IPM Benefits of Healthy Soils:

Soil Science and Maintenance Practices for Sustainable Landscapes

Healthy Soils parts 1+2 - short for WSU ReCert class 12-4-2019.pptx, and City of Seattle IPM Seminar 9-30-2019



Based on <u>Healthy Soils Part 1</u> and <u>Healthy Soils Part 2</u> by James Urban and David McDonald from ASLA conference Phoenix 9/6/2012, and <u>Soil Improvement for Stormwater, Erosion, & Landscape Success</u> by David McDonald for WSU Low Impact Development. Updated 2/27/2019

www.SoilsforSalmon.org www.BuildingSoil.org

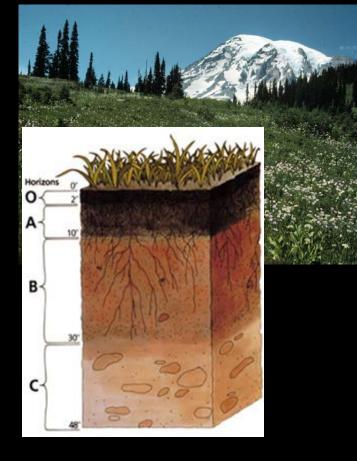
Natural soils vs.

- Uniform across site
- Natural horizons
- Adequate OM, nutrients, structure for native plants

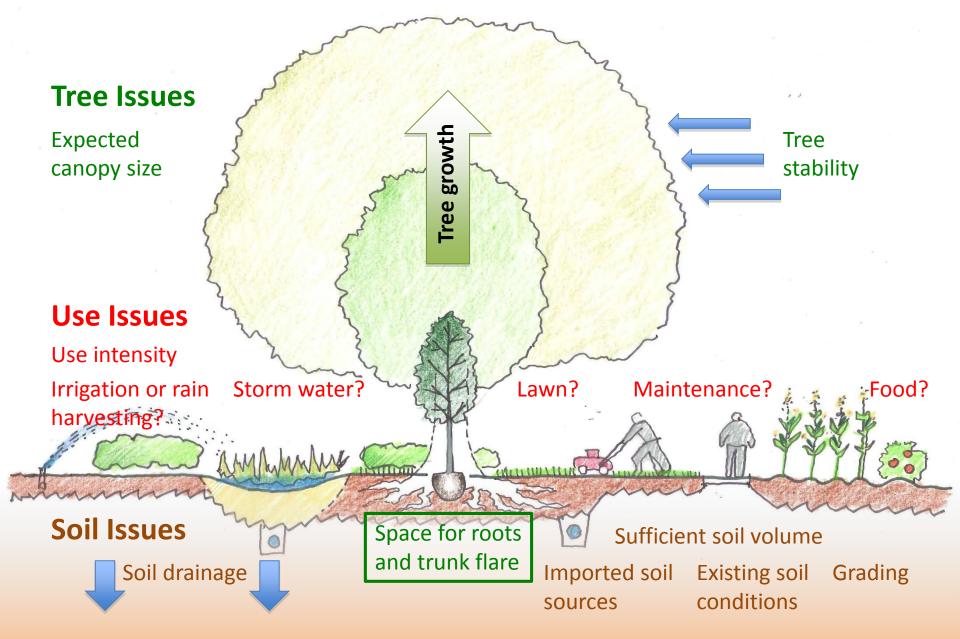
Disturbed urban soils

- Vary across site
- Topsoil layer removed
- Compaction, low OM
- Subsoil (or worse) fill layers
- Debris, toxins?

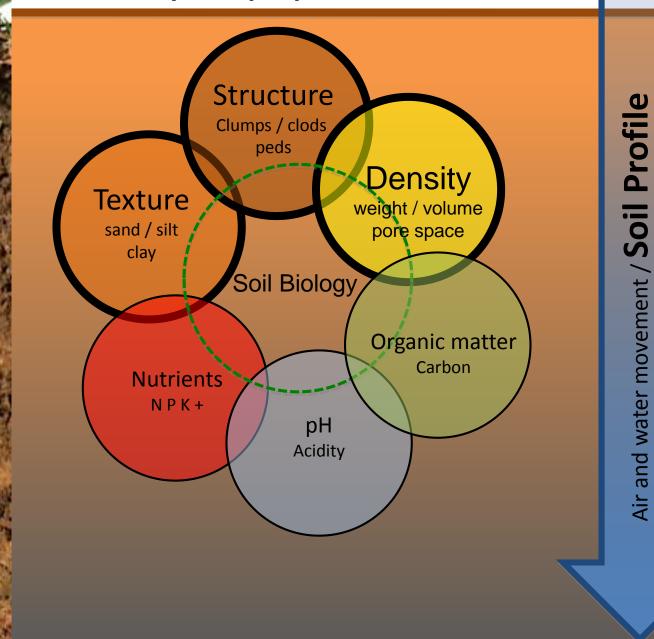




Soil Goals and Requirements



Physical properties of soil



Sub-Soils in the Puget Sound Basin: Leftovers from glaciers & volcanoes

glacial till: unsorted, unstratified mixtures of clay, silt, sand, gravel, and boulders; deposited under ice, or in moraines

hardpan: till compacted under glacier

outwash soils: layers sorted by particle size by water - sand / gravel / rocks -

lake/marine bed soils: clay or silt that settled out in lakes & estuaries



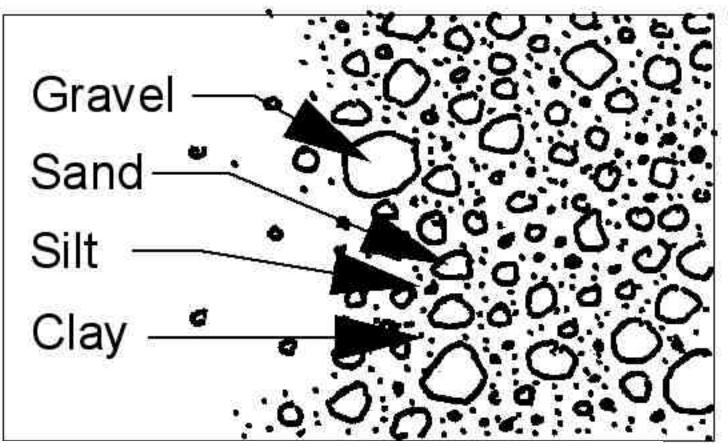


volcanic ash: light, fertile, holds moisture mostly blown east of Cascades

mudflows: mixed size, compact - like till

Learn about Puget Sound soils at: www.puyallup.wsu.edu/soilmgmt/Soils.html





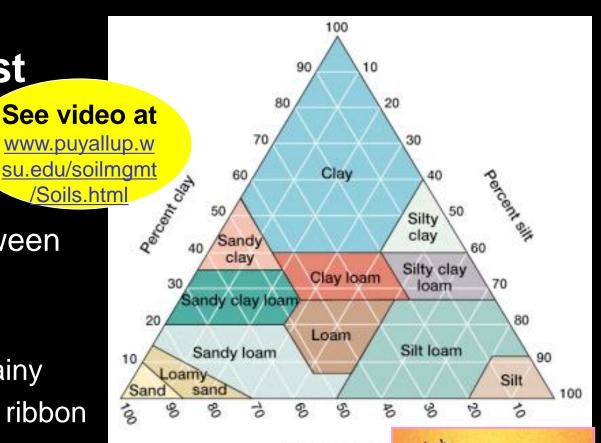
Soil Texture (= particle size)

Soil Texture Test

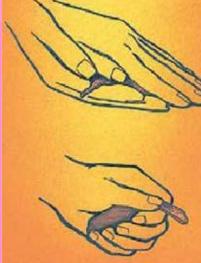
<u>Ribbon+feel test:</u>

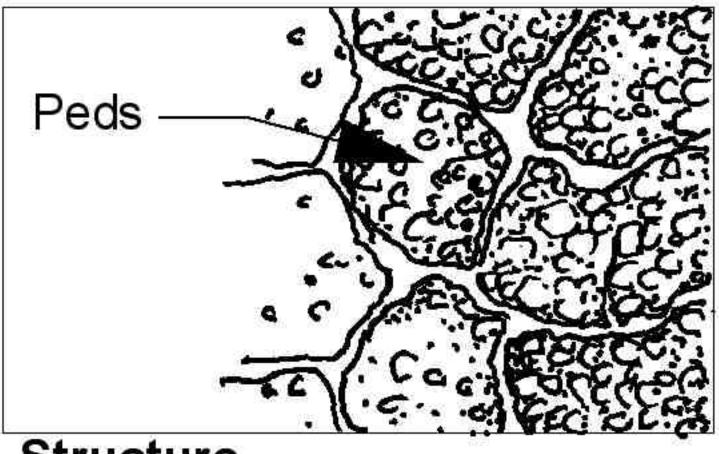
Moisten soil, roll between hands, then squeeze out with thumb:

- Sand: no ribbon, grainy
- Sandy loam: ½ inch ribbon
- Loam: thick 1 inch ribbon
- Silt: makes flakes rather than ribbon
- Silty clay loam: thin, breaks easily, has floury feel
- Sandy clay loam: stronger, has grainy feel
- Clay: long (3 inch) ribbon, has smooth feel



Percent sand





Structure

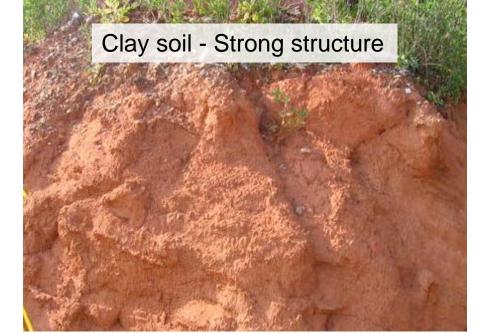
Don't grind up your soil! Mix loosely to preserve the peds.

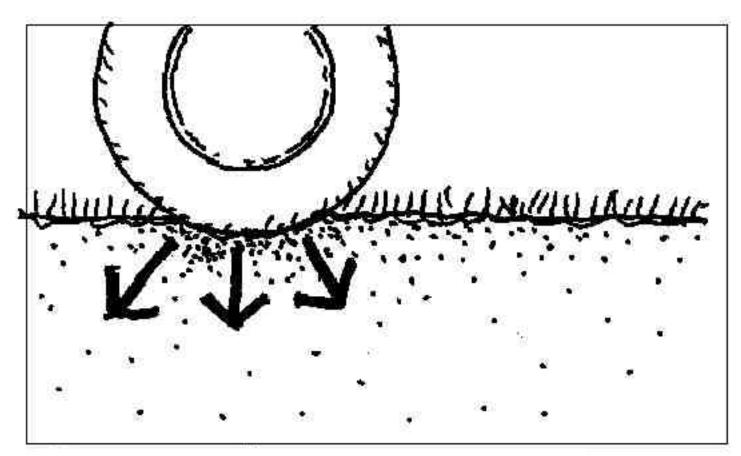


Organic amendments (compost) improve structure in all soil types, through biological activity and bio-chemical modifications.

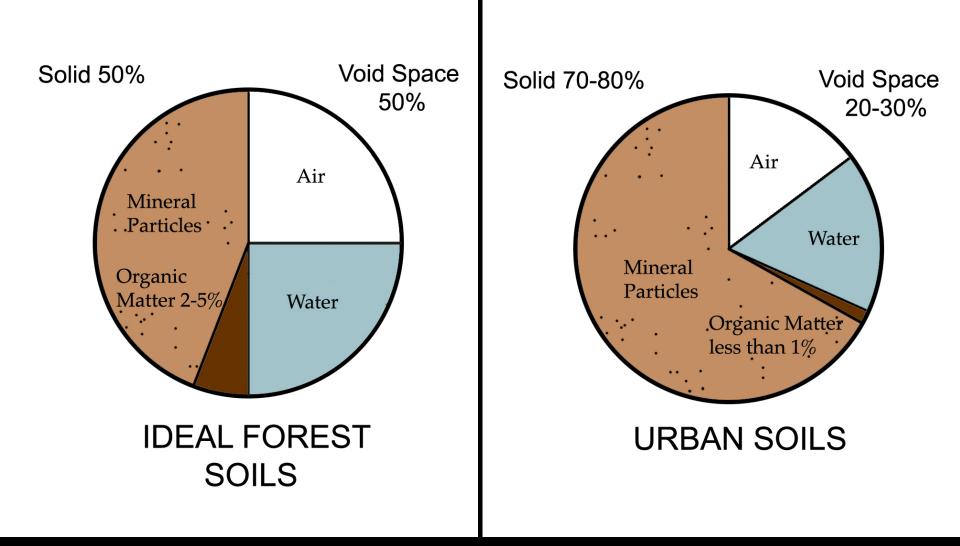
Silt soil - Weak structure

Martine 2 and Carlo Car

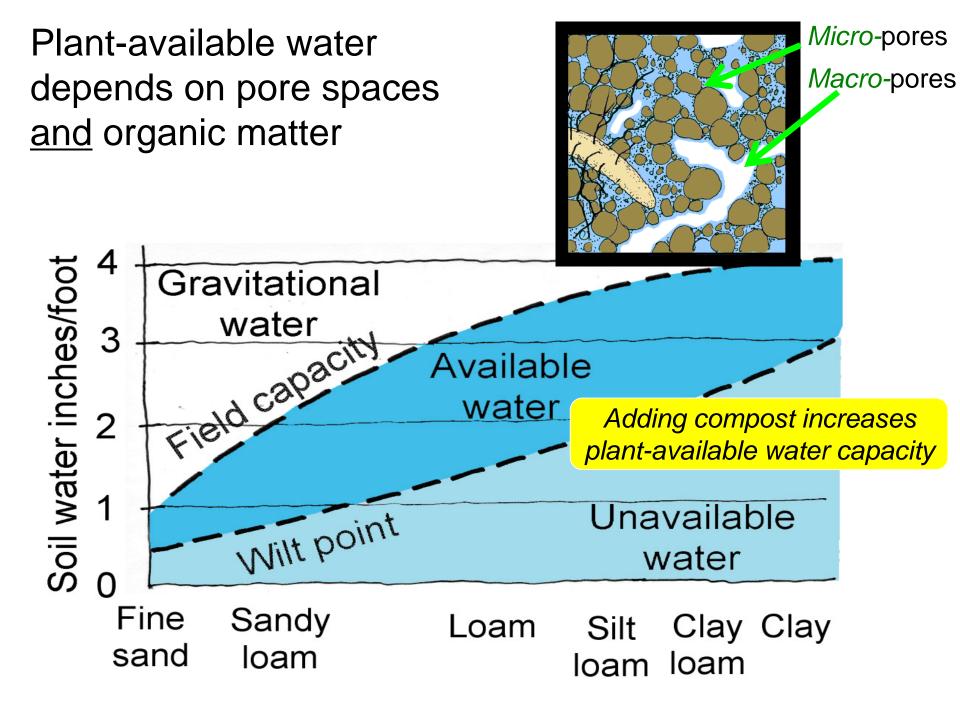




Density or Compaction



As compaction increases, pore space for water and air decreases



soil profile with a soil probe / core sampler

Only works 6 -12" deep, so better for lawns than trees.



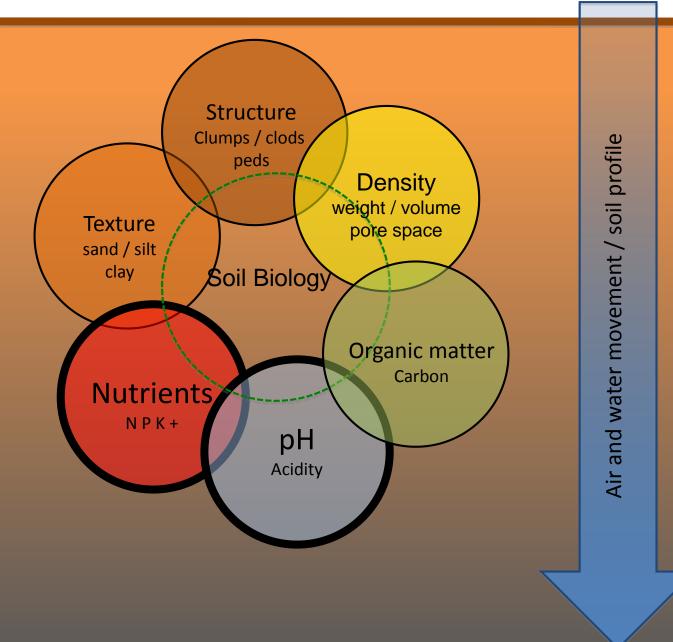


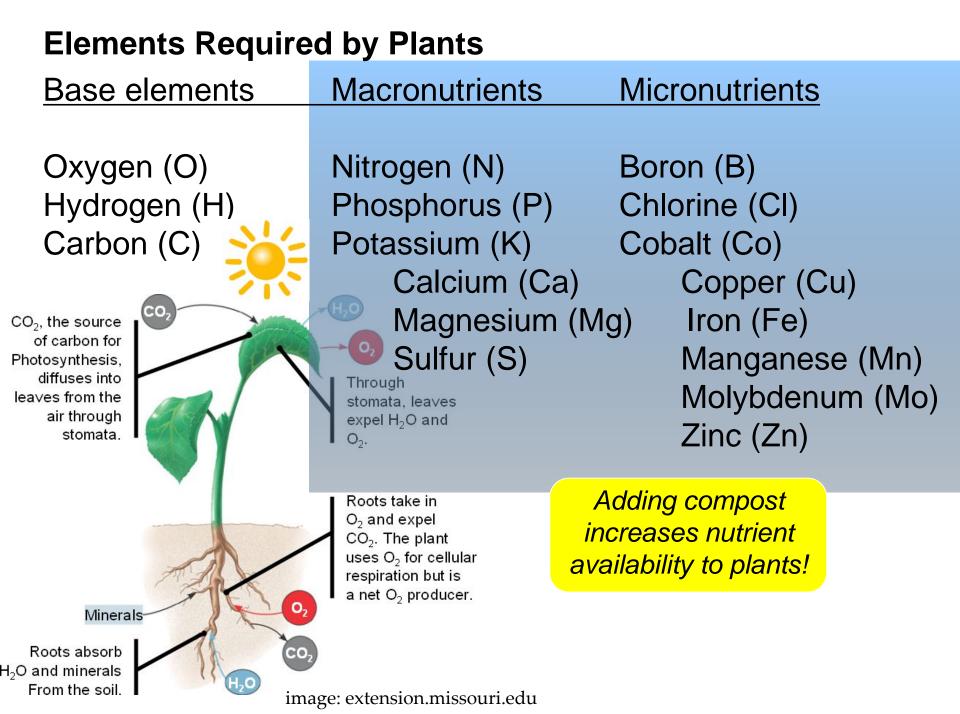
Compacted Amended VS. Examining soil profile with shovel To verify scarification of subsoil and amendment of upper 8" with compost.

MULCH LOOSE SOIL with visible dark organic matter LOOSE OR FRACTURED **SUBSOIL**

Test holes should be one foot deep - after first scraping away any mulch, and about one foot square.

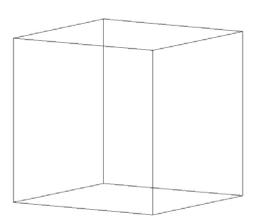
Chemical properties of soil





Sand

1 Particle Fine Sand .2mm 0.24mm² Surface Area



The smaller the particle

Silt 1,000 Particles Silt .02mm 2.4 mm² Surface Area

1,000,000 Particles Clay .002 mm 24 mm²Surface Area

Clay

Adding organic (mulch & compost) increases CEC and nutrient capacity of all soil types.

Humus/clay colloids have the most! Cation Exchange Capacity (CEC) for planting soil mixes Low fertility soil Less than 5 Medium fertility 5-10 10-30 High fertility

the greater the CEC.

Compost/humus

up to 200!

Fine sand 0.24mm

Silt 2.4mm

Clay 24mm

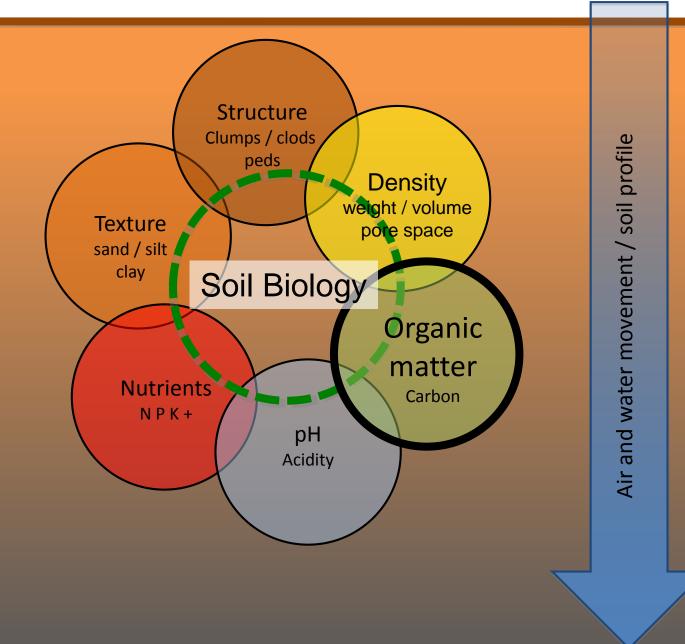
Relative surface area

USDA pH Classification

pH range		
Ultra acid	1.8 - 3.4	Toxic to most plants
Extremely acid	3.5 - 4.4	Restrictive to most plants
Very strong acid	4.5 - 5.0	
Strongly acid	5.1 - 5.5	Acid-tolerant plants
Moderately acid	5.6 - 6.0	
Slightly acid	6.1 - 6.5	Best nutrient availability for most plants
Neutral	6.6 - 7.3	
Slightly alkaline	7.4 - 7.8	Alkaline-tolerant plants
Moderately alkaline	7.9 - 8.4	
Strongly alkaline	8.5 - 9.0	Restrictive to most plants
Very strongly alkaline	9.1 - 11.0	Toxic to most plants

Lower or higher pH decreases availability of different nutrients Adding humus (compost) buffers soil pH towards 6.3 to 6.8, <u>best</u> for nutrient availability to plants

Organic & Biological properties of soil

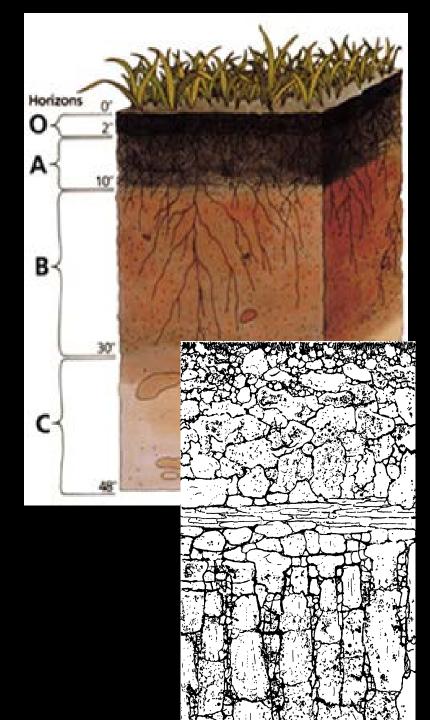


Soil development from parent "dirt" & rock – biology in action!

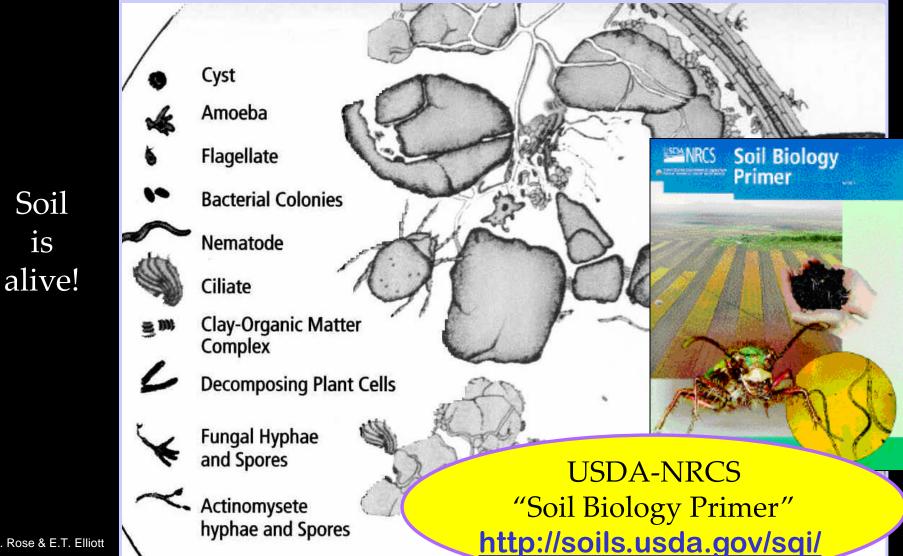
Soil horizons & their evolution

- Substratum (C) or bedrock (R) weathers physically & chemically to subsoil (B)
- Primarily <u>biological</u> processes create topsoil (A) and organic (O) horizons

usda-NRCS http://soils.usda.gov



Understanding Soil <u>Biology</u> Soil life provides essential functions



is

Common organisms in the soil foodweb

Bacteria

Fungi



Protozoa



200 Billion 100,000 Meters 20 Million Protozoa

50,000 Arthropods

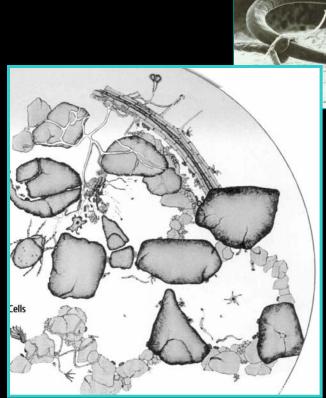
100,000 Nematodes

Restoring soil life, to restore soil functions

Soil organisms create:

- soil structure
- fertility = nutrient cycling
- plant disease protection
- Bio-filtration
- erosion control
- stormwater detention & moisture capacity







Compost kickstarts the soil ecosystem! (Provides food and home for organisms) How can we enhance & restore soil biodiversity, to improve plant growth, water quality, and reduce runoff?

- Prevent /reduce compaction (keep heavy machinery off)
- Reduce intensive use of pesticides & soluble fertilizers
- Incorporate compost into soil, and mulch regularly, to <u>feed soil life</u>



organic matter + soil organisms + time creates ⇒ soil structure, biofiltration, fertility, & stormwater detention

Plants as indicators of soil differences and problems







WSDOT I-5 Marvin Rd. Interchange

Compost

Which site is selling the next job? Which needs more water, fertilizer, weed control?

No Compost

UW trials: up to 50% reduction in storm water runoff when glacial till soil is amended with compost.

Constantly smell the soil! Sour odor indicates poor drainage

Grey color, poorly draining soil

Interface

Regulatory requirements

for new construction, in WA Dept. of Ecology's Stormwater Mgmt. Manual for Western WA

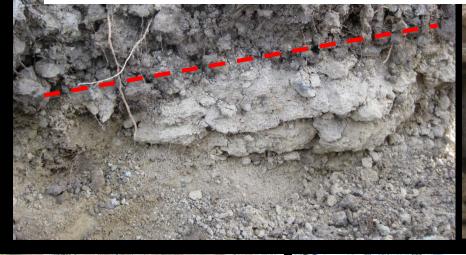


BMP T5.13 "Post-Construction Soil Quality and Depth"

- Retain native soil and duff wherever possible
- All areas cleared and graded require 8 inch soil depth:
 - Organic matter content \geq 10% dry weight (5% for turf)
 - Use native topsoil, amend existing soil with compost, or import topsoil blend
 - Subsoil scarified 4 inches below 8-inch topsoil layer
 - Protect amended soil from compaction
 - Mulch after planting
 - Maintenance practices to replenish organic content

Soil Interfaces

Topsoil over smooth compacted layers causes drainage and root growth problems



Better: Scarified subsoils





Loss of organic matter

- Plan to preserve existing soil & vegetation where possible
- Minimize grading, cut and fill
- Minimize traffic off road bases
- Even a low-organic subsoil can be substantially restored by amending 10-25% (by volume) with mature, stable compost.



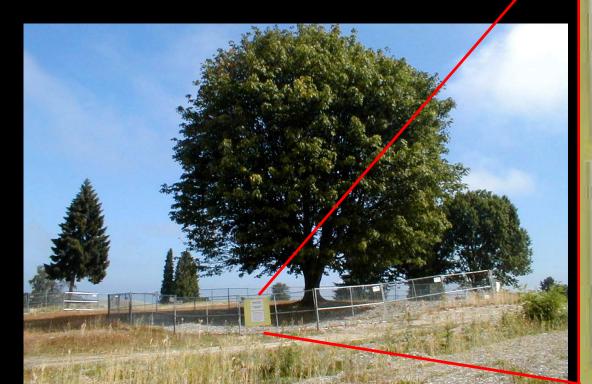
Chemical changes

- pH (sometimes due to compacted, anaerobic conditions)
- Nutrient deficiencies (loss of topsoil)
- Toxins: oil, metals, chemicals
- Compost amendment tends to correct all of these
- Visually examine and smell, then test for suspected deficiencies, toxins, & pH
- Chose well-adapted plants, tolerant of your soil conditions (pH etc.)



Protect soil & vegetation during construction

- Fence vegetation & soil protection zones
- Inform all contractors & subs: no stockpiles etc.
- If temporary vehicle access required, place steel plates over
 6" coarse wood chip.





Bigleaf Maple

Appraised Value: \$42,365

TREE PROTECTION FENCE NO TRESPASSING ON CRITICAL ROOT ZONE OF THIS TREE WITHOUT DIRECT APPROVAL OF OWNER'S REPRESENTATIVE. WORK WITHIN THE CRITICAL ROOT ZONE SHALL RESULT IN A FINE OF \$1,500 OR THE APPRAISED LANDSCAPE VALUE. WHICHEVER IS GREATUR.³¹

Restoring soil in place

- Place sub-drainage if req'd
- Range of equipment for different-sized sites
- If compacted, rip (scarify) to 12-18" depth before or while amending
- 2-4" compost mixed into upper 8-12" of soil



Soil harvesting, storage, & re-installation

- Harvest at start of grading
- Store covered with breathable fabric, coarse wood chips, or sterile annual grass to prevent erosion and weeds
- Amend with compost just before re-spreading
- Rip in first lift to avoid sharp soil interfaces (which can limit air and water movement)
- Don't work soil when saturated





Soil Installation Working with soils with retained peds



Teeth on loader bucket

Constantly loosen soil while installing to avoid buildup of deep compaction. Back drag over loader tracks each time.

Require all equipment to have teeth on bucket to scarify soil

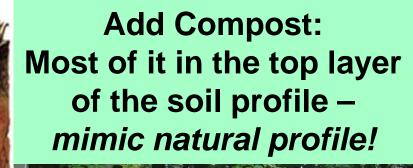
Require low ground pressure equipment (4 psi preferred - 5 psi max)

Amending soils on site

- Place sub-drainage if req'd
- Range of equipment for different-sized sites
- If compacted, rip (scarify) to 12-18" depth before or while amending
- 2-3" compost mixed into upper 8-12" of soil







36

Horizons

Α-

B٠

C-

How to Select Compost

Know your supplier!

Field tests:

- earthy smell not sour, stinky, or ammonia
- brown to black color
- uniform particle range
- stable temperature (does not get very hot if re-wetted)
- not powdery or soaking wet

Soil/compost lab test info:

- Nutrients
- Salinity
- pH
- % organic content (OM)

Mfr.-supplied info:

- State permitted composting facility
- Meets US Compost Council (STA)
 "Seal of Testing Assurance"
 TMECC lab test methods, specs:
 - C:N ratio
 - Weed-seed trials
 - Nutrients, salinity, contaminants
 - Size: "screen", % fines

Stability /Maturity:

use Solvita test on-site (> 6)

<u>or</u>

- rely on mfr's TMECC tests: CO² evolution and seedling growth $_{\rm 37}$



Compost Based Erosion Control BMPs

- EPA-approved BMPs: blankets, berms, and socks see www.buildingsoil.org
- "2 for 1" value use compost for erosion control, then till in at end to restore soil:
 - No disposal costs
 - Faster planting, better growth
- Costs: blankets similar to rolled products, but savings on disposal, plus 2 for 1 benefits

More info at www.BuildingSoil.org



Soil biological additive products

Compost teas – useful in remediation, but just use good compost for soil preparation

Mycorrhizal inoculants – species specific, also in soil from healthy trees

Kelp & other organic additives – match plant nutrient needs – good for micronutrients

Fertilizers – stick with organic sources, match plant needs – compost often supplies most needs for establishment.

Base fertilization on soil test results!

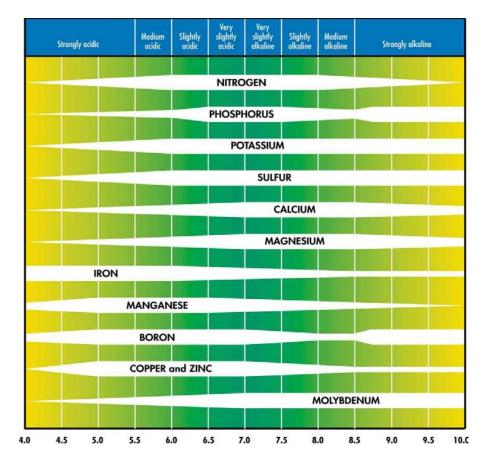


Soil chemistry & pH modifications

- Match plant selection to site soils, rather than trying to modify chemistry
- Compost buffers pH, acid or alkaline towards optimal 6.3-6.8
- Compost increases cation exchange capacity (CEC) = nutrient storage & avail
- Lime as needed for Ca & Mg plant needs
- Sulfur applications only lower pH temporarily



Plant problems? Get a soil test.



Rationale for less fertilizer for urban trees and landscapes

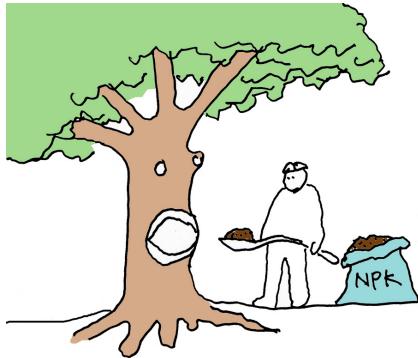
Not crops – Fruit production or crop yields not required

Sufficient required nutrients available to support plant goals

No yearly harvest/removal of biomass

Slower growth may be a desirable trait

Too much N increases sucking insects and foliar diseases, and annual weeds



Feed the soil, not the plant by mulching and leaving fallen leaves.

Plant problems? Get a soil test.

Soil Maintenance

Using mulches after planting and for annual maintenance

BENEFITS:

Mulches limit weed growth, and make weeds that sprout easier to pull or cultivate.

Mulches conserve water, moderate soil temperature, and reduce erosion.



Mulches replenish soil organic matter, enhancing soil biodiversity, structure, and nutrient cycling = increased plant vigor.

Mulching

WHEN After planting, and once every year or two:

- Spring or fall on trees and shrubs to prevent weeds.
- Early summer on gardens. (Let soil warm up.)
- Fall on beds to prevent erosion and compaction.

WHERE Whole beds, paths, 3 ft. or larger ring around trees & shrubs in lawns.

HOW Remove weeds & grass before spreading mulch. Keep mulch away from plant stems. Use cardboard weed barrier (not fabric) to control aggressive weeds.





Mulching **WHAT**

Woody mulches (arborist wood chips, bark)

for woody plants (trees & shrubs).

Non woody mulches (compost, leaves, grass clippings, composted manure or biosolids) for non-woody plants (annuals, perennials, berries, roses).

HOW MUCH

Compost, leaves, sawdust, fine bark, grass clippings: 1-2" deep.

Wood chips or coarse bark: 2-4" deep.

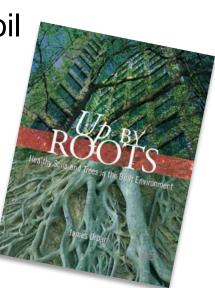


Other Soil Maintenance Practices

- Leave plant litter, recycle fall leaves and chipped prunings into mulch on site.
- Mulch-mow lawns (leave the clippings)
- Base all fertilizer applications on soil tests (every 1-3 years on most sites). Learn about soil testing at <u>www.puyallup.wsu.edu/soilmgmt/Soils.html</u>
 See videos and factsheets on "Collecting a soil sample", " "Determining soil texture by hand", and "Understanding soil test results".
- More urban soil remediation & maintenance strategies in *Up by Roots* by James Urban.







Tree Issues growth Expected Tree stability canopy size Tree **Use Issues** Use intensity Storm water? Lawn? Irrigation or rain Maintenance? Food? harvesting? **Soil Issues** Space for roots Sufficient soil volume and trunk flare Soil drainage Imported soil **Existing soil** Grading conditions sources

Soil Goals and Requirements – *Right plant, right place, <u>right</u> soil!*

Resources to learn more:

WSU Soil Management – testing & more <u>www.puyallup.wsu.edu/soilmgmt/Soils.html</u>





www.sustainablesites.org

Up By Roots: Healthy Soils and Trees in the Built Environment By James Urban, available at Amazon



Building Soil Manual www.buildingsoil.org

Natural Landscaping: Design, Build, Maintain and other resources in English and Spanish at <u>www.seattle.gov/util/landscapeprofessionals</u>

