activity. Children under 14 must be accompanied by an adult and all participants must be registered.

66377 6/22 **Saturday** 3-5 p.m. \$15/ person
\$40/3-5 person family

VOLUNTEER GUIDE TRAINING

Become a Seattle Urban Nature Guide! Seattle Parks and Recreation is offering free training for those interested in this volunteer opportunity. Guides enhance, and foster appreciation of the natural world by connecting community groups and school classes with their Seattle parklands.

Applications due 3/15

Training begins Friday, 4/12

For more information and to apply, visit our website at:

www.seattle.gov/parks/volunteer/environmental-education-volunteering



**Scan here and follow
us on Facebook**

@SPREnvironmentalEducation



Community Center Improvement Projects



Seattle
Parks & Recreation

Site Reopening and Improvement Closures

Seattle Parks and Recreation is dedicated to renovating, maintaining, and improving accessibility to our sites. That does require us to sometimes close sites in preparation for and during construction.

COMMUNITY CENTERS RE-OPENING

- **Rainier CC** is now open.
- **Discovery Park Visitor Center** is now open.
Learn more at: <https://bit.ly/discoveryinfo23>

COMMUNITY CENTERS CLOSED FOR CAPITAL IMPROVEMENT PROJECTS

- **Hiawatha CC** is currently closed.
Learn more at: https://bit.ly/ccstabilization_24
- **Lake City CC** is currently closed.
Learn more at: https://bit.ly/lccc_closure24
- **Laurelhurst CC** is currently closed.
Learn more at: https://bit.ly/laucc_closure24
- **Magnolia CC** is currently closed.
Learn more at: https://bit.ly/ccstabilization_24
- **Montlake CC** is currently closed.
Learn more at: https://bit.ly/montlake_closure24
- **South Park CC** is currently closed.
Learn more at: https://bit.ly/ccstabilization_24

Please note: All closure timelines are estimates. These dates may change as we move through the year.

SPECIAL EVENT: NATURE TOTS



Ages 3-5

Come join us in exploring nature around Delridge. We are teaming up with the Environmental Education team to bring your toddlers closer to nature. Each week will offer a different subject! Adult supervision required. Wear appropriate shoes and bring a water bottle!

65369	5/3	Friday	10:30-11:15 a.m.	\$12
65372	5/10	Friday	10:30-11:15 a.m.	\$12
65374	5/17	Friday	10:30-11:15 a.m.	\$12
65375	5/24	Friday	10:30-11:15 a.m.	\$12
65376	5/31	Friday	10:30-11:15 a.m.	\$12

SPECIAL EVENT: LIFE IN THE POND



Ages 2-10

Let's learn about the life cycles as we play, learn, observe, and identify the freshwater wildlife of Polliwog Pond at Camp Long. Waddling ducks, slithering salamanders, and dancing dragonflies are some of the creatures we may see. Adult Supervision is required.

65407	6/7	Friday	4-5:30 p.m.	\$12
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Camp Long Insect Discovery Program, 2023 by TIA International

LOVE BETTER

Ages 12-18

Learn the importance of healthy relationships and be empowered to identify and avoid abuse! A community service officer from the Seattle Police Department will lead weekly interactive workshops so you can identify signs of a healthy relationship, practice communication skills, set healthy boundaries, and create a plan to love better.

65566	5/1-5/29	Wednesday	4-5 p.m.	FREE
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PIANO LESSONS

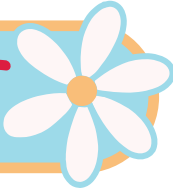
Ages 6 and Older

It's never too early (or late!) to develop your musical talent! One-on-one piano lessons are 30-minutes long with a seasoned musician. Participants will receive more information about lesson materials on their first day.

64428	4/9-5/7	Tuesday	Noon-12:30 p.m.	\$322
64430	4/9-5/7	Tuesday	12:45-1:15 p.m.	\$322
64432	4/9-5/7	Tuesday	1:30-2 p.m.	\$322
64434	4/9-5/7	Tuesday	2:15-2:45 p.m.	\$322
64436	4/9-5/7	Tuesday	3-3:30 p.m.	\$322
64438	4/9-5/7	Tuesday	3:45-4:15 p.m.	\$322
64440	4/9-5/7	Tuesday	4:30-5 p.m.	\$322
64442	4/9-5/7	Tuesday	5:15-5:45 p.m.	\$322
64429	5/14-6/11	Tuesday	Noon-12:30 p.m.	\$322
64431	5/14-6/11	Tuesday	12:45-1:15 p.m.	\$322
64433	5/14-6/11	Tuesday	1:30-2 p.m.	\$322
64435	5/14-6/11	Tuesday	2:15-2:45 p.m.	\$322
64437	5/14-6/11	Tuesday	3-3:30 p.m.	\$322
64439	5/14-6/11	Tuesday	4:30-5 p.m.	\$322
64441	5/14-6/11	Tuesday	4:30-5 p.m.	\$322
64443	5/14-6/11	Tuesday	5:15-5:45 p.m.	\$322

SPRING EGG HUNT

March 30 @ 10:30 a.m.



TAP AND JAZZ: BEGINNER

Ages 18 and Older

Explore rhythms, body-mind coordination, and musicality while learning basic tap and jazz movements set to upbeat music. Each class will combine individual and combinations of dance skills. Tap shoes and Jazz or Ballet shoes required.

64911	4/4-5/2	Thursday	5:20-6:20 p.m.	\$70
64913	5/9-6/13	Thursday	5:20-6:20 p.m.	\$70

TAP AND JAZZ: INTERMEDIATE

Ages 5-9

Explore rhythms, body-mind coordination, and musicality while learning basic tap and jazz movements set to upbeat music. Each class will combine individual and combinations of dance skills and will build on the pre-requisite class, Beginning Tap and Jazz. Tap shoes and Jazz or Ballet shoes required.

64912	4/4-5/2	Thursday	4:15-5:15 p.m.	\$70
64914	5/9-6/13	Thursday	4:15-5:15 p.m.	\$70

KARATE: THE EMPTY HAND

Ages 6 and Older

This class presents a multi-disciplinary self-defense approach. Students will study and practice basic Shotokan Karate techniques and strategies and learn to defend against larger and/or multiple opponents. Come join the fun and get great exercise too! Open to adults and children.

Young Beginner	Ages 6-9			
65439	4/15-6/26	M/W	5-5:40 p.m.	\$55
Level One	Ages 6-9			
65432	4/15-6/26	M/W	4:20-4:55 p.m.	\$55
Level Two+	Ages 11 and Older			
65442	4/15-6/26	M/W	5:45-6:30 p.m.	\$55

PARENT AND TOT ART CLASS

Ages 2-5

Embark on an artistic adventure as you and your little one discover creativity using everyday materials, unlocking your inner artists together. Explore colors, shapes, and composition through painting and enchanting mark-making methods. Connect and collaborate on a joyful journey of art together!

66279	4/3-4/24	Wednesday	3:30-4:30 p.m.	\$72
66280	5/1-5/22	Wednesday	3:30-4:30 p.m.	\$72
66281	5/29-6/12	Wednesday	3:30-4:30 p.m.	\$54



Be a voice for your community
Join a volunteer Advisory Council!

- ✓ Engage with your local community
- ✓ Plan & support unforgettable special events
- ✓ Bring new & exciting program ideas
- ✓ Partner with local businesses & organizations
- ✓ Fundraise to increase opportunities
- ✓ Support the great work of SPR staff

Scan QR to learn more and get started!



OR email casey.king@seattle.gov



Alternate Program Location

While Hiawatha Community Center is closed, you can access our programs at:

Dakota Place Park
4304 SW Dakota St
Seattle, WA 98116

CREATIVE BALLET WITH TEACHER MARIKA

Ages 3-8

Students will explore expressive movement using music, stories, props, and games. We will focus on developing motor skills, balance, and coordination along with imagination and creativity. A variety of dance concepts and vocabulary will be introduced in a fun and engaging way. **Performance is on Wednesday, June 12 at 5 p.m. at Dakota Place. No class 4/8.**

▼ Ages 3-5

65368 4/1-6/12 **Monday** 2-2:45 p.m. **\$130**

▼ Ages 5-7

65371 4/1-6/12 **Monday** 3-3:45 p.m. **\$130**

▼ Ages 6-8

65373 4/1-6/12 **Monday** 4-4:45 p.m. **\$130**



Ballet Program at Hiawatha Community Center, 2020

WATCH ME DANCE!

Ages 2-4

We use movement and music to stimulate brain reflexes, teach social/emotional learning skills, and encourage joy and self-expression. Music, props, and brain-integrated dance games let this class strengthen bodies, minds, and souls of little ones. A parent/guardian must be in attendance in the classroom.

62688 4/3-6/12 **Wednesday** 9:15-10 a.m. **\$132**

CREATIVE BALLET WITH TEACHER MARIKA

Ages 3-5

Students will explore expressive movement using music, stories, props, and games. We will focus on developing motor skills, balance, and coordination along with imagination and creativity. A variety of dance concepts and vocabulary will be introduced in a fun and engaging way. **End of year show 6/12 at Dakota Place.**

62675 4/3-6/12 **Wednesday** 10:15-11 a.m. **\$132**

TAP AND JAZZ: BEGINNER

Ages 5-8

Explore rhythms, body-mind coordination, and musicality while learning basic tap and jazz movements set to upbeat music. Each class will combine individual and combinations of dance skills. Tap shoes and Jazz or Ballet shoes required.

62673 4/8-5/20 **Monday** 4:15-5:15 p.m. **\$66**

62674 6/3-6/24 **Monday** 4:15-5:15 p.m. **\$44**

PIANO INSTRUCTION

Ages 5 and Older

These weekly 30-minute private lessons cover music theory, ear training, and sight-reading which students will practice through pieces appropriate to their musical ability. Offered by appointment only.

62682 4/4-6/27 **Thursday** 3-7 p.m. **\$30**

LITTLE HOOPERS

Ages 3-5

Your little one will start to learn the fundamentals of basketball. We focus on dribbling and passing in this fun program. Parental supervision required.

62679 4/9-4/30 **Tu/Th** 4-4:45 p.m. **\$70**

62680 5/2-5/30 **Tu/Th** 4-4:45 p.m. **\$90**

62681 6/4-6/27 **Tu/Th** 4-4:45 p.m. **\$80**

TANG SOO DO KARATE

Ages 8 and Older

Self-defense is an important aspect of martial arts, but students will also learn self-confidence, focus, and integrity. Learning these important skills in addition to being physically fit is often why people start Tang Soo Do. We encourage parents to take classes with their kids whenever possible. Additional fees required. Please be prepared to order your uniform (dobok) after your first session. A one-time registration fee of \$35 to join the WTSDA (World Tang Soo Do Association) is required before the 2nd session or belt test, whichever comes first. When the student joins the WTSDA, they will receive their official patches for their uniforms.

62685 4/3-6/26 **M/W** 5:45-7 p.m. **\$134**

WEST SEATTLE TAE KWON DO

Ages 18 and Older

Learn Tae Kwon Do, a Korean martial art known primarily for its fast sparring techniques, dynamic forms, and strong kicks. Taught in a non-competitive atmosphere, students will improve physical abilities such as strength, speed, and coordination; and mental attributes such as confidence, self-control, and willpower.

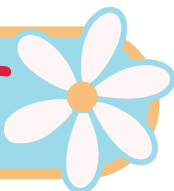
62691 4/2-4/30 **Tu/Th/Sa** 6-7:30 p.m. **\$45**

62692 5/2-5/30 **Tu/Th/Sa** 6-7:30 p.m. **\$45**

62693 6/1-6/29 **Tu/Th/Sa** 6-7:30 p.m. **\$45**

SPRING EGG HUNT

March 30 @ 10 a.m.



ZONE ONE

INTERNATIONAL DISTRICT/CHINATOWN CC

M/W/F: 11 a.m.-9 p.m. | Tu/Th: 9:30 a.m.-6 p.m. | Saturday: 9 a.m.-5 p.m.

50 & UP EXERCISE

Ages 50 and Older

Exercise and physical activity are good for just about everyone, including older adults. Come and sweat it out to your favorite aerobic DVDs. Hand weights and resistance bands provided. \$3 for participants 50-64, \$2 for participants 65 and Older.

63903 4/3-6/28 W/F 11 a.m.-12:30 p.m. \$2-\$3

8 ANIMAL / 8 METHODS KUNG-FU

Ages 12 and Older

Develop speed, power, coordination, and discipline through the art of Yee Jong Pai Kung Fu. Learn the effective, classical techniques from the style of 8 Animals and 8 Methods.

63905 3/23-6/1 Saturday 11 a.m.-Noon \$60

PIANO LESSONS

Ages 8 and Older

\$40/session

Learn to play the piano from an experienced professional in weekly 30-minute private lessons. Training includes sight-reading, technique, expression, theory, and chords. Students must have access to an electric keyboard or piano for practice outside of lessons. This course will help participants acquire intermediate piano skills.

Prerequisite: Successful completion of Piano Lessons from July 2023 to Sept. 2023. Please contact International District/Chinatown Community Center at 206-233-0042 to schedule your private lessons.

*Families can sign-up for one time slot and one day per person.

64472 4/2-6/25 Tuesday 2:30-7:30 p.m.
65097 4/5-6/28 Friday 2:30-6 p.m.
65098 4/6-6/29 Saturday 9 a.m.-5 p.m.

SPECIAL EVENT: PING PONG TOURNAMENT

INTERNATIONAL

Ages 16 and Older

DISTRICT/CHINATOWN CC

Don't drop the ball! Bring a friend and compete in a friendly table tennis tournament, or as some know it, Ping-Pong.

4/27

Saturday

10 a.m.-4 p.m.

\$20



SPECIAL EVENT: TEEN VOLLEYBALL TOURNAMENT

INTERNATIONAL

Ages 11-17

DISTRICT/CHINATOWN CC

All teens are invited to our monthly Teen Volleyball Tournament on the first Friday of the month. Teens will create their own teams and enjoy some friendly competition. Winners will receive a special prize. Entry is free! Call us at 206-233-0042 for more information or to sign up.

4/5, 5/3, 6/7

Friday

5-9 p.m.

FREE

SPECIAL EVENT: TEEN FLASHLIGHT EGG HUNT

FREE

Ages 12-17

Looking for a new twist on an egg hunt? Try finding the loot in the dark! Bring your own flashlight and bag, but don't be late because the hunt goes quick. Meet in the Jefferson Community Center lobby. Rain or shine, we will be outside, so dress for the weather.

62633 3/29 Friday 8-8:30 p.m. FREE

SPECIAL EVENT: BEACON HILL FESTIVAL

FREE

All Ages

The Jefferson Community Center is hosting its Annual Beacon Hill Festival! The event will feature a range of entertainment, local food, carnival games, bounce toys, and silent auction. All proceeds of the event go to support the Jefferson Advisory Council in its efforts to provide scholarships for families to participate in programs at Jefferson Community Center. Don't miss out; bring the entire family to this fun event!

65475 6/1 Saturday 11 a.m.-4 p.m. FREE



Beacon Hill Festival, 2017



Ceramics Program at Jefferson Community Center, 2019

ADULT POTTERY: ALL LEVELS

Ages 18 and Older

Create pottery pieces by using a combination of hand-building and throwing clay into works of art. Participants will be guided through numerous techniques to decorate and build ceramic projects. First bag of clay will be provided.

66807	4/15-6/10	Monday	1:30-4:30 p.m.	\$360
65068	4/16-6/4	Tuesday	10 a.m.-1 p.m.	\$360
65069	4/16-6/4	Tuesday	5:30-8:30 p.m.	\$360
65070	4/17-6/5	Wednesday	10 a.m.-1 p.m.	\$360
65067	4/18-6/13	Thursday	5:30-8:30 p.m.	\$360
65066	4/19-6/7	Friday	1:30-4:30 p.m.	\$360
65065	4/19-6/7	Friday	5:30-8:30 p.m.	\$360

YOGA FOR ALL LEVELS

Ages 18 and Older

Yoga is a physical practice suitable for all ages and experience levels. We connect breathing to movement through a sequence of postures that promote safe alignment, flexibility, and strength. Light meditation will be part of the program.

65090	4/18-5/9	Thursday	6:30-7:30 p.m.	\$70
66286	5/16-6/13	Thursday	6:30-7:30 p.m.	\$70

GENTLE YOGA

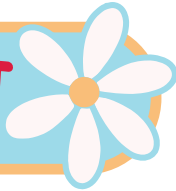
Ages 18 and Older

Gentle yoga helps correct alignment and awareness in stretches and movement. This class focuses on breathing to help increase strength and stamina, and improve flexibility. Students will develop better balance, posture, poise, and peace of mind.

65082	4/17-6/5	Wednesday	10-11 a.m.	\$130
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SPRING EGG HUNT

March 30 @ 10 a.m.



CREATIVE BALLET WITH TEACHER MARIKA

Ages 3-6

Students will explore expressive movement using music, stories, props, and games. We will focus on developing motor skills, balance, and coordination along with imagination and creativity. A variety of dance concepts and vocabulary will be introduced in a fun and engaging way. **End of year show 6/12 at Dakota Place.**

65072 4/16-6/12 **Tuesday** 10:15-11 a.m. **\$140**

WATCH ME DANCE!

Ages 2-4

We use movement and music to stimulate brain reflexes, teach social/emotional learning skills, and encourage joy and self-expression. Music, props, and brain-integrated dance games let this class strengthen bodies, minds, and souls of little ones. A parent/guardian must be in attendance in the classroom.

66803 4/16-6/4 **Tuesday** 9:15-10 a.m. **\$130**

REGISTRATION OPENS MARCH 5th



SCAN ME

REGISTER ONLINE:
https://bit.ly/spr_activity_reg

BUSY BEE SOCCER

Ages 3-5

Increase self-esteem and build a love for soccer! Through a series of games and mini-matches your child will play in a non-competitive environment with an emphasis on teamwork and skill development. Parental supervision required.

65071 4/15-5/6 **Monday** 4-4:45 p.m. **\$65**
66278 5/13-6/10 **Monday** 4-4:45 p.m. **\$65**

JUNIOR HOOPERS

Ages 5-7

Get focused on the fundamentals of basketball! Your child will learn basic basketball skills like ball handling, teamwork, and shooting techniques while increasing their overall physical fitness.

65083 4/15-6/10 **Monday** 5-5:45 p.m. **\$90**

PIANO LESSONS

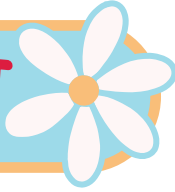
Ages 5-12

Learn to play the piano from an experienced professional teacher in weekly 30-minute private lessons. Scholarships are available.

65084 4/16-6/4 **Tuesday** 4-4:30 p.m. **\$360**
65085 4/16-6/4 **Tuesday** 4:30-5 p.m. **\$360**
65086 4/16-6/4 **Tuesday** 5-5:30 p.m. **\$360**
65087 4/16-6/4 **Tuesday** 6-6:30 p.m. **\$360**
65088 4/16-6/4 **Tuesday** 6:30-7 p.m. **\$360**
65089 4/16-6/4 **Tuesday** 7-7:30 p.m. **\$360**

SPRING EGG HUNT

March 30 @ 10:30 a.m.



MIXXED FIT

Ages 16 and Older

MixedFit® is a dance fitness program combining explosive dancing with boot camp toning. Everything about MixedFit® is energetic; all the moves are big, exaggerated, and fun to get into.

65449	4/1-5/6	Monday	6-7 p.m.	\$48
65450	5/13-6/17	Monday	6-7 p.m.	\$48

TEEN TALK CLUB

Ages 12-18

Get your all-in-one workout while moving and grooving to the beat! Engage in cardio pumping, strength building, and muscle toning.

66298	4/9-6/20	Tu/Th	3-4 p.m.	\$40
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SPECIAL EVENT: SPRING EGG HUNT



Ages 3-10

Bring your family and friends to hunt for goodies! Please bring a bag or a basket to gather your goodies in. Dress according to the weather. Meet on the lawn in front of the community center.

***Please bring your own basket.**

3/30	Saturday	10:30 a.m.	FREE
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WE'RE HIRING

Athletics: Track and Field Officials

Learn more and apply at:
www.arcseattle.org/jobs

FOR MORE INFORMATION CONTACT:

Lamar, HR Recruiter	Neha, HR Recruiter
lamar.mapp@seattle.gov	neha.chawla@seattle.gov

Rainier Beach will be closed April 6-14 for a floor renovation closure.

SPECIAL EVENT: DETECTIVE COOKIE'S CHESS CLASSIC

Ages 5-18

Join us this spring for the 2nd Annual Detective Cookie Chess Classic, set to take place March 24th from 9am-4pm at the Rainier Beach Community Center in Seattle. The event is co-hosted by Detective Cookie's Chess Club and the Washington Chess Federation and is open to all students in grades K-12 as of the 2023-24 school year. At the courtesy of the organizers, entry into the tournament is free of charge. All sections are WA State Elementary Qualifiers. Generous trophies will be awarded to the top-finishing individuals and teams.

[63654](#) 3/24 Sunday 9 a.m.-4 p.m. FREE

TOT MUSIC

Ages 6 months - 3 years

In this 45-minute child and caregiver class, we will sing and play along with an instructor. Learn to play different kinds of instruments. Songs will include rhythm, rhymes, and movement!

[64413](#) 4/18-5/16 Thursday 10:30-11:15 a.m. \$60
[64414](#) 5/23-6/20 Thursday 10:30-11:15 a.m. \$60

BEGINNERS UKULELE

Ages 5 and Older

Participants will learn to play the ukulele using carefully chosen songs offered in increasing difficulty. The class features finger picking, strumming, and chords as we learn together in a playful way. Students must bring their own ukulele to class.

▼ Ages 5-9

[64389](#) 4/17-5/15 Wednesday 4-4:45 p.m. \$50
[64386](#) 4/17-5/15 Wednesday 5-5:45 p.m. \$50
[64388](#) 5/22-6/12 Wednesday 4-4:45 p.m. \$40
[64387](#) 5/22-6/12 Wednesday 5-5:45 p.m. \$40

▼ Ages 8-12

[64384](#) 4/17-5/15 Wednesday 6-6:45 p.m. \$50
[64385](#) 5/22-6/12 Wednesday 6-6:45 p.m. \$40

▼ Ages 18 and Older

[64382](#) 4/17-5/15 Wednesday 7-7:45 p.m. \$50
[64383](#) 5/22-6/12 Wednesday 7-7:45 p.m. \$40

GOJU RYU KARATE



Ages 6 and Older

Self-defense, awareness, and physical and mental development are incorporated into the study of this Japanese karate style. Learn fundamental techniques of karate, and how to use linear and circular techniques to subdue and control an attacker.

[64410](#) 4/15-6/17 M/W 7:15-8:30 p.m. FREE

AEROBICS WITH BLESSED HEARTS FITNESS

Ages 18 and Older

Get your all-in-one workout while moving and grooving to the beat! Engage in cardio pumping, strength building, and muscle toning.

[64411](#) 4/4-5/9 Thursday 6-7 p.m. \$40
[64412](#) 5/16-6/20 Thursday 6-7 p.m. \$48

FAMILY ZUMBA



Ages 14 and Older

Zumba combines fitness, entertainment, and culture into an exhilarating dance-fitness sensation! Bring the whole family to the fitness party that blends upbeat world rhythms with easy choreography for a total body workout! Please arrive early as space is limited.

[64392](#) 4/3-6/12 Wednesday 6:30-7:30 p.m. FREE



We are always working to add programs. Please contact the community center if you would like to know about new programs that may not be in this brochure.



Alternate Program Location

South Park Community Center programs have temporarily moved to Concord International Elementary School.

Programs will occur in the gym and cafeteria at Concord. These free weekly programs are lined up as of now.

The community center is closed for site redevelopment and other improvements through early 2025. Read about the exciting changes coming with the Sitewide Renovation and Stabilization projects!

Concord International Elementary School | Follow @SouthParkCommunityCenter on Facebook for updates.
723 S Concord St | Seattle, WA 98108



Scan here for programs and updates

BOARD GAMES

FREE

All Ages

Held in the Cafeteria

Bring your favorite game or try one of ours during some community fun! All ages are welcome, but children under 12 must be accompanied by an adult. Come match with members of your community.

4/22-6/26 Mon-Wed 6:30-8:30 p.m. FREE

BASKETBALL

ADULT - DROP-IN

Ages 16 and Older

Held in the Gym Tuesday 6:30-8:30 p.m. FREE

GRADES K-2 PRACTICE

Registration Only

Held in the Gym Wednesday 6:30-8:30 p.m.

CITYWIDE BASKETBALL PRACTICE

Registration Only

Held in the Gym M/Th 6:30-8:30 p.m.

FITNESS BOOT CAMP

FREE

All Ages

Held in the Cafeteria

Fitness Bootcamp is an opportunity to participate in FREE Fitness Drills. From beginner, to mid-level, and high-level intensity workouts. This will include various methods of cone drills, ladder drills, sprints, balance training, and other calisthenics. Water Bottle recommended.

4/4-6/27 Thursday 6:30-8:30 p.m. FREE

4/6-6/29 Saturday 3:30-4:30 p.m. FREE

LATE NIGHT

FREE

Late Night is a safe and supportive environment for teens and tweens. This recreation-based program focuses on positive teen interactions and engagement where all teens are welcome.

TWEEN

Ages 9-12

4/6-6/29 Saturday 3:30-8:30 p.m. FREE

TEEN

Ages 13-19

4/5-6/28 Friday 6:30-10:30 p.m.

ZONE ONE

VAN ASSELT CC

M/W: Noon-8 p.m. | Tuesday: 11 a.m.-Noon | Thursday: 11 a.m.-8 p.m. | Friday: Noon-7 p.m. | Saturday: 9 a.m.-5 p.m.

STAMP CAMP WITH PHILLYSO CREATIVE

FREE

Ages 5-9

Are you ready to learn different stamp techniques like heat embossing, water coloring, 3D projects, and more? Each month will feature a cultural sharing of drinks and food during the activity. Space is limited, so sign up early!

65636 4/22-6/24 **Monday** 6-7 p.m. **FREE**

BEGINNING PIANO

Ages 5 and Older

\$40/session

Receive the gift of music with this affordable, easy and fun introduction to the piano.

65633 4/1-6/24 **Monday** 4:15-7:45 p.m.
65634 4/16-6/25 **Tuesday** 3:15-7:45 p.m.

WOMEN'S ZUMBA

FREE

Ages 16 and Older

Get ready to dance your worries away as we combine motivating music and high energy moves. Routines feature aerobic interval training set to fast and slow rhythms that will help tone and sculpt the body. To create a safe space that respects diverse cultural practices, this Zumba program is for women only.

65635 4/2-6/20 **Tu/Th** 6-7 p.m. **FREE**

SPECIAL EVENT: MARCH MADNESS

FREE

Ages 18 and Older

Come join us over light refreshments to watch the NCAA Basketball Tournament opening weekend and compare your brackets with your neighbors.

3/21-3/22 **Thu-Fri** **Noon-7 p.m.** **FREE**

SPRING EGG HUNT

March 30 @ 10 a.m.



LIFELONG RECREATION

ARTS, FITNESS, & SOCIAL OPPORTUNITIES FOR PEOPLE AGE 50+

Engage with your community and remain active. Learn something new, get fit, meet friends, or join us for field trips to places you have always wanted to visit.

Find out more at www.seattle.gov/parks/seniors/ where you can download the Lifelong Recreation brochure and sign-up for our email newsletter. Contact us at 206-684-4951.



Seattle Parks & Recreation

Are you caring for a loved one living with memory loss? Lifelong Recreation now offers Dementia-Friendly Recreation opportunities!

FAMILY GARDEN CLUB

FREE



All Ages

Grow together as a community and learn more about growing food, creating healthy gardens, and being environmental stewards. Participate in weekly classes taught by Seattle Urban Nature Guides and spend time working in the newly rebuilt Garfield Community Garden! Gloves and tools are provided.

[65979](#) 4/17-5/22 Wednesday 5:30-7 p.m. FREE
[65980](#) 5/29-7/10 Wednesday 5:30-7 p.m. FREE

SPECIAL EVENT: LADYBUG FESTIVAL

FREE

All Ages

Kick off Earth Day festivities by connecting community with nature at this event highlighting the importance of pollinators. You'll see the annual release of ladybugs in the Garfield Community Center Garden and can participate in fun, educational, and hands-on activities.

[65399](#) 4/20 Saturday 2-4:30 p.m. FREE

SPECIAL EVENT: NEIGHBOR DAY

FREE

All Ages

This special day is devoted to reaching out to neighbors, making new friends, and expressing thanks to those who help make your neighborhood a great place to live. Join us for family-friendly activities, workshops, fitness, and more as we celebrate our community.

[65102](#) 5/4 Saturday 10 a.m.-4 p.m. FREE

SPECIAL EVENT: SELF-DEFENSE FOR TEENS AND WOMEN OF COLOR

FREE

Ages 11 and Older

This workshop taught by Seven Star teaches techniques and strategies to protect yourself. In a safe and supportive environment, you will learn practical, real-world self-defense skills through hands-on work with pads and bodies as well as verbal and physical situations. This class is for Women of Color ages 11 to adult.

[64487](#) 4/6 Saturday 1-3 p.m. FREE

HAZARD PREPAREDNESS FOR YOUTH AND TEENS

FREE

Ages 11-17

The Office of Emergency Management is teaching emergency preparedness! Receive hands-on training on preparedness skills such as building an emergency kit and toilet, turning off home utilities, using a fire extinguisher, and purifying water. Learn to save a life by preventing them from losing too much blood.

[65001](#) 4/8-4/11 Mon-Thu 1:30-5 p.m. FREE

MIDDLE SCHOOL CHESS CLUB

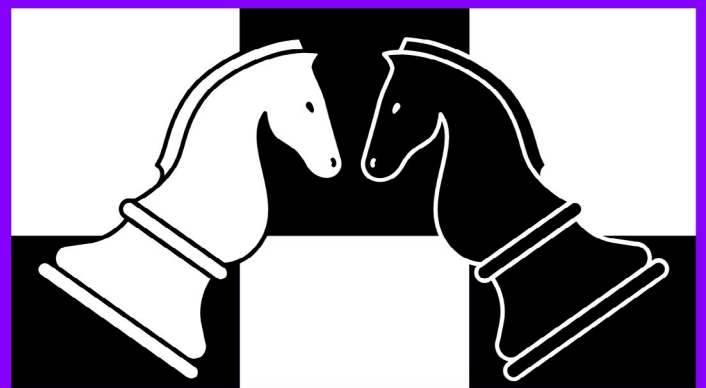
FREE

Ages 11-14

Chess Club is a hub for players of all skill levels to enhance their critical thinking abilities through engaging lessons. Improve your chess skills while socializing and having fun with like-minded members who share your passion for strategy.

[66762](#) 4/15-6/14 M/F 4-5:30 p.m. FREE

CHESS CLUB



PLAYFUL DANCE WITH MOVING MINDS

Ages 3-4

Through active, imaginative dance play, your child will develop coordination, strength, and stability. In a creative, community-focused classroom, children become confident with ballet-based vocabulary and foundational movement patterns through music, games, and creative exploration.

64565 4/15-6/10 **Monday** 4:30-5:20 p.m. **\$130**

CREATIVE BALLET WITH MOVING MINDS

Ages 5-6

Starting with foundations learned in Playful Dance, your child will strengthen their confidence, control, musicality, and ability to collaborate. This class introduces children to ballet barre, more challenging movement combinations, and choreography tools to develop their own movement style.

64561 4/15-6/10 **Monday** 5:30-6:25 p.m. **\$130**

SPRING EGG HUNT 

March 30 @ 10 a.m.

YOGA FOR KIDS

Ages 5-8

Let's discover the basics of yoga with a fun and creative approach. This gentle non-competitive form of exercise promotes strength, flexibility, balance, and coordination. Please bring a mat and water bottle to class. Wear comfortable clothing.

65545 4/27-6/8 **Saturday** 2-2:45 p.m. **\$96**

YOUTH FUTSAL

Ages 5-13

This high-paced game is similar to soccer, but is played indoors with unlimited substitutions. All skill levels welcome!

▼ **Ages 5-8**

64467 4/13-6/15 **Saturday** 1-2:30 p.m. **FREE**

▼ **Ages 9-13**

65431 4/13-6/15 **Saturday** 3-4:30 p.m. **FREE**

**SCHOOL OF SKILLS
BASKETBALL**



Ages 9-13

Improve your after-school hoop skills and get trained in individual and group game play. Participants will be grouped by level and challenged to expand their techniques. Instruction is provided free of charge by Community Service Officers from Seattle Police Department as part of their community outreach efforts.

66289 4/18-6/20 **Thursday** 4-5:15 p.m. **FREE**

**YOUTH WHEELCHAIR
BASKETBALL CAMP**



Ages 5-12

Experience great fun through adaptive sports while you play wheelchair basketball. You'll develop your fundamental skills and work on your conditioning while you make new friends. All levels welcome.

66162 4/5 **Tuesday** 9:30 a.m.-2 p.m. **FREE**
65535 4/12 **Tuesday** 9:30 a.m.-2 p.m. **FREE**

POKÉMON CLUB

Ages 6-9

Calling all Pokémon trainers! Join our gym and learn all about the Pokémon Trading Card Game. Trainers can bring their own Pokémon cards or borrow ours to challenge each other and become the very best.

66288 4/25-5/30 **Thursday** 5-6:30 p.m. **\$125**

**SPECIAL EVENT:
STEAM SATURDAY: NATURE
EXPLORATION FOR TODDLERS**



Ages 1-5

Come explore and learn about our connection to nature through the five senses. Engage in science, technology, engineering, art, and mathematics.

66081 4/13 **Saturday** 10:30-11:30 a.m. **\$10**
66082 5/11 **Saturday** 10:30-11:30 a.m. **\$10**
66083 6/8 **Saturday** 10:30-11:30 a.m. **\$10**

YOUTH DEVELOPMENT TAEKWONDO

FREE

Ages 5-18

Taekwondo promotes positive behaviors and improved life skills. Persistent positive feedback supports and reinforces educational achievement, behavioral change, and community building. We challenge our students to think critically and open their minds to change.

[64185](#) 4/15-6/17 M/W 6-7:30 p.m. FREE

LOVE BETTER

FREE

Ages 13-18

Learn the importance of healthy relationships and be empowered to identify and avoid abuse! A community service officer from the Seattle Police Department will lead weekly interactive workshops so you can identify signs of a healthy relationship, practice communication skills, set healthy boundaries, and create a plan to love better.

[66297](#) 4/10-4/12 Wed-Fri 10:30a.m.-12:30 p.m. FREE

SKATING LESSONS WITH SKATE THERAPY

Ages 18 and Older

Get ready to roller skate solo or with a partner. You'll learn to skate forward, backwards, and dance on your skates. You can also practice your new or existing skills during free skate in the second half of class.

[64881](#) 4/19-4/26 Friday 9:30-11:30 a.m. \$37

[64882](#) 5/17-5/24 Friday 9:30-11:30 a.m. \$37

[64883](#) 6/7-6/14 Friday 9:30-11:30 a.m. \$37

GENTLE HATHA YOGA

Ages 50 and Older

Stretch and move with awareness, alignment, and a focus on breath to increase strength and stamina, improve flexibility, and develop better balance, posture, and peace of mind. Non-flow style. We have a limited supply of yoga gear for new participants. We recommend that you bring your own equipment.

[64851](#) 4/3-6/12 Wednesday 1:30-2:30 p.m. \$70

MARCUS GARVEY BOOK CLUB

FREE

Ages 18 and Older

Books are the foundation of knowledge. Come join facilitators Reverend Harriett Walden and Erik Stark of The Family Empowerment Institute. Each month covers a new book focusing on local, cultural, historical, and African American topics. You must be registered to attend. This class is a hybrid class. You may register for an in-person experience or choose to participate online via Webex video conferencing.

[64465](#) 4/2-6/18 Tuesday 6-7:30 p.m. FREE

AEROBICS WITH BLESSED HEARTS FITNESS

Ages 16 and Older

Get your all-in-one workout while moving and grooving to the beat! Engage in cardio pumping, strength building, and muscle toning.

[64563](#) 4/9-5/7 Tuesday 5:30-6:30 p.m. \$40

[64564](#) 5/14-6/18 Tuesday 5:30-6:30 p.m. \$48

GROUP GUITAR LESSONS

Ages 5 and Older

Find the musician within! Enjoy this small group setting with an emphasis on personal instruction to meet each student's needs. We'll focus on chords, theory, ear training, and finish with a recital. Weekly jam sessions with the instructor and practice time at the Center are included. All ages and skill levels welcome.

[65978](#) 4/18-6/20 Thursday 6:30-7:30 p.m. \$412

COMPETITIVE VOLLEYBALL

Ages 18 and Older

Join other advanced volleyball players for competitive play and skill development. Upon registration your spot is guaranteed for the full month.

[65401](#) 4/19-4/26 Friday 6-7:30 p.m. \$10

[65402](#) 5/3-5/31 Monday 6-7:30 p.m. \$25

[65403](#) 6/7-6/28 Monday 6-7:30 p.m. \$20

DRUM LESSONS

Ages 10 and Older **\$40/session**

Learn expression through music! Lessons are 30 minutes long, and are tailored to each individual student, and teach students to read music, play by ear, music theory, and composition. We have a drum set on site. Call your community center to see what slots are available.

64709	4/2-4/30	Tuesday	2-6 p.m.
64708	5/7-5/28	Tuesday	2-6 p.m.
64710	6/4-6/25	Tuesday	2-6 p.m.

PIANO LESSONS

Ages 10 and Older **\$40/session**

Learn to play the piano from an experienced professional teacher in weekly 30-minute private lessons. Classes cannot be scheduled on-line. Please call Miller CC to schedule.

64757	4/4-4/25	Thursday	2-6 p.m.
64756	5/2-5/30	Thursday	2-6 p.m.
64758	6/13-6/27	Thursday	2-6 p.m.

**SPECIAL EVENT: OPEN MIC
POETRY NIGHT**



All Ages

If you have a passion for sharing your favorite poems, showcasing original compositions, or if you enjoy listening to others, this is for you. It's completely FREE and we enthusiastically welcome young poets to join us! Let's strengthen our community through the power and beauty of poetry.

65020	4/5	Friday	6-8 p.m.	FREE
65019	5/3	Friday	6-8 p.m.	FREE
65021	6/7	Friday	6-8 p.m.	FREE

SPECIAL EVENT: CRAFT AND SIP



Ages 18 and Older

Enjoy some mocktails at this FREE event. Bring your own craft projects from home and meet new friends, learn new skills, and enjoy some good drinks!

65017	4/25	Thursday	5-8 p.m.	FREE
65016	5/30	Thursday	5-8 p.m.	FREE
65018	6/27	Thursday	5-8 p.m.	FREE

PICKLEBALL: SKILLS AND DRILLS

Ages 18 and Older

Learn the basic strokes, rules, and strategies of pickleball. A cross between tennis, badminton, and ping-pong, this sport enjoys a large community of players in the Pacific Northwest. Once you've learned the basics, you can join our drop-in play across most of the Community Centers in Seattle. This class is designed for beginning and intermediate players.

65456	5/3-5/24	Friday	10:15-11:30 a.m.	\$65
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COMPETITIVE VOLLEYBALL

Ages 18 and Older

Join other advanced volleyball players for competitive play and skill development. Upon registration your spot is guaranteed for the full month.

65404	4/1-4/29	Monday	5:30-7 p.m.	\$25
65405	4/1-4/29	Monday	7-8:30 p.m.	\$25
65406	5/6-5/20	Monday	5:30-7 p.m.	\$15
65408	5/6-5/20	Monday	7-8:30 p.m.	\$15
65409	6/3-6/24	Monday	5:30-7 p.m.	\$20
65410	6/3-6/24	Monday	7-8:30 p.m.	\$20

BOXING

Ages 15 and Older

Learn fundamental boxing skills and partake in conditioning drills. All activities and exercises can be modified to suit the student's goals, physical abilities, and skill level. No experience necessary. Equipment provided.

65522	4/18-5/23	Thursday	6-7 p.m.	\$80
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WOMEN'S SELF DEFENSE

Ages 10 and Older

Your safety comes first! Learn essential safety and self-defense principles to recognize danger and avoid life-threatening situations. Specific methods include developing a confident voice, escaping from common grabs, striking shock points, and getting to safety. Classes are ongoing; join anytime!

65508	5/2-5/9	Thursday	7:15-8:15 p.m.	\$26
65509	5/16-5/23	Thursday	7:15-8:15 p.m.	\$26

PRE-BALLET

Ages 3-5

Students experience the joy of dancing as they learn the basics of ballet technique and creative dance. Motor skills, posture, coordination, and musicality are emphasized through games, exercises, and choreography. Students should wear ballet shoes, dance attire, and have long hair pulled back.

64706	4/19-5/17	Friday	3:45-4:30 p.m.	\$65
64707	5/24-6/21	Friday	3:45-4:30 p.m.	\$65

JUNIOR HOOPERS

Ages 3-8

Get focused on the fundamentals of basketball! Your child will learn basic basketball skills like ball handling, teamwork, and shooting techniques while increasing their overall physical fitness.

▼ Ages 3-5

64761	4/16-5/14	Tuesday	2-2:45 p.m.	\$60
64762	5/21-6/18	Tuesday	2-2:45 p.m.	\$60

▼ Ages 6-8

64760	4/16-5/14	Tuesday	3-3:45 p.m.	\$60
64763	5/21-6/18	Tuesday	3-3:45 p.m.	\$60



Learn more and apply at:
www.arcseattle.org/jobs

**Childcare:
Ages 3-12
Licensed Childcare
Center Teachers**



D&D CLUB

FREE

Ages 12 and Older

Every Tuesday is an adventure with afterschool D&D club. Play a module a session with your friends or meet new friends.

64575	4/2-6/25	Tuesday	6-8 p.m.	FREE
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GUITARS - NOT - GUNS GUITAR LESSONS

FREE

Ages 8-17

Join our guitar lessons for youth. No guitar? No worries! Instruction, instrument, and a safe environment are all provided. All you need to do is be present for each lesson over 8 weeks, and upon course completion you'll have the opportunity to own your guitar - in some cases, free!

65009	4/19-6/7	Friday	4-5 p.m.	FREE
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VIRTUAL REALITY (VR) CLUB

FREE

Ages 11-14

Step into a world of boundless imagination and endless adventure through virtual reality (VR). You'll engage in hands-on educational experiences, explore breathtaking virtual environments, and play fun games as learning becomes an exhilarating adventure. If you're new to VR, don't worry, we'll teach you to navigate virtual environments.

64600	4/1-6/17	M/W	5-6 p.m.	FREE
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WRESTLING

Ages 11-14

Build confidence, mindfulness, and learn to set goals in this fun opportunity to try wrestling. Practices focus on movement, tumbling, basic techniques, and games. Normal gym attire is appropriate. **Headgear and shoes are provided.**

64771	3/12-5/23	Tu/Th	4-6 p.m.	\$10
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ACRYLIC PAINTING: EXPLORING MYTHS AND LEGENDS

Ages 16 and Older

Enter the wide world of myths, legends, and folklore through art! You'll adventure into the exciting history of these creatures while learning art and painting concepts including perspective, texture, color, and more. All materials are provided.

65454 4/3-5/8 **Wednesday** 6:30-8 p.m. **\$185**
65455 5/15-6/26 **Wednesday** 6:30-8 p.m. **\$185**

ADULT ART: INTRODUCTION TO WATERCOLOR

Ages 18 and Older

Join us for a fun, creative introduction to watercolor painting with step-by-step instructions! Create impressive projects at a beginner's pace while exploring a variety of techniques. Learn how to create different washes, textures, and more. No art experience required.

64631 4/1-5/6 **Monday** 6:30-8 p.m. **\$165**
64703 5/13-6/24 **Monday** 6:30-8 p.m. **\$165**

ADULT ART: OIL PAINTING

Ages 18 and Older

Join us for an exciting and informative oil painting class perfect for beginners and experienced painters. You will learn oil painting fundamentals including color mixing, brushwork, technique, and composition with guidance and feedback along the way. Leave class with a beautiful oil painting you're proud of.

65093 4/5-5/10 **Friday** 6-7:30 p.m. **\$200**
65094 5/17-6/21 **Friday** 6-7:30 p.m. **\$200**

KOREAN SENIOR ASSOCIATION FITNESS & LUNCH PROGRAM



Ages 60 and Older

King County residents over 60 years of age and adults with disabilities are welcome to enjoy nutritious meals while engaging in cultural activities, learning English, or finding volunteer opportunities. The Korean Senior Association (Korean language program) meets at Miller Community Center every Tuesday and Friday.

64574 4/2-6/28 **Tu/F** 9:30 a.m.-1 p.m. **FREE**

KNITTING CLUB



Ages 18 and Older

Come practice knitting, crochet, needlepoint, or quilting in the company of good friends.

64599 4/3-6/26 **Wednesday** 10:15 a.m.-12:15 p.m. **FREE**



Adult painting class



Come join our dedicated team!

Montlake Community Center is excited to re-open in 2024, and we are looking to fill multiple positions/roles.

We are Seeking New Advisory Council Members!

- Represent the local Montlake Community - echo the public's voice and speak to the needs of Montlake's neighbors/program participants.
- Provide guidance in our planning and implementation of recreation programs/events, financial activities, human resources, maintenance, marketing, community engagement, and general operations.
- Commit to Seattle's Race and Social Justice Initiative and to advocating for the diverse interests within the community.
- This is a volunteer position, background check required.

If you are interested in joining or have any questions, please contact:

Stefan Schmidt

stefan.schmidt@seattle.gov

We are Seeking Instructors for all classes!

- Do you have a skill/hobby that will enrich, engage, and/or educate our Montlake community?
- Create a safe and welcoming environment for patrons to learn, connect with others, and develop their skillset
- Experience working with youth and/or adults in a teaching capacity and in curriculum development
- Specialities may include: Art, Sports, Dance, Exercise, Digital Literacy, Cooking, Group Games, etc.!
- Paid position, must be 18+ or older, background check required

If you are interested in leading a class/activity, or have any questions, please contact:

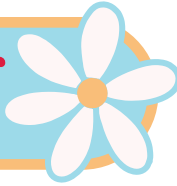
Emily Whybra

emily.whybra@seattle.gov

SITE CLOSED: April 8-12 for floor renovations

SPRING EGG HUNT

March 30 @ 10 a.m.



SPECIAL EVENT: MOTHER'S DAY CRAFTING EVENT



Ages 5 and Older

We will be making small arts and crafts arrangements for Mother's Day. Come and make a gift to that special person in the family.

66330 5/10 Friday 4:30-6:30 p.m. FREE

CREATIVE DANCE

Ages 3-5

Young dancers experience the joy of dancing by learning the basics of movement and self-expression. A focus on how the body moves and musicality are emphasized through games, improvisation, and choreography. Students should wear clothes that promote comfort.

66396 4/23-5/28 Tuesday 3:30-4:15 p.m. \$90
66486 6/4-6/25 Tuesday 3:30-4:15 p.m. \$65

BALLET

Ages 7-10

We will develop ballet skills and vocabulary while inspiring creativity and expression. Barre and center work will be introduced as well as combinations and choreography. Students should wear ballet slippers or bare feet, close fitting attire, and have their hair pulled back. All students welcome.

66397 4/23-5/28 Tuesday 5:30-6:30 p.m. \$95
66487 6/4-6/25 Tuesday 5:30-6:30 p.m. \$70

KIDS AND PARENTS ZUMBA

Ages 3-6

Experience the joy of dancing together! This class will focus on the bonding experience between kids & parents / caregivers with the help of dance, music and movement. During the class, everyone will enjoy dancing with various props.

66946 4/24-6/5 Wednesday 5:15-6 p.m. \$135

KIDS ART: SPRING SCENES - MIXED MEDIA

Ages 7-9

Celebrate the changing seasons through art! Each week we will use different materials, including watercolors, colored pencils, oil pastels, and more. Learn important concepts of art like color, pattern, and composition while making festive Spring themed projects! All materials are provided.

62728 4/23-5/28 Tuesday 4:30-6 p.m. \$106

GOJU RYU KARATE

Ages 14 and Older

Self-defense, awareness, and physical and mental development are incorporated into the study of this Japanese karate style. Learn fundamental techniques of karate, and how to use linear and circular techniques to subdue and control an attacker. All levels welcome.

66402 4/1-5/13 Monday 5:30-7:30 p.m. \$55
62718 5/20-6/24 Monday 5:30-7:30 p.m. \$55

KENDO

Ages 10 and Older

Kendo is the art of Japanese fencing. Kendo practice is composed of many types of training and our class will cater to all experience levels. Students will focus on the basics of footwork and swings, and will be introduced to modern Kendo Equipment are required.

62712 4/17-6/26 Wednesday 6:30-8 p.m. \$100

LIFELONG RECREATION

ARTS, FITNESS, & SOCIAL OPPORTUNITIES FOR PEOPLE AGE 50+



Engage with your community and remain active. Learn something new, get fit, meet friends, or join us for field trips to places you have always wanted to visit.



Find out more at:
www.seattle.gov/parks/seniors/
or contact us at 206-684-4951.

INTRODUCTION TO WATERCOLOR: SEA TO SKY

Ages 18 and Older

Capture the beauty of nature from sea to sky in this creative introduction to watercolor painting! Create impressive projects at a beginner's pace while exploring a variety of techniques taught by a local artist. You'll learn to create different washes, textures, and more. No art experience required.

[62724](#) 4/23-5/28 Tuesday 6:30-8 p.m. \$164

SWING DANCE FOR ADULTS

Ages 18 and Older

Add some fun into your weekly routine! Your instructor will guide you through the basics of beginner East Coast Swing and guarantees you will be ready to hit the dance floor at that next reunion, wedding, or party!

[66490](#) 4/23-5/28 Tuesday 6:45-7:45 p.m. \$81

[66491](#) 6/4-6/25 Tuesday 6:45-7:45 p.m. \$65

PICKLEBALL: SKILLS AND DRILLS

Ages 18 and Older

Learn the basic strokes, rules, and strategies of pickleball. A cross between tennis, badminton, and ping pong, this sport enjoys a large community of players in the Pacific Northwest. Once you've learned the basics, you can join our drop-in play across most of the Community Centers in Seattle. This class is designed for beginning and intermediate players.

[62737](#) 4/25-5/30 Thursday Noon-1:30 p.m. \$110

PICKLEBALL: SKILLS AND DRILLS INTERMEDIATE

Ages 18 and Older

Learn advanced strokes, drills, and strategies of pickleball. A cross between tennis, badminton, and ping pong, this sport enjoys a large community of players in the Pacific Northwest. This clinic is designed for intermediate (2.5-3.5) players. Please bring your own water bottle and pickleball paddle.

[66495](#) 4/23-5/28 Tuesday Noon-2:30 p.m. \$130

INTERMEDIATE CLINIC

[66496](#) 6/4 Tuesday Noon-2:30 p.m. \$25

GENTLE FLOW YOGA: INTERMEDIATE

Ages 18 and Older

This class incorporates simple flowing sequences to warm up the body. Additional slower paced movements focus on alignment, strength, balance, and flexibility. Some yoga experience is helpful.

[62699](#) 5/25-6/20 Thursday 5:30-6:30 p.m. \$85

YOGA WIND DOWN WORKSHOP

Ages 18 and Older

Wind down as you transition to a new month with an hour of rejuvenating and relaxing poses. Some yoga experience is helpful.

[66398](#) 4/5 Friday 6-7:30 p.m. \$27

[66399](#) 5/3 Friday 6-7:30 p.m. \$27

[66400](#) 6/7 Friday 6-7:30 p.m. \$27

ADULT ZUMBA

Ages 21 and Older

This dance inspired class is great for everyone interested in fitness. These easy to follow dance routines encourage aerobic fitness, using a combination of low-intensity and high-intensity moves. Come and enjoy the calorie-burning dance fitness party.

[66945](#) 4/24-6/5 Wednesday 6:30-7:15 p.m. \$112

PIANO

Ages 6 and Older

\$46/session

Learn to play the piano from an experienced professional teacher in weekly 30-minute private lessons. Training includes sight-reading, technique, expression, theory, and chords. Students must have access to an electric keyboard or piano for practice outside of lessons.

Call Northgate CC @ 206-386-4283 to schedule your classes. Total cost of classes due the first of each month. First payment is due at registration.

[62732](#) 4/15-6/20 Thursday 3:30-5:50 p.m.

SPRING EGG HUNT

March 30 @ 10 a.m.



HIP POP 1

Ages 6-8

Let's dance to hip-hop and pop music! We will warm-up, play games, and learn exclusive choreography to perform at the end of the quarter! Classes are focused on building confidence, all levels are welcome! No class 6/6.

65362 4/18-6/20 Thursday 4:05-5 p.m. \$165

HIP POP 2

Ages 9-11

Let's dance to hip-hop and pop music! We will warm up, play games, and learn exclusive choreography to perform at the end of the quarter! Classes are focused on building confidence! Some dance experience will benefit participants. No class 6/6.

65363 4/18-6/20 Thursday 5:05-6 p.m. \$165



WE'RE HIRING

Learn more and apply at:
www.arcseattle.org/jobs

School Age Childcare:
Counselors, Directors, Leads,
Assistant Directors

Park Concierge

Recreation Instructors

Sports/Fitness/Hobbies/Martial Arts/
Performing and Fine Arts

TEEN VOLUNTEERING

FREE

Ages 11-17

Looking for regular high school volunteer hours? Come and volunteer your time in exchange for (High School) service credit hours needed for graduation in a fun family environment. Great experience in a public setting as well as community center needs/projects.

65395 4/1-6/28 Mon-Fri 4-6 p.m. FREE

TRADITIONAL NON-CONTACT TAE KWON DO

Ages 6 and Older

This class teaches non-contact Tae Kwon Do and focuses on 5 elements: Courtesy, Integrity, Perseverance, Self-Control and the Indomitable Spirit. Tae Kwon Do will help you increase your confidence, flexibility, balance, and strength. Testing fees are an additional cost. No Class 5/27, 6/6, or 6/19.

66746 4/1-4/29 M/W 6-7 p.m. \$56*

66747 5/1-5/29 M/W 6-7 p.m. \$56*

66748 6/3-6/26 M/W 6-7 p.m. \$56*

*Sign-up multiple participants for a discounted rate of \$50/person.

Hosting Magnolia CC Traditional Non-Contact Tae Kwon Do

66749 4/2-4/30 Tu/Th 5:30-6:30 p.m. \$55

66750 5/2-5/30 Tu/Th 5:30-6:30 p.m. \$55

66751 6/4-6/27 Tu/Th 5:30-6:30 p.m. \$55

YOGA FOR THE YOUNG

Ages 1-5

Our class will practice yoga through creative play and imagination. We will meet on our mats for stretching and movement. Class will end with a bit of relaxation. Parents and guardians have the option to join us in class. No class 6/6.

65392 4/4-6/27 Thursday 9:30-10:30 a.m. \$120

QUEEN ANNE CC

Monday-Friday: 9 a.m.-8 p.m. | Saturday: 9 a.m.-5 p.m.

ZONE TWO

ADULT POTTERY

Ages 18 and Older

Create pottery pieces by using a combination of hand-building and throwing clay into works of art. Participants will be guided through numerous techniques to decorate and build ceramic projects. *No class 6/6*

65988	4/2-6/4	Tuesday	2-5 p.m.	\$450
65989	4/3-6/5	Wednesday	9:30 a.m.-12:30 p.m.	\$450
65990	4/3-6/5	Wednesday	2-5 p.m.	\$450
65986	4/4-6/13	Thursday	5-8 p.m.	\$450

CERAMICS FOR ALL

Ages 10 and Older

In this introductory course, students will learn the basics of ceramics through handbuilding projects and wheel throwing. Parents may accompany their children at no charge to assist and encourage; or may enroll as students to receive individual instruction and studio time. Students learn in a supportive, inclusive, and multi-generational community setting. First bag of clay is included, more may be purchased. *No class 5/27.*

65987	4/8-6/17	Monday	5-8 p.m.	\$450
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Adult Pottery class

REGISTRATION OPENS MARCH 5th



SCAN ME

INTERMEDIATE WHEEL THROWING

Ages 18 and Older

This class is for the potter with at least one previous wheel-throwing experience under their belt who is looking to add to their bag of tricks. Learn to throw larger, create modified forms, and assemble from wheel-thrown parts. Get ready to take your skills to the next level. *No class 6/6.*

65991	4/4-6/13	Thursday	9:30 a.m.-12:30 p.m.	\$450
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VINYASA YOGA

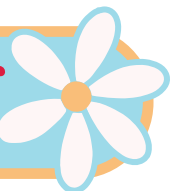
Ages 18 and Older

Energize your body and mind by flowing between a series of yoga poses (asanas) with mindful breathwork (pranayama).

65391	4/2-6/25	Tuesday	9:30-10:30 a.m.	\$120
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SPRING EGG HUNT

March 30 @ 11 a.m.



AROMA, A COOKING CLASS

Ages 12-18

This easy-to-follow cooking class will teach you basic culinary skill like chopping, slicing, dicing, and sautéing. Take control of your kitchen by learning how to meal plan, shop for food, and help another chef.

65178 4/3-6/12 **Wednesday** 4-6:30 p.m. **FREE**

ARTS AND CRAFTS

Ages 10-18

Are you creative and like to paint or design things from scratch? Join our program and find the freedom of expression as we make tie dye t-shirts, bracelets, scented candles, and much more.

65179 4/2-6/25 **Tuesday** 4-7:30 p.m. **FREE**

DRILLS AND SKILLS

Ages 10-17

Teens will participate in team sports with supervision from Drills and Skills Staff. Everyone gets a chance to participate and enjoy the games and activities offered. Participants will improve their physical fitness as well as basketball, leadership, communication, teamwork, and hand-eye coordination skills.

65173 4/1-4/30 **Mon-Thu** 4-6:45 p.m. **\$70**

65174 5/1-5/30 **Mon-Thu** 4-6:45 p.m. **\$65**

65175 6/3-6/20 **Mon-Thu** 4-6:45 p.m. **\$50**

SHINE FOR GIRLS

Ages 12-18

This program gives young ladies a platform to be seen, heard, and empowered to lift each other up. Young women will have a safe space to discuss and share their truth as they foster meaningful relationships while mentoring each other and becoming exemplary leaders.

65184 4/4-6/20 **Thursday** 4-6:30 p.m. **FREE**

AMERICAN BUTOKUKAN

Ages 8 and Older

American Butokukan translates to “Institute of Martial Virtue;” a modern, comprehensive, integrated program of instruction in traditional East-Asian martial arts. The training is both mental and physical. Mental aspects of training involve the development of self-discipline, self-confidence, tolerance, and understanding. Physical training encompasses aikido, karate, and related weapons.

65187	4/1-4/29	M/W	6-7:45 p.m.	\$72
65171	5/1-5/29	M/W	6-7:45 p.m.	\$64
65172	6/3-/26	M/W	6-7:45 p.m.	\$56



Basketball Camp 2023, photo courtesy of TIA International Photography

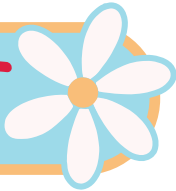
BALLARD CC

ZONE THREE

Monday-Friday: 10 a.m.-9 p.m. | Saturday: 10 a.m.-6 p.m. | Sunday: 10 a.m.-3 p.m.

SPRING EGG HUNT

March 30 @ 10 a.m.



AFTERSCHOOL SPORTS CLUB

Ages 5-12

Enhance your skills in soccer, basketball, and racket sports as you learn the fundamentals and then play the games. We will emphasize mental attitude, the importance of teamwork, how to play as a team, and the benefits of playing sports.

65557 4/10-6/5 Wednesday 1:30-4:30 p.m. \$340

D&D CLUB

Ages 8-12

Every Tuesday is an adventure with afterschool D & D club. Play a module a session with your friends or meet new friends.

65457 4/9-6/11 Tuesday 2:30-4:30 p.m. \$220

LITTLE HOOPERS

Ages 5-10

Learn the basics of basketball in a fun and safe environment! Students will practice passing, dribbling, shooting, rebounding, and more. We will use our new skills in organized group games. Each participant will receive a t-shirt. Please wear athletic shoes and bring a water bottle.

▼ **Ages 5-7**

65553 4/8-5/6 Monday 4-4:45 p.m. \$65

65554 5/13-6/10 Monday 4-4:45 p.m. \$52

▼ **Ages 8-10**

65555 4/8-5/6 Monday 4:45-5:30 p.m. \$65

65556 5/13-6/10 Monday 4:45-5:30 p.m. \$52

MUSIC FOR TOTS AND PARENTS

Ages 2-5

Let your little ones learn music, as you release your own inner diva! Kids will have the opportunity to learn basic musical skills while playing, moving, and interacting with each other and their parents. Wear comfortable clothing and come prepared to move and sing.

65563 4/8-5/6 Monday 10:15-11 a.m. \$83

65562 5/13-6/10 Monday 10:15-11 a.m. \$66

SATURDAY MORNING SPORTS SAMPLER

Ages 5-11

Enhance your skills in soccer, basketball, and racket sports as you learn the fundamentals and then play the games. We will emphasize mental attitude, the importance of teamwork, how to play as a team, and the benefits of playing sports.

▼ **Grades K-1**

Ages 5-7

65559 4/13-6/15 Saturday 10-10:45 a.m. \$120

▼ **Grades 2-3**

Ages 7-9

65560 4/13-6/15 Saturday 11-11:45 a.m. \$120

▼ **Grades 4-5**

Ages 9-11

65561 4/13-6/15 Saturday 12-12:45 p.m. \$120

2024 SUMMER DAY CAMP

Scholarships available. Scan to apply or visit: https://bit.ly/spr_scholarship_info

Registration Opens April 16



Kids' Clay Activity at Big Day of Play, 2018

KIDS AT CLAY

Ages 5-11

The art of pottery is thousands of years old. In this class we will “travel” through time visiting various moments in pottery history, the people involved and any special clay or techniques they employ. This in-depth program allows students to explore different cultures as they relate to pottery.

65458 4/10-6/12 Wednesday 1:30-4:30 p.m. \$370

PARENT AND TOT ART CLASS

Ages 2-5

Embark on an artistic adventure as you and your little one discover creativity using everyday materials, unlocking your inner artists together. Explore colors, shapes, and composition through painting and enchanting mark-making methods. Connect and collaborate on a joyful journey of art together!

65459 4/9-5/7 Tuesday 10-11 a.m. \$90
65460 5/14-6/11 Tuesday 10-11 a.m. \$90

PARENT AND TOT POTTERY CREATION

Ages 2-5

Bring your budding artists to this playful clay class. Work with your toddler to explore the materials and make art together. A variety of projects and hand-building techniques will be introduced. Enjoy this special time together as you connect and collaborate over clay.

65464 4/12-5/10 Friday 10-11 a.m. \$110
65465 5/17-6/14 Friday 10-11 a.m. \$110

POTTERY FOR KIDS

Ages 5-12

Learn the basics of clay sculpture. We will use pinch and slab techniques to complete a variety of hand building projects. Students will use brightly colored, non-toxic glazes, and be introduced to the art of pottery.

▼ **Ages 5-8**
64932 4/13-6/15 Saturday 10:15-11:45 a.m. \$180
 ▼ **Ages 9-12**
64934 4/13-6/15 Saturday Noon-1:30 p.m. \$180

ADULT POTTERY

Ages 16 and Older

This mixed-level class goes beyond making bowls. Students will learn hand building, extruder and wheel throwing techniques. You will need your own tools; please bring them or purchase a kit at class. The first 25lbs of clay are included, and more can be purchased during facility operating hours.

Daytime Pottery

65466	4/8-6/10	Monday	10 a.m.-12:30 p.m.	\$306
65467	4/10-6/12	Wednesday	10 a.m.-12:30 p.m.	\$340

Evening Pottery

65462	4/9-6/11	Tuesday	6-8:30 p.m.	\$340
65463	4/10-6/12	Wednesday	6-8:30 p.m.	\$340
65461	4/11-6/13	Thursday	6-8:30 p.m.	\$306

BEGINNING PICKLEBALL

Ages 16 and Older

Want to drop into pickleball, but not sure if your ready? Take Beginning pickleball and learn the rules, and skills that will make you feel comfortable to drop in for open play.

64926	4/9-5/9	Tu/Th	1-2 p.m.	\$130
64927	4/9-5/9	Tu/Th	2:30-3:30 p.m.	\$130
64929	5/14-6/13	Tu/Th	1-2 p.m.	\$117
64928	5/14-6/13	Tu/Th	2:30-3:30 p.m.	\$117

FENCING: ADVANCED

Ages 15 and Older

Join us for practice sparring and light instruction. Experienced fencers must have all their own equipment and wear appropriate fencing attire. This includes mask, jacket, plastron, knickers or long pants, glove, and electric gear. We usually have one or two electric strips set up and all weapons are welcome.

65468	4/11-6/13	Thursday	6:30-8:30 p.m.	\$100
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QIGONG

Ages 18 and Older

Qigong and Tai Chi bring great benefits for fitness, disease prevention, and improved balance. Qigong is the foundation of Tai Chi, as it develops the internal side of Tai Chi. This class teaches Tai Chi Qigong and Yang Tai Chi short form.

65558	4/10-6/12	Wednesday	6:30-7:30 p.m.	\$90
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ADULT WATERCOLOR

Ages 16 and Older

Perfect for artists of all levels seeking creative growth, this watercolor class explores traditional techniques and experimental methods. Create a final piece that embodies your unique artistic vision. Bring your paints and brushes; the instructor will supply a materials list and artistic grade paper for your final masterpieces.

64938	4/9-6/11	Tuesday	6:30-8:30 p.m.	\$240
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PIANO LESSONS

Ages 6 and Older

\$40/Sessions

Interested in learning a new instrument or want to improve on the skills you already have? Reserve a one-on-one 30-minute lessons for piano.

66455	4/15-5/6	Monday	4:30-5 p.m.
64897	4/15-5/6	Monday	5-5:30 p.m.
64915	4/15-5/6	Monday	5:30-6 p.m.
64916	4/15-5/6	Monday	6-6:30 p.m.
64917	4/15-5/6	Monday	6:30-7 p.m.
66454	4/15-5/6	Monday	7-7:30 p.m.
64919	4/15-5/6	Monday	7:30-8 p.m.
66456	5/20-6/10	Monday	4:30-5 p.m.
64920	5/20-6/10	Monday	5-5:30 p.m.
64921	5/20-6/10	Monday	5:30-6 p.m.
65565	5/20-6/10	Monday	6-6:30 p.m.
64922	5/20-6/10	Monday	6:30-7 p.m.
64923	5/20-6/10	Monday	7-7:30 p.m.
64924	5/20-6/10	Monday	7:30-8 p.m.

REGISTRATION OPENS
MARCH 5th

REGISTER ONLINE:

https://bit.ly/spr_activity_reg

CREATIVE DANCE

Ages 3-4

Young dancers experience the joy of dancing by learning the basics of movement and self-expression. A focus on how the body moves and musicality are emphasized through games, improvisation, and choreography. Students should wear clothes that promote comfort.

65193	4/20-5/18	Saturday	11-11:45 a.m.	\$55
65195	4/20-5/18	Saturday	2-2:45 p.m.	\$55
65194	5/25-6/15	Saturday	11-11:45 a.m.	\$44
65196	5/25-6/15	Saturday	2-2:45 p.m.	\$44

PRE-BALLET

Ages 5-6

Students experience the joy of dancing as they learn the basics of ballet technique and creative dance. Motor skills, posture, coordination, and musicality are emphasized through games, exercises, and choreography. Students should wear ballet shoes, dance attire, and have long hair pulled back.

65385	4/20-5/18	Saturday	Noon-12:45 p.m.	\$55
65386	5/25-6/15	Saturday	Noon-12:45 p.m.	\$44

BALLET 1

Ages 6-8

Students learn traditional ballet curriculum set to classical music. Through the use of music, props and brain-integrated dance games, this class strengthens bodies and minds of dancers by providing a safe and positive environment for your child to express themselves through dance.

65199	4/20-5/18	Saturday	1-1:45 p.m.	\$55
65200	5/25-6/15	Saturday	1-1:45 p.m.	\$44

ANIMAL ADVENTURES: MIXED MEDIA ART

Ages 4-8

Activate your creativity to make art about amazing animals across the globe! We will practice the fundamentals of art as we collage, draw, and paint while learning about ecosystems and animals from Bengal tigers, camouflaging chameleons, and beyond. All materials are provided.

65191	4/18-5/30	Thursday	4-5 p.m.	\$140
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TOT ATHLETICS

Preschoolers will gain confidence with coordinated movement and motor skills while exploring a variety of sports and games. Students will learn the basics of basketball, soccer, and other athletic activities.

▼ Ages 2-3

65381	4/7-5/12	Sunday	10:30-11:15 a.m.	\$90
65382	5/19-6/23	Sunday	10:30-11:15 a.m.	\$90

▼ Ages 4-5

65383	4/7-5/12	Sunday	11:30 a.m.-12:15 p.m.	\$90
65384	5/19-6/23	Sunday	11:30 a.m.-12:15 p.m.	\$90

KID ZUMBA

Ages 7-11

Welcome to the dance party! This class is a high-energy dance party packed with kid-friendly dance routines. Students will work on improving their flexibility, strength, and confidence. This class will encourage students to dance "outside the box" and bring their own personality to each movement.

66477	4/15-6/10	Monday	5:15-6:15 p.m.	\$88
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LITTLE HOOPERS B-BALL

Ages 5-9

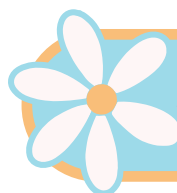
Learn the basics of basketball in a fun and safe environment! Students will practice passing, dribbling, shooting, rebounding, and more. We will use our new skills in organized group games. Each participant will receive a t-shirt. Please wear athletic shoes and bring a water bottle. *Saturday classes are located at the Bitter Lake Annex Small Gym

▼ Ages 5-7

65207	4/16-6/4	Tuesday	5:15-6 p.m.	\$88
67403	4/20-6/8	Saturday	10:15-11 a.m.	\$88

▼ Ages 8-9

65208	4/16-6/4	Tuesday	6-6:45 p.m.	\$88
67404	4/20-6/8	Saturday	11-11:45 a.m.	\$88



SPRING EGG HUNT

March 30 @ 10 a.m.

BITTER LAKE CC

ZONE THREE

Monday-Thursday: 8 a.m.-9 p.m. | Friday-Saturday: 8 a.m.-7 p.m. | Sunday: 10 a.m.-5 p.m.

KENDO: BEGINNING

Ages 8 and Older

Kendo (way of the sword) is a martial art based on samurai traditions requiring mental and physical discipline. Working with oak and bamboo swords, students will focus on footwork and sword handling, progressing at their own pace to practice with others.

[65204](#) 4/4-6/20 Thursday 7-8 p.m. \$110

DANCE FITNESS - LOW IMPACT

Ages 8 and Older

Join a barefoot cardio-dance workout that builds flexibility, agility, strength, and stability. Dance is fun, low-impact, and adaptable for individual needs and abilities. Wear comfortable dancing clothes, we will be moving!

[65201](#) 4/6-5/11 Saturday 9:30-10:30 a.m. \$66
[65202](#) 5/18-6/22 Saturday 9:30-10:30 a.m. \$66

ENTRY LEVEL CODING

Ages 6 and Older

Learn the foundational knowledge of coding and how computer languages work. We cover the basics of coding for python, Java, and HTML. If possible, students should bring their own computer to use, but this is not required. Private sessions are also available.

[66500](#) 4/13 Saturday 11 a.m.-12:15 p.m. \$36
[66501](#) 4/20 Saturday 11 a.m.-12:15 p.m. \$36
[66502](#) 4/27 Saturday 11 a.m.-12:15 p.m. \$36
[66503](#) 5/4 Saturday 11 a.m.-12:15 p.m. \$36
[66504](#) 5/11 Saturday 11 a.m.-12:15 p.m. \$36
[66505](#) 5/18 Saturday 11 a.m.-12:15 p.m. \$36
[66506](#) 5/25 Saturday 11 a.m.-12:15 p.m. \$36
[66507](#) 6/1 Saturday 11 a.m.-12:15 p.m. \$36
[66508](#) 6/8 Saturday 11 a.m.-12:15 p.m. \$36
[66509](#) 6/15 Saturday 11 a.m.-12:15 p.m. \$36

PIANO LESSONS

Ages 6 and Older

\$30/session

Learn to play the piano from an experienced professional teacher in weekly 30-minute private lessons. Training includes sight-reading, technique, expression, theory, and chords. Students must have access to an electric keyboard or piano for practice outside of lessons. Classes are on Wednesday, Thursday, and Saturday. **Please contact Bitter Lake Community Center at (206) 684-7524 to register.**

ADVANCED KENDO

Ages 8 and Older

Kendo (way of the sword) is a co-ed martial art based on samurai traditions requiring mental and physical discipline. Students that progress to advanced skill level will practice wearing armor and engage in bouts with other students. All equipment can be purchased in class.

[65192](#) 4/4-6/20 Thursday 7-9 p.m. \$122

KENDO: PREP CLASS

Ages 8 and Older

This is a prep class only. **This is for advanced kendo students working towards the PNKF Team and requires instructor approval.**

[66497](#) 4/6 Thursday 9 a.m.-Noon \$11
[66498](#) 5/11 Thursday 9 a.m.-Noon \$11
[66499](#) 6/8 Thursday 9 a.m.-Noon \$11

KUNG FU FOR SELF DEFENSE

Ages 10 and Older

Learn this non-traditional kung-fu based martial art and explore self-defense, meditation, conditioning, and awareness through graceful movement. Techniques are presented to each student in an individually driven curriculum. Wear comfortable clothes and practice barefoot or wear shoes with light colored tread. Students 10-13 must have a parent or guardian in attendance.

[65205](#) 4/2-5/7 Tuesday 5:30-6:45 p.m. \$66
[65206](#) 5/14-6/18 Tuesday 5:30-6:45 p.m. \$66



Learn more and apply at:
www.arcseattle.org/jobs

Athletics:
Track and Field Officials

ADULT ELL

Ages 18 and Older

Receive instruction in both English language and cultural integration in a classroom setting. We aim to welcome and support our immigrant community members adjusting to life in Seattle.

65398 4/6-5/25 **Saturday** 1-3 p.m. **\$25**

SPECIAL EVENT: BINGO DAY

All Ages

BINGO is the name of the game, and everybody is invited to play and have a chance to win awesome prizes! We will start promptly at Noon and light refreshments will be provided.

66275 4/21 **Sunday** 1-3p.m. **\$3**

SPECIAL EVENT: SIGNS OF SPRING NATURE WALK

All Ages

SPR's Environmental Education Team will lead our walk around Carkeek Park as we dive into the signs of spring. You'll learn about seasonal changes with a focus on salmon spawning and native plant species. Wear appropriate clothing and footwear for walking outdoors. **Please register in advance.**

65366 5/4 **Saturday** 11 a.m.-12:30 p.m. **FREE**

SPECIAL EVENT: EARTH DAY CRAFTERNOON

Ages 5 and Older

Celebrate the arrival of spring with festive crafts using repurposed materials! Bring the whole family and make a variety of spring-themed crafts like egg carton animals and paper roll planters. Turn recycling into rarity with this fun event for all ages. All materials are provided.

65370 5/5 **Sunday** 2-4 p.m. **\$20**

FAMILY SKATE NIGHT

All Ages

Join us for this popular Bitter Lake family tradition as we put on our skates and get moving! We will have great music and play fun games. Bring your own skates and blades, or borrow a pair of ours. Please note: No toy skates allowed.

67397 4/5-6/14 **Friday** 6:30-8:15 p.m. **\$6**

EARLY BIRD COFFEE SOCIAL

FREE

Ages 50 and Older

Join us in a gathering space to enjoy a cup of coffee and pleasant company. This is a perfect time to chat, share stories, and connect with peers. Games and light refreshments will be provided. The Early Bird Coffee Social will meet on the 2nd Tuesday of each month:

65203 4/9, 5/14, 6/11 **Tuesday** 8:30-10 a.m. **FREE**

PICKLEBALL: SKILLS AND DRILLS

Ages 18 and Older

Learn the basic strokes, rules, and strategies of pickleball. A cross between tennis, badminton, and ping pong, this sport enjoys a large community of players in the Pacific Northwest. Once you've learned the basics, you can join our drop-in play across most of the Community Centers in Seattle. This class is designed for beginning and intermediate players.

65379 4/2-5/7 **Tuesday** 8:30-9:45 a.m. **\$90**

65377 4/5-5/10 **Friday** 8:30-9:45 a.m. **\$90**

65380 5/14-6/18 **Tuesday** 8:30-9:45 a.m. **\$90**

65378 5/17-6/21 **Friday** 8:30-9:45 a.m. **\$90**

ROLLER SKATING LESSONS

Ages 5-75

Learn to skate or improve your skills through lessons and interactive games for beginning and intermediate roller skaters and bladers. Classes are divided by skill level. Practice after class with others during Friday Family Skate Night! Helmets will be required for all skaters starting 4/1. Additional insurance required for participants.

Skate lessons are located at Broadview Thomson K-8: School
13052 Greenwood Ave N, Seattle, WA 98133

▼ Youth Ages 5-17

65388 4/19-6/7 **Friday** 6-6:45 p.m. **\$56**

▼ Adult Ages 18-75

65387 4/19-6/7 **Friday** 8:15-8:45 p.m. **\$72**

ZUMBA

Ages 12 and Older

Zumba combines high energy, motivating music, and unique moves that allow you to dance your worries away. The routines feature aerobic fitness interval training, combining fast and slow rhythms that tone and sculpt the body.

66476 4/15-6/10 **Monday** 6:30-7:30 p.m. **\$88**

BASKETBALL: LITTLE DRIBBLERS

Ages 4-8

Your little one will learn the fundamentals of basketball like ball handling, conditioning, and technique. We will also focus on good nutrition and physical well-being while having fun. Please bring your own water bottle. No class 6/6.

▼ Ages 4-5

64990	4/18-5/16	Thursday	4:30-5:15 p.m.	\$50
64991	5/23-6/27	Thursday	4:30-5:15 p.m.	\$50

▼ Ages 6-8

64992	4/18-5/16	Thursday	5:15-6 p.m.	\$50
64993	5/23-6/27	Thursday	5:15-6 p.m.	\$50

CARTOONS AND CRAFTS

FREE

Ages 9 and Younger

What's more fun than relaxing together on a Saturday morning with cartoons and crafts? Join us in comfy clothes to watch your little one's favorite show and get crafty together. Kids must be accompanied by an adult. Check the monthly calendar for dates and activities on Green Lake Community Center's Facebook page.

66389	4/6-6/22	Saturday	9:30-11 a.m.	FREE
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CHESS CAMP

Ages 7-9

Come learn the game of chess. This daily 3-hour chess camp will teach you the skills and tricks of playing the game of chess. Please bring your own water bottle and a snack.

66381	4/8-4/12	Mon-Fri	10 a.m.-1 p.m.	\$130
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MANGA CRASH COURSE

NEW

Ages 7-11

Learn the essentials of manga! Draw people, animals, and more in this style of Japanese cartooning. We will learn how to design characters and create our own illustrations and comics. This is a beginner level course, and no experience is required. All materials are provided.

65471	4/22-6/3	Monday	4-5:30 p.m.	\$170
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CREATIVE DANCE

Ages 3-4

Students will explore expressive movement using music, stories, props, and games. We will focus on developing motor skills, balance, and coordination along with imagination and creativity. A variety of dance concepts and vocabulary will be introduced in a fun and engaging way.

64977	4/20-5/18	Saturday	9:15-10 a.m.	\$75
64978	5/25-6/22	Saturday	9:15-10 a.m.	\$75

PRE BALLET

Ages 4-5

Students experience the joy of dancing as they learn the basics of ballet technique and creative dance. Motor skills, posture, coordination, and musicality are emphasized through games, exercises, and choreography. Students should wear ballet shoes, dance attire, and have long hair pulled back.

64981	4/20-5/18	Saturday	10-10:45 a.m.	\$75
64982	5/25-6/22	Saturday	10-10:45 a.m.	\$75

BALLET 1

Ages 6-7

We will develop ballet skills and vocabulary while inspiring creativity and expression. Barre and center work will be introduced as well as combinations and choreography. Students should wear ballet slippers or bare feet, close fitting attire, and have their hair pulled back.

64979	4/20-5/18	Saturday	11 a.m.- Noon	\$85
64980	5/25-6/22	Saturday	11 a.m.-Noon	\$85

PIANO LESSONS

Ages 6-17

\$46/session

It's never too early (or late!) to develop your musical talent! Book one-on-one 30-minute piano lessons with a seasoned musician. Participants will receive more detailed information about lesson materials on their first day. *Note: The lessons are booked in 35-minute time slots, however, the lessons are only 30 minutes, the last 5 minutes are required for sanitizing the room. Call Green Lake CC @ 206-684-0780 to schedule your classes.

65014	4/5-6/28	Friday	3-6 p.m.
65015	4/6-6/29	Saturday	9:30 a.m.-12:30 p.m.

ADULT ART: LANDSCAPES AND SEASCAPES

Ages 18 and Older

Join us for a fun, creative introduction to watercolor painting with step-by-step instructions! Create impressive projects at a beginner's pace while exploring a variety of techniques. Learn how to create different washes, textures, and more. No art experience required. No class 4/27.

65541 4/22-6/3 **Monday** 6-7:30 p.m. **\$178**

ADULT BEGINNING POTTERY

Ages 18 and Older

Join us in a relaxing ceramics studio to create hand-built pieces as well as cups, bowls, and vases on the potter's wheel. We'll have weekly demonstrations as well as one-on-one guidance. All levels welcome. Includes one bag of clay and open studio time during class duration.

64862 4/16-6/4 **Tuesday** 6-8:30 p.m. **\$350**

ADULT POTTERY: HAND BUILDING/SCULPTURE

Ages 18 and Older

Students will learn hand-building and wheel throwing techniques to make unique projects. Create your own dinner ware, teapot set, and paint with slip or work on inlay designs and more. No experience needed. Class includes a bag of clay and free studio time during the quarter. Bring your own water bottle.

64863 4/17-6/5 **Wednesday** 10 a.m.-12:30 p.m. **\$350**

ADULT POTTERY INTERMEDIATE

Ages 18 and Older

This course is for students who already have the basic throwing skills. Combine wheel thrown pieces with hand-built sculptures, double-wall pots and more. Students will learn to use various glaze and finishing techniques. Class includes a bag of clay and free studio time during the quarter. If registered after first day, no clay is included.

65630 4/17-6/5 **Wednesday** 6-8:30 p.m. **\$350**

ADULT POTTERY: WHEEL THROWING

Ages 18 and Older

Students will throw on the potter's wheel to make dinnerware, sugar jars with lids, and more. No experience needed. Class includes a bag of clay and free studio time during the quarter.

65631 4/16-6/4 **Tuesday** 10 a.m.-12:30 p.m. **\$350**

**LATIN AND BALLROOM
DANCE: BEGINNER**



Ages 18 and Older

This beginning dance class will have you twinkling on your toes in no time! Learn the tango, cha-cha, foxtrot, rumba, waltz, swing and salsa. No partner necessary.

66388 4/16-5/7 **Tuesday** 1-2 p.m. **\$55**

66815 5/21-6/11 **Tuesday** 1-2 p.m. **\$55**

PICKLEBALL SKILLS AND DRILLS

Ages 18 and Older

Learn the basic strokes, rules, and strategies of pickleball. A cross between tennis, badminton, and ping pong, this sport enjoys a large community of players in the Pacific Northwest. Once you've learned the basics, you can join our drop-in play across most of the Community Centers in Seattle. This class is designed for beginning and intermediate players.

Beginners

65469 4/13-6/15 **Saturday** 9-10 a.m. **\$125**

66302 4/15-6/17 **Monday** 6:30-7:30 p.m. **\$112.50**

65491 4/18-6/20 **Thursday** 10:30-11:30 a.m. **\$112.50**

Intermediate

65470 4/13-6/15 **Saturday** 10:45-11:45 a.m. **\$125**

65489 4/16-6/18 **Tuesday** 10:30-11:30 a.m. **\$125**

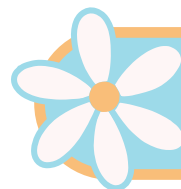
ZUMBA FOR ADULTS



Ages 18 and Older

This dance inspired class is great for everyone interested in fitness. These easy to follow dance routines encourage aerobic fitness, using a combination of low-intensity and high-intensity moves. Come and enjoy the calorie-burning dance fitness party.

66754 4/16-6/4 **Tuesday** 7-7:45 p.m. **\$162**



SPRING EGG HUNT

Ages 1-10 | March 30 @ 10 a.m. SHARP

ALL LEVEL YOGA - FLOW WITH BREATH

Ages 16 and Older

This all-ages class focuses on creating extra space inside the body through deep stretching and breath. Participants will also gain benefits from practicing techniques to control breathing (pranayama - Life Force) to achieve calmness that also helps to clarify the mind. No class 5/27.

[64637](#) 4/8-6/24 Monday 5:30-6:30 p.m. \$126

CIRCUIT TRAINING

Ages 18 and Older

Participants work through a series of 8 to 12 exercises for either a set time or no rest between exercises. These circuits involve the use of exercise equipment and body weight exercises. Workouts are fresh, interesting and challenging. Become a stronger you! No class 5/7, 5/9, or 6/6.

[64638](#) 4/2-6/18 Tuesday 10:45-11:45 a.m. \$77

[64639](#) 4/4-6/20 Thursday 10:45-11:45 a.m. \$70

FENCING: INTERMEDIATE

Ages 15 and Older

If you have beginning fencing skills, this class is your next step. Intermediate fencers are expected to have their own basic equipment: mask, jacket, plastron, gloves, knickers or long pants, and practice foil. Participants can rent a basic kit for \$30 for the entire season if needed. No class 6/19.

[64647](#) 4/10-6/26 Wednesday 6:30-8 p.m. \$120

SHORIN-RYU KARATE

Ages 9 and Older

Learn traditional Okinawan karate in a safe, welcoming environment. Karate is an effective form of self-defense against one or several assailants. Learn to integrate offense and defense movements in pattern drills called kata. Develop concentration, calmness, confidence, and grow fit. No class 1/15 and 2/21.

[64667](#) 4/8-6/26 M/W 6:30-8 p.m. \$112

PERSONAL MUSIC LESSON WITH ELIAS

Ages 10 and Older

Learn the essentials of piano, guitar, or bass in 30-minute private lessons offered monthly. Instruction is tailored to each student's needs and level. Musical elements, ear training, and song structure will be explored. Pre-registration required. Music book fee is separate if applicable. Student must have access to appropriate instrument for practice at home.

[64678](#) 4/1-4/29 Monday 3-3:30 p.m. \$150

[64676](#) 4/1-4/29 Monday 3:30-4 p.m. \$150

[64677](#) 4/1-4/29 Monday 4-4:30 p.m. \$150

[64680](#) 4/1-4/29 Monday 6-6:30 p.m. \$150

[64681](#) 4/1-4/29 Monday 6:30-7 p.m. \$150

[64679](#) 4/1-4/29 Monday 7-7:30 p.m. \$150

[64682](#) 4/1-4/29 Monday 7:30-8 p.m. \$150

[64693](#) 5/6-5/20 Monday 3-3:30 p.m. \$90

[64691](#) 5/6-5/20 Monday 3:30-4 p.m. \$90

[64692](#) 5/6-5/20 Monday 4-4:30 p.m. \$90

[64694](#) 5/6-5/20 Monday 6-6:30 p.m. \$90

[64695](#) 5/6-5/20 Monday 6:30-7 p.m. \$90

[64696](#) 5/6-5/20 Monday 7-7:30 p.m. \$90

[64697](#) 5/6-5/20 Monday 7:30-8 p.m. \$90

[64685](#) 6/3-6/24 Monday 2:30-3 p.m. \$120

[64686](#) 6/3-6/24 Monday 3-3:30 p.m. \$120

[64683](#) 6/3-6/24 Monday 3:30-4 p.m. \$120

[64684](#) 6/3-6/24 Monday 4-4:30 p.m. \$120

[64688](#) 6/3-6/24 Monday 6-6:30 p.m. \$120

[64689](#) 6/3-6/24 Monday 6:30-7 p.m. \$120

[64687](#) 6/3-6/24 Monday 7-7:30 p.m. \$120

[64690](#) 6/3-6/24 Monday 7:30-8 p.m. \$120

PIANO LESSONS

Ages 10 and Older

Learn to play the piano from an experienced professional teacher in weekly 30-minute private lessons. Training includes sight-reading, technique, expression, theory, and chords. Students must have access to an electric keyboard or piano for practice outside of lessons. **Lessons will be offered on Thursdays in May and June. We are still finalizing the schedule with the instructor.**

[64669](#) 4/11-4/25 Thursday 4-4:30 p.m. \$90

[64670](#) 4/11-4/25 Thursday 4:30-5 p.m. \$90

[64671](#) 4/11-4/25 Thursday 5-5:30 p.m. \$90

[64672](#) 4/11-4/25 Thursday 5:30-6 p.m. \$90

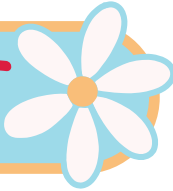
[64673](#) 4/11-4/25 Thursday 6-6:30 p.m. \$90

[64674](#) 4/11-4/25 Thursday 6:30-7 p.m. \$90

[64675](#) 4/11-4/25 Thursday 7-7:30 p.m. \$90

SPRING EGG HUNT

March 30 @ 10 a.m.



FAMILY MUSIC TIME

Ages 5 and Younger

Children and their families will engage in rhymes, singing, activities, and movement using a creative arts-based programming. Participants can play together and be introduced to different instruments and sounds.

64643	4/2-4/30	Tuesday	4:30-5:30 p.m.	\$55
64644	5/7-5/28	Tuesday	4:30-5:30 p.m.	\$44
64645	6/4-6/18	Tuesday	4:30-5:30 p.m.	\$33

LITTLE SEEDS PRESCHOOL

Ages 3-5

This play-based, educational class for young children promotes positive social interaction, problem solving skills, and encourages self-expression. We'll explore creative arts, music, and movement activities as well as language, cognitive development, natural science, and outdoor discovery.

60197	4/1-4/30	Mon-Thu	9:30 a.m.-12:30 p.m.	\$684
60202	5/1-5/30	Mon-Thu	9:30 a.m.-12:30 p.m.	\$646
60200	6/3-6/20	Mon-Thu	9:30 a.m.-12:30 p.m.	\$380

TOT STORY TIME AND SOCIAL

Ages 4 and Younger

Kids and their families will develop educational skills and enjoy their community through stories and activities focused on growing together. Plan to enjoy and share the wonderful imaginative world of books.

64698	4/2-4/30	Tuesday	3-3:45 p.m.	\$45
64699	5/7-5/28	Tuesday	3-3:45 p.m.	\$36
64700	6/4-6/18	Tuesday	3-3:45 p.m.	\$27

YOUTH GYMNASTICS

Ages 5-10

Children practice gymnastics skills in a fun and positive environment. Students will be introduced to tumbling, balance beam, trampoline, and more while developing their physical strength, coordination and more. Additional insurance required for participants.

Preschool Gymnastics	Ages 3-4
66910	4/10-6/12 Wednesday 3:30-4:15 p.m. \$100
Kinder Gymnastics	Ages 5-6
66909	4/10-6/12 Wednesday 4:30-5:15 p.m. \$100
Youth Gymnastics	Ages 7-9
66911	4/10-6/12 Wednesday 5:30-6:20 p.m. \$110
Gymnastics	Ages 7-10
64648	4/11-6/27 Thursday 3:45-4:45 p.m. \$130

LIFELONG RECREATION

ARTS, FITNESS, & SOCIAL OPPORTUNITIES FOR PEOPLE AGE 50+



Engage with your community and remain active. Learn something new, get fit, meet friends, or join us for field trips to places you have always wanted to visit.

.....

Find out more at:
www.seattle.gov/parks/seniors/
or contact us at 206-684-4951.



HOMESCHOOL FRIENDLY PROGRAMS

BEYOND THE FAMILY TREE Ages 7-18

Join us as we explore individual and family culture. Each of us has a support network, and families can be formed in many ways. Through a variety of creative projects, students will focus on the stories and traditions that make them unique. No class 4/3 or 4/10.

64651 3/27-5/29 **Wednesday** 10-10:55 a.m. **\$100**

CIRCUS ARTS 101 Ages 11-18

Come and join the circus for a session! Your child will learn the secrets to juggling, acrobatics, and clowning. Students will find that practice and hard work can make the impossible possible. Additional insurance required for participants.

64650 3/27-5/29 **Wednesday** 2:30-3:25 p.m. **\$180**

HIP HOP AND JAZZ Ages 7-11

This class will guide students in creative ways to move and express themselves to a variety of upbeat music. Students will learn foundational hip-hop skills and explore body movement through activities and games. We'll work on getting comfortable moving our bodies, improving coordination, and building self-confidence!

64660 3/27-5/29 **Wednesday** 12:30-1:25 p.m. **\$175**

PARKOUR EFFICIENCY IN ACTION Ages 7-12

Parkour is the art of moving creatively and efficiently through space. Students will use real-life obstacles to explore fluid movement in a safe and fun environment. Some gymnastic skills may be explored. Additional insurance required for participants.

64655 3/27-5/29 **Wednesday** 11-11:55 a.m. **\$180**

64654 3/27-5/29 **Wednesday** 12:30-1:25 p.m. **\$180**

PAPIER MACHE Ages 9-18

In this messy hands-on class, you'll learn basic papier-mâché skills. We'll start small with a simple project and then put those skills to work on your family piñata that you can take home. No experience necessary. Construction supplies are included except pinata contents. Students under 11 must be accompanied by an adult.

64656 3/27-5/29 **Wednesday** 11-11:55 a.m. **\$160**

QUILTING Ages 12-18

Winter got you feeling cold? Come warm up as you create your own quilt! We'll be using sewing machines to make functional art. New students will learn machine safety and sewing techniques, while more experienced students will expand their skills. Supplies not included, please see supply list.

64653 3/27-5/29 **Wednesday** 10:30-11:25 p.m. **\$127**

TINKERGARTEN Ages 2-8

Through outdoor exploration following Tinkergarten's curriculum, students and their grown-ups use song, movement, and purposeful play to connect with nature while building key skills needed for students to thrive. Each season has a different focus, but always includes animals and development of our innate sense of curiosity.

64658 3/27-5/29 **Wednesday** 10-10:55 a.m. **\$165**

TUMBLING Ages 7-12

Cartwheel, roll, and flip into tumbling in a safe, fun, and disciplined atmosphere for all levels. Your child will learn to do new moves through manageable drills at their own pace. Individualized instruction helps student meet goals and consistently progress. Let's stand on our hands and jump off our feet!

64659 3/27-5/29 **Wednesday** 1:30-2:25 p.m. **\$170**

UNRAVELING RECESS GAMES Ages 6-12

Come play with us! Using recess games, we will explore a variety of interpersonal skills that encourage social-emotional growth. We will learn the rules and histories of various outdoor games (and even create some of our own), all the while deepening our sense of community and growing empathy.

64649 3/27-5/29 **Wednesday** 12:30-1:25 p.m. **\$155**

WATERCOLOR Ages 9-18

In this class we will focus on the basic techniques of watercolor. Each week we will practice a skill and then do a painting that uses that technique. You will get the chance to paint many things, from galaxies to penguins.

64662 3/27-5/29 **Wednesday** 1:30-2:25 p.m. **\$180**

WEATHER SCIENCE Ages 3-8

Why does it rain? How do tornados form? What is a scattered shower? In this class we will do hands on projects to learn about and experience weather of all kinds. No actual tornados will be brought into the classroom. But there may be snow!

64652 3/27-5/29 **Wednesday** 10-10:55 p.m. **\$95**

HAPPYFEET PARENT AND ME

Ages 2-3

Let's empower brave creative leaders of tomorrow and develop your child's self-esteem, body positivity, and creativity through meaningful play. Utilizing creative storytelling, parent and child will be guided through events providing opportunities for practice of problem solving and increase confidence through soccer.

65658	4/3-4/24	Wednesday	3-3:30 p.m.	\$69
65659	5/1-5/22	Wednesday	3-3:30 p.m.	\$69
65660	6/5-6/26	Wednesday	3-3:30 p.m.	\$52

HAPPYFEET SOCCER

Ages 2-9

Let's empower brave creative leaders of tomorrow and develop your child's self-esteem, body positivity, and creativity through meaningful play. Utilizing creative storytelling, your child will be guided through events where they can practice problem solving and increase confidence through soccer.

▼ Ages 3-5

65661	4/3-4/24	Wednesday	3:35-4:05 p.m.	\$69
65662	5/1-5/22	Wednesday	3:35-4:05 p.m.	\$69
65663	6/5-6/26	Wednesday	3:35-4:05 p.m.	\$52

▼ Ages 5-6

65666	4/3-4/24	Wednesday	4:10-4:45 p.m.	\$103
65664	5/1-5/22	Wednesday	4:10-4:45 p.m.	\$103
65665	6/5-6/26	Wednesday	4:10-4:45 p.m.	\$77

▼ Ages 6-9

65667	4/3-4/24	Wednesday	5-5:45 p.m.	\$103
65668	5/1-5/22	Wednesday	5-5:45 p.m.	\$103
65669	6/5-6/26	Wednesday	5-5:45 p.m.	\$77

CREATIVE STORY TIME



Ages 1-5

Your child will create art, read stories, and play games! Each class will focus on a different concept of art including color, shape, line and pattern while inspiring creativity and fun. All materials are provided. Parents are required to attend the class. Wear clothes that can get messy.

▼ Ages 1-3

65673	4/3-4/24	Wednesday	9:15-10 a.m.	\$70
65676	4/6-4/27	Saturday	10-10:45 a.m.	\$70
65674	5/1-5/29	Wednesday	9:15-10 a.m.	\$75
65677	5/4-5/25	Saturday	10-10:45 a.m.	\$70
66075	6/1-6/22	Saturday	10-10:45 a.m.	\$70
65675	6/5-6/26	Wednesday	9:15-10 a.m.	\$70

▼ Ages 3-5

65644	4/3-4/24	Wednesday	10:15-11 a.m.	\$70
65647	4/6-4/27	Saturday	11-11:45 a.m.	\$70
65645	5/1-5/29	Wednesday	10:15-11 a.m.	\$75
66004	5/4-5/25	Saturday	11-11:45 a.m.	\$70
66074	6/1-6/22	Saturday	11-11:45 a.m.	\$70
65646	6/5-6/26	Wednesday	10:15-11 a.m.	\$70

PRIVATE PIANO LESSONS

Ages 6 and Older

\$30/session

It's never too early (or late!) to develop your musical talent! Book one-on-one or small group piano lessons with a seasoned musician. Participants will receive more detailed information about lesson materials on their first day.

65672	4/1-6/24	Monday	3:30-7 p.m.
65671	4/5-6/28	Friday	3:30-7 p.m.
65670	4/6-6/22	Saturday	10 a.m.-1:30 p.m.



MAGNUSON CC

**ZONE
THREE**

Monday-Tuesday, Friday: 2-9 p.m. | Wednesday-Thursday: 9 a.m.-8 p.m. | Saturday: 10 a.m.-5 p.m.

SPRING EGG HUNT

March 30

Ages	Start Time
0-2	10:20 a.m.
3-5	10:40 a.m.
6-7	11 a.m.
8-9	11:20 a.m.
10-12	11:40 a.m.

SPECIAL EVENT: FAMILY GAME NIGHT

All Ages

Play a variety of games, new and familiar! We'll play card games, board games, trivia, and more!

65657 5/3 Friday 6-8:30 p.m. FREE

SPECIAL EVENT: TEEN GLOW HUNT

Ages 12-17

Join us and your friends for a fun filled night of games and searching for eggs. This event is rain or shine. Make sure to have a flash light and a bag to get your goodies.

63577 3/29 Friday 8-10 p.m. FREE



Teen After School Activities

MAGNUSON CC

ROCK THE PARK | AGES 12-17

FREE

ACADEMIC TIME

Flex your mind muscles with games like Chess, or take some time to finish up that homework so you can do whatever you want at home!

65655 4/1-6/28 Mon-Fri 4-6 p.m. FREE

BOARD GAMES

Drop in and game with us! From casual to competitive gaming, fun is at your fingertips!

65651 4/4-6/27 Thursday 6-7:30 p.m. FREE

MOVIE NIGHT

What better way to end the week than with a free movie? Join us for some old-school and new-school classics, as well as seasonal films. Oh, and there's popcorn, too!

65652 4/1-6/24 Monday 6-8:30 p.m. FREE

PAINTING

Express yourself through brush strokes and create whatever comes to your mind. Paint beautiful landscapes, lush fruits, or dashing portraits. Bob Ross would be proud.

65653 4/3-6/26 Wednesday 5-6 p.m. FREE

TEEN COUNCIL

Utilize your leadership skills, be active and involved in planning field trips, special events, fundraising and giving back to the community.

65656 4/3-6/26 Wednesday 3-4 p.m. FREE

TEEN OPEN GYM

Want to shoot some hoops or play Volleyball? Stay active, meet new people of all skill levels, and enjoy a pick-up basketball or volleyball game.

66079 4/5-6/29 F/Sa 6:30-8:30p.m. FREE

**ENGLISH AS A SECOND
LANGUAGE - ALL LEVELS**



Ages 18 and Older

Practice English in a friendly, relaxed setting and work at a more experienced level over tea and coffee. The focus will be on conversation, but can also include grammar, reading, and writing as needed.

Note: There is a children's table, but parents/guardians must supervise their own children.

65515	4/16-5/28	Tuesday	9:30-11 a.m.	FREE
65516	4/18-5/30	Thursday	9:30-11 a.m.	FREE

STOP THE BLEED

Ages 16 and Older

Learn what to do to stop severe bleeding in an emergency. It's important for everyone to have this life-saving skill so come one, come all.

Please register in advance so we have enough materials for students.

66182	6/29	Saturday	10:30 a.m.-12:30 p.m.	FREE
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Fund the Fun Martial Arts Presentation

KENDO: THE WAY OF THE SWORD

Ages 10-18

Kendo (way of the sword) is a martial art based on samurai traditions requiring mental and physical discipline. Working with oak and bamboo swords, students will focus on footwork and sword handling, progressing at their own pace to practice with others.

▼ **Ages 10-18**

65521	4/2-6/25	Tuesday	7-8:30 p.m.	\$77
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▼ **Ages 18 and Older**

65524	4/2-6/25	Tuesday	7-8:30 p.m.	\$77
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SHOTOKAN KARATE: BEGINNER

Ages 7 and Older

Here's your chance to try martial arts! The fundamentals of martial arts are based on understanding your body, movement, and space with and without a partner. Classes focus on kihon (basic techniques), kata (forms), and kumite (partner work), self-confidence, and self-defense. Parents are encouraged to remain in class with younger students. No program 5/27 or 6/19.

65537	4/1-4/29	M/W	6:30-7:30 p.m.	\$45
65538	5/1-5/29	M/W	6:30-7:30 p.m.	\$40
65536	6/3-6/26	M/W	6:30-7:30 p.m.	\$35

SHOTOKAN KARATE: ADVANCED

Ages 14 and Older

Learn the practice of Karate. You will use a variety of techniques including blocks, strikes, evasions, throws, and joint manipulations. No program 5/27 or 6/19.

65529	4/1-4/29	M/W/F	6:30-8:30 p.m.	\$85
65531	5/1-5/29	M/W/F	6:30-8:30 p.m.	\$90
65532	6/3-6/28	M/W/F	6:30-8:30 p.m.	\$75

MEADOWBROOK CC

ZONE THREE

Monday-Friday: 8:30 a.m.-8:30 p.m. | Saturday: 9 a.m.-5 p.m.

PRE-BALLET

Ages 3-5

Students experience the joy of dancing as they learn the basics of ballet technique and creative dance. Motor skills, posture, coordination, and musicality are emphasized through games, exercises, and choreography. Students should wear ballet shoes, dance attire, and have long hair pulled back.

65527	4/3-5/2	Thursday	3:15-4 p.m.	\$45
65528	5/9-6/20	Thursday	3:15-4 p.m.	\$54

BALLET 1

Ages 6-10

Students learn traditional ballet curriculum set to classical music. Through the use of music, props and brain-integrated dance games, this class strengthens bodies and minds of dancers by providing a safe and positive environment for your child to express themselves through dance.

65498	4/4-5/2	Thursday	4-4:45 p.m.	\$45
65499	5/9-6/20	Thursday	4-4:45 p.m.	\$54

PERSONAL BEGINNER PIANO LESSONS

Ages 8 and Older \$36/session

Learn the essentials of piano in 30-minute private lessons offered monthly. Instruction is at an introductory or beginner level, tailored to each student's needs. Musical elements, ear training, and song structure will be explored. Pre-registration required. Music book fee is separate if applicable. Student must have access to appropriate instrument for practice at home.

65525	4/2-6/25	Tuesday	3:30-6:30 p.m.
65526	4/3-6/26	Wednesday	2-6:30 p.m.

DANSATION

Ages 16 and Older

Love to dance? Find your rhythm in this cardio dance class with a range of music from hip hop to radio hits and Latin beats. Fast and slow rhythms help tone your body, burning fat, and build endurance. We aim for connection not perfection, it's just us and the dance floor.

65502	4/2-4/30	Tuesday	6:15-7:15 p.m.	\$50
65503	5/7-5/28	Tuesday	6:15-7:15 p.m.	\$40
65504	6/4-6/25	Tuesday	6:15-7:15 p.m.	\$40

COMMUNITY KITCHEN

Ages 12 and Older

Sustainable NE Seattle and the Meadowbrook CC are creating a community kitchen to gather people around food as they plan, cook, learn, and eat together. We focus on vegetarian organic food that is healthy for people and the planet. Participants will have food to take home, so bring your own dishes/cookware

65500	4/18	Thursday	6-8:30 p.m.	\$65
65501	5/16	Thursday	6-8:30 p.m.	\$65
65540	6/20	Thursday	6-8:30 p.m.	\$65



Community Kitchen Program, 2011

ZONE THREE

RAVENNA ECKSTEIN CC

Monday-Thursday: 12:30-8 p.m. | Friday: 12:30-7:30 p.m. | Saturday: 9-5 p.m.

KID ZUMBA

NEW

Ages 6-10

Welcome to the dance party! This class is a high-energy dance party packed with kid-friendly dance routines. Students will work on improving their flexibility, strength, and confidence. This class will encourage students to dance "outside the box" and bring their own personality to each movement.

64986	4/16-5/7	Tuesday	5:30-6:15 p.m.	\$88
65495	5/14-6/4	Tuesday	5:30-6:15 p.m.	\$88

TAKE A FREE TRIAL CLASS

66723	2/27	Tuesday	5:30-6:15 p.m.	FREE
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NATURE TOT WALK

NEW

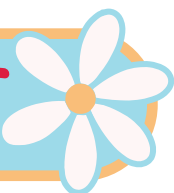
Ages 3-5

Tots will get closer to nature as we explore Ravenna Park with the Environmental Education team. Adult supervision is required. Make sure your tot can participate at this level of physical activity. We will meet at the community center. Wear appropriate outdoor attire and bring water and a snack. Check the community center Facebook page for updates.

Details to be determined.

SPRING EGG HUNT

March 30 @ 11 a.m.



PRE-BALLET

Ages 3-6

Students experience the joy of dancing as they learn the basics of ballet technique and creative dance. Motor skills, posture, coordination, and musicality are emphasized through games, exercises, and choreography. Students should wear ballet shoes, dance attire, and have long hair pulled back.

TAKE A FREE TRIAL CLASS

65007	4/19-5/17	Friday	3:15-4 p.m.	\$90
65518	5/24-6/14	Friday	3:15-4 p.m.	\$72

TAKE A FREE TRIAL CLASS

65008	4/19-5/17	Friday	4-4:45 p.m.	\$90
65523	5/24-6/14	Friday	4-4:45 p.m.	\$72

PARENT AND TOT ZUMBA

NEW

Ages 3-5

Experience the joy of dancing together! This class focuses on the bonding experience between kids and parents/caregivers with the help of dance, music, and movement. Everyone will enjoy dancing with various props. Fee includes one child and their adults.

64941	4/16-5/7	Tuesday	4:30-5:15 p.m.	\$88
65496	5/14-6/4	Tuesday	4:30-5:15 p.m.	\$88

TAKE A FREE TRIAL CLASS

66722	2/27	Tuesday	4:30-5:15 p.m.	FREE
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TINY TOTS

Ages 2-6

This educational and age-appropriate class includes individual and group play, storytelling, arts and crafts, yoga, music, and more. Some parent participation is required and will be planned in line with parent schedules.

65452	4/2-4/25	Tue-Thu	11:45 a.m.-1:45 p.m.	\$425
65453	5/7-5/30	Tue-Thu	11:45 a.m.-1:45 p.m.	\$425

REGISTRATION OPENS MARCH 5th



SCAN ME

REGISTER ONLINE:
https://bit.ly/spr_activity_reg

GOJU RYU KARATE

Ages 14 and Older

Self-defense, awareness, and physical and mental development are incorporated into the study of this Japanese karate style. Learn fundamental techniques of karate, and how to use linear and circular techniques to subdue and control an attacker.

65010	4/19-5/17	Friday	5:30-7 p.m.	\$20
65095	5/24-6/14	Friday	5:30-7 p.m.	\$16

SHOTOKAN KARATE: BEGINNER

Ages 7 and Older

Here's your chance to try martial arts! The fundamentals of martial arts are based on understanding your body, movement, and space with and without a partner. Classes focus on kihon (basic techniques), kata (forms), and kumite (partner work), self-confidence, and self-defense. Parents are encouraged to remain in class with younger students.

65096	4/18-5/16	Thursday	6-6:45 p.m.	\$55
65099	5/23-6/13	Thursday	6-6:45 p.m.	\$44

SHOTOKAN KARATE: INTERMEDIATE/ADVANCED

Ages 7 and Older

Have fun learning traditional Japanese Shotokan karate. Martial Arts training improves self-confidence and concentration in all parts of life. Participants test for belt rank at their own pace. Students participating at the intermediate level should have reached orange belt or above, or with instructor's permission.

65100	4/18-5/16	Thursday	6-8 p.m.	\$109
65101	5/23-6/13	Thursday	6-8 p.m.	\$87

SMALL GROUP BAND CLASS

NEW

Ages 10 and Older

FREE

Work with a knowledgeable music instructor and join a small band with 2-4 other students to learn songwriting, improvising, music theory, and playing as a band. Participants should have roughly 2+ years of experience with their instruments.

Instruments to be accepted include: drums, piano, guitar, bass (upright or bass guitar), trumpet, trombone, saxophone, clarinet, and vocals. Updated details will be posted on the community center Facebook page.

Details to be determined for Spring Quarter.

YOGA: BEGINNER

Ages 18 and Older

This beginner yoga class introduces the fundamental principles of pose alignment and breath. Students will be introduced to yoga postures through verbal description and demonstration. All levels can work within their own ability. Wear comfortable clothes and bring a yoga mat and block if you have them.

65451	4/3-5/29	Wednesday	6:30-7:15 p.m.	\$135
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Adult Yoga Class

LEARN MORE AT:
WWW.SEATTLE.GOV/PARKS/ATHLETICS
REGISTRATION NOW OPEN!

CITYWIDE ATHLETICS



SPRING 2024 SPORTS

GENERAL INFORMATION

I WANT TO PLAY...HOW DO I GET STARTED?

1. **To participate in most Seattle Parks Youth Sports leagues you can either recruit a coach and put together your own team or you can be placed on an existing team with the help of community center staff.**

Call for more information. For some sports (Track and Field, for example) all you need to do is go into your community center to get registered.

2. **Get registered!**

Visit your local community center or go to:
www.seattle.gov/parks/athletics_recreation/sports/youth-sports

3. **Start practices and get ready for fun times!**

Hone your skills and compete against other neighborhood community centers!

If your center doesn't offer a sport, the staff will refer you to the next closest center. Centers need a minimum number of players and a volunteer coach to offer the sport.

SUMMER 2024 SPORTS

YOUTH TRACK AND FIELD

▼ AGES 5-17 (Age is determined by birth year)

Young athletes in our Track and Field program will be coached and then get to compete with other kids their age in various athletic contests based on running, jumping, and throwing. Runners register at their neighborhood community center and practices occur at their home track or field. Practices begin the week of March 20th.

Track meets will be held at West Seattle Stadiums and meets begin April 13th at either 9:30 a.m. or 1:30 p.m. Teams will be forming at Community Centers throughout Seattle.

Registration Opens: February 6, 2024 **Fee: \$75**

CO-ED FLAG FOOTBALL

▼ AGES 8-14 (Age is determined by birth year)

The Citywide Co-ed Flag Football League provides players the opportunity to develop fundamental skills, team play, and sportsmanship. Games are played in accordance with NFL flag football rules and field dimensions.

Participants can sign-up at a local community center to be placed on a team. Check with your center for practice times, dates, and locations. If your center has low enrollment, or if a coach is not available, you can transfer to a nearby center's team if a spot is available, or you may withdraw with a full refund.

Register early for your best chance of securing a spot on a team. For registration materials please go to:

www.seattle.gov/parks/recreation/sports/youth-sports

- First game Saturday, July 13, 2024
- Last day to register online June 17, 2024
- Last day to register in person: July 1, 2024
- Last game Saturday, August 10, 2024

Registration Opens: June 17, 2024 **Fee: \$75**

KNOW ANY COACHES?

Consider volunteering as a coach, or helping with recruitment of our coaches. Our low-cost leagues can't operate without the dedication of our awesome coaches!



COVID GUIDELINES

BEFORE YOU VISIT



CHECK FOR SYMPTOMS

Do not attend programs if you've had a known Covid-19 exposure in the last 14 days or are experiencing unexplained:



FEVER



COUGH



SHORTNESS
OF BREATH



SORE
THROAT



MUSCLE &
HEAD ACHES



CHILLS



LOSS OF SMELL
OR TASTE



ADDITIONAL INFORMATION

PAYMENT

You can pay for classes and other activities in person or by phone during regular facility hours. You can also register online by following the directions above. Rentals may be paid by telephone with a credit card. We accept Visa, MasterCard, and American Express. Please make checks and money orders out to City of Seattle. Please note: Payment is due when you register, unless we have indicated otherwise. If your check is returned for insufficient funds, your registration will be canceled until you pay the amount due plus a \$20 fee. Registration is not complete and a spot in the class cannot be held without payment in full.

FEES AND CHARGES

ARC-Our Advisory Council provides the programs and activities listed in this brochure under an agreement with Seattle Parks and Recreation. Fees are used to offset the cost of providing the programs. Program charges include a user fee paid to Seattle Parks and Recreation to defray operating costs. Washington State sales tax is also included where applicable. City-Fees and charges are necessary to provide financial support to Seattle Parks and Recreation for the operating costs of programs, facilities and grounds. The revenue generated by these fees constitutes only a portion of funds required for operating and maintaining the Parks system. All fees collected from activities and concessions are used exclusively for the Parks system as these funds are deposited in the Parks and Recreation Fund, not the City General Fund. Swimming pool fees and charges are set by City Council.

CONFIRMATIONS

Sorry, we cannot confirm class registration by mail or phone, but we will notify you by phone if your class is postponed or canceled.

REFUNDS

It is the policy of Seattle Parks and Recreation and the Associated Recreation Council that:

-A full refund will be issued for any program, activity, or reservation that is canceled for any reason by the Department or the Associated Recreation Council. Note: School-age care programs are subject to the following exceptions from the published refund policy: 1) No refund credit is given if program is canceled due to emergency or weather for the first two canceled days, 2) Cancellation of daily sessions will not be rescheduled. Credits will be determined by a Recreation Manager on a case by case basis.

-Any person who registers for a PROGRAM and who requests a refund before the second class session may receive a prorated refund minus a service charge.

-Any person who registers for an ACTIVITY and who requests a refund 14 days or more before its start, may receive a refund minus a service charge.

DROPPING A PROGRAM AFTER THE SECOND SESSION:

If a participant withdraws from a program after the second session of a series, no refund will be given. For full details of the Department's Refund Policy, please see Policy Number O60-P 7.16 which can be found here: seattle.gov/parks/rentals-and-permits/event-planning-tools/re-funds-reductions-and-waivers

POOL PERSONAL LESSON REFUND/TRANSFER POLICY

A participant may be issued a refund if he/she drops a lesson, and notifies the program coordinator, 14 days prior to the scheduled date. A service charge of \$5 or 10% of the fee, whichever is greater, will be retained by the facility. If a participant drops a personal lesson with less than 14 days notice, no refund will be given. Transfers will be accepted for personal lessons with at least 48 hours notice. Any open dates or times may be considered. No transfers will be accepted with less than 48 hours' notice.

GROUP LESSON REFUND POLICY

When the withdraw occurs before the second lesson, the session will be pro-rated and a withdraw fee will be assessed. The withdraw fee will be 10%.

CLASS CANCELLATIONS

To cover the cost of providing a program, we need a specific number of participants. If too few people sign up for a class, we must cancel it. We'll notify you (at the latest) one or two days before the class start date. When possible, we will postpone a canceled class for a week to allow for more enrollments; if the class minimum is not met by then, we will have to cancel it.

WAITING LISTS

We will create waiting lists for all filled classes. Please be sure to sign up if you are interested in a class that is full, because class openings often become available. If demand is high, we will try to form another class. Please contact us for space availability.

SCHOLARSHIPS

Seattle Parks and Recreation wants to ensure that our activities, classes and sports are available to everyone, regardless of their ability to pay. To apply for a scholarship, please talk to a member of our staff.

ANTI-DISCRIMINATION

As a matter of policy, law, and commitment, Seattle Parks and Recreation does not discriminate on the basis of race, color, sex, marital status, sexual orientation, political ideology, age, creed, religion, ancestry, national origin, or the presence of any sensory, mental, or physical handicap.

ACCOMMODATION FOR PEOPLE WITH DISABILITIES

We will make reasonable accommodation, upon request, for people with disabilities. For sign language interpretation, auxiliary aids or other accommodations, please email: pbs_info@seattle.gov. Please allow 10 working days' advance notice. If a class or activity is scheduled in an area that is not accessible for wheelchairs, we will make every effort to help you find a similar program in an accessible location.

SPECIAL POPULATIONS

For information on programs for youth/adults with disabilities, please call the Special Populations Office at 206-684-4950, or visit the web at: seattle.gov/parks/recreation/for-people-with-disabilities.

INTERESTED IN TEACHING?

We're always looking for top quality instructors to offer unique courses. We choose class offerings based on participants' interest and space availability. If you have a special talent, skill, or knowledge you would like to share with others in a class or workshop format, please contact your local community center.

INSURANCE

An additional \$5 insurance fee will be required when registering for all gymnastics, tumbling, or circus arts classes at Seattle Parks and Recreation facilities. This non-refundable fee covers your child's participation in all gymnastics, tumbling, parkour, or circus arts classes at SPR facilities for one year from the date of purchase. Note: This insurance will only be utilized if expenses exceed your primary insurance coverage.

MORE INFORMATION

For information about Parks and Recreation facilities, recreation programs, picnic shelters, and scheduling, please visit our web site at www.seattle.gov/parks, or call our Public Information line, 206-684-4075.



SPECIALIZED PROGRAMS

Seattle Parks and Recreation's Specialized Programs offers year-round recreational activities for people with physical and developmental disabilities. We provide opportunities to participate in recreational activities specifically designed and conducted by trained staff for people with disabilities.

We provide recreation programs for all ages: adult social and fitness programs, young adult social programs, teen outings, youth afterschool and Saturday programs, and youth camps. **Check our website in March for camp details.**

To learn more about our programs, call: 206-684-4950 or check out our website at: <https://bit.ly/spr-specialized-programs-home>

Follow us on Facebook for updates: @SPRSpecializedPrograms

